ALL THE BEST SHOWS ON TV THIS WEEK

MORE CHANNELS THAN ANY OTHER TV MAG!

28 JUNE–4 JULY 2025

TV&Satellite week

FREE! EUROS WALL CHART PULL OUT & KEEP

EXTRA PAGES TO ENJOY

Euro 2025

Our complete guide to all the football action in our **bumper issue**

PLUS

LIVE WIMBLEDON

NEW HEADS OF STATE

NEW THE OLD GUARD 2

ALL GAME TIMES BST

TV&Satellite week

WOM EURO

Wall

GROUP A

Finland · Iceland · Norway · Switzerland

ICE		v		FIN
2 July · Thun · 5pm (ITV)				
SWI		v		NOR
2 July · Basel · 8pm (BBC)				
NOR		v		FIN
6 July · Sion · 5pm (BBC)				
SWI		v		ICE
6 July · Bern · 8pm (ITV)				
FIN		v		SWI
10 July · Geneva · 8pm (BBC)				
NOR		v		ICE
10 July · Thun · 8pm (BBC)				

	P	W	D	L	F	A	PTS
1							
2							
3							
4							

GROUP B

Belgium · Italy · Portugal · Spain

BEL		v		ITA
3 July · Sion · 5pm (BBC)				
SPN		v		POR
3 July · Bern · 8pm (ITV)				
SPN		v		BEL
7 July · Thun · 5pm (ITV)				
POR		v		ITA
7 July · Geneva · 8pm (ITV)				
ITA		v		SPN
11 July · Bern · 8pm (BBC)				
POR		v		BEL
11 July · Sion · 8pm (BBC)				

	P	W	D	L	F	A	PTS
1							
2							
3							
4							

QUARTER-FINAL 1

Group A Winner	
Group B Runner-up	

16 July · Geneva · 8pm

QUARTER-FINAL 3

Group B Winner	
Group A Runner-up	

18 July · Bern · 8pm

SEMI-FINAL 1

Quarter-final 1 Winner	
Quarter-final 3 Winner	

22 July · Geneva · 8pm

TH FIN

Semi-final 1 Win	
Semi-final 2 Win	

27 July · B

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GET THE LATEST

FOURFOURTWO

To get all the up-to-the-minute news on the Euros, simply scan this QR code and visit the

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TV to get excited about!

Welcome to this bumper issue of *TV&Satellite Week*, kicking off a summer of sport. Inside we have a souvenir special on Euro 2025, compiled by Deputy Editor Richard McClure and his team – Nicholas Cannon, Ian MacEwan and Sean Marland. The tournament begins on Wednesday with the opening match between Iceland and Finland. Both England, the current title holders, and Wales are competing, and their first matches will be next week. Use our pull-out-and-keep wallchart to follow all the action.

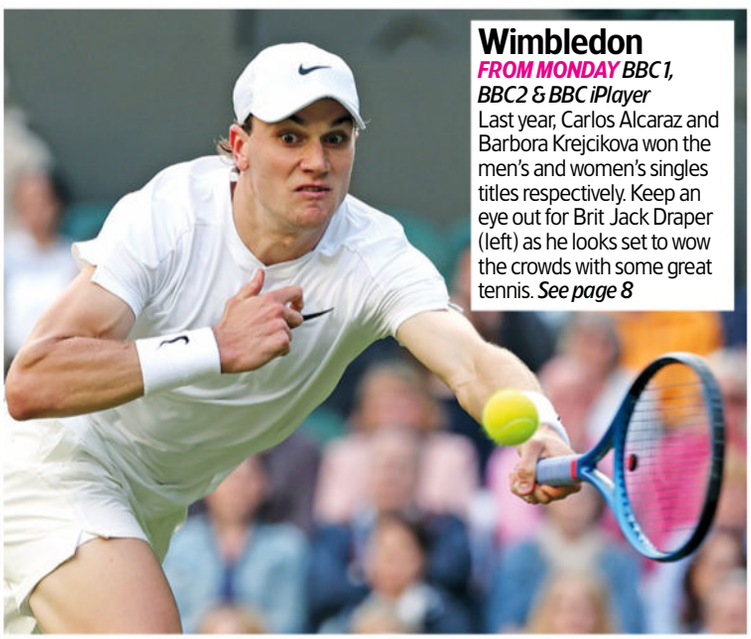
And if that wasn't enough, Wimbledon begins this week on Monday on the BBC, with world No 6 Jack Draper in fine form.

Scan the QR code to get the latest football and Euro 2025 news on our sister title *FourFourTwo*'s YouTube channel

PULL OUT AND KEEP!
Keep track of every single game with our wallchart

Women's Euros
FROM WEDNESDAY
BBC1, BBC2 & ITV1
England won Euro 2022 three years ago. And with Wales also competing, we have two home nations to support. Get set for some great football. *See page 29*

TURN OVER for your regular HotList, for the week's best shows! »



Wimbledon
FROM MONDAY BBC1, BBC2 & BBC iPlayer
Last year, Carlos Alcaraz and Barbora Krejcikova won the men's and women's singles titles respectively. Keep an eye out for Brit Jack Draper (left) as he looks set to wow the crowds with some great tennis. *See page 8*

Heads of State
FROM WEDNESDAY 2 JULY Prime Video
The premise for this film is that the US President and British Prime Minister team up to save the world, so you know it is going to be a fun watch. John Cena plays former Hollywood actor Will Derringer, who is now the President, while Idris Elba is ex-soldier turned PM Sam Clarke. Paddy Considine is also among the cast. *See page 6*

Darby and Joan
WEDNESDAY U&Drama
Fancy watching a crime drama showcasing the beautiful Australian state of Queensland? Then *Darby and Joan* is just the ticket. Starring Greta Scacchi and Bryan Brown as English nurse Joan and retired Aussie detective Jack, there's a bit of 'will they, won't they?' about their relationship. In this new series, they are trying to clear Jack's name while also solving a series of mysteries. In the first episode, there's a suspicious accident at a family farm.

Not Going Out
FRIDAY BBC1
This 14th series has been a treat, with some laugh-out-loud moments. This week's episode, all about bagging tickets to an Oasis gig, is spot on, with Sally Bretton and Lee Mack bringing us big laughs.

WORDS: CLAIRE RUCK. PHOTOS: BBC, GETTY, PRIME VIDEO, U&DRAMA

HotList This week's 28

Saturday 28

British & Irish Lions Tour

***RUGBY UNION** Sky Sports Main Event & Sky Sports Action, kick-off 11am*

Coverage of the warm-up match from Optus Stadium in Perth, as Andy Farrell's men compete in the first of five matches ahead of a Test series against Australia.

European Under-21s Championship: Final

***FOOTBALL** C4, kick-off 8pm*

Coverage of the final, which takes place at Tehelné pole stadium in Bratislava, Slovakia. Can current champions England do it again?

Jurassic World Rebirth: The Making of a New Era

***ENTERTAINMENT** Sky Max & Sky Showcase, 8pm*

A behind-the-scenes look at the new dinosaur epic, starring Scarlett Johansson, ahead of its cinema release on Wed 2 July.

Secrets of Diana's Wedding Dress

***DOCUMENTARY** 5, 9pm*

Designer Elizabeth Emanuel reveals the cloak-and-dagger processes involved in creating Princess Diana's wedding dress, which wowed the crowds in 1981.

■ Full listings start on **p43**

Sunday 29

Glastonbury

***MUSIC** BBC1, BBC2, BBC4 & BBC iPlayer, times vary*

The final day of the festival at Worthy Farm, where today's acts include Sir Rod Stewart (above) in the Legends slot and Olivia Rodrigo. *See feature, page 14*

F1: Austrian Grand Prix

***MOTORSPORT** Sky Sports Main Event & Sky Sports F1, race starts 2pm*

Join the action in Spielberg, where George Russell took the chequered flag last year. McLaren's Oscar Piastri leads the drivers' standings.

Death Valley

***COMEDY DRAMA** BBC1, 8.45pm*

As the series comes to a close, DS Janie Mallowan struggles to repair her reputation as she throws herself into her latest case, which involves a murder at a school reunion. But will she still need John's help?

24 Hours in Police Custody: The Butcher of Suburbia

***DOCUMENTARY** C4, 9pm*

Two-part special following police as they investigate the murder of a 74-year-old woman. Focus turns to her lodger as prime suspect. Concludes tomorrow.

■ Full listings start on **p53**

Monday 30

Shark Whisperer

***DOCUMENTARY** Netflix*

Following free-diving conservationist Ocean Ramsey, who talks about her fascination with the ocean's most feared predator, a species she believes is gravely misunderstood and unfairly portrayed.

Wimbledon

***TENNIS** BBC1, BBC2 & BBC iPlayer, from 10.30am*

Play starts at SW19, where British No 1 Jack Draper (above) will be aiming for Grand Slam glory. Continues all week. *See feature, page 8*

Scrublands: Silver

***DRAMA** BBC2, 9pm (box set, BBC iPlayer)*

As the drama returns, journalist Martin (Luke Arnold, above) returns to his home town with partner Mandy, only to find that Mandy is suspected of being involved in his friend's death. Continues tomorrow.

Crime Scene Cleaners

***DOCUMENTARY** C4, 10pm (box set, Channel 4 Streaming)*

Meet the people tasked with cleaning up after crimes. In LA, a team is called to a blood-drenched bathroom, while in the UK, a bungalow needs disinfecting.

■ Full listings start on **p63**

Tuesday 1

Attack on London: Hunting the 7/7 Bombers

***DOCUMENTARY** Netflix*

Twenty years on from the bombings, this docuseries features witness accounts and never-before-seen footage of the attacks. *See Documentaries, page 20*

Trainwreck: The Cult of American Apparel

***DOCUMENTARY** Netflix*

Former employees of the US fashion brand reveal the truth behind working at the company, and the allegations made against CEO and founder Dov Charney.

To Catch a Stalker

***DOCUMENTARY** BBC3, 9pm & 9.45pm (box set, BBC iPlayer)*

Zara McDermott (above) explores the impact stalking has on victims' everyday lives, and follows the police process as they try to bring perpetrators to justice.

The Srebrenica Tape

***DOCUMENTARY** BBC4, 10pm*

Storyville special. A woman returns to the town of her birth in Bosnia to examine the experiences of her father, who recorded a video letter to her during the conflict in the 1990s.

■ Full listings start on **p73**

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Wednesday 2

Heads of State

ACTION COMEDY Prime Video

Action-packed comedy film in which the US President (John Cena) and UK Prime Minister (Idris Elba) have to put their differences aside and bear arms against a common adversary. *See feature, page 6*

The Old Guard 2

FANTASY DRAMA Netflix

Following on from the action-packed original film from 2020, a now-mortal Andy (Charlize Theron) and her team of invincible warriors battle a new foe. *See feature, page 10*

Euro 2025

FOOTBALL BBC1 & ITV1

The tournament kicks off today with two Group A matches: Iceland v Finland (ITV1, k-o 5pm) in Thun, while hosts Switzerland play Norway (BBC1, k-o 8pm) in Basel. *Turn to p29 for our Euro 2025 Special*

Hill

DOCUMENTARY Sky Documentaries & Sky Showcase, 9pm

Feature-length documentary looking at the racing career of Damon Hill, who won the Formula One World Championship with Williams in 1996. *See feature, p13*

■ Full listings start on p83

Thursday 3

The Sandman

FANTASY DRAMA Netflix

The first part of the final chapter of the fantasy drama based on Neil Gaiman's popular comic books, which sees the conclusion of Dream's story. *See Your Watchlist, page 16*

Sight Unseen

CRIME DRAMA Paramount+

This police-procedural series with a twist centres on Vancouver homicide detective Tess Avery (Dolly Lewis), who, after losing her sight, returns to work with the help of a visual guide, Sunny Patel (Agam Darshi).

Such Brave Girls

COMEDY BBC3, 10.05pm & 10.30pm (box set, BBC iPlayer)

The BAFTA-winning comedy written by and starring Kat Sadler returns. The dysfunctional Johnson family deal with more mayhem. *See feature, page 10*

Euro 2025: Together Stronger

DOCUMENTARY BBC1, 10.40pm (times vary)

This film explores the history of Welsh women's football, culminating in their qualification for the Euros. With contributions from Jess Fishlock and Rhian Wilkinson.

■ Full listings start on p93

Friday 4

Devil's Leap

THRILLER Channel 4 Streaming

French thriller from Walter Presents. Set in the French Alps, this series follows what begins as an idyllic father-daughter hiking trip but becomes a fight for survival after a violent crime is witnessed.

Past Lives

DRAMA BBC3, 9pm

This romance centres on the reconnection of two childhood friends from Seoul, Hae Sung (Teo Yoo) and Nora (Greta Lee), who meet again in New York after a 24-year separation. *See review, page 25*

Thomas Jefferson

DOCUMENTARY Sky History, 9pm

On American Independence Day, this well-timed docuseries looks at the life of the third President of the United States, who is credited as the primary author of the Declaration of Independence.

First Dates

REALITY C4, 10pm

Singletons looking for love in this new series include Conner, who says he's a 'walking red flag', self-confessed geek Charlie, and Sophie, who's in an open marriage. Fred Sirieix is on hand to help.

■ Full listings start on p103

28 JUNE-4 JULY 2025

6 TV Week
John Cena and Idris Elba star in Prime Video action comedy *Heads of State*, Wimbledon begins, Charlize Theron and Uma Thurman star in Netflix's sequel *The Old Guard 2*, and black comedy *Such Brave Girls* returns to BBC3

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The final chapter of Neil Gaiman's fantasy epic *The Sandman* begins

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Including *Attack on London: Hunting the 7/7 Bombers*

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Our souvenir special previews the European Championship – the contenders, the venues and England and Wales' chances of success

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High-stakes HEROES

John Cena, Idris Elba and Priyanka Chopra Jonas try to save the planet in an action-packed comedy

NEW ACTION COMEDY

Heads of State

From Wednesday 2 July, Prime Video

After co-starring as squabbling convicts in 2021's comic-book saga *The Suicide Squad*, Idris Elba and John Cena had been looking for another project on which to work together again. And now they've found the perfect vehicle, as the stars reunite to play bickering world leaders in Prime Video's explosive action-comedy film *Heads of State*.

'When I met Idris on *The Suicide Squad*, we clicked – he's super-professional and funny, and we complement each other,' says Cena, 48. 'I told him I'd love to work together again and Peter Safran [the producer of both films] said he had something for us. Idris and I are such different personalities and *Heads of State* plays to our strengths.'

'It was the perfect storm,' adds *Luther* star Elba, 52. 'John's playing a funny guy and I'm playing the straight man. It's fun doing that tit for tat we did in *The Suicide Squad*, but with different characters.'

The film sees Elba as serious-minded, seasoned British Prime Minister Sam Clarke, a former soldier whose popularity is on the wane, while Cena is idealistic newly elected US President Will Derringer, an ex-Hollywood action hero who is beloved by his electorate thanks to his role in the fictional Water Cobra film franchise.

But at their first meeting in London, the pair don't hit it off and their contrasting approaches to politics are soon on display at a press conference.

'Sam's this snarky, self-aware Prime Minister and Will's this brash, inexperienced, gung-ho actor turned President and not super-qualified, although he makes up for it with pure passion,' shares Cena, who will next be seen reprising his role from *The Suicide Squad* in the second run of Sky Max's spin-off *Peacemaker*.

'There's tension because Sam endorsed Will's opponent during the election and Will won, but he needs everyone to like him. So he's trying to win Sam over but is not listening to what Sam's saying!'

'It's an incredible adventure. I don't get to play comedy very often!'

IDRIS ELBA

Later, to demonstrate that the special relationship between their two countries is still strong, Sam and Will make a show of travelling together on Air Force One to a NATO summit in Trieste, Italy.

However, the aircraft is attacked mid-flight by criminals, at the behest of sinister Russian arms dealer Viktor Gradov (*MobLand*'s Paddy Considine), and the statesmen must parachute out and try to overcome their differences as they make their way back across Europe.

The politicians' plane comes under attack

Priyanka Chopra Jonas plays a tough special agent

But Viktor and his deadly minions are still on their trail, and Sam and Will land themselves in some perilous but often highly comic situations in their bid to stop him from wreaking global carnage.

'It's this incredible adventure,' explains Elba, who relished the chance to show off his funny bones. 'I don't get to play comedy very often! Ilya Naishuller [the film's director] really wanted to pay homage to those *Lethal Weapon*-type films and those larger-than-life characters.'

ON THE ROPES

Meanwhile, Cena, who is set to retire as a WWE professional wrestler later this year, reveals that he is often the one getting a pounding in the scrapes in which Sam and Will find themselves.

'Will's an actor with no combat training, so in fights I'm supposed to mess up, while Sam has to know what he's doing,' he smiles. 'But I don't need to look tough, that's not what this movie is about.'

Helping the duo in their attempt to reach Trieste is indomitable MI6 agent Noel Bisset (*Citadel*'s Priyanka Chopra Jonas), whose own earlier plan to bring down the elusive Viktor has gone awry, while they also get assistance from enthusiastic CIA agent Marty Comer (*The Boys*' Jack Quaid).

Cena admits he learnt a lot from watching his co-stars and also from shooting the film on location in the UK and across Europe.

'I loved every day on set with incredible performers like Priyanka and Idris,' he enthuses. 'I'm not formally trained, so working with these pros is like a daily masterclass. And I love UK crews – there's this great "stiff upper lip" efficiency!'

WORDS: CAREN CLARK. PHOTOS: PRIME VIDEO, GETTY, SHUTTERSTOCK

NEW FROM prime video

Will Derringer
John Cena
A one-time star of action movies, the rookie American President and devoted family man is an impulsive but well-meaning leader.

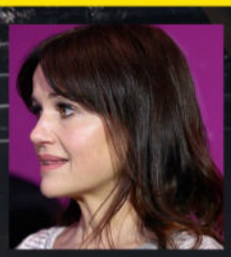
Sam Clarke
Idris Elba
The level-headed Prime Minister, who has spent several years in Downing Street, is forced to team up with his US counterpart to save the world.

Noel Bisset
Priyanka Chopra Jonas
The skilled MI6 agent shares a past with Sam and they are brought back together in the battle to stop Viktor.

WHO'S WHO IN *HEADS OF STATE*

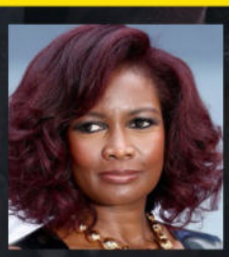
Viktor Gradov
Paddy Considine
The chilling Russian arms dealer has been off-grid and now has Sam and Will in his sights. But what is his ultimate goal?

Marty Comer
Jack Quaid
A patriotic super-fan of Will's, the keen CIA station agent oversees a safe house and willingly faces danger to help him.



Vice President Elizabeth Kirk
Carla Gugino
The businesslike second-in-command steps into Will's place to take charge after he is feared dead.

Quincy Harrington
Richard Coyle
Sam's loyal chief of staff has known him since university and offers him advice on how to handle Will.



Simone Bradshaw
Sarah Niles
Will's right-hand-woman attempts to steer him through the best course of action and rein him in.

Arthur Hammond
Stephen Root
Viktor's technical wizard assists his mission, but grows worried at the lengths his boss will go to.

Jack the Lad

Tim Henman hopes **Jack Draper** can make a big impression when play begins at the All England Club...

LIVE TENNIS

Wimbledon

Monday-Friday, times vary, BBC1, BBC2 & BBC iPlayer

Sir Andy Murray became the first British man to win Wimbledon for 77 years when he claimed his first title in 2013, but hopefully we won't have to wait that long to see another champion from these isles.

After steadily climbing the rankings in recent years, Jack Draper dreams of following in Murray's footsteps and with a powerful game that's well-suited to grass, the 23-year-old world No 6 is hoping to go all the way at SW19 this year.

Jack Draper

Yet if Draper is to make it to his first-ever Grand Slam final on Sunday 13 July, he'll need to navigate a challenging field including reigning champion Carlos Alcaraz and world No 1 Jannik Sinner.

Meanwhile, the ladies' tournament looks more open than ever, with top stars such as Aryna Sabalenka, Coco Gauff and Iga Świątek all desperate to win their first title on the grass courts of the All England Club.

Tim Henman will be watching on for the BBC when play gets under way this week and the 50-year-old spoke to *TV&Satellite Week* about his expectations for this year's tournament…

Aryna Sabalenka is the women's world No 1

Do you think Jack Draper can challenge Carlos Alcaraz and Jannik Sinner at SW19 this year? They are the favourites, with Novak Djokovic very close behind, but Jack is at the front of the group behind them – he's definitely in the mix. His game has improved considerably in the last 12 months and he's played some phenomenal tennis. He's still relatively inexperienced, but physically he's right up there with the very best. Alcaraz has won Wimbledon twice, so he knows his way around a grass court, but as a Brit, Jack played a lot of junior events on grass, which will help him, for sure.

Do you think Alcaraz and Sinner could dominate the sport like Roger Federer and Rafael Nadal did for so long? We all knew Federer and Nadal – and also Djokovic, who's still playing – weren't going to be around for ever and it was a big challenge for the next generation. But for those two to be winning Slams at the age of 22 and 23 is brilliant, and it was amazing symmetry for Alcaraz to win his fifth Slam at exactly the same age as Nadal – to the day. When you look back through the years, there have been so many great rivalries in tennis: Björn Borg and John McEnroe; Boris Becker and Stefan Edberg; Martina Navratilova and Chris Evert… Is it fair to compare Alcaraz and Sinner to Federer and Nadal? I think it is, because they're that good. I think they'll both win double digits in Grand Slams.

You know the pressure of playing at Wimbledon as a Brit. What advice would you give Draper? With Andy Murray having retired, there will be a significant focus on him, but he just needs to control the controllables, which are his preparation and his performance. Forget about the weather and what the media are saying and other stuff. This was my favourite time of year when I was on the tour and to have the support while playing at home – you don't get that very often as a professional player.

Who are you tipping to take the title in the ladies' tournament this year? I think it's really open. You can count the potential winners of the men's competition on the fingers of one hand, but in the women's tournament that would be a pretty long list! Aryna Sabalenka has been dominating on the hard courts, but will she be able to transition to grass? [Elena] Rybakina has won Wimbledon before [in 2022], Madison Keys is hitting the ball well, [Qinwen] Zheng is such a good athlete – it's so unpredictable. I'm looking forward to watching Coco Gauff, who played so well to win the French Open. She's been on the tour for six years now and she's only 21, which did make me feel very old!

Emma Raducanu looks set to miss out through injury, but how do you think British No 2 Katie Boulter will fare? I think that there will be opportunities, because the women's side is so unpredictable. If there are a couple of upsets early on, then the draw opens up. She's got to the third round before and if she can make it into the second week, then anything can happen.

Is commentating on the British players more difficult than working on other matches? You do feel the nerves sometimes, and any player will tell you that playing is easier than watching. I have to say that if Jack or Katie made it to the final, then I would find it hard to stay neutral!

You've been commentating on Wimbledon for nearly two decades now. What are your standout memories? The first year I did it, I lost my voice as I did too much talking for the first 10 days of the tournament, so I have a good supply of lozenges these days. The final that year, in 2008, was Federer v Nadal, which was an iconic match. That was the most nervous I've ever been in the commentary box and I didn't say a massive amount because I didn't want to ruin it for the audience!

ALL CHANGE AT THE ALL ENGLAND CLUB

Wimbledon's line judges have been calling the shots 'out' (or 'fault' for a serve) for 147 years, but they will be replaced by electronic line calls at this year's tournament.

'The decision to introduce electronic line-calling was made during a period of consideration and consultation,' says All England Club chief executive Sally Bolton. 'We take our responsibility to balance tradition and innovation at Wimbledon very seriously.'

However, it's not the only change at this year's championships, with the gentlemen's and ladies' singles finals being moved from 2pm to 4pm, in a bid to capture a bigger TV audience in the US.

Traditional line judges

WORDS: SEAN MARLAND. PHOTOS: ADOBE STOCK, ALAMY, BBC, GETTY

NEW FROM NETFLIX

NEW FANTASY DRAMA

The Old Guard 2

From Wednesday 2 July, Netflix

All change

Charlize Theron and Uma Thurman go head-to-head in an action-packed sequel

Get ready for an epic battle as Netflix's adrenaline-pumping sequel to 2020 fantasy-action saga *The Old Guard* pits two titans of cinematic combat against each other.

In *The Old Guard 2*, Hollywood A-lister Charlize Theron returns as badass warrior Andy, who's leading her team of immortal mercenaries on a new mission to save the world when a dangerous threat to humanity emerges: the villainous Discord, played by *Kill Bill*'s Uma Thurman. Hailed as 'the first of the immortals', Discord vows to destroy Andy and everything she's worked towards for thousands of years…

FIGHTING SPIRIT

'I believe audiences are excited to see [*Kill Bill*'s] Black Mamba and Atomic Blonde go toe to toe,' teases director Victoria Mahoney, citing Thurman and Theron's previous iconic characters. 'For me, in any fight scene, there has to be a worthy opponent as they elevate fight beats and, likewise, dramatic beats.'

As she grapples with her new-found mortality, Andy's feeling vulnerable – but she certainly hasn't lost her fighting spirit.

'The action sequences that we accomplished in the first film were really celebrated. So the first thing we looked at was: "How can we raise that bar?"' says Theron of the film, which welcomes back KiKi Layne, Marwan Kenzari and Luca Marinelli as mercenaries Nile, Joe and Nicky, with Chiwetel Ejiofor

Uma Thurman plays Discord

Billie, Deb and Josie

Sister act

Siblings Billie and Josie, plus mum Deb, are back for **more chaos**

NEW COMEDY

Such Brave Girls

Thursday, 10.05pm & 10.30pm, BBC3 (box set, BBC iPlayer)

Exploring mental-health issues, unwanted pregnancies and death through the medium of comedy was always going to be a risky proposition. But the creator of *Such Brave Girls*, Kat Sadler, needn't have worried as fans and critics loved her raucous, unflinching BBC3 comedy, with the show winning two BAFTAs.

'We knew we were coming from a place of truth [Sadler penned *Such Brave Girls* after being sectioned for her mental health in 2020] but you can't control how other people are going to feel watching it,' she admits, as the series returns for a new six-part

From left: Tuah, Nicky, Joe, Andy and Nile

Booker (Matthias Schoenaerts)

returning as mission co-ordinator James Copley. 'Andy and her warriors are back with a renewed sense of purpose. The stakes are even higher now that Andy is mortal and can die – but that certainly won't keep her out of the action.'

In addition to their battle against Discord, Andy and her team must deal with the return of Quynh (Veronica Ngo), who's out for revenge after escaping her underwater prison, and immortal soldier Booker (Matthias Schoenaerts), who's still in exile after betraying the community.

FAN FRENZY

Joining the cast as Tuah, who apparently 'holds the key to unlocking the mystery behind immortal existence', is *Nine Perfect Strangers*' Henry Golding.

Of working with fellow newbie Thurman, he says: 'Uma is the best, and everything you want her to be. When we had scenes together, the fanboy would come out!'

Indeed, it seems there's lots for fans of the franchise – based on the comic books created by Greg Rucka and illustrator Leandro Fernandez – to enjoy in the sequel.

Theron says: 'There's something for everyone – fans who loved the first film, fans who love the graphic novels and brand-new fans who are looking for grounded and relatable characters and insane action.'

run this week. 'Winning the BAFTAs [for Scripted Comedy and Emerging Talent] was a lovely seal of approval, but it was nerve-racking figuring out what to do for Series 2. I wish I hadn't put the awards by my bed – it's like they're watching me and asking: "Are you sure you've done enough?"'

As we rejoin neurotic Josie and her wayward sister Billie (Sadler's real-life sibling Lizzie Davidson) – who is now dating an older man, Graham, played by *The Bay*'s Daniel Ryan – their deluded mum Deb (Louise Brealey) is putting major plans in place for them to escape their humdrum reality. And she's relying on dependable Dev (Paul Bazely) and socially awkward Seb (Freddie Meredith) to come to the rescue…

Daniel Ryan joins as Graham

'Everyone's on a different quest for love but this show has to make it impossible for them to ever experience that,' says Sadler. 'Deb wants to be free from the trauma of Billie and Josie but she has a full-on crisis with Dev. Josie's still obsessed with her mental health and she and Seb have decided to put all their eggs in each other's baskets, while this series also brings out Billie's "daddy issues".'

With high hopes for a third outing, Sadler's not short of ideas.

'A lot of what happens is drawn from reality,' she says. 'Luckily, me and Lizzie have a treasure trove of trauma that we have mined to make the show.'

STORY OF THE WEEK

SOAP WEEK

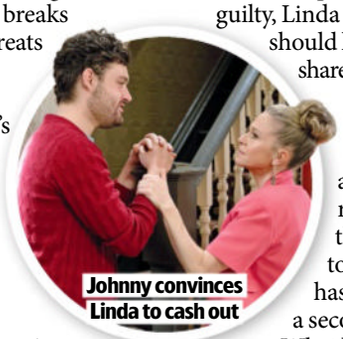
This week's soaps at a glance

Overwhelmed: Elaine

EASTENDERS

Elaine collapses as Linda decides to sell up…

» **Linda's reached her** limit with reckless Elaine, and she tells her mother that she's selling her half of The Vic. A row breaks out and Linda retreats to the cafe, where she offloads on George. But there's more aggro when Elaine spies their conflab and accuses the pair of plotting behind her back.



Johnny convinces Linda to cash out

Fearing for the pub's future, Lainey vies to get a bank loan to buy Linda out, and when that's a non-starter, she asks Johnny to become her silent partner, only to get a 'no' from him, too. With everything getting on top of her, she later flips and throws her punters out. Another row with Linda ensues, but it comes to a halt as Elaine collapses.

The pint-puller passes off the incident as a panic attack. Feeling guilty, Linda reasons that she should hang on to her share, but Johnny insists she should stick to her original plan. As mother and son then return to the bar, they're horrified to discover Elaine has keeled over for a second time.

What has happened? And will Elaine survive?

» **PLUS** Vicki blackmails thieving Bernie, Kat smells a rat when Stacey returns to Walford, Johnny and Felix decide to move in together, Joel encourages Tommy to steal vapes, and Peter and Lauren get back together.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK…

CORONATION STREET

» Kevin (right) clocks on to Abi and Carl's attraction, Dee-Dee goes behind James' back and arranges a baptism for Laila, Steve admits his feelings to Cassie, Todd realises Millie isn't pregnant, and Maria worries about AWOL Gary.

EMMERDALE

» Paddy (above) is attacked by a dog, Bear moves out of Tenant House, Mack double-crosses Ross, Sarah gives Cain food for thought about Nate's funeral, Gabby plans an engagement bash, and there's a new villain on the block called Ray.

WORDS: ALISON SLADE. VICTORIA WILSON. PHOTOS: BBC, ITV, NETFLIX

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Woman's Own woman Woman's Weekly

Hill at the Japanese Grand Prix in 2023

Hill winning the F1 World Championship in 1996

Pole position

F1 champion **Damon Hill** on the family tragedy that inspired his life in the fast lane

NEW FACTUAL

Hill

Wednesday, 9pm, Sky Documentaries & Sky Showcase

When Formula One driver Damon Hill won the F1 World Championship in 1996, he admits it was a bittersweet moment.

That's because Hill had never wanted to be a racing driver, but felt compelled to compete in the sport after his famous father Graham, himself a double world champion, died in a plane crash in 1975, shortly after he retired.

'It was one of those sliding-doors moments,' recalls Hill in an interview with *TV&Satellite Week*. 'I wasn't terribly attracted to Formula One. Then, when my dad died, I felt I had to have a go. My story is about falling into F1 and thinking, "OK, I'm here and now I've got to get this job done."'

Hill's tale, and how his life was shaped by his father's death, is told in Sky's one-off documentary, which features interviews with the former driver and his wife Georgie.

Hill, aged three, with his father in 1964

He reveals how he had a happy childhood with dad Graham and mother Bette, until everything fell apart when he was 15 and he saw a news bulletin about his father's death on TV.

'I saw the newsflash and I remember clocking what it meant, not being sure but being terrified. Mum was screaming and, from that point on, it was just pandemonium and horror,' recalls Hill, 64.

The ordeal only got worse. Graham had been piloting the plane, and following the accident, which also saw five other people die, it emerged that the aircraft wasn't properly insured. The Hill family was sued and lost their home and most of their money.

'I remember thinking I would have liked to have been on that plane with him. I didn't want to be here,' says Hill.

At 23, he started motor-racing – 'I wanted to fill Dad's shoes somehow' – and went from test-driving to competing in the world championships for Brabham, Williams, Arrows and Jordan.

TRAGEDY

Over eight seasons, he won 22 Grands Prix, but his career was a series of highs and lows, not least when he experienced the tragic death of his Williams teammate Ayrton Senna during the San Marino Grand Prix in 1994.

'That was horrendous and it really affected me,' he recalls. 'I'd leave for work and kiss my children goodbye and I wouldn't know whether I was coming back. Back then, drivers had a one-in-15 chance of being killed in a season, so our odds weren't particularly good.

'But when I look back at my career, it's with a very particular satisfaction that I was able to drive a Formula One car to the maximum of my abilities. I experienced that miraculous feeling that I got it right.'

WORDS: NATASHA HOLT. PHOTOS: GETTY; SMITHSTAR/STOCK.ADOBE.COM

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Laurie Metcalf

Elsbeth

Monday, 9pm, Sky Witness

Laurie Metcalf won three Emmys in the 1990s for her role as Roseanne's neurotic younger sister Jackie in comedy series *Roseanne* (inset). In 2022, she won another Emmy for her guest appearance as road manager Weed in *Hacks*. Other TV credits include Sheldon's mother Mary in *The Big Bang Theory* and real-life professor of medicine Phyllis Gardner in *The Dropout*. She was nominated for an Oscar for the 2018 movie *Lady Bird*.

1988

HER NEW ROLE

In this week's episode of *Elsbeth*, Metcalf, 70, guest-stars as TV actor Regina Coburn, who is about to leave her role on a long-running US police procedural so she can perform in *Macbeth* on the London stage. But when the showrunner sabotages her chance to perform in the West End, Regina takes violent retribution with the heel of a stiletto shoe. Can Elsbeth bring Regina to justice? 'We just knew Laurie would be hilarious,' says executive producer Jonathan Tolins. 'Regina longs to be taken more seriously and do Shakespeare – only to have her ambitions thwarted.'

Metcalf as Regina Coburn

Living legend

Rock superstar **Sir Rod Stewart** takes to the stage at Glastonbury

LIVE! MUSIC

Glastonbury

Saturday & Sunday, times vary, BBC1, BBC2, BBC4 & BBC iPlayer

He's one of the most enduring figures in British music. With a career spanning six decades and millions of record sales, Sir Rod Stewart is firmly established as one of Britain's national treasures.

So, it's fitting that, this Sunday, the charismatic, raspy-voiced rocker will be headlining the Legends slot at Glastonbury, as he makes his first appearance at the festival since 2002.

The singer, 80, will be following in the footsteps of Neil Diamond, Dolly Parton, Lionel Richie and Kylie Minogue, who have all performed in the iconic Sunday-afternoon slot on the Pyramid Stage at the Somerset festival.

Although his Glasto appearance was thrown into doubt by a recent bout of illness that caused him to cancel gigs in Las Vegas, Stewart is looking forward to wowing fans with a range of solo hits stretching back to 70s classics *Maggie May* and *The First Cut is the Deepest*.

With collaborator Jools Holland

'I'm proud, ready and more than able to pleasure and titillate my friends at Glastonbury,' he says. 'I have been doing it a long time, but it still doesn't lose its magic or its freshness. I may be doing the same songs, but it's different faces every night. You go out there and make a few thousand people happy. That's all I do. I'm so lucky.'

Starting his musical career as a sharp-dressed mod with blues band Steampacket in the 1960s, he joined rock 'n' roll band the Faces in 1969. But it was the release of his third solo album in 1971, featuring *Maggie May*, that catapulted him to international fame when it topped the charts in the UK and US.

'*Maggie May* was a fluke. It wasn't even meant to be a single but people loved it and suddenly I was on the map,' he recalls. 'That song changed everything.'

MASTER OF REINVENTION

In the late 70s, he embraced disco and had another huge hit with *Da Ya Think I'm Sexy?* – even though critics were not keen on his new sound nor his flamboyant fashion sense that saw him sporting leopard-skin spandex jumpsuits.

WORDS: NICK CANNON, HANNAH DAVIES, TESS LAMACRAFT, RICHARD MCCLURE. PHOTOS: ALAMY, BBC, C4, GETTY, U&DRAMA

'I've never really tried to fit into any specific mold'
SIR ROD STEWART

More recently, he's reinvented himself as a crooner with a series of albums drawn from the great American songbook, while his latest record, 2024's *Swing Fever*, saw him collaborate with Jools Holland on songs from the big-band era – becoming his 11th No 1 album in the UK.

'I never really tried to fit into any specific mold. I've always been about raw emotion in my voice. Even if it was a little rough around the edges, people connected with it,' says Stewart, whose life off-stage has been just as colourful, with eight children from a string of high-profile marriages and relationships

'I never set out to be a legend. I just wanted to make good music and entertain people. I've had an incredible life, and the music's always been at the centre of it. And I'm not done yet. Playing at Glastonbury is the greatest honour.'

HE WEARS IT WELL

Some of Stewart's most memorable outfits...

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

Scrublands: Silver

NEW

Monday & Tuesday, 9pm, BBC2 (box set, BBC iPlayer)

The twisty Australian drama is back for Season 2 as investigative journalist Martin Scarsden (Luke Arnold, right) and his girlfriend Mandy (Bella Heathcote) are planning a getaway in Martin's home town of Port Silver. But when Martin's childhood pal Jasper is found in a pool of blood and Mandy becomes the prime suspect, he has to set out to clear his partner's name. 'Martin's past is coming back to bite him', says Arnold. 'It's deeply personal.'

Country Music Summer Festival

Thursday 3 July, BBC iPlayer

Get your cowboy boots on for highlights from the longest-running country music festival in the world, hosted by Ashley McBryde and Cody Johnson (both pictured). Filmed in Nashville a few weeks ago, some of the big names taking to the stage include Brooks & Dunn, Darius Rucker, Jelly Roll and Shaboozey.

Ghosts US

Wed & Thu, 9pm, 9.20pm & 9.40pm, BBC3 (box set, BBC iPlayer)

Season 4 of the hit comedy's US version picks up after Revolutionary-soldier spook Isaac left Nigel at the altar before being kidnapped by vengeful Puritan phantom Patience. When Native American ghost Sass is also abducted, Sam and Jay (both pictured) enlist help from hippy Flower – but will she be able to remember key details?

Darby and Joan

Wednesday, 8pm, U&Drama (box set, U)

Season 2 picks up a year after retired widowed English nurse Joan Kirkhope (Greta Scacchi) and Australian detective Jack Darby (Bryan Brown) met on an outback road. As they continue solving mysteries together, Jack's search for answers about his past lead him and Joan into some dangerous scrapes.

• ***Previously shown on Acorn TV***

Dream team

Tom Sturridge returns for an Endless family reunion in the second and final season...

Dream's siblings: Desire, Despair, Destruction and Delirium

NETFLIX The Sandman

NEW *Available: Thursday 3 July*
Genre: Fantasy drama Season: 2
Eps: 12 (eps 1-6 from 3 July; eps 7-11 from Thu 24 July; ep 12 from Thu 31 July)

The surreal, dazzling dream is coming to an end as fantasy drama *The Sandman* bows out with new realms and long-absent siblings in the second and final season of the comic-book adaptation.

Unfolding across two volumes and a bonus episode, the 12-part closing chapter based on Neil Gaiman's comic books finds the brooding, other-worldly Lord Morpheus, AKA Dream (Tom Sturridge) – who presides over the world of the sleeping – busy restoring his kingdom until a family reunion forces him to reconcile with his past decisions.

Called to meet with his siblings, Death (Kirby Howell-Baptiste), Desire (Mason Alexander Park) and Despair (Donna Preston), Dream also reunites with two more of the Endless brood: stoic eldest brother Destiny (Adrian Lester) and younger, chaotic sister Delirium (Esmé Creed-Miles).

Barry Sloane as Destruction

FAMILY REUNION

But as their gathering is fraught with old wounds, will their seventh sibling, Destruction (Barry Sloane) – who abandoned his family 300 years ago – return to the fold?

'Dream is in a place of rebuilding and is trying to bring his kingdom back to its former strength, but then he's called by his brother [Destiny] to a family meeting, the consequences of which are enormous,' says Sturridge, 39. 'It's thrilling to have the siblings of the Endless together in one room for the first time, though.

'Ultimately, *The Sandman* is a story about a family, and beyond the Endless being these divine embodiments of different expressions of the soul, they are siblings, and they behave and interact in a way that's entirely familiar.'

The new cast includes *Game of Thrones* stars Jack Gleeson and Clive Russell as hobgoblin Puck and Dream's long-time ally, Odin. Freddie Fox plays Loki, the god of chaos, and Ruairi O'Connor is Dream's idealistic son, Orpheus.

Laurence O'Fuarain joins as hammer-throwing storm god Thor, and Douglas Booth is royal emissary Cluracan. Also, listen out for Steve Coogan voicing Barnabas, while Gwendoline Christie reprises her role as Lucifer, who vows to destroy Dream.

'I think fans will be excited by the enormous cast of characters,' explains Sturridge. 'The exploration of fatherhood

Tom Sturridge as Dream

Gwendoline Christie as Lucifer

is deep in Season 2 and Dream's relationship with Orpheus is key. It's tragically complicated and was difficult to bring to life, but Ruairi is an exquisite actor and, joking aside, he had to play the disembodied head of his character for some extraordinarily intense scenes.'

ADAPTATION

As well as the *Seasons of Mists* and *Brief Lives* storylines, this concluding chapter will adapt one of Sturridge's best-loved sequences from the comic series.

'*A Midsummer Night's Dream* is one of my favourite parts of The Sandman oeuvre,' he says. 'The show is made by fans of the comics, and the Dreaming is one of the most fantastic, divine places that I've ever acted in. To be allowed to experience a realisation of it is a great honour.'

What we're watching...

The shows being enjoyed by the *TVSW* team

tv+ Stick

Genre: Comedy Season: 1 Episodes: 10 (released weekly)

There are echoes of *Ted Lasso*'s warmth and humour in this sporting comedy starring Owen Wilson as Pryce Cahill, a celebrated golfer until he suffered a meltdown during a prestigious tournament on live TV. Now divorced, he ekes out a living giving lessons at a club. Then, by chance, he sees 17-year-old Santi Wheeler (Peter Dager) display a rare golfing talent. Sure that with his guidance, the teenage prodigy can become a top player, Pryce offers to become his coach.

NETFLIX Straw

Genre: Thriller
Episodes: One-off

Empire's Taraji P. Henson is a force of nature in Tyler Perry's psychological thriller as a single mother struggling to care for her sick daughter. Pushed to breaking point, events spiral out of her control.

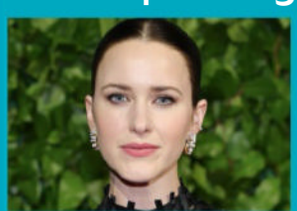
NETFLIX The Survivors

Genre: Drama
Season: 1 Episodes: 6

The beautiful scenery and plot twists hold the attention in this Australian murder mystery. After 15 years, Kieran Elliott (Charlie Vickers) returns to his seaside home town, where a woman's killing dredges up the past.

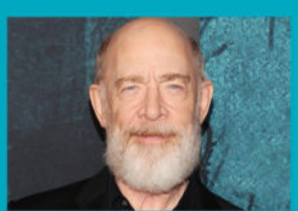
Now in production...

Three upcoming shows to look out for soon



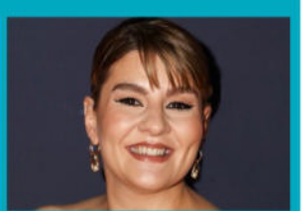
tv+ Presumed Innocent

Rachel Brosnahan (above) is in line to star in the second run of Apple TV+'s legal drama, which will be inspired by *Dissection of a Murder*, an upcoming Jo Murray novel about a rookie lawyer who is hired to help a defendant accused of killing a judge.



MGM+ The Westies

MGM+'s 80s-set crime drama will see J.K. Simmons (above) as the head of a brutal Irish-American gang in the Hell's Kitchen neighbourhood of New York, where internal friction and an FBI investigation spell danger. Titus Welliver is also set to portray a struggling cop.



tv+ Being Heumann

In Apple TV+'s film, based on the memoir of Judy Heumann, Ruth Madeley (above) will play the disability-rights activist who led a 1977 sit-in protest in San Francisco to fight for greater accessibility. Mark Ruffalo will play lawyer Joseph Califano.

WORDS: REBECCA MAHONEY, JUDY EWENS, CAREN CLARK; PHOTOS: APPLE TV+, GETTY/NETFLIX, SHUTTERSTOCK

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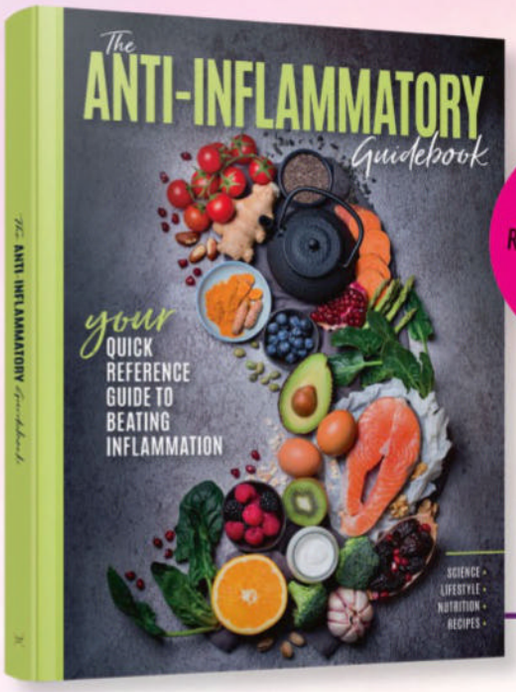

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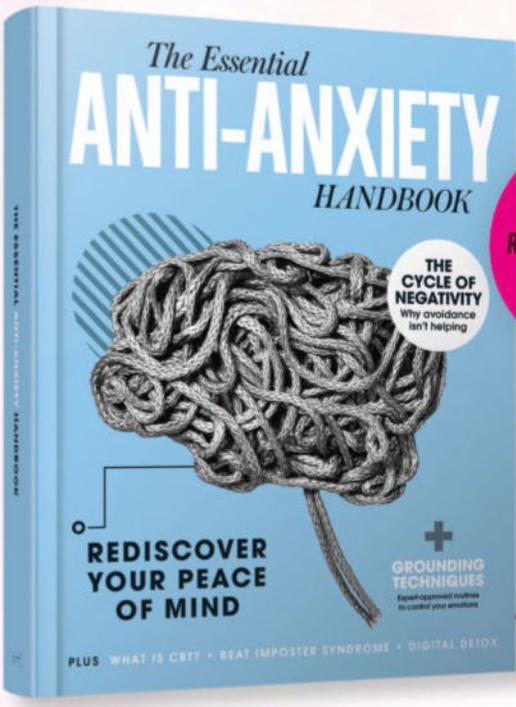

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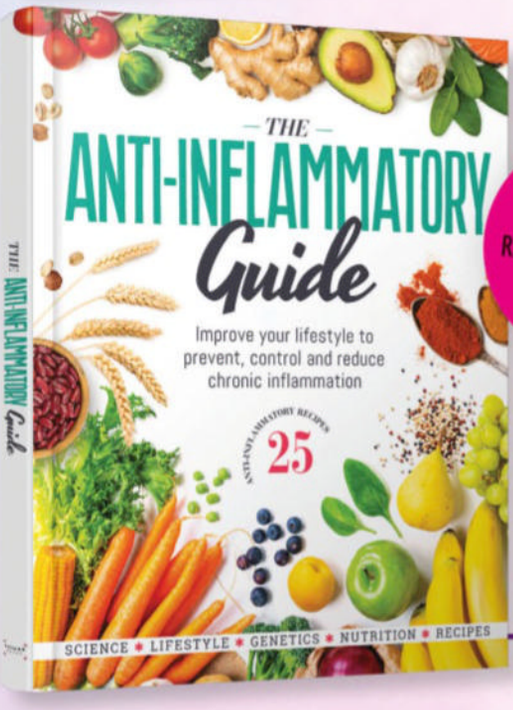

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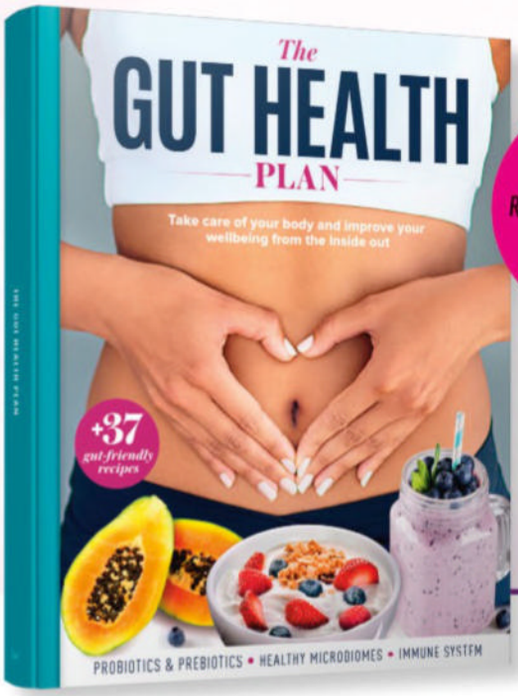

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FUTURE BOOKS

Pick of the new releases

The best new shows to enjoy this week on streaming services...

Roswell, New Mexico

Sunday 29 June

All four seasons of the American sci-fi series from 2019-2022. Liz Ortecho (Jeanine Mason) returns to her home town of Roswell, where she discovers that her teenage crush, Max Evans (Nathan Parsons), is an alien.

Attack on London: Hunting the 7/7 Bombers

Tuesday 1 July

Docuseries on the terror attacks of 7 July 2005 when four bombs exploded on the London transport system, killing 52 people. It features previously unseen archive footage and exclusive interviews with survivors, loved ones, investigators and members of the intelligence services. See Documentaries, page 20.

Trainwreck: The Cult of American Apparel

Tuesday 1 July

In the early 2000s, American Apparel became one of the United States' most-successful fashion brands, but there was a darker side to the company. Its CEO and founder Dov Charney was accused of creating a toxic work environment and of sexually harassing female employees – allegations he denies.

Hunting My Sextortion Scammer: Untold

Wednesday 2 July

Musician Jordan Stephens allows himself to be 'sextorted' for this documentary investigating sexual blackmail, whereby criminals lure people into sharing intimate photos of themselves, then threaten to publish them unless the victims pay up.

Rubiales Vs Hermoso: The World Cup Kiss

Wednesday 2 July

Documentary series on the incident that overshadowed Spain's win against England in the 2023 Women's World Cup when Luis Rubiales, then president of the Royal Spanish Football Federation, kissed Spanish player Jenni Hermoso during the medal-presentation ceremony without her consent. It led to him being found guilty of sexual assault. See Documentaries, page 21.

Shark Whisperer

Monday 30 June

Nature film from James Reed, director of the Oscar-winning documentary *My Octopus Teacher*, on marine conservationist Ocean Ramsey, whose videos of swimming freely with sharks have gone viral. Ramsey says she is challenging the negative perception of sharks, while her critics dismiss her actions as self-promotion disguised as environmentalism.

The Old Guard 2

Wednesday 2 July

Sequel to the 2020 fantasy-action film. Charlize Theron returns as Andy as she and her team of immortal warriors face a powerful new threat. Uma Thurman joins the cast. See feature, page 10.

Heads of State

Wednesday 2 July

Action-comedy film. US President Will Derringer (John Cena), a former action-movie star, and UK Prime Minister Sam Clarke (Idris Elba), an ex-commando, must set aside their rivalry to thwart a global conspiracy. See feature, p6.

Sight Unseen

Thursday 3 July

Crime drama. Tess Avery (Dolly Lewis), a top homicide detective in Vancouver, is forced to quit her job after she is diagnosed as being clinically blind. With the help of a remote visual guide, Sunny Patel (Agam Darshi), an agoraphobe who lives 3,000 miles away in New York, Tess continues to help the police department solve crimes.

The Sandman

Thursday 3 July

First part of the second and final season of the fantasy drama based on Neil Gaiman's comic book of the same name. Dream of the Endless (Tom Sturridge) faces one impossible decision after another as he attempts to save himself, his kingdom and the waking world from the epic fallout of his past misdeeds. See feature, page 16.

Verstappen – Lion Unleashed 4

Thursday 3 July

Sports documentary. F1 world champion Max Verstappen, his father Jos, manager Raymond Vermeulen and former racing driver David Coulthard speak about the road to Verstappen's fourth championship win in 2024.

Dan Da Dan

Thursday 3 July

The second season of the animé. Momo Ayase, who believes in ghosts, and Ken Takakura, who is convinced aliens exist, are determined to prove each other's beliefs wrong. It sends them on a journey where the occult and extraterrestrial intersect.

Devil's Leap

Friday 4 July

French thriller from Walter Presents. Former special-forces operative Paul Vilar (Philippe Bas) and his teenage daughter Sara (Maïra Schmitt) are on a hiking trip in the French Alps, but it becomes a fight for survival when Sara accidentally witnesses a violent crime and the perpetrators go after them.

How to Get Away with Murder

Friday 4 July

All six seasons of Shonda Rhimes' legal thriller from 2014-2020. Viola Davis plays Annalise Keating, a top defence attorney and law professor at a prestigious Philadelphia university, who, along with five of her students, becomes involved in a complex murder plot.

Dora

Friday 4 July

The third season of the animated children's series following young Latina explorer Dora and her monkey best friend Boots as they go on epic adventures in the rainforest.

Dora and the Search for Sol Dorado

Friday 4 July

Live-action adventure film in which Dora (Samantha Lorraine) and her friends trek through the perilous Amazonian jungle in search of the ancient treasure of Sol Dorado to prevent it from falling into enemy hands. Comedian Gabriel Iglesias voices Boots the monkey.

Tour de France: Unchained

Wednesday 2 July

The third and final season of the sports docuseries follows the 2024 Tour de France, going behind the scenes of the world's most-prestigious cycling race, which lasts three weeks and covers 3,500km.

WORDS: JUDY EWENS. PHOTOS: NETFLIX, PARAMOUNT+

Documentaries

The bus at Tavistock Square

NEW FROM NETFLIX

Terror in London

A harrowing docuseries takes an in-depth look at the **2005 bomb attacks** and their aftermath

NEW FACTUAL

Attack on London: Hunting the 7/7 Bombers

From Tuesday 1 July, Netflix

It's 20 years since London was rocked by a series of bombings that claimed the lives of 52 people and injured more than 700.

Now, to mark the anniversary, Netflix's four-part documentary *Attack on London: Hunting the 7/7 Bombers* movingly examines the events of 7 July 2005 and the harrowing impact of the capital's worst terror attack.

Survivors of the blasts, which took place on Underground trains near Aldgate, Edgware Road and Russell Square stations, and on a bus in Tavistock Square, share their memories.

DEVASTATING

Among them is Dan Biddle, who was on the Tube near Edgware Road and lost both his legs in the explosion. He chillingly recalls spotting Mohammad Sidique Khan moments before the terrorist detonated the bomb.

'I could feel somebody staring at me. It was unnerving,' says Biddle. 'The next minute I'm on the tracks and I could see carnage around me, like opening the gates of hell. I was sure I wasn't getting out alive. I can't imagine what was going through his head other than vitriolic hate.'

24 Hours in Police Custody: The Butcher of Suburbia

Sunday & Monday, 9pm, C4

The true-crime series returns with a two-part special following the murder of 74-year-old landlady Annette Smith (above). She was last seen by her lodger, Scott Paterson, who told the police she was planning some time away with a mystery woman – but the investigation soon unearths some shocking evidence.

Euro 2025: Together Stronger

Thu, 10.40pm (times vary), BBC1

Jess Fishlock (right), Rhian Wilkinson and Helen Ward are among the famous faces helping to tell the story of Welsh women's football as the team warms up for its first major tournament. Also on BBC1, on Wednesday, 10.45pm, *Mary Earps: Queen of Stops* profiles the ex-England goalie (inset), who won the Golden Glove in 2023.

Crime Scene Cleaners

Monday, 10pm, C4 (box set, Channel 4 Streaming)

An often grisly look at the work of the specialist teams tasked with cleaning up after crimes. The opener features a car contaminated with fentanyl in Louisiana, pools of fresh blood in a bathroom in LA and a specialist company (above) dealing with a decomposing body in a remote Kent home.

WORDS: CAREN CLARK, HANNAH DAVIES, NATASHA HOLT, IAN MACEWAN. PHOTOS: BBC, C4, GETTY, NETFLIX, SHUTTERSTOCK

Emergency services were on hand

Evacuated passengers at Edgware Road

The then Prime Minister Tony Blair, Eliza Manningham-Buller, who was the Director General of MI5, along with police officers and lead forensics investigator Cliff Todd, also look back at their bid to identify the four Islamist suicide bombers, and the challenges they faced amid fears of further attacks.

'This was the largest criminal investigation in the UK,' explains Peter Clarke, who was Deputy Assistant Commissioner of the Metropolitan Police and head of the Anti-Terrorist Branch. 'The attackers died but we had to investigate who was involved and we were worried that there might be a wider network.'

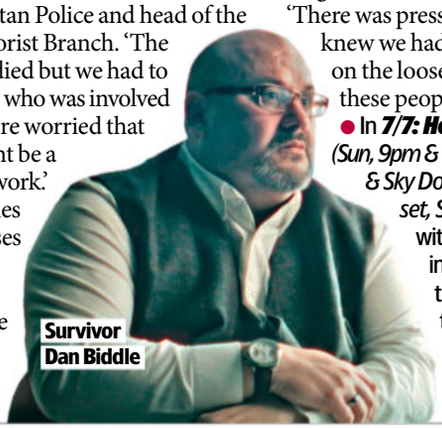
The series then focuses on the panic around the further failed attacks on London's transport network on 21 July. That manhunt resulted in innocent Brazilian Jean Charles de Menezes being wrongly identified as a terrorist and shot dead at Stockwell station, and firearms officers, as well as de Menezes' cousins, recollect the tragedy.

INVESTIGATION

As the police came under scrutiny following the shooting, investigators reveal how they eventually apprehended the real 21/7 perpetrators, who were each sentenced to a minimum of 40 years in prison for conspiracy to murder.

'It was devastating that an error led to someone's death,' shares Alan Hasler, who was a Detective Sergeant in the Anti-Terrorist Branch. 'There was pressure on us. But we knew we had suicide bombers on the loose. We had to get these people arrested.'

● In ***7/7: Homegrown Terror*** *(Sun, 9pm & 10.15pm, Sky Showcase & Sky Documentaries; box set, Sky Box Sets/NOW)*, witnesses, survivors and investigators discuss the bombings and their horrifying ripple effect.


Survivor Dan Biddle

The Srebrenica Tape

Tuesday, 10pm, BBC4

In July 1995, Bosnian Serb troops murdered some 8,000 Muslim inhabitants of the small mountain town of Srebrenica. In this *Storyville* special, Alisa, who was born there, returns to Srebrenica to retrace the footsteps of her father (pictured with Alisa), an amateur film-maker who documented everyday life in the enclave.

Secrets of Diana's Wedding Dress

Saturday, 9pm, 5

Elizabeth Emanuel, who designed Princess Diana's iconic 1981 wedding dress (above), opens up her personal archives, which include sketches, private photographs and even some of the original fabric, and shares stories of Diana's secret visits to the Emanuel studio running up to the big day.

Jenni Hermoso

NEW FROM discovery+

Tainted victory

How the Women's World Cup win became **Spain's #MeToo moment**

The infamous kiss

NEW FACTUAL

Rubiales Vs Hermoso: The World Cup Kiss

From Wed 2 July, Discovery+

On 20 August 2023, Spain's historic Women's World Cup win against England was overshadowed by the moment the president of the Royal Spanish Football Federation, Luis Rubiales, grabbed star player Jenni Hermoso and forcefully kissed her on the lips after she received her winner's medal.

The kiss, which Hermoso insists was not consensual, sent shock waves around the world and, in February this year, Rubiales was found guilty of sexual assault.

'I felt disrespected,' said Hermoso at the trial. 'I felt that moment tainted one of the happiest days of my life.'

Now, this two-part series follows the build-up to the trial, exploring Rubiales' side of the story first, followed by Hermoso's, which is told by her friends and journalists who covered the case.

'The trial was the opportunity for the entire world to listen to my story,' says Rubiales, who maintains he asked Hermoso if he could kiss her. 'I've been silent for too long. We have to make a big distinction between what was a criminal action and what is a kiss between two friends.'

Luis Rubiales

TAKING SIDES

The documentary shows how the incident came 18 months after the players had demanded better treatment from Spain's footballing federation, which Rubiales blames for Hermoso and her teammates taking a stand against him.

But Hermoso's friend and Spanish teammate Laia Codina disputes this, saying, 'All that matters is he kissed her without permission.'

While Rubiales was found guilty of sexual assault, he avoided a prison sentence and was cleared of the coercion charge he faced for allegedly trying to force Hermoso to support his side of events. Three others, former Spanish coach Jorge Vilda, the federation's marketing manager Rubén Rivera and former sporting director, Albert Luque, were also cleared of coercion.

Rubiales has vowed to appeal his conviction. But for Hermoso, this only adds to the ordeal she has suffered in the wake of his kiss.

'This is a long fight,' says her friend and former Spain captain Verónica Boquete. 'This is a macho culture. We are no closer to where we want to be.'

Films Our pick of this

MOVIE OF THE WEEK

Echo Valley

Julianne Moore and **Sydney Sweeney** star as mother and daughter in this gripping thriller

THRILLER

Available now, Apple TV+ ★★★★

The depths of a mother's love and the lengths they will go to protect their offspring is at the centre of this excellent drama that slowly morphs into a sweaty, twisty thriller. Julianne Moore is the mum, owner of a horse-riding stable and still grieving over the sudden death of her wife, who is shaken out of her depressive torpor by the reappearance of her daughter (Sydney Sweeney), a desperate drug addict and serial abuser of her mother's good nature.

Sweeney also brings two others into Moore's life: boyfriend Edmund Donovan and the couple's shifty, sadistic dealer, Domhnall Gleeson, to whom they owe $10,000. This sets in motion a series of events that drags Moore deeper into deadly trouble, with only stalwart bestie Fiona Shaw on her side.

There are elements that stretch credulity, but this beautifully crafted movie, directed by Jersey-born Michael Pearce and written by Brad Ingelsby (who penned *Mare of Easttown*), has characters who feel lived in, caught in a scenario from which it appears impossible to escape. Moore is always top-drawer, but it is Sweeney who surprises, delivering an unvarnished, messily realistic portrayal of an addict who just can't stop. 2025, 15, 104MIN

WORDS: JASON BEST, KEVIN HARLEY, LIZ MILROY, NIGEL PIZEY

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

More premieres and Day by Day planner>>>

week's Best Movies

DRAMA

Sharp Corner

Saturday, 10.45am & 10.30pm, Sky Premiere ★★★★

Ben Foster delivers yet another incredible performance as a husband and father on the verge of losing it all. He moves his family (wife Cobie Smulders and young son William Kosovic) out to the Canadian countryside, but on their first night he discovers why the house was on the market for so long – it faces the titular turn in the road that sends a car crashing into their garden and killing the teenage driver. Not long after, it happens again and Foster slowly becomes obsessed with saving the next potential victim, even if his fixation means losing his family. A brilliantly put-together movie that hints at things without spelling anything out, it is anchored by a magnificent Foster, a seeming everyman on the edge. 2024, 15, 100MIN

Obsessed: Ben

Rough landing: Benicio, Mia and Michael

COMEDY

The Phoenician Scheme

Available now to buy or rent from digital stores, including Prime Video and Sky Store ★★★

Director Wes Anderson gets the tastebuds of both lovers and haters tingling with this typically quirky, fastidiously stylised comedy. It follows Benicio Del Toro's wealthy, ruthless 1950s industrialist, as he attempts to reconcile with his neglected daughter, novitiate nun Liesl (a superb Mia Threapleton, Kate Winslet's daughter), and persuade her to become his sole heir. The pair, along with Michael Cera's entomologist, travel by private plane, fending off assassination attempts while Del Toro strives to pull off his latest business venture via a series of encounters and deals with a bizarre array of characters played by the starry likes of Tom Hanks, Scarlett Johansson and Benedict Cumberbatch. A satire on the rapacity of the one percent is possibly lurking inside the plot, but if so it is largely lost amid the visual whimsy and deadpan dialogue. 2025, 15, 101MIN

Wicked game: Tom

FANTASY ADVENTURE

The Hunger Games: The Ballad of Songbirds & Snakes

From Tuesday, Netflix ★★★

Director Francis Lawrence's prequel plots how villain Coriolanus Snow (Tom Blyth) became the monster we know. It starts strongly in the bleak dystopian 'Dark Days', 64 years before the first Hunger Games. Snow is appointed to mentor a tribute and re-ignite the flagging games, but can travelling singer Lucy Gray Baird (Rachel Zegler) redeem him? Nicely knotty themes of trust and mistrust snake through the tangled plot, the games are grimly gripping and it's well perfomed by the stars, plus Viola Davis and Peter Dinklage in support. 2023, 12, 156MIN

Take aim: Claes

HISTORICAL ACTION

William Tell

Friday, 8pm, Sky Premiere ★★★

We don't get the famous galloping overture, but writer-director Nick Hamm's epic about the 14th-century Swiss folk hero still contains plenty of excitement, even if it's a bit of a Euro-pudding. Danish actor Claes Bang plays the huntsman who inspires his countrymen (and women here, too) to rebel against the dastardly Austrians occupying their land by shooting an arrow into the apple placed atop his son's head. Drawing upon the 1804 play, plus a dollop of *Braveheart*-style bluster, the script is patchy, but the sweeping good vs evil narrative makes it easy to cheer the heroes and hiss the villains. 2025, 15, 133MIN

Films

HORROR

Final Destination: Bloodlines

Available now to buy or rent from digital stores ★★★★

This latest instalment in the horror series gets off to a cracking start with a nail-biting, brilliantly executed sequence set in the 1950s on the opening night of a posh sky tower restaurant, where guest Iris (Brec Bassinger) gets a funny feeling that things are going to go horribly wrong, what with that glass floor and hurriedly built structure...

Flash forward to the present day and student Stefani (Kaitlyn Santa Juana) is plagued by nightmares of the incident and becomes convinced that her family (including Teo Briones, Richard Harmon, Anna Lore, Owen Patrick Joyner and Alex Zahara) is in grave danger. Naturally, no one believes her, but a couple of gleefully staged gory accidents and a trip to Stefani's dotty grandmother (Gabrielle Rose) convince them otherwise, as does enigmatic Tony Todd; the family is indeed being stalked by Death.

There is much to enjoy in directors Zach Lipovsky and Adam B Stein's neat chiller, which along with all the inventive bloodshed also has a decent plot on which to hang the carnage. There's plenty of life in the franchise yet. 2025, 15, 110MIN

Hidden gems Great movies you might have missed...

ANIMATION

Encanto

Disney+ ★★★★

Disney's 60th animated film features one of the studio's most endearing heroes: Mirabel (voiced by Stephanie Beatriz) is the one member of the enchanted Madrigal family without a special magical 'gift'. Benefitting hugely from its Colombia setting, the highlights also include Lin-Manuel Miranda's songs. His abundant melodies help to ensure *Encanto*'s gifts keep on giving. With fresh, dazzling shapes and shades, this is high-tier modern Disney. 2021, PG, 109MIN

DRAMA

The Kindergarten Teacher

BFI Player ★★★★

Maggie Gyllenhaal is sensational as a frustrated teacher in this quietly compelling drama. Dissatisfied with her passionless marriage, disappointed by her teenage kids and generally fed up with her lot, she convinces herself that her five-year-old pupil (Parker Sevak) is a budding poetic genius. What should she do to nurture the talent of this fledgling literary Mozart? Intriguing, thought provoking and, by the end, surprisingly suspenseful too. 2018, 12, 97MIN

COMEDY DRAMA

Punch-Drunk Love

Mubi ★★★★

Prone to panic attacks and bouts of extreme anger, Adam Sandler suffers both after he makes the mistake of ringing a sex line. Soon the woman at the other end is demanding money with threats. However, just as that episode turns bad, he finds true love with Emily Watson. Although a very different role for Sandler, he carries it off in style and the movie's excellent line in black comedy includes a show-stopping confrontation with Philip Seymour Hoffman. 2002, 15, 95MIN

Saturday 28 June

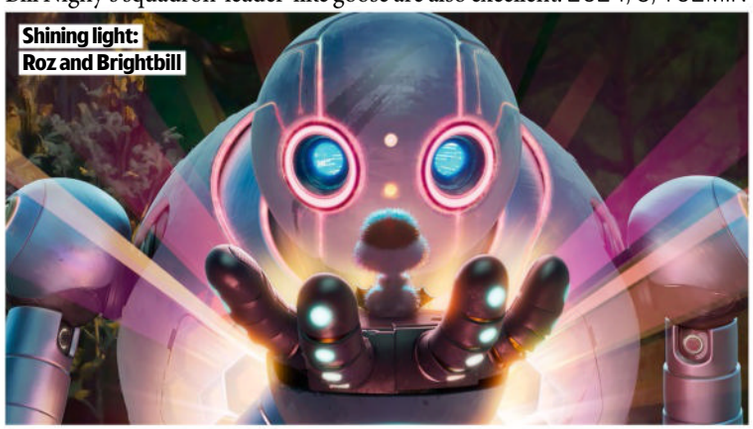
ANIMATION

The Wild Robot

4.10pm, Sky Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●●

A shipwrecked robot, Roz (voiced by Lupita Nyong'o), washes up on an island populated by a lively array of animals and, unable to find a 'customer' for whom she can act out her household programming, she reluctantly becomes adoptive mum to an orphaned gosling, Brightbill (Kit Connor). Adapted from Peter Brown's bestseller, this heartwarming animation is a tad mawkish but overall a triumph. The visuals are stunning, while the script combines smart and funny gags with thoughtful ideas about AI and ecology. Nyong'o is warm and appealing, while Pedro Pascal's wily fox and Bill Nighy's squadron-leader-like goose are also excellent. 2024, U, 102MIN



Shining light: Roz and Brightbill

COMEDY FANTASY

Back to the Future

9.15am, Sky Five Star Movies ★★★★★

Sex ●●● Violence ●●● Language ●●●

It's 40 years ago this week that audiences first saw 1980s teen Marty McFly hop in a modified DeLorean car with years instead of miles on the clock and whiz back in time to 1955 – and Robert Zemeckis' film is still as witty and razor-sharp as the day it was released. Christopher Lloyd is the dotty inventor, a 'flux capacitor' is the essential time-travel gadget and Marty is played by a perfect Michael J Fox (replacing Eric Stoltz). Thomas F Wilson is the villain and Crispin Glover and Lea Thompson play Marty's parents. 1985, PG, 115MIN

ADVENTURE

Jurassic World: Fallen Kingdom

6.25pm, ITV2 ★★★

Sex ●●● Violence ●●● Language ●●●

In this second *Jurassic World* reboot, Chris Pratt's rugged dinosaur wrangler Owen and Bryce Dallas Howard's uptight executive Claire get back into action, accompanied by feisty dinosaur vet Zia (Daniella Pineda) and nervous-nelly tech nerd Franklin (Justice Smith), when a volcano threatens the surviving dinosaurs on the ill-fated theme park's abandoned island. But all is not as it seems... Director JA Bayona delivers the requisite scares and thrills, even if the story's as preposterous as ever. 2018, 12, 128MIN

DRAMA

The Deer Hunter

10.45pm, Legend ★★★★★

Sex ●●● Violence ●●● Language ●●●

A sprawling, cynical look at the effects of Vietnam on the American heartland, seen through the eyes of three Pennsylvania steel-workers (Robert De Niro, John Savage and Christopher Walken). Standout moments include the long wedding-party celebrations at the start, De Niro's homecoming to Walken's girlfriend (Meryl Streep) and what has to be cinema's saddest rendition of *God Bless America*. Walken won one of the film's five Oscars but, sadly, co-star John Cazale (who was engaged to Streep) died before the film's release. 1978, 18, 183MIN

HISTORICAL DRAMA

Glory

12.30am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Morgan Freeman has said that this stunning period drama is one of the films of which he is most proud. Although it sets out to reveal a little-known footnote of the American Civil War – the role played by the first ever regiment of black soldiers in the conflict – it is far from a dry or worthy history lesson. It is as powerful and exciting a slice of action cinema as one could hope for, capped by an Oscar-winning turn from Denzel Washington. 1989, 15, 122MIN

■ Full listings start on p35

Sunday 29 June

DRAMA

Past Lives

10pm, BBC2 (11pm Northern Ireland) ★★★★★

Sex ●●● Violence ●●● Language ●●●

In Seoul, two childhood pals' relationship ends when the girl's family uproots to Toronto. While social media allows Nora (Greta Lee) and Nae Sung (Teo Yoo) to rekindle a connection, circumstances keep them apart for 24 years, when they manage to meet in New York where Nora lives with Arthur (John Magaro). Writer-director Celine Song's film builds up immense wells of feelings for its trio of likeable individuals as they – and us – wonder about what might have been, what traces remain of those childhood sweethearts, and where Arthur fits into the picture. A tender, exquisitely judged film of remarkable poise and power. 2023, 12, 106MIN

Making a connection: Teo and Greta

CLASSIC THRILLER

The 39 Steps

12.25pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

In this essential Alfred Hitchcock thriller, based on John Buchan's novel, Robert Donat's Richard Hannay gets on the express train to Scotland in an attempt to clear his name after a spy is murdered in his flat. Madeleine Carroll (the first in a long line of the director's ice-cool blondes) becomes very attached to him and all kinds of jokey anxiety results. John Laurie's mean-minded crofter, Godfrey Tearle's missing-fingered villain, Donat having to make a political speech and the big music hall climax are all choice ingredients. 1935, U, 87MIN

CLASSIC THRILLER

North by Northwest

1.50pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The mistaken identity movie to beat them all would be a much lesser affair without the supreme sense of style Cary Grant brings to his role as Roger Thornhill, a New York advertising executive who ends up on the run from both the police and James Mason's bunch of Cold War bad guys. Alfred Hitchcock's handling of the celebrated set-pieces – the crop-dusting plane, the UN building murder, the auction, the out-of-control car – couldn't be more effective, but just as important are its exquisite orders of comedy and romance. 1959, PG, 136MIN

ANIMATION

Moana

3.15pm, BBC1 (2.50pm Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Disney's breezy animated musical takes inspiration from Polynesian myth for its tale of feisty young Moana (voiced by Auli'i Cravalho), who sets off on a quest to save her dying island. To do so, she cajoles shape-shifting demigod Maui (an ideal Dwayne Johnson) into helping her return a precious stone to the heart of island goddess Te Fiti. While the film takes a while to get going and the songs, by Lin-Manuel Miranda and Opetaia Foa'i, are catchy but not distinctive, the animation is splendid and the humour infectious. 2016, PG, 107MIN

COMEDY DRAMA

Lady Bird

8pm, Sky Pride ★★★★★

Sex ●●● Violence ●●● Language ●●●

Saoirse Ronan is equal parts endearing and annoying as a snarky but vulnerable 17-year-old who longs to escape from her dull suburban roots and go to college in this beguiling coming-of-age comedy from writer-director Greta Gerwig. Set in California in 2002, the film revolves around Lady Bird's prickly love-hate relationship with her mother (Laurie Metcalf). It is whip-smart, achingly honest and piercingly funny, , but what will remain with you is its beautiful tender heart. 2017, 15, 94MIN

■ Full listings start on p45

Weekday movies over page

Monday 30 June

GANGSTER CLASSIC

Goodfellas

2am, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

A chilling, authentic view of Mob life, this is one of the all-time-great gangster films. Director Martin Scorsese brought his own experiences of growing up in New York's Little Italy to the movie, which is based on the memoirs of real-life Mafia hood Henry Hill (Ray Liotta). Liotta is excellent as the young man who happily embraces a life of crime, Joe Pesci (who won an Oscar) and Robert De Niro are outstanding as his pathological pals and Lorraine Bracco is the woman he weds. 1990, 18, 143MIN

Mob-handed: Joe, Ray and Robert

SPORTS DRAMA

Creed II

9pm, ITV4 ★★★

Sex ●●● Violence ●●● Language ●●●

This sequel sets up the grudge match to end them all – Michael B Jordan's scrappy contender-turned-heavyweight champ, Adonis Creed, against Russian hulk Viktor Drago (Florian Munteanu), the son of the man who killed his dad in *Rocky IV*. Which cues a blast from the past for Rocky (Sylvester Stallone)... The fight scenes carry their usual weight and some welcome old faces add punch to the familiar soapy plotting. 2018, 12, 130MIN

THRILLER

Unfaithful

12.50am, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

Comfortably and apparently happily married to Richard Gere for 11 years, Diane Lane bumps into artist Olivier Martinez one day and falls into a steamy affair – with fateful consequences. Marvellously well-observed and smoulderingly intense, this glossy, intelligent thriller, based on Claude Chabrol's 1968 film, *La Femme Infidèle*, has a brilliant payoff and Gere and Oscar-nominated Lane are a knockout. 2002, 15, 123MIN

DRAMA

Match Point

9pm, GREAT! movies ★★★

Sex ●●● Violence ●●● Language ●●●

Scarlett Johansson stars as a struggling American actor in London who's a magnet for rich boy Matthew Goode as well as his social-climbing tennis coach, Jonathan Rhys Meyers. Torn between Johansson and his rich new wife Emily Mortimer, Meyers resorts to extreme action... Meyers is perfect as a bounder, Johansson sizzles and Woody Allen's movie is a witty, offbeat take on love, luck and living in London. 2005, 12, 124MIN

HORROR

Berberian Sound Studio

2am, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

An arty and atmospheric psychological thriller set within a post-production studio in 1970s Rome, with Toby Jones as a meek English sound engineer who's there to produce a soundtrack for a grisly horror movie. While we don't get to see a single frame of the film, the scenes of violence take their toll on Jones' mental state... 2012, 15, 92MIN

■ Full listings start on p55

Tuesday 1 July

COMEDY DRAMA

Mrs Harris Goes to Paris

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Lesley Manville sparkles in this enchanting little gem, starring as Mrs Harris, a salt-of-the-earth widowed cleaner who has set her heart on purchasing a Dior gown. After a series of lucky windfalls, she leaves drab 1957 London behind for the glamour of the Paris fashion house. Smug Isabelle Huppert is determined to stop her, but Mrs Harris – who has a habit of inspiring everyone she meets – has the likes of Alba Baptista's model and Lambert Wilson's wealthy widower to help her dream come true. 2022, PG, 115MIN

Dress to impress: Lesley

SCI-FI COMEDY

Ghostbusters: Frozen Empire

6pm, Sky Epic Worlds ★★★

Sex ●●● Violence ●●● Language ●●●

In this sequel to 2021's *Afterlife*, Carrie Coon, Paul Rudd, Finn Wolfhard and Mckenna Grace are busy keeping a lid on New York's ghouls. Then their ghost unit goes on the blink just as an evil spirit with the ability to turn everything to ice is let loose... There's too much going on and an unwieldy line-up of characters, but the familiar faces are pleasing in a sharp and funny, if not essential, series entry. 2023, 12, 115MIN

WAR DRAMA

Hamburger Hill

11.05pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

The futility of war is writ large in this graphic Vietnam War drama about a 10-day siege by US troops of a hill that no one really cared about and which was forgotten once the battle was over. This account of the battle takes its time to explore the personalities involved, but is well composed and the ensemble acting draws you into the drama. The message is painfully driven home, too, and perhaps that's all that really matters. 1987, 18, 108MIN

COMEDY

Happy Gilmore

10.05pm, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

Adam Sandler takes the title role as a slacker with a hot temper who discovers he's got a hidden talent for golf in this ramshackle sports comedy. Christopher McDonald plays Sandler's pompous rival, Richard Kiel is the tallest man in the crowd and Carl Weathers, as Sandler's coach, even gets to sing a song. A fair time-filler, in which the opening gags with a hosepipe are a fair indication of what to expect. 1996, 12, 92MIN

SPORTS DRAMA

The Damned United

12m't, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Michael Sheen gives an excellent performance as Brian Clough, the legendary, opinionated English football manager. This terrific movie focuses on his 44-day tenure as manager of Leeds United in 1974 and hones in on his clash with his predecessor Don Revie (Colm Meaney) and stormy friendship with his trusty deputy Peter Taylor (Timothy Spall). 1986, 18, 118MIN

■ Full listings start on p65

Wednesday

FAMILY DRAMA

My Penguin Friend

12.45am, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on an incredible true story, this heartwarming, captivating tale recounts how a flinty Brazilian fisherman (played with quiet charm by Jean Reno) reconnected with the world after finding a stranded

Pecking order: Jean

COMEDY

Role Models

4.25pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Paul Rudd and Seann William Scott are a riot as slacker salesmen who crash their van and are sentenced to 150 hours mentoring youngsters. The script (co-written by Rudd) is crude but hilarious. Christopher Mintz-Plasse and Bobb'e J Thompson do well as the kids, Jane Lynch, as the head of community service, delivers the best lines and Elizabeth Banks is appealing as Rudd's girlfriend. 2008, 15, 00MIN

CRIME DRAMA

Serpico

10.15pm, Sky Greats ★★★★

Sex ●●● Violence ●●● Language ●●●

As Frank Serpico, Al Pacino wants to be a good, honest policeman but, since everyone else on the force is on the take, his fellow cops soon become his biggest enemies. With its excellent use of its New York locations, an abundance of scruffy early-1970s fashions and a very pessimistic view of human nature, this grim adaptation of a true story from director Sidney Lumet has the conviction of a documentary. 1973, 18, 130MIN

2 July

penguin covered in oil. Nursing it back to health – to the initial chagrin of his unimpressed wife (Adriana Barraza) – the two become genuine companions, with the bird revisiting him every year. The plot includes a few embellishments to throw in some mild peril, but this is a wonderfully sweet, sincere and joyful movie. 2024, PG, 97MIN

THRILLER

Casino Royale

10.45pm, ITV1 ★★★★

Sex ●○○ Violence ●●○ Language ○○○

Daniel Craig's first 007 mission goes back to basics, adhering to both the plot and tone of Ian Fleming's 1953 novel. Craig makes a confident debut, looking as though he could do some serious damage in close combat and yet also bringing a hint of vulnerability to James Bond's character. Eva Green is a fellow agent and the plot takes Craig from London to Africa to the Caribbean on the trail of Mads Mikkelsen's bad guy. Also on Saturday. 2006, 12, 144MIN

DRAMA

American Woman

1.55am, C4 ★★★★

Sex ○○○ Violence ●○○ Language ●●○

Sienna Miller delivers a brilliant performance as a working-class woman in small-town Pennsylvania whose teen daughter goes missing. This absorbing drama follows Miller over 11 years as she grows from impulsive to grounded while bringing up her young grandson and having relationships with various dodgy men (including Aaron Paul). 2018, 15, 109MIN

■ Full listings start on p75

Thursday 3 July

DRAMA

The Integrity of Joseph Chambers

11.20pm, Film4 ★★★

Sex ○○○ Violence ●●● Language ●●○

Insecure family man Joe (Clayne Crawford) is on a mission to prove his masculinity, but things go awry when he marches into the woods with nothing but a rifle, a bee in his bonnet and a handsome moustache. This drama occasionally stretches the patience, but rewards with a vein of bleakly farcical humour and fine performances. Jordana Brewster and Jeffrey Dean Morgan impress in minor roles, but this is Crawford's party – a one-guy showcase of crumbling manhood, all alone in the woods. 2022, 15, 96MIN

Man up: Clayne

COMEDY DRAMA

Between the Temples

7.05am & 1.40am, Sky Cinema Comedy ★★★★

Sex ●●○ Violence ○○○ Language ●●●

Immersed in misery, widower Jason Schwartzman is struggling with life and his Jewish faith, despite being employed by his synagogue. When Carol Kane, his old music teacher, enters his life, though, he slowly begins to emerge from his self-created cocoon. An homage to 1970s cinema, this is a fine film indeed and the stars make a thoroughly engaging couple. 2024, 15, 107MIN

ADVENTURE

Kong: Skull Island

9.30am, Sky Epic Worlds ★★★★

Sex ○○○ Violence ●○○ Language ●○○

Cinema's favourite monster gets a colossally entertaining reboot with a fantasy adventure that combines creature-feature spectacle and jungle warfare thrills. Set in the 1970s, the film finds John Goodman, Tom Hiddleston, Brie Larson and Samuel L Jackson heading off on an expedition to an uncharted South Pacific island, where they find the giant ape of the title and a rampaging menagerie. 2017, 12, 118MIN

BIOPIC

Molly's Game

3.50pm, Sky Drama ★★★★

Sex ○○○ Violence ●○○ Language ●●○

You will need your wits about you to keep up with this sleek biopic starring Jessica Chastain as notorious 'Poker Princess' Molly Bloom, the one-time Olympic-level skier who ran high-stakes underground poker games for Hollywood A-listers and Wall Street titans for over a decade, until she fell foul of the FBI. Chastain is riveting and there are sharp supporting performances from the likes of Michael Cera, Kevin Costner and Idris Elba. 2017, 15, 140MIN

WORLD CINEMA

Riders of Justice

1.55am, C4 ★★★★

Sex ●●○ Violence ●●● Language ●●●

Probability professor Nikolaj Lie Kaas survives a train crash, but thinks it was no accident. With Mads Mikkelsen, whose wife died in the tragedy, and Nicolas Bro and Lars Brygmann, they go after the biker gang they blame. Between outbursts of violence, the film ruminates on the nature of cause and effect. A darkly witty delight, with great characters, laughs and twists. Subtitled. 2021, 15, 116MIN

■ Full listings start on p85

Friday 4 July

COMEDY

Quiz Lady

11.25pm, BBC1(not Wales) ★★★★

Sex ○○○ Violence ○○○ Language ●●○

Making a great double act, Awkwafina and Sandra Oh are chalk-and-cheese sisters brought back together when their mum's gambling debts require a get-rich-quick scheme. The fastest way to do it? Get nerdy, insular Awkwafina to compete on Will Ferrell's TV quiz show, which she's obsessed with. As wild-child older sis Oh eggs her on, their personalities clash and past tensions simmer. It's formulaic, but so consistently funny and the leads such a winning pair that it doesn't really matter. 2023, 15, 99MIN

Know it all: Sandra and Awkwafina

DRAMA

The Starling Girl

Starts today, Netflix ★★★★

Sex ●●○ Violence ○○○ Language ○○○

The suffocation and misogyny of the US evangelical movement is front and centre in this impressive drama. Assertive 17-year-old Jem (a terrific Eliza Scanlen) lives within the oppressive confines of her religious community, when she begins an affair with married youth pastor Owen (Lewis Pullman). So obviously a terrible reckoning is on the horizon... Fortunately, the film offers a note of hope among the tragedy. 2023, 15, 116MIN

THRILLER

Heat

9pm, Legend ★★★★★

Sex ●○○ Violence ●●○ Language ●●○

This epic crime drama is one of the very best American thrillers of the 1990s. Writer-director Michael Mann's movie revolves around the complex relationship between Robert De Niro's crook, who wants to pull off one last heist and retire, and Al Pacino's burnt-out cop, who's determined to stop him. It is more a moody character piece than a thriller, but the bank robbery is a textbook exercise in suspense. 1995, 15, 171MIN

DISASTER MOVIE

Dante's Peak

12m't, C4 ★★★

Sex ○○○ Violence ●○○ Language ●○○

Pierce Brosnan's maverick vulcanologist arrives in a small town to try to persuade the residents to flee because their friendly neighbourhood volcano is suddenly going to erupt. But, naturally, authorities refuse to do what they should. Enter feisty Linda Hamilton as town mayor, whom Brosnan swings over on to his side. This disaster movie is compact, pacy, efficient, nicely preposterous and nail-biting in places. 1997, 12, 108MIN

CRIME COMEDY

Stand Up Guys

1.30am, Comedy Central ★★★

Sex ●○○ Violence ●○○ Language ●●●

Al Pacino, Christopher Walken and Alan Arkin play geriatric former gangsters in this wistful tale. The trio get up to various hi-jinks over the course of one night, with a local mobster's quest for revenge on Pacino's newly released convict lending some urgency to the events. The plot's a little hackneyed, but the film's more than engaging. 2012, 15, 96MIN

■ Full listings start on p95

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OUR EURO 2025 SOUVENIR SPECIAL

TV & Satellite Week

Euro 2025 Guide

PHOTOS: GETTY, UEFA VIA GETTY IMAGES, THE FA VIA GETTY IMAGES, FIGC VIA GETTY IMAGES, SPORTSFILE VIA GETTY IMAGES

Welcome to Switzerland

Can England and Wales scale the heights at **Euro 2025**?

The tag line for Euro 2025 is 'the summit of emotions' – a fitting reference to host nation Switzerland, where 16 countries will be seeking to reach the pinnacle of football success.

The Alpine nation is staging the tournament for the first time, welcoming football fans from across the continent, with a global TV audience projected to reach 500 million viewers.

Sadly, Scotland and Northern Ireland failed to qualify for the finals, but the home nations are represented by England and Wales. The Lionesses arrive as reigning champions following their unforgettable win over Germany in the 2022 final at Wembley, while the Dragons are making their debut.

Teams are split into four groups with the top two progressing to the quarter-finals. The action kicks off with two Group A games on Wednesday when Iceland take on Finland in Thun (5pm, ITV1), before hosts Switzerland get under way against Norway in Basel (8pm, BBC1).

Here at *TV&Satellite Week*, we've put together your ultimate guide, including a wallchart, a group-by-group guide and profiles of the England and Wales squads.

So grab a cold drink and a bar of Swiss chocolate, turn on the TV and settle back for a summer of top-class football…

The Lionesses are the reigning European champions

Wales' Ceri Holland and Lily Woodham

THE TV TEAMS

Switzerland is one hour ahead of the UK and matches will kick off at 5pm and 8pm our time, with every game shown live on the BBC or ITV. Here's how the TV teams line up...

BBC

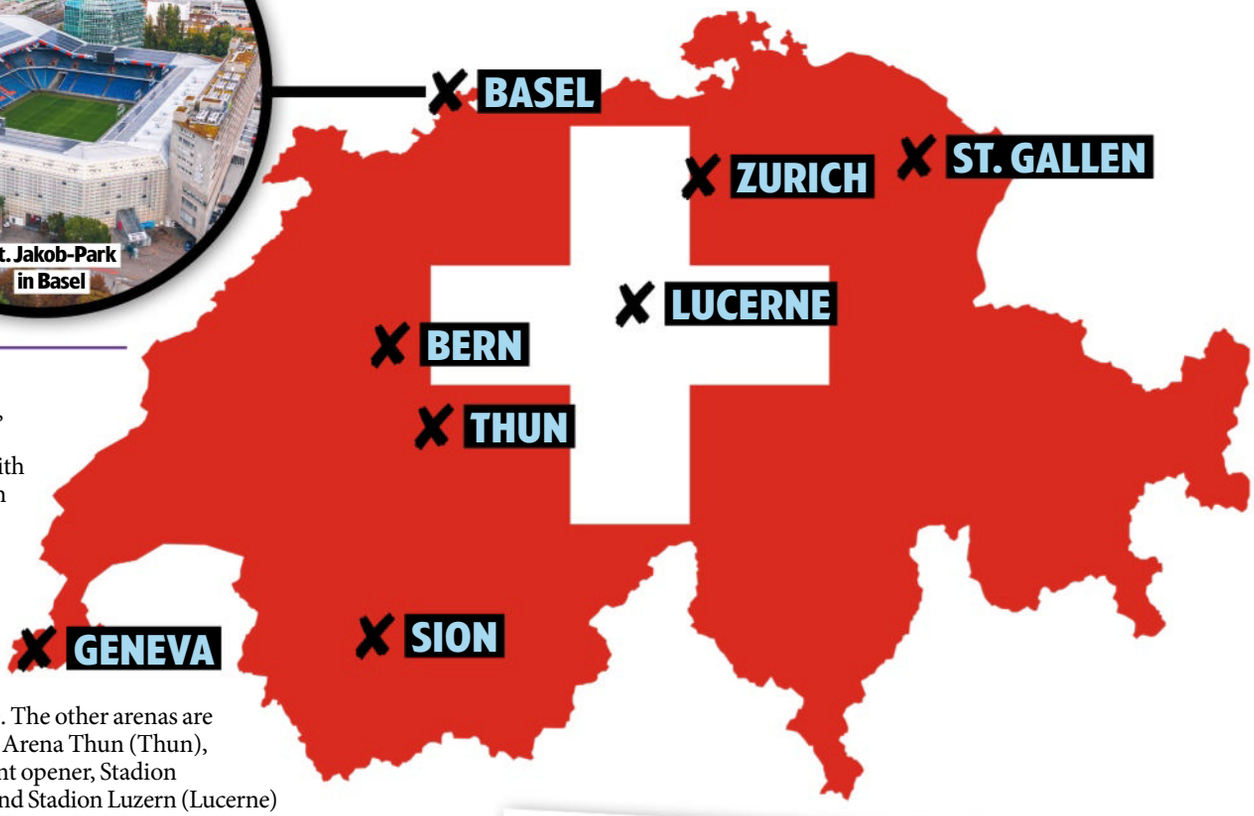
The BBC's squad of presenters, pundits and commentators includes (from left) Katie Sherwood, Nedum Onuoha, Rachel Brown-Finnis, Rachel Corsie, Vicki Sparks, Anita Asante, Fara Williams, Alex Scott, Jeanette Kwakye, Gabby Logan, Ellen White, Katie Smith, Catrin Heledd, Danny Gabbidon, Robyn Cowen, Steph Houghton and Jo Currie.

ITV

ITV's comprehensive live coverage will be led by presenters Laura Woods (left) and Seema Jaswal, complemented by a team that's likely to include commentator Seb Hutchinson, plus ex-England and Wales internationals among the pundits.

WORDS: RICHARD MCCLURE. PHOTOS: BBC, ALAMY, GETTY, UEFA VIA GETTY IMAGES

St. Jakob-Park in Basel



THE VENUES

The tournament will take place across eight stadiums, including St. Jakob-Park in Basel – the biggest venue with a capacity of 34,250 – which hosts the final on 27 July.

The Stadion Wankdorf (Bern) hosted the 1954 World Cup final in an earlier incarnation, while the smallest stadium is Stade de Tourbillon (Sion) with a capacity of just 7,750. The other arenas are Stade de Genève (Geneva), Arena Thun (Thun), which stages the tournament opener, Stadion Letzigrund (Zurich), Allmend Stadion Luzern (Lucerne) and Arena St Gallen (St. Gallen), which hosts the Group D clash between England and Wales on 13 July.

FUN FACTS

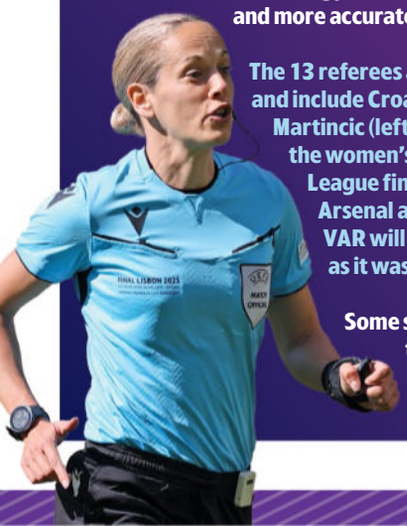
Of the previous 13 championships, Germany have claimed the crown a record eight times.

England set a record goal tally of 22 in the 2022 finals, with Beth Mead scoring a record-sharing six times.

Beth Mead celebrates a goal against Austria in 2022

Sweden's winning team in 1984

Made by Adidas, the tournament's official match ball is named Konektis, which means 'connected' in the international language of Esperanto. It is the first Women's Euros ball to feature 'connected ball technology' to enable faster and more accurate officiating.

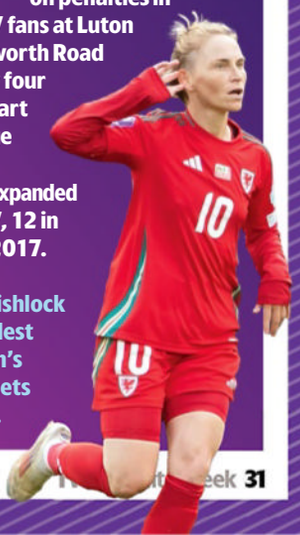


The 13 referees are all women and include Croatia's Ivana Martincic (left), who reffed the women's Champions League final between Arsenal and Barcelona. VAR will be in use, just as it was in 2022.

Some stunning new team strips have been unveiled ahead of the tournament. Iceland's kit design incorporates references to glaciers and the Northern Lights, while Italy's green away shirt was 'inspired by 15th-century Italian Renaissance art'.

The mascot is a cartoon St Bernard puppy called Maddli (right), whose name is inspired by Madeleine Boll, the first licensed female footballer in Switzerland.

The first official Euros took place in 1984 when England finished runners-up to Sweden, losing a two-legged final on penalties in front of 2,567 fans at Luton Town's Kenilworth Road ground. Only four teams took part in the finals stage of the first six editions but this expanded to eight in 1997, 12 in 2009 and 16 in 2017.



At 38, Wales' Jess Fishlock (right) will be the oldest goalscorer in Women's Euros history if she nets in the tournament.

EXCLUSIVE!

England's pride

England's Maya Le Tissier and Chloe Kelly

Euro 2022 winner and BBC pundit **Ellen White** believes the reigning champions can make history again

Ellen White

It's been three years since Chloe Kelly sparked delirium at a packed Wembley Stadium by poking home the extra-time goal that won Euro 2022 for England.

'I sprinted off the bench and Chloe jumped into my arms, so I had her boobs in my face!' recalls former England striker Ellen White, who began the match before being substituted in the second half. 'Beating Germany at Wembley in such dramatic fashion, you couldn't wish for a more iconic moment.'

White was leading the Lionesses' attack back then, but retired after the tournament, and she'll now be covering the action for the BBC this summer as England begin the defence of their title with a set of tough Group D fixtures.

SQUAD TRANSITION

'England have a great squad with some amazing talent,' she says. 'They can beat anyone on their day, but they're in a challenging group. They have to get points on the board as quickly as they can, because France and the Netherlands are great teams and Wales are going to be highly motivated in their first-ever major tournament.'

The squad includes plenty of familiar faces from 2022, although Lionesses coach Sarina Wiegman has lost a trio of

PLAYERS TO WATCH

LEAH WILLIAMSON

The Lionesses captain is coming off a remarkable season after winning the Champions League with Arsenal. 'She leads by example from the back,' explains White. 'She's a tough defender and has a nice passing range. But most importantly, she's a leader and lets her football do the talking. She'll be huge for us.'

ALESSIA RUSSO

The Arsenal striker shared the Women's Football Awards Player of the Year with Lauren James this year. 'She's had a great season and this is an amazing opportunity for her to showcase her talent,' says White. 'She's a great goalscorer, but her hold-up play and running off the ball is also excellent. She's so selfless and hard-working.'

WORDS: SEAN MARLAND. PHOTOS: THE FA VIA GETTY IMAGES, UEFA VIA GETTY IMAGES, GETTY; NURPHOTO VIA GETTY IMAGES, VISIONHAUS/GETTY IMAGES, OFFSIDE VIA GETTY IMAGES. 'SQUAD INFORMATION CORRECT AT TIME OF PRESS

Sarina Wiegman gives instructions to Beth Mead

experienced players in recent weeks, with goalkeeper Mary Earps, defender Millie Bright and forward Fran Kirby withdrawing from international duty.

'Those three are huge characters and had a huge part in winning Euro 2022,' says White. 'But the group still has plenty of leaders and great players, so it's about other people stepping up and filling those voids. You have to move on quickly in football.'

Hannah Hampton is expected to take Earps' place in goal for the crunch opener against France, while it's hoped that her highly rated Chelsea teammate Lauren James will recover from injury in time for the group stage.

'Lauren can get you out of any situation and Sarina Wiegman has decided to take her even if she's not fully fit,' says White, 36.

The 55-year-old Dutch coach – who has won the last two Euros, with the Netherlands and England – will be aiming for a hat-trick of victories, and White believes she is vital to England's chances.

'Sarina's a great communicator,' she explains. 'She has real belief in her players and they love her. I still love her because she made all my dreams come true when we won the Euros three years ago!'

LAUREN HEMP

The Manchester City winger will offer the team plenty of creativity from the left. 'She's just come back from injury,' explains White. 'Lovely left foot, very quick, she can score goals and make something happen out of absolutely nothing. She's going to be key for us to unlock defences in this tournament.'

THE SQUAD*

GOALKEEPERS

HANNAH HAMPTON
Chelsea
Age 24 **Caps** 15

KHIARA KEATING
Manchester City
Age 21 **Caps** 0

ANNA MOORHOUSE
Orlando Pride
Age 30 **Caps** 0

COACH

SARINA WIEGMAN
The talented coach is going for her third victory at the Euros and her expertise will be key to England's success

DEFENDERS

LUCY BRONZE
Chelsea
Age 33 **Caps** 133 **Goals** 18

JESS CARTER
Gotham FC
Age 27 **Caps** 44 **Goals** 2

NIAMH CHARLES
Chelsea
Age 26 **Caps** 23 **Goals** 0

ALEX GREENWOOD
Manchester City
Age 31 **Caps** 98 **Goals** 7

MAYA LE TISSIER
Manchester United
Age 23 **Caps** 8 **Goals** 0

ESME MORGAN
Washington Spirit
Age 24 **Caps** 13 **Goals** 0

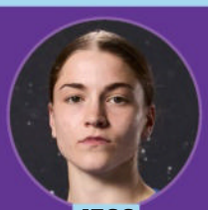
C LEAH WILLIAMSON
Arsenal
Age 28 **Caps** 57 **Goals** 5

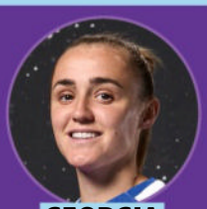
LOTTE WUBBEN-MOY
Arsenal
Age 26 **Caps** 13 **Goals** 1

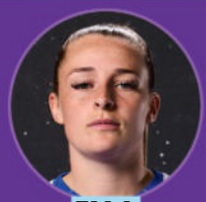
Bronze in action against Spain

MIDFIELDERS

GRACE CLINTON
Manchester United
Age 22 **Caps** 10 **Goals** 3


JESS PARK
Manchester City
Age 23 **Caps** 19 **Goals** 3


GEORGIA STANWAY
Bayern Munich
Age 26 **Caps** 77 **Goals** 21


ELLA TOONE
Manchester United
Age 25 **Caps** 58 **Goals** 19

KEIRA WALSH
Chelsea
Age 28 **Caps** 86 **Goals** 1

FORWARDS

MICHELLE AGYEMANG
Brighton (on loan from Arsenal)
Age 19 **Caps** 1 **Goals** 1

AGGIE BEEVER-JONES
Chelsea
Age 21 **Caps** 7 **Goals** 4

LAUREN HEMP
Manchester City
Age 24 **Caps** 63 **Goals** 18

LAUREN JAMES
Chelsea
Age 23 **Caps** 27 **Goals** 7

CHLOE KELLY
Arsenal (on loan from Manchester City)
Age 27 **Caps** 52 **Goals** 8

BETH MEAD
Arsenal
Age 30 **Caps** 67 **Goals** 35

ALESSIA RUSSO
Arsenal
Age 26 **Caps** 50 **Goals** 22

Bronze and Beever-Jones after a Nations League goal against Portugal

EXCLUSIVE!

Hannah Cain in action

Dragon force

Former Wales striker and BBC expert **Helen Ward** expects the underdogs to put up a fight in their first major tournament

Helen Ward

Wales made history by qualifying for their first major tournament when they defeated the Republic of Ireland in a tense play-off second leg on a cold night in Dublin last December.

It was a moment that wiped away decades of heartbreak for the nation, and former striker Helen Ward couldn't be happier to see coach Rhian Wilkinson's team finally arrive on the big stage.

'It feels like a pivotal moment, not just for Welsh women's football, but in Welsh women's sport,' says Ward, who'll be covering the Dragons' games for the BBC. 'We've been on the brink of it for a number of years and I certainly had my fair share of heartache when I was playing.'

Ward believes the current team's unshakable belief in their own abilities sets them apart from previous generations that have fallen agonisingly short.

'You felt that once this team got to the play-offs, nothing was going to stand in their way,' says the 39-year-old, who won 105 caps. 'It reminds me of the men's side who did so well at Euro 2016, and the excitement has been building ever since we qualified.'

DRY SPELL

Since that memorable evening, Wales have failed to win any of their six Nations League games in 2025, and were recently thrashed 4-1 by Italy in Swansea – their worst result under 43-year-old Canadian coach Wilkinson.

However, Ward believes that the squad has more strength in depth than ever before.

'Players like Josie Green are all peaking at the right time – and I'd also pick out Jess Fishlock as a young star who has the world at her feet!' she jokes.

A place at Europe's top table presents a huge challenge and Wales could scarcely have a tougher set of opponents than the Netherlands, France and current champions England, who they join in Group D.

PLAYERS TO WATCH

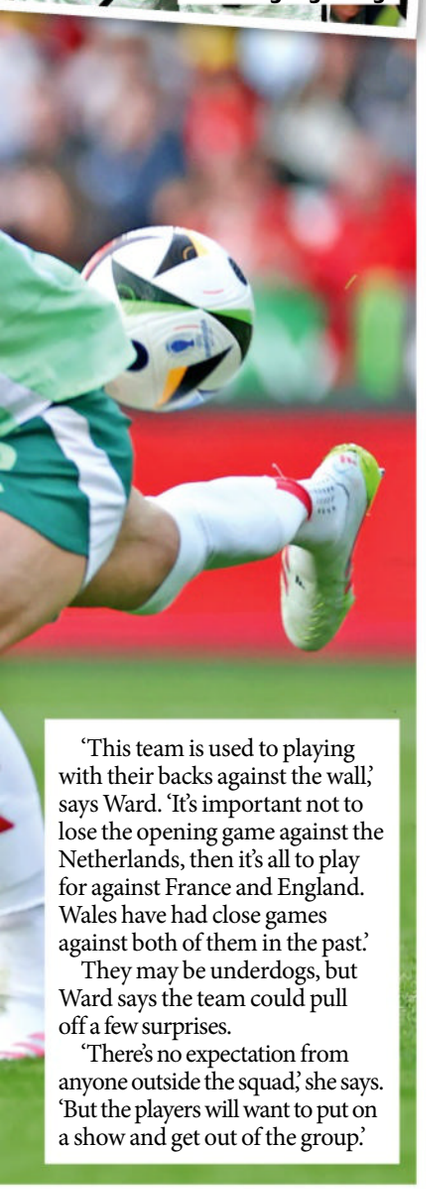
JESS FISHLOCK

Wales' all-time record goalscorer with 47 goals, the 38-year-old Seattle Reign midfielder has been her country's inspiration for two decades. 'She's got every record going,' says Ward. 'Jess has been playing in America for 12 years and is a world-class talent. She carries the team on her back and makes things happen.'

ANGHARAD JAMES

The other Seattle Reign star, formerly at Tottenham Hotspur, was made Wales captain last year and the midfielder has been a key player in her national side's journey to Euro 2025. 'She's taken to the role like a duck to water,' explains Ward. 'She's a hugely popular figure, has real leadership qualities and is a calming presence, plus her passing range is fantastic.'

Ceri Holland and Josie Green celebrate going through



'This team is used to playing with their backs against the wall,' says Ward. 'It's important not to lose the opening game against the Netherlands, then it's all to play for against France and England. Wales have had close games against both of them in the past.'

They may be underdogs, but Ward says the team could pull off a few surprises.

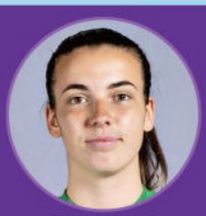
'There's no expectation from anyone outside the squad,' she says. 'But the players will want to put on a show and get out of the group.'

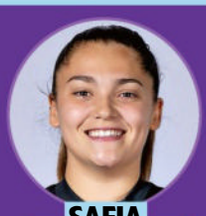
RHIANNON ROBERTS

The defender has been in great form for Spanish outfit Real Betis since moving there from Liverpool in 2023. 'Centre back, wing back, full back – she's whatever you want her to be,' says Ward. 'She's excellent on the ball, but first and foremost, she defends with everything that she's got. She's great in the air and a real leader for the team.'

THE SQUAD*

GOALKEEPERS


OLIVIA CLARK
Leicester City
Age 23 **Caps** 28


SAFIA MIDDLETON-PATEL
Manchester United
Age 20 **Caps** 3

POPPY SOPER
Blackburn Rovers
Age 23 **Caps** 0

COACH

RHIAN WILKINSON
The Canadian spent part of her childhood in Wales and became the team's coach in February 2024.

DEFENDERS

RHIANNON ROBERTS
Real Betis
Age 34 **Caps** 79
Goals 2

JOSIE GREEN
Crystal Palace
Age 32 **Caps** 37
Goals 0

CHARLIE ESTCOURT
DC Power
Age 27 **Caps** 48
Goals 3

HAYLEY LADD
Everton
Age 31 **Caps** 105
Goals 3

LILY WOODHAM
Crystal Palace (on loan from Seattle Reign)
Age 24 **Caps** 37
Goals 3

ELLA POWELL
Bristol City
Age 25 **Caps** 13
Goals 0

ESTHER MORGAN
Sheffield United
Age 22 **Caps** 10
Goals 0

GEMMA EVANS
Liverpool
Age 28 **Caps** 77
Goals 1

Forward Carrie Jones

MIDFIELDERS

ALICE GRIFFITHS
Durham (on loan from Southampton)
Age 24 **Caps** 16
Goals 0

C
ANGHARAD JAMES
Seattle Reign
Age 31 **Caps** 130
Goals 6

LOIS JOEL
Newcastle United
Age 26 **Caps** 8
Goals 0

JESS FISHLOCK
Seattle Reign
Age 38 **Caps** 162
Goals 47

SOPHIE INGLE
Chelsea
Age 33 **Caps** 141
Goals 6

RACHEL ROWE
Southampton
Age 32 **Caps** 74
Goals 8

CERI HOLLAND
Liverpool
Age 27 **Caps** 41
Goals 6

The final whistle marking a historic qualification

FORWARDS

KAYLEIGH BARTON
Charlton Athletic
Age 37 **Caps** 86
Goals 22

CARRIE JONES
IFK Norrköping
Age 21 **Caps** 35
Goals 3

HANNAH CAIN
Leicester City
Age 26 **Caps** 14
Goals 3

FFION MORGAN
Bristol City
Age 25 **Caps** 42
Goals 2

ELISE HUGHES
Crystal Palace
Age 24 **Caps** 29
Goals 3

WORDS: SEAN MARLAND. PHOTOS: FOOTBALL ASSOCIATION OF WALES, ADOBE STOCK, UEFA VIA GETTY IMAGES, GETTY, GARETH EVERETT/HUW EVANS/SHUTTERSTOCK, KIERAN MCMANUS/SHUTTERSTOCK, CORBIS VIA GETTY IMAGES. *SQUAD INFORMATION CORRECT AT TIME OF PRESS

Group

Team profiles of all **16 nations**

GROUP A

SWITZERLAND

Automatically qualified as hosts, Switzerland have never progressed beyond this stage. Their Swedish boss Pia Sundhage won the Euros as a player and has coached Sweden, Brazil and the USA, while teenage Barcelona midfielder Sydney Schertenleib is one to watch.

NORWAY

The two-time Euros winners and 1995 world champions were thumped 8-0 by England in the 2022 Championships. Up front, Lyon striker Ada Hegerberg is a goal machine, while Caroline Graham Hansen was runner-up in the 2024 Ballon d'Or.

ICELAND

With just one win across four competitions, Iceland's Euros record is not good, but the side is on the up, and beat both Germany and Austria in their qualifying campaign. Bayern Munich centre back Glódís Perla Viggósdóttir is the captain, and she has nearly 130 caps.

FINLAND

The Finns reached the Euro semi-finals in 2005 and the quarter-finals in 2009, but didn't qualify in 2017 and won no games at the 2013 and 2022 tournaments. A decent defence saw them keep two clean sheets in their qualifying play-offs against Scotland, and Crystal Palace midfielder Ria Öling is a linchpin.

Iceland's Glódís Perla Viggósdóttir

THE FIXTURES

Wed 2 July **ICELAND v FINLAND** *(5pm, ITV1, Thun)*
Wed 2 July **SWITZERLAND v NORWAY** *(8pm, BBC1, Basel)*
Sun 6 July **NORWAY v FINLAND** *(5pm, BBC, Sion)*
Sun 6 July **SWITZERLAND v ICELAND** *(8pm, ITV, Bern)*
Thu 10 July **FINLAND v SWITZERLAND** *(8pm, BBC, Geneva)*
Thu 10 July **NORWAY v ICELAND** *(8pm, BBC, Thun)*

GROUP B

ITALY

Le Azzurre warmed up for the finals with a 4-1 win over Wales and will hope to improve on a lacklustre 2023 World Cup performance. Defender Lisa Boattin is one of many Serie A players in coach Andrea Soncin's squad.

SPAIN

Knocked out by the Lionesses at the 2022 Euros, La Roja beat them in the World Cup final the following year. Coach Montse Tomé will be looking to go all the way, especially if Ballon d'Or holder Aitana Bonmati stays fit.

PORTUGAL

Having edged out the Czech Republic in the play-offs, Portugal are looking to reach the knockout stages for the first time. In the 11-year tenure of coach Francisco Neto, the side has made solid progress, and former Brighton midfielder Tatiana Pinto, now at Atlético Madrid, is a key player.

BELGIUM

After seeing off Greece and Ukraine in the play-offs to qualify, the Red Flames parted company with Ives Serneels, their coach for 13 years, and brought in Icelander Elísabet Gunnarsdóttir. They can rely on striker Tessa Wullaert to find the net, although conceding too many at the other end could be a problem.

Spain's Aitana Bonmati

THE FIXTURES

Thu 3 July **BELGIUM v ITALY** *(5pm, BBC2, Sion)*
Thu 3 July **SPAIN v PORTUGAL** *(8pm, ITV1, Bern)*
Mon 7 July **SPAIN v BELGIUM** *(5pm, ITV, Thun)*
Mon 7 July **PORTUGAL v ITALY** *(8pm, ITV, Geneva)*
Fri 11 July **ITALY v SPAIN** *(8pm, BBC, Bern)*
Fri 11 July **PORTUGAL v BELGIUM** *(8pm, BBC, Sion)*

WORDS: IAN MACEWAN. PHOTOS: UEFA VIA GETTY IMAGES, GETTY NURPHOTO VIA GETTY IMAGES, ICON SPORTSWIRE VIA GETTY IMAGES

GROUP C

Poland's Ewa Pajor

DENMARK

The Danes, who only lost to Spain in qualifying, were runners-up in 2017, but exited at the group stage last time out. Former Finland coach Andrée Jeglertz took over after the 2023 World Cup, and ex-Chelsea striker Pernille Harder is a proven goalscorer.

GERMANY

Germany bounced back from a World Cup group-stage exit to win 2024 Olympic bronze, beating Spain in the process. Following some high-profile retirements, Bayern Munich's Klara Bühl and Lea Schüller are among the key players, with goalkeeper Ann-Katrin Berger also a huge asset.

POLAND

Despite losing all their group qualifying matches, Poland reached their first major tournament by beating Romania and Austria in the play-offs. Barcelona star and national-team captain Ewa Pajor is the major threat up front, but getting out of this tough group is certain to be a big ask.

SWEDEN

The Swedes achieved convincing play-off results against Luxembourg and Serbia, following a qualifying campaign in which they held England to a draw twice. Their hugely experienced squad includes strikers Stina Blackstenius of Arsenal and Fridolina Rolfö of Barcelona, with over 200 caps between them.

THE FIXTURES

Fri 4 July **DENMARK v SWEDEN** *(5pm, ITV1, Geneva)*
Fri 4 July **GERMANY v POLAND** *(8pm, ITV1, St. Gallen)*
Tue 8 July **GERMANY v DENMARK** *(5pm, BBC, Basel)*
Tue 8 July **POLAND v SWEDEN** *(8pm, BBC, Lucerne)*
Sat 12 July **SWEDEN v GERMANY** *(8pm, ITV, Zurich)*
Sat 12 July **POLAND v DENMARK** *(8pm, ITV, Lucerne)*

guide

competing in Switzerland

GROUP D

France's Marie-Antoinette Katoto

ENGLAND

The defending champions will need to improve after some inconsistent performance in recent months. The fitness of Chelsea's Lauren James could be key for coach Sarina Wiegman, who has been in the job since 2021.

WALES

Rhian Wilkinson's side will be managing expectations in their first tournament. Veteran Jess Fishlock is a two-time Champions League winner, while Leicester's Hannah Cain has a gift for conjuring a goal in key moments.

FRANCE

Les Bleues topped a high-quality qualifying group, but progressing to the knockout stages won't be straightforward. Coach Laurent Bonadei can select from plenty of talent up front, including Paris Saint-Germain top scorer Marie-Antoinette Katoto, who could be one of the tournament's breakout stars.

NETHERLANDS

The Euro 2017 champions struggled through qualifying this time round, but on their day they can give anyone a game. This will be the last tournament coaching the Dutch for Andries Jonker. He has Manchester City striker Vivianne Miedema at his disposal, but the defence is less than solid.

THE FIXTURES

Sat 5 July **WALES v NETHERLANDS** *(5pm, BBC, Lucerne)*
Sat 5 July **FRANCE v ENGLAND** *(8pm, ITV, Zurich)*
Wed 9 July **ENGLAND v NETHERLANDS** *(5pm, BBC, Zurich)*
Wed 9 July **FRANCE v WALES** *(8pm, ITV, St. Gallen)*
Sun 13 July **NETHERLANDS v FRANCE** *(8pm, ITV, Basel)*
Sun 13 July **ENGLAND v WALES** *(8pm, ITV, St. Gallen)*

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Sport week A-Z GUIDE

AUSTRALIAN RULES

LIVE Hawthorn Hawks v North Melbourne Kangaroos
Sat 7am TNT Sports 4
The AFL match in Launceston.

LIVE Richmond Tigers v Adelaide Crows
Sun 6am TNT Sports 4
The AFL game from Melbourne.

LIVE North Melbourne Kangaroos v Western Bulldogs
Thu 10.15am TNT Sports 1
The AFL match at Marvel Stadium.

LIVE Carlton Blues v Collingwood Magpies
Fri 10am TNT Sports 1
The AFL fixture from Melbourne.

LIVE West Coast Eagles v GWS Giants
Fri 11am TNT Sports 2
The AFL game at Optus Stadium.

LIVE Essendon Bombers v Gold Coast Suns
Fri 3.30am TNT Sports 1
The AFL match at Marvel Stadium.

BASEBALL

LIVE New York Yankees v Athletics
Sat 6pm TNT Sports 1
The MLB American League match.

LIVE Cincinnati Reds v San Diego Padres
Sat 9pm TNT Sports 2 & 9.15pm TNT Sports 1
The MLB National League game from Great American Ball Park.

LIVE Houston Astros v Chicago Cubs
Sat 12m't TNT Sports 4
The MLB inter-league match.

LIVE Athletics v Philadelphia Phillies
Sun 6.30pm TNT Sports 1
The MLB inter-league match.

LIVE Arizona Diamondbacks v Miami Marlins
Sun 9pm TNT Sports 4
The MLB National League game.

LIVE Detroit Tigers v Minnesota Twins
Sun 12m't TNT Sports 1
The MLB American League fixture.

LIVE Boston Red Sox v Cincinnati Reds
Mon 12m't TNT Sports 1
The MLB inter-league match.

LIVE Toronto Blue Jays v New York Yankees
Tue 8pm TNT Sports 1
The MLB American League game.

Cricket
England's Tammy Beaumont should be one of the stars of the side's T20 series with India

LIVE Chicago Cubs v Cleveland Guardians
Tue 1am TNT Sports 1
The MLB inter-league match.

LIVE Philadelphia Phillies v San Diego Padres
Wed 6pm TNT Sports 2
The MLB National League game.

LIVE Chicago Cubs v Cleveland Guardians
Wed 1am TNT Sports 1
The MLB inter-league match.

LIVE Miami Marlins v Minnesota Twins
Thu 5pm TNT Sports 3
The MLB inter-league game.

LIVE Colorado Rockies v Houston Astros
Thu 8pm TNT Sports 1
The MLB inter-league fixture.

LIVE New York Mets v New York Yankees
Fri 8pm TNT Sports 1
The MLB inter-league match.

BASKETBALL

LIVE Los Angeles Sparks v Chicago Sky
Sun 9pm TNT Sports 2
The WNBA match staged at Crypto.com Arena.

COMBAT SPORTS

LIVE UFC 317 Prelims
Sat 1am TNT Sports 1

LIVE Ilia Topuria v Charles Oliveira
Sat 3am TNT Sports 1
The lightweight title bout from T-Mobile Arena in Paradise.

CRICKET

LIVE England v India
Sat 2pm Sky Sports Cricket & Sky Showcase, 4pm Sky Sports Main Event
The first women's T20 in the five-match series staged at Trent Bridge.

LIVE West Indies v Australia
Sat & Sun 2.45pm TNT Sports 3
Days four and five of the first Test in the three-match series at Kensington Oval in Barbados.

LIVE Sri Lanka v Bangladesh
Sat & Sun 5.15am TNT Sports 3
Days four and five of the second Test at Sinhalese Sports Club Cricket Ground in Colombo.

LIVE England Men's Mixed Disability v India Men's Mixed Disability
Tue 1.55pm Sky Sports Cricket & 2pm Sky Sports Main Event
The Disability T20 match staged at Bristol's County Ground.

LIVE England v India
Tue 6pm Sky Sports Main Event & Sky Sports Cricket
The second women's T20 in the five-match series staged at Bristol's County Ground.

LIVE Sri Lanka v Bangladesh
Wed 9.45am TNT Sports 1
The first ODI in the three-match series at R Premadasa International Stadium.

LIVE England v India
Wed 10am, Thu & Fri 10.15am Sky Sports Cricket; Wed 1.45pm, Thu & Fri 10.15am Sky Sports Main Event
Days one to three of the second Test in the five-match series at Edgbaston in Birmingham.

LIVE West Indies v Australia
Thu & Fri 2.45pm TNT Sports 2
Days one and two of the second Test in the three-match series from Grenada National Cricket Stadium.

LIVE England v India
Fri 6.30pm Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix
The third women's T20 in the five-match series staged at the Oval in London.

CYCLING

LIVE National Road Championship
Sat 12noon TNT Sports 4
Women's elite road races in France.

LIVE National Road Championship
Sun 1.15pm TNT Sports 4
The men's elite road races in France.

DARTS

LIVE World Series of Poland Masters
Fri 6pm ITV4
First-round matches on day one at PreZero Arena Gliwice.

GOLF

LIVE Italian Open
Sat 12.30pm & Sun 11.30am Sky Sports Golf; Sun 11.30am Sky Sports Main Event
Days three and four from the Argentario Golf Club in Tuscany.

LIVE German Masters
Sat 2pm Sky Sports+ & Sun 1pm Sky Sports Mix
The third and fourth days from the Nord Course of the Green Eagle Golf Courses in Winsen, Germany.

LIVE Rocket Classic
Sat 5pm & Sun 4.30pm Sky Sports Golf; Sat 6pm & Sun 5pm Sky Sports Main Event; Sun 3pm Sky Sports+
The third and fourth days at the Detroit Golf Club in Michigan.

LIVE Dow Championship
Sat & Sun 8pm Sky Sports+
Days three and four at Midland Country Club in Midland, Michigan.

LIVE BMW International Open
Thu & Fri 11.30am Sky Sports Golf
The first and second days at Golfclub München Eichenried in Germany.

LIVE Women's Irish Open
Thu & Fri 4pm Sky Sports+ & 5pm Sky Sports Golf
The first and second days from the O'Meara course at Carton House in Maynooth, County Kildare.

LIVE John Deere Classic
Thu & Fri 7pm Sky Sports Golf; Thu 8pm & Fri 10pm Sky Sports Main Event
The first and second days from TPC Deere Run in Silvis, Illinois.

HORSE RACING

LIVE Newcastle
Sat 1.30pm ITV
A meeting headlined by the Northumberland Plate.

MINORITY SPORTS

LIVE IFSC Climbing World Cup
Sun 6.15pm TNT Sports 4
The men's and women's lead finals in Innsbruck, Austria.

MOTORCYCLING

LIVE MotoGP
Sat 7.30am TNT Sports 2
The Grand Prix of Netherlands Moto2 and Moto3 second practice sessions from TT Circuit Assen.

LIVE MotoGP
Sat 9am TNT Sports 2
The Grand Prix of Netherlands MotoGP qualifying session.

LIVE MotoGP
Sat 11.45am TNT Sports 2
The Grand Prix of Netherlands Moto3 and Moto2 qualifying sessions at TT Circuit Assen.

LIVE MotoGP
Sat 1.45pm TNT Sports 2
Grand Prix of Netherlands MotoGP sprint race at TT Circuit Assen.

LIVE MotoGP
Sun 8.30am TNT Sports 2
Grand Prix of Netherlands warm-up.

LIVE The Grand Prix of Netherlands Moto3 race
Sun 9am TNT Sports 2
The 10th round of the season.

LIVE The Grand Prix of Netherlands Moto2 race
Sun 11am TNT Sports 2
The 10th round of the season at TT Circuit Assen.

LIVE The Grand Prix of Netherlands MotoGP race
Sun 12.15pm TNT Sports 2
The 10th round of the season at TT Circuit Assen.

LIVE Piraterna v Dackarna
Tue 5.55pm Premier Sports 1
Swedish speedway action.

MOTORSPORT

LIVE Formula 3
Sat 8.45am Sky Sports F1
The Austrian Grand Prix sprint race from Red Bull Ring in Spielberg.

LIVE MotoE
Sat 11am TNT Sports 2
The Grand Prix of Netherlands first race staged at TT Circuit Assen.

LIVE Formula 1
Sat 11.15am Sky Sports F1
The Austrian Grand Prix third practice session at Red Bull Ring.

LIVE Formula 2
Sat 1.10pm Sky Sports F1 & 1.45pm Sky Sports Main Event
The Austrian Grand Prix sprint race staged at Red Bull Ring in Spielberg.

LIVE Formula 1
Sat 2.15pm Sky Sports Main Event & Sky Sports F1
The Austrian Grand Prix qualifying session ahead of the 11th round of the season at Red Bull Ring.

LIVE World Rally Championship
Sat 3pm, Sun 6am & 7am TNT Sports 2
The Acropolis Rally Greece special stages 12 to 15.

LIVE Formula 3
Sun 7.25am Sky Sports F1
The Austrian Grand Prix feature race from Red Bull Ring in Spielberg.

LIVE Formula 2
Sun 8.55am Sky Sports F1
The Austrian Grand Prix feature race, the seventh round of the season at Red Bull Ring in Spielberg.

LIVE Porsche Supercup
Sun 10.30am TNT Sports 4 & 10.40am Sky Sports F1
The Austrian Grand Prix staged at Red Bull Ring in Spielberg, Austria.

LIVE Formula 1
Sun 12.30pm Sky Sports Main Event & Sky Sports F1
The Austrian Grand Prix, the 11th round of the season staged at Red Bull Ring in Spielberg.

LIVE NASCAR
Sun 10pm Premier Sports 1
The Quaker State 400 at Echopark Speedway in Hampton, Georgia.

LIVE Formula 3
Fri 8.30am Sky Sports F1
The British Grand Prix practice session at Silverstone.

Sport A-Z and football planner >>>

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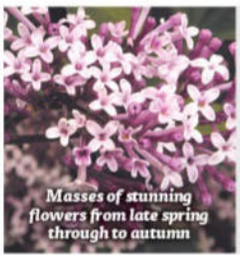

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The stunning, lilac-hued blooms first arrive in May, flush through summer and reach a second crescendo of colour in September – all the while giving off an exquisite sweet fragrance too!

This compact, slow growing beauty is so easy to care for and will look great for many years to come with a minimum of fuss – perfect as a feature in a sunny border or pots on a patio. It is very hardy too – withstanding even the worst of our British weather! Eventual height 2.5m.

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510626	BUY 2 **Lilac Standards just £39.98** SAVE £40	£39.98		
510349	**Patio Lilac 'Palibin' Bush** 3 litre pot SAVE £5	£14.99		
130185	**Classic 'Estate' Square Planter** SAVE £3	£9.99		
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Football planner

LIVE Formula 2
Fri 9.55am Sky Sports F1
The British Grand Prix practice session ahead of the seventh round of the season at Silverstone.

LIVE Formula 1
Fri 12noon Sky Sports F1 & Sky Showcase, 12.25pm C4
The British Grand Prix first practice session ahead of the 12th round of the season at Silverstone.

LIVE Formula 3
Fri 2pm Sky Sports F1
The British Grand Prix qualifying session staged at Silverstone.

LIVE Formula 2
Fri 2.45pm Sky Sports F1
The British Grand Prix qualifying session ahead of the eighth round of the season at Silverstone.

LIVE Formula 1
Fri 3.45pm Sky Sports F1 & Sky Showcase, 3.55pm C4
The British Grand Prix second practice session ahead of the 12th round of the season at Silverstone.

LIVE Indycar
Fri 9pm Sky Sports F1
The Honda Indy 200 first practice session from Mid-Ohio Sports Car Course in Lexington.

NETBALL

LIVE Super League preliminary final
Sun 4pm Sky Sports Action

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1
Group Five of the Pairs Cup.

RUGBY LEAGUE

LIVE St George Illawarra Dragons v Parramatta Eels
Sat 8.30am Sky Sports Mix (kick-off 8.30am)
The NRL game from WIN Stadium in Wollongong.

LIVE Dolphins v South Sydney Rabbitohs
Sat 10.50am Sky Sports Mix (kick-off 10.50am)
The NRL match from Suncorp Stadium in Brisbane.

LIVE Warrington Wolves v Hull FC
Sat 5pm Sky Sports+ (kick-off 5.30pm)
Super League action from Halliwell Jones Stadium. The teams last met at this venue in April when the visitors came away with a 28-16 victory.

LIVE Cronulla-Sutherland Sharks v Parramatta Eels
Thu 10.45am Sky Sports Mix (kick-off 10.45am)
NRL from Sharks Stadium in Sydney.

LIVE Canterbury-Bankstown Bulldogs v Newcastle Knights
Fri 8.40am Sky Sports Mix (kick-off 8.40am)
NRL from Accor Stadium in Sydney.

LIVE Leigh Leopards v Wigan Warriors
Fri 7.30pm Sky Sports Action (kick-off 8pm)
Super League coverage from Leigh Sports Village Stadium.

LIVE Brisbane Broncos v Wests Tigers
Fri 3.45am Sky Sports Mix (kick-off 3.45am)
The NRLW match from Totally Workwear Stadium, Brisbane.

RUGBY UNION

LIVE Western Force v British & Irish Lions
Sat 10am Sky Sports Main Event & Sky Sports Action (kick-off 11am)
Coverage of the warm-up match from Optus Stadium in Perth, as Andy Farrell's men compete in the first of five tour matches.

LIVE South Africa v Barbarians
Sat 4pm Sky Sports Action (kick-off 4.05pm)
The international match at DHL Stadium, Cape Town.

LIVE Top 14
Sat 8pm Premier Sports 1
The final from Stade de France.

LIVE Queensland Reds v British & Irish Lions
Wed 10am Sky Sports Main Event & Sky Sports Action (kick-off 11am)
The warm-up match at Suncorp Stadium in Brisbane.

LIVE Maori All Blacks v Scotland
Fri 4.25am Sky Sports Action & 4.30am Sky Sports Main Event (kick-off 4.35am)
The international match at Semenoff Stadium.

TENNIS

LIVE Bad Homburg Open
Sat 12.30pm Sky Sports Tennis
The final of the WTA 500 event, a grass-court tournament staged at TC Bad Homburg in Germany.

LIVE Mallorca Championships
Sat 2pm Sky Sports Mix & 2.30pm Sky Sports Tennis
The final of the ATP 250 event, a grass-court tournament at Santa Ponsa Tennis Academy in Spain.

LIVE Wimbledon
Mon 10.30am BBC2, 2pm & 7pm BBC1
The opening day of the Grand Slam tournament from the All England Club, featuring first-round games. Americans Coco Gauff and Caroline Dolehide were the final players to take to Centre Court on day one last year, and the former comfortably prevailed 6-1, 6-2. See p8.

LIVE Wimbledon
Tue 11am BBC2, 2pm & 7pm BBC1
The second day of the Grand Slam tournament at the All England Club, where first-round matches continue in the men's and ladies' singles.

LIVE Wimbledon
Wed 10.45am & 2pm BBC1, 1pm BBC2
The third day of the Grand Slam tournament at the All England Club, featuring the second-round games in the men's and ladies' singles.

LIVE Wimbledon
Thu 11am & 7pm BBC2, 2pm & 8pm BBC1
Day four of the Grand Slam tournament held at the All England Club, where the second-round matches in the men's and ladies' singles are scheduled to continue.

LIVE Wimbledon
Fri 11am BBC2, 2pm & 7pm BBC1
The fifth day of the Grand Slam tournament from the All England Club, where the men's and ladies' third-round singles matches are scheduled to get under way.

LIVE UNDER-21 EUROS

Final

Saturday, kick-off 8pm, C4

Lee Carsley's defending champions England will hope to have progressed to the final in Bratislava after lifting the trophy two years ago. The Young Lions made a good start to the tournament, beating the Czech Republic 3-1 with goals from Harvey Elliott, Jonathan Rowe and Charlie Cresswell.

LIVE FRIENDLY

England v Jamaica

Sunday, kick-off 5pm, ITV1

Hannah Hampton will want a clean sheet as the Lionesses play their final Euros warm-up match at Leicester City's King Power Stadium. It's the first meeting between England and the Reggae Girlz, whose squad includes the Foxes' Chantelle Swaby and her sister Allyson who plays for Crystal Palace.

LIVE WOMEN'S EURO 2025

Spain v Portugal

Thursday, kick-off 8pm, ITV1

The pick of this week's Euro 2025 opening fixtures sees the World Cup holders face rivals Portugal in a Group B clash in Bern. Spain will start as huge favourites after thrashing Portugal twice in the Nations League in April, with Gotham FC striker Esther González scoring in both matches.

Saturday 28

LIVE FA Disability Cup Amputee final
9.30am TNT Sports 1 (kick-off 10am)
Coverage from St George's Park in Burton upon Trent.

LIVE FA Disability Cup Partially Sighted final
12.30pm TNT Sports 1 (kick-off 12.30pm)
From St George's Park.

LIVE FA Disability Cup Blind final
3.15pm TNT Sports 1 (kick-off 3.10pm)
From St George's Park.

LIVE FIFA Club World Cup
5pm DAZN (kick-off 5pm)
The first last-16 match at Lincoln Financial Field in Philadelphia.

LIVE UEFA European Under-21s Championship
7.30pm C4 (kick-off 8pm)
The final staged at Tehelné Pole in Bratislava, Slovakia. England were crowned champions of this tournament for the first time in 39 years when they triumphed 1-0 over Spain in the showpiece match in Georgia two years ago.

LIVE FIFA Club World Cup
9pm DAZN (kick-off 9pm)
The second last-16 match at Bank of America Stadium in Charlotte.

LIVE CONCACAF Gold Cup
12.10am Premier Sports 2
The opening quarter-final.

LIVE CONCACAF Gold Cup
3.10am Premier Sports 2
The second quarter-final.

Sunday 29

LIVE FA Disability Cup Cerebral Palsy final
9.30am TNT Sports 1
From St. George's Park.

LIVE FA Disability Cup Powerchair final
12.15pm TNT Sports 1
From St. George's Park.

LIVE FA Disability Cup Deaf final
2.15pm TNT Sports 1
From St. George's Park.

LIVE England v Jamaica
4.10pm ITV1 (kick-off 5pm)
The women's international friendly at King Power Stadium in Leicester. This is England's final match before they get their UEFA Euro 2025 campaign under way as reigning champions against France.

LIVE FIFA Club World Cup
4.30pm 5 & 5pm DAZN (kick-off 5pm)
The third last-16 game staged at Mercedes-Benz Stadium in Atlanta.

LIVE FIFA Club World Cup
8pm 5 & 9pm DAZN (kick-off 9pm)
The fourth last-16 fixture at Hard Rock Stadium in Miami, Florida.

LIVE CONCACAF Gold Cup
9pm Premier Sports 2
The third quarter-final.

LIVE CONCACAF Gold Cup
12m't Premier Sports 2
The fourth quarter-final.

Monday 30

LIVE FIFA Club World Cup
7pm 5 & 8pm DAZN (kick-off 8pm)
The fifth last-16 match from Bank of America Stadium in Charlotte.

LIVE FIFA Club World Cup
1am 5 & 2am DAZN (kick-off 2am)
The sixth last-16 game at Camping World Stadium in Orlando, Florida.

Tuesday 1

LIVE FIFA Club World Cup
8pm DAZN (kick-off 8pm)
The seventh last-16 match at Hard Rock Stadium in Miami, Florida.

LIVE FIFA Club World Cup
2am DAZN (kick-off 2am)
The eighth last-16 fixture from Mercedes-Benz Stadium in Atlanta.

Wednesday 2

LIVE Iceland v Finland
4pm ITV1 (kick-off 5pm)
The opening match of the Women's Euro 2025, as the Group A rivals meet at Arena Thun. See p29-37.

LIVE Switzerland v Norway
7pm BBC1 (kick-off 8pm)
Both teams' opening Women's Euro 2025 Group A match held at St Jakob-Park in Basel.

LIVE CONCACAF Gold Cup
12m't Premier Sports 2
The opening semi-final.

LIVE CONCACAF Gold Cup
3am Premier Sports 2
The second semi-final.

Thursday 3

LIVE Belgium v Italy
4.30pm BBC2 (kick-off 5pm)
Both teams' opening Women's Euro 2025 Group B game at Stade de Tourbillon in Sion, Switzerland. Belgium were quarter-finalists three years ago, while the Italians failed to make the knockout stages.

LIVE Spain v Portugal
7.15pm ITV1 (kick-off 8pm)
Both teams' opening Women's Euro 2025 match in Group B staged at Stadion Wankdorf in Bern, Switzerland. These rivals met twice this year in April in the Nations League and world champions Spain won 4-2 at home and 7-1 away to demonstrate why they were the pre-tournament favourites to win this trophy.

Friday 4

LIVE Denmark v Sweden
4.15pm ITV1 (kick-off 5pm)
Both teams' opening Women's Euro 2025 match in Group C at Stade de Genève in Switzerland. The Scandinavian rivals were also in the same UEFA Nations League group, with Sweden winning 2-1 in Odense in February and then claiming an emphatic 6-1 victory just a month ago in Solna.

LIVE FIFA Club World Cup
7pm 5 & 8pm DAZN (kick-off 8pm)
The first quarter-final at Camping World Stadium in Orlando, Florida.

LIVE Germany v Poland
7.15pm ITV1 (kick-off 8pm)
Both teams' opening Women's Euro 2025 fixture in Group C from Arena St Gallen in Switzerland. Germany will be looking to go one better than in 2022, when they were runners-up to England.

LIVE FIFA Club World Cup
2am DAZN (kick-off 2am)
The second quarter-final at Lincoln Financial Field in Philadelphia.

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Saturday

28 June

Evening Planner

Saturday

Rugby Union

British & Irish Lions Tour
Sky Sports Main Event & Sky Sports Action, kick-off 11am
Coverage of the Lions' first warm-up match against Western Force in Perth.

Football

European Under-21s Championship: Final
C4, kick-off 8pm
Will Lee Carsley's Young Lions have made it to Bratislava to defend their title?

Entertainment

Jurassic World Rebirth: The Making of a New Era
Sky Showcase, 8pm
Behind-the-scenes of the dinosaur sequel, which stars Scarlett Johansson.

Documentary

Secrets of Diana's Wedding Dress
5, 9pm
Designer Elizabeth Emmanuel talks about the making of the famous gown.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	◂ 6.45 The Hit List	7.30 Pointless Celebrities	8.20 Casualty		9.10 Glastonbury		10.10 News	10.30 Glastonbury
	102 BBC2	7.00 Glastonbury				9.10 Incredible Journeys with Simon Reeve		10.10 Glastonbury	
	103 ITV1	7.00 The Chase Celebrity Special		8.00 Film: Casino Royale					10.40 News
	104 CHANNEL 4	◂ 6.30 F1: Austrian...	7.30 Football: UEFA European Under-21s Championship – Live: Coverage of the final (Kick-off 8.00)					10.20 Film: Meet the Fockers	
	105 5	◂ 6.30 The Battle for Royal Lodge		8.00 Michael Portillo's Sicily		9.00 Secrets of Diana's Wedding Dress			10.30 1976: Those...
	106 SKY SHOWCASE	◂ 6.00 F1: Austrian Grand Prix Qualifying...		8.00 Jurassic World...	8.30 Film: King Kong				
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Top Gear		9.00 Two Pints of Lager and a Packet of Crisps			
	116 BBC4	7.00 Glastonbury						10.00 Film: The Monuments Men	
	118 ITV2	◂ 6.25 Film: Jurassic World: Fallen Kingdom				9.00 Love Island: Unseen Bits		10.05 Olivia Attwood: The Price of...	
	136 MORE4	◂ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Blue Bloods		10.00 Elsbeth	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 The White Lotus		10.05 The Gilded Age	
	110 U&GOLD	◂ 6.50 Only Fools and Horses				9.00 Billy Connolly Does...		10.00 Mrs Brown's Boys	10.40 Only...
	111 U&DAVE	7.00 Ghosts		8.20 Red Dwarf		9.00 The Office		10.20 Extras	
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	◂ 5.00 World Series of Darts – Live: The US Masters				9.00 Film: Olympus Has Fallen			
	112 COMEDY CENTRAL	7.00 Bradley & Barney Walsh: Breaking Dad		8.00 Michael McIntyre's Big Show		9.00 Film: Austin Powers: International Man of Mystery			
	139 SKY SCI-FI	7.00 Star Trek: Voyager							
	113 SKY MAX	7.00 The Walking Dead		8.00 Jurassic World...	8.30 Joe Lycett's United States of...		9.30 Strike Back: Vendetta		10.30 Warrior
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise				10.00 My Life Is Murder	
	130 SKY ARTS	◂ 5.10 The Sound...	7.30 Douglas Adams: The Man Who Imagined Our Future			9.00 Film: The War of the Worlds			
	132 U&W	7.00 999 Rescue Squad				9.00 Coupling			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush: Mine Rescue with Freddy...		8.00 Blowing Up History		9.00 Naked and Afraid: Last One Standing			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Insane Pools: Off the Deep End				10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Seconds from Disaster		8.00 Car S.O.S.					
	123 SKY HISTORY	7.00 World's Greatest Treasure Mysteries				9.00 A Serial Killer in Nazi Paris			
	155 U&YESTERDAY		7.10 Bangers & Cash: Restoring Classics	8.10 Bangers & Cash					
	121 SKY DOCS	7.00 Film: The Beatles: Eight Days a Week – The Touring Years				9.00 100 Foot Wave		10.00 Film: Dogtown and Z-Boys	
FILMS – Sky Cinema	301 PREMIERE	◂ 5.30 Joker: Folie à Deux		8.00 Gladiator II					10.30 Sharp Corner
	302 5 STAR MOVIES	◂ 6.00 E.T. The Extra Terrestrial		8.00 Schindler's List					
	303 JURASSIC PARK	◂ 6.55 Jurassic World				9.00 Jurassic World: Fallen Kingdom			
	304 GREATS	◂ 6.15 Brewster's Millions		8.00 King Ralph			9.50 The Golden Child		
	305 ANIMATION	◂ 5.40 Smallfoot	7.25 Hotel Transylvania 2			9.00 Monster House			
	306 FAMILY	◂ 6.10 Wonka			8.15 Look Who's Talking			9.55 The Adventures of Sharkboy and Lavagirl...	
	307 ACTION	◂ 6.15 The Scorpion King		8.00 Godzilla					10.25 Enter the Dragon
	308 COMEDY	◂ 6.10 Anyone But You		8.00 My Big Fat Greek Wedding 2			9.40 My Big Fat Greek Wedding 3		
	309 THRILLER	◂ 5.45 In the Line of Fire		8.00 The Bikeriders				10.05 Green Zone	
	310 PRIDE	◂ 6.30 The Man with the Answers		8.00 The Danish Girl				10.00 The Color Purple	
	311 SCI-FI	◂ 5.55 Passengers		8.00 Dune: Part Two					10.45 I.S.S
	313 FILM4	◂ 6.45 I, Robot				9.00 The Equalizer 2			
SPORT	401 MAIN EVENT	◂ 6.00 PGA Tour Golf – Live: The Rocket Classic							
	402 PREMIER LEAGUE	7.00 Drink It In: The Rise of Man City		8.00 Unpacked	8.30 Transfer 360			10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL				9.00 EFL Greatest Games		10.00 Retro League One	
	404 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	◂ 6.00 MLB – Live: New York Yankees v Athletics (Start-time 6.05); Cincinnati Reds v San Diego Padres (Start-time 9.10)							
	411 TNT SPORTS 2	◂ 6.00 Tom Daley: 1.6 Seconds	7.45 Rugby Union	8.15 Sign Up – Into Football		9.00 MLB – Live: Cincinnati Reds v San Diego Padres (Start-time 9.10)			

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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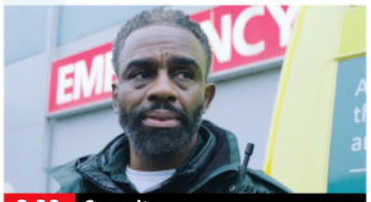
Saturday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition Matt Tebbutt is joined by Angela Scanlon and Vicky Pattison. (S)
11.30 **The Great Food Guys** (S)(R)(AD)
12.00 NOON **Homes Under the Hammer** Properties in Llanfynydd, Derby and Southend. (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)(AD)
2.00 **Escape to the Country** (S)(R)
2.50 **Deadly 60** (S)(R)
3.20 **Walking with Dinosaurs** (S)(R)(AD)
4.10 **Garden Rescue** Charlie Dimmock and Lee Burkhill design an Italian courtyard garden in Ledbury. (S)(R)
4.55 **The Bidding Room** People try to sell stilts, perfume bottles and a set of nautical items. (S)(R)
5.40 **BBC News** (S)
5.50 **Local News** (S)



8.20 Casualty

6 PM

6.00 **Celebrity Bridge of Lies** New edition 9/10. Steve Backshall, Jason Mohammad, Natasha Raskin Sharp and Sunetra Sarker take part. (S)
6.45 **The Hit List** With Chris Moyles, James Buckley, Charlie Hedges, Rickie Haywood-Williams, Sam Quek and Martel Maxwell. (S)(R)

7 PM

7.30 **Pointless Celebrities** New edition Radio presenters Fee Mak, Matt Chorley, Mariella Frostrup, DJ Spoony, Ali Plumb, Johnny Cochrane, Zoe Hardman and Inel Tomlinson take part. (S)

8 PM

8.20 **Casualty** A hungover Ngozi wakes up in a strange man's house after a one night stand. As she heads home, she is called over by a distressed father whose toddler has stopped breathing. (S)(AD)

9 PM

9.10 **NEW Glastonbury** Lauren Laverne and Jo Whiley introduce south London singer-songwriter Raye, who takes to the Pyramid Stage as the penultimate artist on the Saturday night bill. (S)(AD)

10 PM

10.10 **BBC News** (S)
10.30 **NEW Glastonbury** Jack Saunders presents live from Worthy Farm as multi-Brit and Grammy award-winning pop icon Charli XCX headlines the Other Stage. (S)(AD)
11.45 **Serena Williams: In the Arena** New editions 3/8. Serena overcomes grief to compete in the 2007 Australian Open. (S)(AD)
12.30 AM 4/8. Serena faces a serious health issue while preparing for the 2011 US Open. (S)(AD)
■ Entire series on BBC iPlayer
1.20 **Weather for the Week Ahead** Seven-day forecast. (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **Earth's Wildest Waters: The Big Fish** From Cuba. (S)(R)(AD)
11.00 **Super Small Animals** (S)(R)(AD)
12.00 NOON **A Cook Abroad: Rick Stein's Australia** (S)(R)(AD)
1.05 PM **This Farming Life** (S)(R)
2.05 **FILM Operation Crossbow** World War Two action drama starring George Peppard, Sophia Loren and Tom Courtenay. (S) (1965, PG, 115min) ★★★
4.00 **Hidden Treasures of the National Trust** The battle to save unique dodo and dinosaur statues in a Northern Irish garden. (S)(R)(AD)
5.00 **NEW Glastonbury** Clara Amfo and Jack Saunders present performances by Jade, Brandi Carlile and Weezer on day two. (S)

7.00 Glastonbury

NEW Glastonbury (started at 5.00pm)

7.00 **NEW Glastonbury** Lauren Laverne and Jack Saunders present further coverage from Worthy Farm, introducing electronic music pioneer Gary Numan on the Park Stage and London jazz band Ezra Collective on the Other Stage. (S)
■ Continues on BBC1

9.10 **Incredible Journeys with Simon Reeve** 1/4. Simon presents highlights of his journeys around the world, and catches up with the people he met, including a Burmese undercover human rights campaigner. (S)(R)(AD)
10.10 **NEW Glastonbury** Lauren Laverne and Jo Whiley present coverage of Saturday night at the festival, with Raye, Neil Young and the Chrome Hearts and Charli XCX all due to take the stage. (S)
12.00 M'T **NEW Glastonbury** A look back at the big performances on day two at the festival, including a recap on the headliners. (S)
2.00 AM **FILM Master Cheng** Finnish romantic drama starring Pak Hon Chu and Anna-Maija Tuokku. A widowed chef travels to a village in Finland, delighting the locals with the delights of Chinese cuisine. Subtitled. (2019, PG, 115min) ★★★
3.55 **to 6.35** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Ainsley's Food We Love** (S)(R)
6.50 **FILM The Addams Family** Black comedy starring Raul Julia. (S) (AD) (1991, PG, 95min) ★★★★
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** With Ben Miller. (S)(R)
11.40 **Jeremy Pang's Hong Kong Kitchen** Series finale (S)(AD)
12.40 PM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
1.10 **ITV News** (S)
1.30 **LIVE Racing** From Newcastle, York and The Curragh. (S)
4.00 **In for a Penny** (S)(R)(AD)
4.30 **Tipping Point: Lucky Stars** (S)(R)
5.30 **Deal or No Deal: Celebrity Special** With heptathlete Katarina Johnson-Thompson. (S)(R)(AD)

8.00 Casino Royale

6.30 **ITV News** (S)
6.45 **Local News** (S)

7.00 **The Chase Celebrity Special** Cherry Healey, Dallas Campbell, Ria Hebden and Robert Peston answer general knowledge questions and work as a team to take on a Chaser and secure a cash prize for charity. (S)(R)

8.00 **FILM Casino Royale** James Bond action thriller portraying the early career of Ian Fleming's celebrated spy, starring Daniel Craig and Eva Green. James Bond seeks to bankrupt a terrorist banker by beating him in a high-stakes poker game. With Mads Mikkelsen, Judi Dench and Jeffrey Wright. (S)(AD) (2006, 12, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.40 **ITV News** (S)

11.00 **Suspicion** New episode 2/8. Vanessa and Scott interrogate the suspects, while a mysterious figure leaves a path of destruction in his wake. (S1) (S)(AD)
12.00 M'T **Teleshopping**
3.00 AM **Noel Edmonds' Kiwi Adventure** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Gary Barlow's Food and Wine Tour: Australia** (S)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

5.55 AM **Cheers** 14-18/26. (S10) (S)(R)
8.10 **Everybody Loves Raymond** 3&4/22. (S1) (S)(R)(AD)
9.10 **Frasier** 8-10/24. (S3) (S)(R)(AD)
10.40 **The Simpsons** (S)(R)(AD)
12.10 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
2.55 **Chateau DIY** In the Dordogne region, bad weather threatens to derail Abbie, Clive and Karen's first wedding of the year. (S)(R)(AD)
3.55 **Sun, Sea and Selling Houses** New edition A couple from the Isle of Man seek a new permanent home in Almería. (S)
4.55 **Jamie: What to Eat This Week** Jamie Oliver chooses some of his favourite summer celebration meals, including crispy duck, gazpacho and a sour cherry frangipane tart. (S)(R)(AD)

10.20 Meet the Fockers

6.00 **News** (S)
6.30 **F1: Austrian Grand Prix Qualifying Highlights** Steve Jones presents action from the battle for grid positions in the 11th round of the season, which takes place at Red Bull Ring in Spielberg. With expert analysis from David Coulthard, Billy Monger and Lawrence Barretto. (S)
7.30 **LIVE Football: UEFA European Under-21s Championship** Coverage of the final, which takes place at Tehelné pole in Bratislava, Slovakia. England were crowned champions of this tournament for the first time in 39 years when they triumphed 1-0 over Spain in the showpiece match two years ago, with a penalty save in the ninth minute of injury time by James Trafford proving to be the decisive moment. Kick-off is at 8.00. (S)(AD)

10.20 **FILM Meet the Fockers** Comedy sequel starring Ben Stiller, Robert De Niro, Dustin Hoffman and Barbra Streisand. Male nurse Greg Focker faces a weekend of embarrassment when he travels to Florida to introduce his prospective in-laws to his laid-back parents. (S)(AD) (2004, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **FILM Glory** Historical drama starring Matthew Broderick and Denzel Washington. (S) (1989, 15, 130min) ★★★★
2.40 **The Dog House** (S)(SL)(R)(AD)
3.35 **The Simpsons** (S)(R)(AD)
5.15 **to 6.10** AM **George Clarke's Amazing Spaces** (S)(SL)(R)(AD)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.10 **Car Pound Cops** (S)(R)
9.35 **Bargain-Loving Brits in the Sun** Four editions. (S)(R)(AD)
1.30 PM **LIVE UK's Strongest Man** Coverage of the semi-finals from Nottingham's Motorpoint Arena, as the 12 qualifiers contest places in tomorrow's final. (S)
4.30 **Secrets of the Royal Palaces** A look at how Queen Elizabeth II added the Royal Gallery to Buckingham Palace. (S)(R)
5.25 **News** (S)
5.30 **Inside the Tower of London: Building the World's Greatest Castle** How the tower was transformed into an epic fortress spanning 12 acres. (S)(R)

9.00 Secrets of Diana's Wedding...

6.30 The Battle for Royal Lodge The history of one of the Royal Family's most luxurious homes, a 30-room mansion which is the current home of Prince Andrew and the beloved former country retreat of the Queen Mother, where Elizabeth II enjoyed an idyllic childhood. (S)(R)

8.00 NEW Michael Portillo's Sicily The broadcaster visits Sicily as he explores Palermo's rich history, as well as dining with a duchess and investigating the island's Mafia ties. (S)

9.00 NEW Secrets of Diana's Wedding Dress The creation of Diana, Princess of Wales' wedding dress, featuring contributions from designer Elizabeth Emanuel and behind-the-scenes stories of the 1981 royal wedding. (S)(AD)

10.30 1976: Those Were the Days A look back at key events in TV, film and politics, when *Bouquet of Barbed Wire* and *I, Claudius* dominated the small screen, and Bill Grundy encountered The Sex Pistols on a live news show. (S)(R)

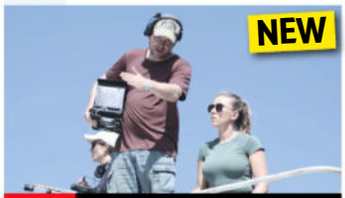
12.30 AM **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S7) (S)(R)(AD)
3.50 **Carol Drinkwater's Secret Provence** (S)(R)
4.35 **Me & My 10 Kids** (S)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **FILM Paws of Fury: The Legend of Hank** Animation with the voice of Michael Cera. (S) (2022, PG, 98min) ★★★
9.00 **The F1 Show** A preview of the 2025 Austrian Grand Prix. (R)
10.00 **Becoming Orangutan** (S)(R)
1.00 PM **The Simpsons** *Every Man's Dream:* Homer and Marge have a trial separation. (S)(R) **1.30** *'Cue Detective:* Homer is challenged to a barbecue cook-off by a TV chef. (S)(R)
2.00 **LIVE Cricket: Women's International T20** England v India: Coverage of the first T20 in the five-match series, held at Trent Bridge in Nottingham.



8.00 Jurassic World Rebirth...

6.00 F1: Austrian Grand Prix Qualifying Highlights Action from the battle for grid positions in the 11th round of the season at Red Bull Ring in Spielberg.

8.00 NEW Jurassic World Rebirth: The Making of a New Era Behind the scenes. (S)

8.30 FILM King Kong Peter Jackson's spectacular remake of the classic monster movie, starring Naomi Watts, Jack Black and Adrien Brody. A 1930s film crew travel to a mysterious, unexplored island and encounter the 'eighth wonder of the world' – a giant gorilla to whom the natives offer human sacrifices. (S) (2005, 12, 187min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **FILM Battleship** Sci-fi adventure starring Taylor Kitsch and Rihanna. A hot-headed US Navy lieutenant leads the fight back against alien invaders. (S) (2012, 12, 126min) ★★★
2.15 AM **Poker Face** 10/12. Charlie investigates a suspicious death at the local gym. Guest stars Jason Ritter. (S1) (S)(R)
3.10 **Road Wars** (S)(R)
4.00 **Nothing to Declare** (S)(R)(AD)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.15** Gwyliau Gartref (AD) **10.45** Ffasiwn Drefn (AD) **11.15** Ceffylau, Sheikhs a Chowbois **11.45** Arfordir Cymru: Sir Benfro (AD) **12.15pm** Ffermio **12.45** Chris a'r Afal Mawr (AD) **1.45** Sgwrs Dan y Lloer **2.15** Codi Pac **2.45** Busnes Bwyd **3.45** Am Dro! **4.45** Garddio a Mwy **5.15** Y Ci Perffaith **5.45** Cyfres Triathlon Cymru 2025 **6.45** Newyddion a Chwaraeon **7.00** Busnes Bwyd **8.00** Taith y Llewod **9.00** Aur y Noson Lawen **10.00** Arctig Gwyllt Iolo Williams **11.00** Richard Holt: Yr Academi Felys (AD) **11.35pm-12.00m't** Ar Led

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Yolande asks the Vic staff if they can host Patrick's 85th birthday. **7.30** Kat suggests Phil needs support to care for Nigel, but he refuses.
8.00 **Top Gear** Jeremy, Richard and James take a trip across Britain to chart the decline of the country's sports car industry.
9.00 **Two Pints of Lager and a Packet of Crisps** 6/10. Donna regrets persuading Gaz to try tantric sex. **9.30** 7/10. Jonny makes a startling discovery about Corinthian's parentage. **10.00** 8/10. Donna is still intent on revenge and Jonny helps Gaz become a dad. **10.30** 9/10. Janet tries to keep the pub open. (S6)
11.00 **Hunting the Catfish Crime Gang** An entrepreneur whose identity was stolen and used for criminal activities.
12.00 M'T **Drugs Map of Britain**
1.00 AM **Top Gear** As 8.00pm.
2.00 **to 4.00** AM **Two Pints of Lager and a Packet of...**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **NEW Glastonbury** Coverage of former Creedence Clearwater Revival frontman John Fogerty's set on the Pyramid Stage. **8.00** Electronic pioneer Gary Numan takes to the Park Stage, making his Glastonbury debut. **9.00** Performances by Australian punk band Amyl and the Sniffers on the Other Stage and Portishead frontwoman Beth Gibbons on the Park Stage.
10.00 **FILM The Monuments Men** Fact-based drama directed by and starring George Clooney, with Matt Damon, Bill Murray and Cate Blanchett. A platoon of soldiers recover stolen art treasures from the Nazis during World War Two. (2014, 12, 118min) ★★★
11.50 **Scrublands**
1.30 AM **The Good Life**
2.00 **Yes, Minister**
2.30 **to 3.20** AM **Omnibus: Presumption – The Life of Jane Austen**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.30 **Ugly House to Lovely House with George Clarke**
12.35 PM **George Clarke's Amazing Spaces**
1.35 **George Clarke's Old House, New Home**
2.35 **Location, Location, Location** From London.
3.40 **Come Dine with Me** Five editions from Sutton Coldfield.
6.20 **Four in a Bed** The competition begins at the Edge Accommodation in Huddersfield, West Yorkshire.
6.50 **Four in a Bed** A visit to Darwin Lake Holiday Village in Matlock, Derbyshire. **7.25** The group head to Sands Resort Hotel and Spa in Newquay. **7.55** The final visit is to Oak Tree Lane yurt site in Devon. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A 78-year-old man is rushed in with breathing difficulties, and a 75-year-old man is treated after falling down a flight of stairs. **10.00** Doctors carry out tests on a 77-year-old man who was rushed to St George's after collapsing at home and suffered two further seizures in A&E.
11.05 **999: On the Front Line**
12.10 AM **Emergency Helicopter Medics**
2.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Rude(ish) Tube Shorts**
6.10 **Brooklyn Nine-Nine**
6.35 **The Goldbergs**
9.05 **Ramsay's Kitchen Nightmares USA**
1.05 PM **FILM Sonic the Hedgehog** Fantasy starring James Marsden. (2020, PG, 99min) ★★★
3.00 **The Big Bang Theory**
5.00 **The Simpsons** Four episodes, including at: **6.30** *At Long Last Leave:* 14/22. Homer and the family are forced to leave town.
7.00 **The Simpsons** *Exit Through the Kwik-E-Mart:* Bart's graffiti impresses a group of professional artists. **7.30** *How I Wet Your Mother:* Homer suffers a bout of incontinence. **8.00** *Them, Robot:* Mr Burns replaces the power plant employees with robots. **8.30** *Beware My Cheating Bart:* Bart falls for a girl whose boyfriend is a bully.
9.00 **Celebrity Gogglebox** Famous faces appraise *Clarkson's Farm, Snakes on a Plane* and *Tiny World.*
10.00 **Gogglebox** The armchair critics appraise *Black Mirror, The1% Club, The Apprentice* and *Celebrity Bake Off.*
11.05 **Gogglebox**
12.05 AM **First Dates** Double bill.
2.10 **Gogglebox** Double bill.
4.00 **to 6.00** AM **Ramsay's 24 Hours to Hell and Back**

+1 hr 235/236 306 30 123 256

Saturday primetime primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Rapid Response** Documentary.
7.00 **Sun, Sea and A&E**
8.00 **Motorway Patrol**
9.00 **Caught Red Handed** Four editions, including at: **10.30** A violent robber returns to the scene of his crime. **11.15** An antiques thief takes some expensive lamps.
12.00 NOON **Stop, Search, Seize**
1.00 PM **Border Security USA**
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

9.00 Blue Bloods

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM
9.00 **Blue Bloods** *Life During Wartime:* 4/21. Danny and Baez look into a series of robberies targeting luxury timepieces. (S13)

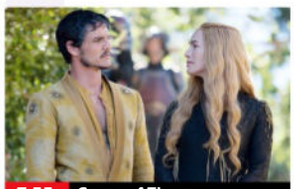
10 PM
10.00 **Elsbeth** *One Angry Woman:* 7/20. The lawyer is summoned for jury duty, where she clashes with the judge. (S2)
11.00 **FBI: Most Wanted** (S4)
1.00 AM **Bull** 12/16. Jason mounts a murder trial defence for a Black Lives Matter activist. (S5)
2.00 **The Cleaning Lady** 1/12. Arman goes missing. (S3)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Richard E Grant's Hotel Secrets** Double bill.
9.00 **Westworld** 1–5/10. (S1)
3.20 PM **Game of Thrones** 1/10. Jon Snow finds himself on trial at Castle Black. **4.30** 2/10. Melisandre oversees a sacrifice to the Lord of Light at Dragonstone. **5.40** 3/10. Dontos spirits Sansa out of King's Landing. **6.50** 4/10. Jaime finally visits Tyrion in jail after some persuasion from Bronn. (S4)


7.55 Game of Thrones

7.55 **Game of Thrones** *First of His Name:* 5/10. Cersei and Tywin plot their next move after Tommen's coronation, and Daenerys hears worrying news about Yunkai. (S4)

9.00 **The White Lotus** *Recentering:* 4/6. Armond's renewed commitment to sobriety is put to the test. (S1)

10.05 **The Gilded Age** *Who Is in Charge Here?* 1/8. George faces opposition, and Bertha prepares for the duke's arrival. (S3)
11.10 **Homicide: Life on the Street** 15/23. An elderly man is killed by his grandson's pit bulls. **12.05** AM 16/23. Bayliss investigates a man's death. **1.05** 17–19/23. (S6)
4.05 **The Outsider** 9/10. (S1)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Air Ambulance ER**
7.00 **Supergirl** 20–22/22. (S4)
10.00 **Grimm** Four episodes of the fantasy drama, including at: **1.00** PM 4/22. A wealthy mobster sends three men on a quest to win his daughter's hand in marriage. (S5)
2.00 **The Walking Dead** Five episodes, including at: **5.00** 12/16. The residents of Alexandria face a new enemy. **6.00** 13/16. Some of Rick's fellow survivors are taken hostage by new rivals. (S6)

9.30 Strike Back: Vendetta

7.00 **The Walking Dead** *Twice as Far:* 14/16. Supply excursions from Alexandria are placed in very real danger. (S6)

8.00 NEW **Jurassic World Rebirth: The Making of a New Era** Preview.
8.30 **Joe Lycett's United States of Birmingham** 1/4. Joe visits cities in America with the same name as his home town.
9.30 **Strike Back: Vendetta** 1/10. A mission in Kosovo to rescue a British scientist uncovers a conspiracy. (S8)
10.30 **Warrior** *John Chinaman:* 3/10. Buckley urges Mai Ling to start a war with the Hop Wei. (S1)
11.30 **A League of Their Own** With guests Andy Murray and Keely Hodgkinson.
12.30 AM **Road Wars**
1.30 **Poker Face** 10/12. Charlie investigates a suspicious death at a gym. (S2)
2.30 **Road Wars** Double bill.
4.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dress to Impress**
8.40 **Gordon Ramsay's Food Stars USA** Double bill of editions.
10.35 **Deal or No Deal**
1.35 PM **Celebrity Catchphrase**
2.40 FILM **How to Train Your Dragon** Animated fantasy with the voice of Jay Baruchel. (2010, PG, 98min) ★★★★
4.35 FILM **Shrek Forever After** Animated adventure sequel featuring the voices of Mike Myers and Eddie Murphy. (2010, U, 93min) ★★★★

6.25 Jurassic World: Fallen...

6.25 FILM **Jurassic World: Fallen Kingdom** Thriller sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Love Island: Unseen Bits** New edition Featuring exclusive unseen action from inside the villa.

10.05 **Olivia Attwood: The Price of Perfection** 3/6. The treatments that promise to help fend off the ageing process.
11.05 **Family Guy** 17/22. Peter becomes feral in the wild. **11.05** 11/22. (S11)
12.05 AM **American Dad!** (S10&9)
1.05 **Extraordinary** 3/8. (S2)
1.40 **Iain Stirling's CelebAbility**
2.25 **Ruby Speaking** 1/6. (S1)
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **Wycliffe** 5&6/6. (S1)
8.50 FILM **Carry On Up the Jungle** Safari comedy starring Sidney James and Joan Sims. (1970, PG, 89min) ★★
10.50 **Doc Martin** 3&4/8. (S6)
12.50 PM **Agatha Christie's Poirot**
3.00 **Midsomer Murders** *The Killings at Badger's Drift:* Barnaby uncovers a web of secrets when he investigates a death. **5.00** *Death in Disguise:* A man is found dead at a new age commune.

11.00 Shetland

7.00 **Midsomer Murders** *Faithful Unto Death:* Barnaby investigates when the wife of the businessman behind a failed craft centre project goes missing, only for her husband to subsequently be murdered. Guest stars Roger Allam.

9.00 **Vera** *The Dark Wives:* Final episode of the drama starring Brenda Blethyn. A student is killed and dumped at the foot of three monoliths, and a missing girl sets Vera on an investigation that triggers memories from her own childhood.
11.00 **Shetland** 1&2/2. (S1)
1.10 AM **Agatha Christie's Poirot** *How Does Your Garden Grow?* Guest stars Anne Stallybrass.
2.10 **Long Lost Family: False Identities Special**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Forest** Bill Fisher surveys Galloway Forest Park in a helicopter.
7.45 **Grand Tours of Scotland's Lochs** From the Argyll coast.
8.00 **Dolly: The Sheep That Changed the World** The story of the first mammal to be cloned.
9.00 **Only Child** 4/6. Richard is worried about his father's health. (S1)
9.30 **Two Doors Down** 1/6. Beth and Eric celebrate Ian and Gordon's anniversary. (S5)
10.00 **Short Stuff** Compilation of comedy sketches.
10.15 FILM **Morvern Callar** Offbeat drama starring Samantha Morton. (2001, 15, 97min) ★★★
11.50 PM **to 12.00** M'T **Tune** Featuring Pretty Preachers Club.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S3)
10.15 **Entourage** (S5)
12.55 PM **Barry** (S4)
4.00 **Divorce** (S2&3)
7.00 **The Office (US)** 23/26. Michael misunderstands Donna's body language. **7.30** 24/26. Michael enlists Dwight's help when he thinks that Donna is cheating. **8.00** 25/26. Michael continues to see Donna. **8.30** 26/26. Sabre CEO Jo Bennett hunts for a guilty employee. (S6) **9.00** 1/26. Michael infuriates the staff by hiring his nephew. **9.30** 2/26. Michael is forced to take counselling sessions. (S7)
10.00 **Paul Chowdhry: Live Innit** Stand-up comedy.
11.10 **Barry** 7&8/8. (S4)
12.30 AM **Girls** 1&2/10. (S4)
1.50 **Yvonne Orji: A Whole Me** Stand-up comedy.
3.05 **to 5.00** AM **Los Espookys**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **South Bank Show**
7.00 **Sir Bryn Terfel and Friends: Songs of the Sea** Maritime songs.
8.20 **Tales of the Unexpected**
10.50 **Alfred Hitchcock Hour**
12.50 PM **Elvis Presley: Aloha from Hawaii**
2.25 FILM **South Pacific** Vintage musical. (1958, U, 151min) ★★★★
5.10 **The Sound of Music: Live!** Musical adaptation.
7.30 **Douglas Adams: The Man Who Imagined Our Future**
9.00 FILM **The War of the Worlds** Thriller. (1953, PG, 85min) ★★★★
10.45 **Jeff Beck Live at Ronnie Scott's**
12.45 AM **Greatest Guitar Riffs**
1.45 **The Ronnie Wood Show**
2.20 **London Calling**
3.20 **Angelheaded Hipster: The Songs of Marc Bolan & T. Rex**
5.10 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Silly Animals**
8.10 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Reef Wrecks**
12.00 NOON **Africa's Wild Horizons** Documentary.
1.00 PM **Secret Life of the Wombat** Documentary.
2.00 **Strange Creatures**
3.00 **Mysteries of Evolution**
5.00 **Animals Like Us**
6.00 **David Attenborough's First Life** 1/2. The naturalist explores the origins of life on Earth.
7.00 **Airborne** Examining navigation methods.
8.00 **Caught on Dashcam**
10.00 **The Force: Manchester**
12.00 M'T **Britain's Most Evil Killers** Double bill.
2.00 AM **Sex and the City**
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **The Force: Manchester**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Quiz show.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
1.00 PM **Lingo** Quiz show.
2.00 **In with a Shout** The Coburn-Hughes family takes on the Browns.
3.00 **Tenable** Quiz hosted by Warwick Davis.
4.00 **Tenable Christmas Cracker** Five panto performers take on the Tenable Tower and answer a series of taxing top tens.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **In with a Shout**
12.50 **to 2.00** AM **Unwind**

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the drama, including at: **7.00** *Summer Camp:* 10/13. Jonathan helps a model who has been disfigured in an accident. **8.00** *The Inner Limits:* 11/13. A young man realises his paralysed brother is a genius. (S5)
9.00 **Garage Sale Mysteries: Guilty Until Proven Innocent** Thriller starring Lori Loughlin and Sarah Strange.
10.55 **Garage Sale Mysteries: The Wedding Dress** Crime drama starring Lori Loughlin, Cheryl Ladd and Steve Bacic.
12.50 AM **The Avengers**
3.00 **Randall and Hopkirk (Deceased)** 3/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **Minder**
7.20 **The Professionals**
8.25 **Dempsey and Makepeace**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **The Best of the 90s**
11.45 **Made in Britain**
12.15 PM **FILM Red River** Western. (1948, b/w, U) ★★★★★
3.00 **E1 World Championship**
4.30 **Great Racehorses**
5.00 **World Series of Darts** Day one of the US Masters.

9.00 Olympus Has Fallen

World Series of Darts (started at 5.00pm)

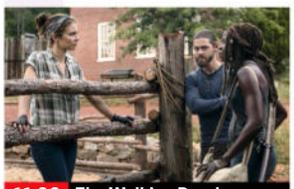
9.00 **FILM Olympus Has Fallen** Action thriller starring Gerard Butler. A disgraced secret service agent strives to foil North Korean guerrillas who have seized control of the White House and taken the president hostage. With Morgan Freeman. (2011, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **FILM Cobra** Crime thriller starring Sylvester Stallone. (1986, 18, 87min) ★★
12.55 AM **Wrestling: AEW Dynamite** Hard-hitting action.
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Planetquake** Sci-fi adventure starring Erica Duke. (2024, PG, 85min) ★★
1.00 PM **Star Trek: Enterprise** Five episodes, including at: **4.00** 7/24. Archer, Reed and Major Hayes infiltrate a Xindi-Sloth industrial colony. **5.00** 8/24. Archer awakens to a different future. (S3)
6.00 **Star Trek: Voyager** 2/26. Seven is bombarded with flashbacks. (S6)


11.00 The Walking Dead

7.00 **Star Trek: Voyager** *Barge of the Dead:* 3/26. B'Elanna Torres has a near-death experience.

8.00 **Star Trek: Voyager** *Tinker, Tenor, Doctor, Spy:* 4/26. The Doctor experiences some interesting daydreams.

9.00 **Star Trek: Voyager** *Alice:* 5/26. A second-hand space shuttle assumes a female form with an agenda of its own.

10.00 **Star Trek: Voyager** *Riddles:* 6/26. Tuvok is hit by a powerful energy source that causes severe brain damage. (S6)
11.00 **The Walking Dead** 2/16. The communities join forces to restore a bridge. **12.00** M'T 3/16. A mysterious disappearance causes a divide in the work camp. **1.00** AM 4/16. Rick's vision of a civilised future is threatened. **2.00** 5&6/16. Double bill. (S9)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.20 AM **Murdoch Mysteries** (S15)
10.05 **Elementary** 16-18/24. (S4)
1.00 PM **Inspector George Gently**
3.00 **Father Brown** *The Eve of St John:* The priest investigates a death involving pagans. **4.00** *The Chedworth Cyclone:* Suspicious circumstances surround the death of a boxer. **5.00** *The Hand of Lucia:* A local writer is murdered. **6.00** *The Eagle and the Daw:* An old foe tells the priest that she has arranged the death of her former lover.

9.00 Death in Paradise

7.00 **Hudson & Rex** *In from the Cold:* 5/16. A viral confrontation leads to a cold case being reopened. (S7)

8.00 **Death in Paradise** *Now You See Him, Now You Don't:* A blind actor is the only witness to her husband's murder. (S9)

9.00 **Death in Paradise** *Lucky in Love:* 3/9. A lottery winner is found dead at her villa. Guest stars Kelvin Fletcher. (S10)

10.00 **My Life Is Murder** *Tough Love:* 2/8. Alexa looks into the death of a tennis coach, but she's not the only one on the case. (S4)
11.00 **CSI: Vegas** 7/10. A fitness guru is found dead in a sauna. **12.00** M'T 8/10. A plastinated nervous system is displayed in a car dealership. (S3)
1.00 AM **Father Brown**
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Ever Decreasing Circles**
7.35 **Porridge**
8.10 **Only Fools and Horses**
12.10 PM **Only Fools and Horses** Nine episodes, including at: **4.50** Del Boy acquires a DIY nuclear fallout shelter. **5.30** Christmas special from 1987. Del Boy sets out to find his dear departed mother's treasure trove. **6.50** Del Boy becomes a yuppie, and Rodney begins attending a computer course at night school.

9.00 Billy Connolly Does...

7.55 **Only Fools and Horses** Del Boy gets his hands on a consignment of self-inflating rubber dolls, which turn out to be filled with explosive gas.

9.00 **Billy Connolly Does...** Billy looks at what it means to be Scottish, from *Brigadoon* to tartan pompousness.

10.00 **Mrs Brown's Boys** Agnes goes on a diet.
10.40 **Only Fools and Horses** Del enter the highly profitable tourist trade.
11.20 **Only Fools and Horses**
12.00 M'T **The Rebel** Henry ventures into the Brighton underworld after his house is burgled and his wife's ashes are stolen. Meanwhile, Charles asks Margaret to move to Scotland.
12.40 **to 4.00** AM **The Cleaner**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
8.00 **Celebrity Storage Hunters**
9.00 **James May: The Reassembler**
10.00 **Top Gear** Testing the Porsche 911 and Lamborghini Gallardo.
11.00 **Red Bull Soapbox Race**
1.00 PM **Speed with Guy Martin**
3.00 **Robson Green's Weekend Escapes** Double bill.
4.00 **Mortimer & Whitehouse: Gone Fishing** Triple bill.
6.00 **Border Force: America's Gatekeepers** A man wanted for serious sexual offences is apprehended in Progreso.

9.00 The Office

7.00 **Ghosts** The Captain and Kitty uncover something suspicious. **7.40** Kitty is convinced that Santa has made an early stop at Button House. With Jennifer Saunders.
8.20 **Red Dwarf** The Dwarfers are surrounded by a Simulant Death Ship.

9.00 **The Office** The new members of staff arrive from Swindon. **9.40** David uses the staff's appraisals as another opportunity to share his wisdom.
10.20 **Extras** Andy gets his big break and prepares to make his own BBC sitcom.
11.00 **Not Going Out** Triple bill.
1.00 AM **Have I Got a Bit More News for You** Hosted by Steph McGovern. **2.00** Naga Munchetty hosts the satirical quiz.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

Saturday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
1.00 PM **Sun, Sea and Selling Houses**
3.00 **A Place in the Sun** Five editions, including at: **7.00** Jean Johansson helps a couple in Los Cristianos, Tenerife.
8.00 **Location, Location, Location** A catch-up with two couples looking for homes in Glasgow and Chelmsford.
9.00 **Britain's Most Expensive Houses** Emma Brooks takes on a £3.75 million Cotswolds manor house with a secret garden.
10.00 **FILM Glass** M Night Shyamalan's mystery thriller starring James McAvoy, Bruce Willis and Samuel L Jackson. (2019, 15, 129min) ★★★
12.40 AM **Celebrity Gogglebox**
1.40 **Gogglebox**
2.45 **Open House: The Great Sex Experiment**
3.45 **to 4.45** AM **Taskmaster**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S5)
1.00 PM **NCIS** Eight episodes of the drama, including at: **5.00** 23/23. A terrorist plots to assassinate the US president. (S1) **6.00** *See No Evil:* 1/23. A US Navy captain is held hostage in his office. **7.00** *The Good Wives Club:* 2/23. The agents pursue a serial killer. **8.00** *Vanished:* 3/23. A helicopter is found in a crop circle. (S2)
9.00 **Criminal Minds** *Spencer:* 13/22. Reid is incarcerated in Mexico. **10.00** *Collision Course:* 14/22. The agents investigate a series of suspicious fatal car crashes. (S12)
11.00 **Law & Order: Special Victims Unit** (S13)
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **100 Amazing Animal Rescues**
10.00 **Car Pound Cops**
3.00 PM **When Holidays Go Horribly Wrong**
4.30 **When Cruises Go Horribly Wrong & Other Travel Nightmares**
6.00 **Nightmare Tenants, Slum Landlords** Triple bill, including at: **8.00** Eviction lawyer Chris has a complex case on his hands involving squatters.
9.00 **FILM The Bank Job** Crime thriller starring Jason Statham and Saffron Burrows. (2008, 15, 107min) ★★★
11.20 **FILM Unknown** Conspiracy thriller starring Liam Neeson and Diane Kruger. (2011, 12, 113min) ★★★
1.40 AM **Quantico** (S1)
3.15 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Police Interceptors**
11.20 **FILM The Devil's Brigade** Wartime drama starring William Holden. (1968, PG, 126min) ★★
2.00 PM **LIVE Women's Cricket** England v India: Coverage of the first T20 in the five-match series, staged at Trent Bridge in Nottingham.
6.00 **Highway Patrol**
6.30 **FILM They Call Me Trinity** Comic spaghetti Western with Terence Hill, Bud Spencer and Farley Granger. (1970, PG, 100min) ★★★
9.00 **Police: Night Shift 999** Officers are called to an incident where a man has been assaulted. **10.00** Staff at a store contact the police about three men stealing garden furniture.
11.00 **Police Interceptors**
1.00 **to 4.00** AM **Fights, Camera, Action!**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **999 Rescue Squad** Six editions, including at: **5.00** Featuring a stand-off with a man with a samurai sword. **6.00** HART staff must treat one of their own after a freak accident. **7.00** HART are on standby as a man with a gun is involved in a standoff with police. **8.00** The response team race to the rescue of a worker trapped in a collapsed trench.
9.00 **Coupling** Sally gets cold feet after sharing her feelings with Patrick. **9.40** Jane goes on a date with Oliver. **10.20** Steve suffers recurring nightmares.
11.00 **One Born: What Happened Next?**
1.00 **to 3.00** AM **The Undateables**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.05 AM **Birds of a Feather**
7.50 **Bergerac**
11.20 **Lovejoy**
1.40 PM **Call the Midwife**
3.00 **Father Brown**
5.00 **2point4 Children**
7.00 **The Brokenwood Mysteries** *Hunting the Stag:* 4/4. A groom-to-be is shot dead while on a hunting trip. (S1)
9.00 **Hotel Portofino** *Lessons:* 2/6. Bella is left horrified when Cecil invites her blackmailer, Signor Danioni, for tea. (S1)
10.10 **Outrageous** *Girl on the Rebound:* 2/6. Christmas 1932 is a gloomy one for the Mitfords, with Diana banished in the wake of her divorce. (S1)
11.10 **Judge John Deed**
1.10 AM **The Heart Guy**
2.10 **Birds of a Feather**
2.40 **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

SATURDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Double bill.
12.00 NOON **The Derbyshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **Hotel Inspector: You're Fired** Alex Polizzi tackles two hotels at once.
7.00 **The Hotel Inspector** Alex heads to Colliters Brook Farm near Bristol.
8.00 **Derelict Rescue** Transforming a Methodist chapel.
9.00 **The Repair Shop** Items include a doll's tea set and a vacuum cleaner.
10.00 **The Repair Shop Jubilee Special**
11.00 **The Repair Shop**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
8.00 **Pointless Celebrities**
9.00 **Bruce's Price Is Right**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Dickinson's Real Deal** From Nottingham.
1.00 PM **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** With Scott Mills, Sunetra Sarker, Anthony Ogogo and Johnny Ball. **5.00** Shane Williams, Tanni Grey-Thompson, Sair Khan and Milton Jones take part.
6.00 **The Chase** Triple bill of the quiz show.
9.00 **The Chase Celebrity Special** With Joe Swash, Rick Edwards, Fiona Bruce and Kate Humble.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West Chronicles** Double bill.
9.10 **The Luftwaffe**
10.30 **Wanted: Dead or Alive**
11.30 **FILM McLintock!** Comedy Western. (1963, U, 127min) ★★★
2.15 PM **FILM The Big Trail** Western drama. (1930, b/w, U, 117min) ★★
4.45 **FILM The True Story of Jesse James** Western. (1956, PG, 92min) ★★
6.45 **FILM The Last Wagon** Western drama. (1956, PG, 99min) ★★★
9.00 **FILM Last Knights** Action adventure. (2015, 15, 112min) ★★
11.25 **FILM PREMIERE Outlaws and Angels** Western adventure. (2016, 18, 120min) ★★
1.15 AM **FILM The Warrant** Western drama. (2020, 12, 84min) ★★
3.10 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
10.40 **FILM The Gourmet Detective: Death Al Dente** (2015, PG) ★★
12.40 PM **FILM A Gourmet Detective Mystery: Eat, Drink and Be Buried** Drama. (2017, PG) ★★
2.40 **FILM Mary Higgins Clark: He Sees You When You're Sleeping** Fantasy. (2002, PG) ★★
4.55 **FILM Mary Higgins Clark: Loves Music, Loves to Dance** Mystery. (2001, PG, 95min) ★★
7.05 **FILM San Andreas Mega Quake** Thriller. (2019, 12, 87min) ★★
9.00 **FILM End of a Gun** Thriller. (2016, 15) ★★
10.55 **FILM The Marine** Thriller. (2006, 15, 92min) ★★
12.50 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM My Evil Stepdad** Thriller. (2019, PG, 90min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Christmas with a View** Drama. (2018, PG, 91min) ★★
10.00 **FILM Christmas on 5th Avenue** (2021, PG) ★★
12.00 NOON **FILM A Snow White Christmas** Drama. (2018, PG, 70min) ★
1.55 PM **FILM Mistletoe Over Manhattan** Drama. (2011, U, 90min) ★★
4.05 **FILM Northpole** Fantasy. (2014, U, 81min) ★★
5.55 **FILM Northpole 2: Open for Christmas** Fantasy sequel. (2015, U) ★★
8.00 **FILM Charming Christmas** Drama. (2015, PG, 85min) ★★
9.55 **FILM Christmas in Palm Springs** Drama. (2014, PG, 84min) ★★
11.55 **FILM Christmas by Chance** (2020, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Mistletoe Over Manhattan** As 1.55pm.
+1 hour 320 317

Rewind TV
182 81 141

6.00 AM **I Dream of Jeannie**
8.00 **Fantasy Island** (S1)
9.00 **The Monkees** (S1)
11.30 **Please Sir!** (S4)
2.00 PM **FILM Press for Time** Slapstick comedy. (1966, U, 99min) ★★
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **Fantasy Island** (S1)
7.00 **In Loving Memory** 4/7. A Welshman causes trouble. **7.30** 5/7. Ivy wastes no time in finding a replacement for Billy. **8.00** 6/7. A client struggles with payment. **8.30** 7/7. Ernie Hadfield ties the knot. (S4) **9.00** 1/7. Billy's wedding is under a cloud. (S5)
9.30 **Please Sir!** 4-8/21. (S4)
12.00 M'T **Police Woman** (S1)
1.00 AM **Blue Thunder** (S1)
2.00 **FILM Press for Time**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX
159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions.
7.00 **Hoarding: Buried Alive** Two extreme hoarders who are also mothers. **8.00** Cockroaches invade the home of a psychologist.
9.00 **The Bad Foot Clinic** Sharon's smelly feet are making her and her husband's lives a misery. **10.00** Podiatrist Marion treats Elaine, who has suffered teasing due to her webbed feet.
11.00 **Body Bizarre** A 12-year-old from India who suffers an infestation of a thousand ants. **12.00** M'T A Romanian boy's face grows too fast.
1.00 AM **Body Bizarre**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
12.00 NOON **Mary Berry Cooks** Double bill.
1.00 PM **James Martin's American Adventure**
3.00 **Tom Kerridge More Sunday Lunch**
7.00 **Tom Kerridge Secrets of the Pub Kitchen** The pub's intense cleaning routine is revealed.
8.00 **Secrets of the Curry Kitchen** Asma Khan celebrates vegetables.
8.30 **Nadiya's Simple Spices** Nadiya uses simple spices for quick and easy dishes, from a breakfast muffin to a cottage pie with a twist and a spiced fruit pudding.
9.00 **Diners, Drive-Ins and Dives** Six editions.
12.00 M'T **to 3.00** AM **Diners, Drive-Ins and Dives**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

7.00 AM **FILM Treasure Guards** Adventure. (2011, PG, 90min) ★★
9.00 **Knight Rider** (S2&3)
2.00 PM **FILM Orca... Killer Whale** Adventure. (1977, PG, 92min) ★
3.50 **FILM Airport 77** Disaster movie with Jack Lemmon. (1977, PG, 113min) ★★
6.00 **FILM Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
8.00 **The Twilight Zone** (S3)
9.00 **FILM Acts of Vengeance** Action drama starring Antonio Banderas and Paz Vega. (2017, 15, 87min) ★★
10.45 **FILM The Deer Hunter** Oscar-winning drama starring Robert De Niro and Meryl Streep. (1978, 18, 183min) ★★★★★
2.15 **to 4.40** AM **FILM Sneakers** Comedy adventure caper starring Robert Redford. (1992, 15, 125min) ★★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Battle Star Wars** Sci-fi drama. (2020, 12, 86min) ★
8.00 **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
10.00 **FILM Flight World War II** Sci-fi thriller. (2015, 12, 85min) ★★
12.00 NOON **FILM Wyvern** Thriller. (2009, 15) ★★
2.00 PM **FILM Shark Lake** Thriller. (2015, 15) ★★
4.00 **The Lost World** (S2)
9.00 **FILM Lord of War** Black comedy thriller starring Nicolas Cage and Ethan Hawke. (2005, 15, 122min) ★★★★
11.20 **FILM Narrow Margin** Suspense thriller starring Gene Hackman. (1990, 15, 97min) ★★★
1.25 **to 3.00** AM **FILM Book of Monsters** British horror comedy starring Lyndsey Craine. (2018, 18, 84min) ★★★
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Storage Hunters**
8.00 **Container Wars**
10.00 **Swamp People: Serpent Invasion**
11.00 **Storm Stories**
12.00 NOON **The Proof Is Out There** Four editions.
2.00 PM **Ancient Superstructures**
4.00 **Ancient Aliens**
8.00 **Alien Corridors** An underground alien base in New Mexico.
9.00 **Amelia Earhart: The Lost Evidence** New evidence that suggests the aviator was captured by the Japanese military.
10.35 **Strange Evidence** A pulsating shimmer in a tunnel built beneath the Colombian rainforest.
11.35 **Strange Evidence**
12.30 AM **The Proof Is Out There** Mysteries.
1.00 **My Strange Arrest**
2.00 **Claw Hunters**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT
153 166 138 46 133 30

9.00 AM **Celebrity Puzzling**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **World's Biggest Battleship: Drain the Oceans** Documentary.
6.00 **WWI Wrecks: Drain the Oceans**
7.00 **World War II: Secrets from Above** A unique perspective on the most extraordinary events of World War Two.
8.00 **Michael Palin in Nigeria** 2/3. A visit to the ancient city of Kano.
9.00 **Secrets of the Sun with Dara Ó Briain**
11.00 **Tomb Hunters**
12.00 M'T **The Railway Map of Britain** Documentary.
1.00 AM **The Underground Map of Britain**
2.00 **The Sewer Map of Britain** Documentary.
3.00 **The Motorway Map of Britain**
3.55 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Your Garden Made Perfect** Four editions.
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Searching for a home in Cornwall. **4.00** A composer looks for a home in Shropshire. **5.00** A couple search for their dream home in rural Oxfordshire. **6.00** A couple from Croydon seek a rural retreat in Somerset. **7.00** A couple look for a home in North Yorkshire.
8.00 **Your Garden Made Perfect** A couple long for a beautiful garden outside their caravan. **9.00** The team attempt to transform a cramped, L-shaped garden into a vibrant space.
10.00 **Escape to the Country**
1.00 AM **Castle Impossible**
2.00 **to 4.00** AM **Flip or Flop**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing**
12.30 PM **Extreme Cheapskates**
1.00 **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **1000-lb Best Friends**
8.00 **Dr Pimple Popper** Will is worried about his shoulder lump. **9.00** John has a large lump on his hip. **10.00** Louis is covered in dry, scaly skin. **11.00** Nick removed a lipoma at home.
12.00 M'T **Monsters Inside Me**
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** As 8.00pm.
9.00 **Friends** 8-13/24. (S5)
12.00 NOON **FILM Daddy Day Camp** Comedy sequel. (2007, PG, 88min) ★★
1.45 PM **Friends** (S5)
7.00 **Bradley & Barney Walsh: Breaking Dad**
8.00 **Michael McIntyre's Big Show** With Rylan, Joel Corry and Tom Grennan.
9.00 **FILM Austin Powers: International Man of Mystery** Spy comedy with Mike Myers. (1997, 15, 95min) ★★★★
11.00 **FILM Stand Up Guys** Crime comedy drama. (2012, 15, 91min) ★★★
12.45 AM **Whose Line Is It Anyway? USA**
1.45 **8 Out of 10 Cats**
2.45 **Reno 911!** 10/11. (S8)
3.05 **Whose Line Is It Anyway? USA**
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
3.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 22/24. Joey gets a shock in Las Vegas. **7.30** 23/24. The pals visit Las Vegas. **8.00** 24/24. Rachel makes Ross regret playing a prank. (S5) **8.30** 1/25. Joey and Phoebe embark on a cross-country adventure. **9.00** 2/25. Monica and Chandler decide to move in together. **9.30** 3/25. Ross makes a big decision. (S6)
10.00 **Friends** 4-11/25. (S6)
2.00 AM **Impractical Jokers**
3.00 **The Roast of Flavor Flav**
4.00 **Sofie Hagen: Comedy Central Live** Stand-up.
4.25 **Dara O Briain Talks Funny: Live in London**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Four Weddings**
8.00 **Border Patrol**
11.00 **Nothing to Declare**
2.00 PM **Air Ambulance ER**
7.00 **The Real A&E** Doctors attempt to locate a bullet in a man's back. **7.30** A car accident victim is airlifted. **8.00** Doctors work to reattach a man's lip. **8.30** A day at the woods ends with a man breaking both of his legs.
9.00 **Stella** 6/10. Rumours spread that Sunil is cheating on Emma. **10.00** 7/10. Luke has a 25th birthday party, but his mind is elsewhere. **11.00** 8/10. The weekend of the stag and hen parties arrives. **12.00** M'T 9/10. Stella struggles to accept Luke's decision. (S1)
1.00 AM **Stella** (S1&2)
3.00 **to 6.00** AM **Four Weddings**

MTV
126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.15 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: Scammed**
3.00 **Catfish: The TV Show**
7.00 **Catfish: Models**
8.00 **Catfish: The TV Show**
9.00 **Ghosted: Love Gone Missing** Rachel and Travis help Russell track down Destiney, an ex-girlfriend he ghosted after learning that she was pregnant.
10.00 **Ink Master Redemption**
11.00 **Ink Master**
12.00 M'T **MTV World Stage: RAYE** A performance from the 2024 Isle of MTV event in Malta.
1.00 AM **Olivia Rodrigo Official Top 10**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Salvage Hunters**
8.00 **Border Control Poland**
10.00 **Salvage Hunters**
12.00 NOON **Gold Rush: White Water** Seven editions of the documentary, including at: **2.00** PM Dustin Hurt and his team risk their lives. **3.00** Dustin is forced to take drastic action. **4.00** With time running out, Dustin makes a tough call. **5.00** Dustin hits rock bottom. **6.00** Darkness falls on Nugget Creek, pushing Dustin to search for Plan B.

10.00 Salvage Hunters

7.00 **Gold Rush: Mine Rescue with Freddy & Juan** A miner is going broke on the banks of the gold-rich Fraser River.
8.00 **Blowing Up History** Experts investigate Palmyra in the Syrian desert, and look at how its inhabitants survived.
9.00 **Naked and Afraid: Last One Standing** Competitors scramble in a dome shelter challenge, Laura suffers whiplash, Trish gets toxic sap in her eye, and a survivalist is evacuated by stretcher.
11.00 **Expedition Files** A serial killer's descendant tells the truth about his death.
12.00 M'T **Deadliest Catch** A huge new boat discovers that the crabs are all in one location.
2.00 AM **Deadliest Catch**
4.00 **to 5.00** AM **How It's Made: Dream Cars**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** With Chris Jericho.
9.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked** An exotic tank.
1.00 PM **Life at Vet University**
2.00 **Pit Bulls & Parolees**
4.00 **My Cat from Hell** Jackson Galaxy visits a house where four cats are always fighting.
5.00 **Animal Cops Philadelphia** The vets try to save the leg of a Doberman Pinscher.
6.00 **Tanked** Alyssa Milano seeks an elegant aquarium complete with a built-in wine rack.

8.00 Insane Pools: Off the...

7.00 **Pit Bulls & Parolees** A woman travels from San Diego to offer one of Villalobos's senior dogs a home.
8.00 **Insane Pools: Off the Deep End** Pool designer Lucas Congdon is under pressure to build a dream pool in a small backyard.
9.00 **Insane Pools: Off the Deep End** Lucas Congdon revisits five of his favourite builds.
10.00 **Alaska: Surviving the Last Frontier** Carolyn Wise goes on a moose hunt, and the Flower Lake group stalk squirrels.
11.00 **Meet the Orangutans** Toddlers are wheelbarrowed in for some lessons in life. **11.30** The babies are at high risk from parasites.
12.00 M'T **Edge of Alaska**
2.00 AM **Animal Cops Philadelphia** Double bill.
4.00 **to 5.00** AM **Tanked**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Construction Fails**
10.00 **Air Crash Investigation**
1.00 PM **WW2 Heroes of the Sky** The airmen of the US Eighth Air Force in World War Two.
3.00 **Nazi Megastructures** The German air force during World War Two.
4.00 **Apocalypse: The Rise of Hitler** 1/2. Charting the dictator's rise to power. **5.00** 2/2. The run-up to Hitler becoming chancellor.
6.00 **Destruction Decoded** The 10 worst motorsport crashes.

8.00 Car S.O.S

7.00 **Seconds from Disaster** The case of a Boeing 737 that crash-landed on the M1 in 1989, resulting in the deaths of 46 people.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend secretly restore a 1967 Aston Martin DB6.
9.00 **Car S.O.S** Tim and Fuzz restore a Volkswagen Beetle that has dragged its owner into bankruptcy.
10.00 **Car S.O.S** Tim and Fuzz restore a former soldier's Austin army truck that has been used as a farm vehicle for 60 years.
11.00 **Gallipoli's Deep Secrets** Wrecks in Turkish waters.
12.00 M'T **Destruction Decoded**
2.00 AM **To Catch a Smuggler: Tropical Takedown**
2.55 **Food Factory** Double bill.
3.45 **Lords of War** A unique gun.
4.10 **Money Meltdown**
4.35 **to 5.00** AM **Trials of the Wild**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
7.00 **Rust Valley Restorers**
8.00 **Secrets Declassified with David Duchovny**
9.00 **The Curse of Oak Island**
10.00 **Lost Gold of the Aztecs**
2.00 PM **Pawn Stars** Five editions of the series, including at: **4.00** The guys check out the smashed guitar of Paul Stanley.
5.00 **Discovered by Disaster** Evidence that ties a meteor strike to a Biblical tale.
6.00 **UFOs: The Lost Evidence** Strange submerged objects.

9.00 A Serial Killer in Nazi Paris

7.00 **World's Greatest Treasure Mysteries** The hunt for a mother lode of treasure connected to the Atocha.
8.00 **World's Greatest Treasure Mysteries** Mysteries in the waters surrounding Poverty Island in Lake Michigan.
9.00 **A Serial Killer in Nazi Paris** The crimes of psychotic doctor Marcel Petiot, who used the chaos of World War Two to his murderous advantage.
10.40 **Gangland Chronicles** A look at trafficking organisation Sinaloa and its leader El Chapo.
11.10 **History's Greatest Mysteries** Exploring the final flight of pilot Amelia Earhart, who failed to arrive at a tiny island in the Pacific Ocean in 1937.
12.10 AM **Hunting History with Steven Rinella** The presenter investigates humanity's arrival in the Americas.
1.10 **Forged in Fire** Double bill.
3.10 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers**
10.00 **Bangers & Cash: Restoring Classics** A 1939 Morgan F4.
11.00 **Porridge** Triple bill.
1.00 PM **The Thin Blue Line**
3.35 **'Allo 'Allo!** Triple bill.
5.15 **Porridge** Harris accidentally drops stolen pills into Fletcher's midday cuppa. **5.55** Fletcher objects to having a third cellmate foisted on him. **6.35** The inmates are shocked to discover there is a thief in their midst, so Fletcher decides to stage a mock trial.

8.10 Bangers & Cash

7.10 **Bangers & Cash: Restoring Classics** A 1969 Morris Mini Cooper MkII is totally restored by specialists.
8.10 **Bangers & Cash** A 1970 Excalibur Roadstar, once owned by Roy Orbison, arrives in Thornton-le-Dale, and Derek collects a 1935 Austin 7 Ulster. **9.10** Dave heads to north Manchester to pick up an Austin A30 and a Morris 8E that's had an alternative paint job. **10.10** A collection of five iconic cars arrives in Thornton le Dale, including a 1967 Crayford Corsair and a 1966 Ford Zodiac.
11.10 **Bangers & Cash** Derek heads to Brigg to value a 1974 Mk3 Ford Cortina 2000E. **12.10** AM Derek picks up a couple of unusual vehicles – a red 1970 Opel GT and a 1956 Ford Hot Rod pickup.
1.10 **to 3.00** AM **Canal Boat Diaries**

+1hour 255 329

Saturday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Robson Green's Australian Adventure**
7.00 **British Superbikes**
8.00 **Wheeler Dealers World Tour**
9.00 **Wheeler Dealers**
10.00 **Wheeler Dealers: On the Road**
11.00 **Wheeler Dealers**
2.00 PM **Wheeler Dealers World Tour**
3.00 **MotoGP** Recent action.
4.00 **Shed and Buried**
7.00 **Find It, Fix It, Flog It**
9.00 **Massive Engineering Mistakes** Series finale The devastating effects of engineering disasters. **10.00** NEW SERIES In Germany, tragedy strikes a high-speed train.
11.00 **Aussie Gold Hunters**
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Cooper's Treasure**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: Atlanta** Reality series.
10.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Where Murder Lies**
9.00 **American Detective with Lt Joe Kenda** New edition The story of a homicide detective who put everything on the line to solve a case.
10.00 NEW SERIES **Crime Scene Investigators** A car salesman is gunned down execution-style in his bed.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Violent Minds: Killers on Tape**
7.00 **Wrongly Accused** 1/2. Focusing on the case of 21-year-old Barri White. **8.00** 2/2. The team prove evidence against Barri White is flawed.
9.00 **Killers: Caught on Camera** Two cases of domestic abuse reveal the consequences of toxic relationships. **10.00** The murder cases of Kira Steger and Whitney Gray.
11.00 **48 Hours** The search for a mother-of-two. **12.00** M'T Detectives in Atlanta investigate an alleged shooting. **1.00** AM A father dreams his daughter has been killed.
2.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Ten editions.
2.00 PM **Medical Detectives** An investigation into a murder set up to look like a suicide. **2.30** A man vanishes after starting an affair with a friend's wife. **3.00** A girl is found dead, and a unique fibre found on the her clothes help track down the killer. **3.30** A go-go dancer vanishes for 20 years. **4.00** A Colorado hunter is shot three times. **4.30** A flurry of arson fires in California that had authorities baffled.
5.00 **Evidence of Evil** The story of an innocent victim lured to his death.
6.00 **Judge Judy** Real-life small-claims cases.
2.00 AM **Donal MacIntyre's Murder Files**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Stop, Search, Seize**
8.00 **Highway Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Rapid Response** Documentary.
11.00 **World's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **The Real Manhunter**
2.00 **Murdered at First Sight**
3.00 **Murder Uncut**
5.00 **Britain's Most Evil Killers**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Polk: The Trial of Philip Polkinghorne**
11.00 **Killer in My Village**
12.00 M'T **Catching the Killer**
1.00 AM **Ireland's Most Evil Killers** Catherine Nevin.
2.00 **What the Killer Did Next** Megan Newton.
3.00 **Murdered at First Sight**
4.00 **Road Wars**
5.00 **to 6.00** AM **Send in the Dogs**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Cheating Hitler: Surviving the Holocaust**
10.05 **The Bush Years: Family, Duty, Power**
1.00 PM **The Seabees on Iwo Jima** Documentary.
2.15 **Cheating Hitler: Surviving the Holocaust**
4.05 **The Great Escape: The True Story** Triple bill.
7.10 **Cheating Hitler: Surviving the Holocaust** Three Holocaust survivors search for clues to unanswered questions.
9.00 **The Bush Years: Family, Duty, Power** George HW Bush's rise to US President. **10.00** Siblings George W and Jeb Bush's rivalry for power. **11.00** A look at the impact the Iraq War had on the Bush family.
12.00 M'T **The Seabees on Iwo Jima** Documentary.
1.15 **to 2.00** AM **America the Bountiful**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Rod Steiger**
7.00 **Discovering: Gina Lollobrigida**
8.00 **The Directors**
9.00 **Yacht Rock: A Dockumentary**
11.00 **Lance** 1&2/2. Documentary.
3.00 PM **Enigma** Documentary.
5.00 **Lancaster** The story of the legendary bomber synonymous with the Dambusters.
7.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Charting the band's time on the road. (2016, 12, 113min) ★★★★
9.00 **100 Foot Wave** Series finale 5/5. Garrett McNamara moves his family to Montaldo in Italy.
10.00 FILM **Dogtown and Z-Boys** Documentary narrated by Sean Penn. (2001, 15, 91min) ★★★
11.50 **Heroin: Cape Cod, USA**
1.20 AM **The Great Horsemeat Scandal** Documentary.
2.00 NEW SERIES **7/7: Homegrown Terror** 1/3. A look at the events of 7 July 2005.
3.10 FILM **Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
5.00 **to 6.00** AM **The Directors**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
8.00 **Becoming Orangutan**
11.00 **Africa's Hidden Kingdoms**
2.00 PM **Bugs That Ruled the World**
3.00 **Uptown Otters**
5.00 **My Wild Cats** Double bill.
7.00 **Attenborough's Journey** A look at the making of David Attenborough's series *First Life*.
8.00 **Nature's Fast Attacks** Nature's fastest predators.
9.00 **Surviving the Amazon** Jungle love stories, from monogamous monkeys to a spider who will risk his life for romance.
10.00 **The Wadden Sea** Hares fight for females and Brent geese prepare to fly to the high Arctic. **11.00** While shell ducks forage and defend their home, young rabbits discover they're not safe and spoonbills fight over nests.
12.00 M'T **Nature's Fast Attacks**
1.00 AM **Surviving the Amazon**
2.00 **Baboons: Rules of the Troop**
3.00 **Malawi Wildlife Rescue**
5.00 **to 6.00** AM **Africa's Wild Roommates: How Animals Share Bed and Board**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Combat Ships**
11.00 **Hitler v Churchill: The Eagle and the Lion** Double bill.
1.00 PM **Battle 360**
3.00 **The Story of the Spitfire**
4.00 **History of the Tank**
5.10 **Ghost Ships**
6.10 **Hitler: Uncovering His Fatal Obsession**
7.10 **Alien Files Reopened** The stories behind unusual and unexplained UFO sightings.
8.10 **Strangest Things** A golden mask painted with human blood and a cursed chicken pot.
9.10 **Deep Water Salvage** An crew work to salvage a major wreck before hurricane season hits.
10.10 **U-Boat Wargamers** A look at how the Wrens started devising wargaming tactics to combat U-boat formations.
11.15 **Hitler's Secret Sex Life**
12.15 AM **Ancient Aliens** Triple bill.
3.00 **Ross Kemp: Mafia and Britain**
4.00 **Mysteries of the Ancient Dead** Documentary.
5.00 **to 6.00** AM **Viking Dead**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Four editions.
10.45 **Fugitives Caught on Tape**
11.45 **Hometown Tragedy**
1.05 PM **Exhumed: Killer Revealed**
3.00 **#Textmewhenyougethome**
4.00 **Murder at the Motel**
5.00 **Accident, Suicide or Murder?** Triple bill, including at: **7.00** A police officer discovers his wife with a fatal gunshot wound from his service weapon.
8.00 **Accused: Did I Do It?** A fight ends with a tragic death.
9.00 **A Perfect Scam** A first date that turned deadly.
10.00 **Interview with a Killer** Neo-Nazi-turned-jihadist Devon Arthurs explains his descent into murder.
11.00 **The Killer Interview with Piers Morgan** Kimberly Saenz.
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Murder at the Motel**
4.00 **to 6.00** AM **Exhumed: Killer Revealed**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Fish Tank Kings**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo: Tampa Wild Sides** Documentary.
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM NEW **Secrets of Wild India: Kings of the Jungle** India's wildlife, including Asia's biggest elephants, killer king cobras and the Bengal tiger.
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Wild Yellowstone** Grizzly bears face off competition as they forage for food.
8.00 **Secrets of the Zoo** The entire zoo is on watch as an elephant goes into labour. **9.00** An orphaned manatee is ready to be released, and an oryx antelope needs treatment.
10.00 **The Flooded Desert** Life in a desert that goes through a period of flooding each year.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Sculptor Nick attempts the restoration of a rare piece of folk history. **4.00** Engineer Bo works to get a vintage model airplane back in action. **5.00** Blacksmith Nev gets emotional while attempting to fix an antique tree seat.
6.00 **How the Universe Works** The science of dark matter. **7.00** Exploring whether a planet similar to our own will ever be found. **8.00** A closer look at the active surfaces of dwarf planets.
9.00 **Life After: Chernobyl** How wildlife has been affected after years in the contamination area.
10.00 **Salvaging the Kursk** The recovery of the submarine.
11.00 **Thai Cave Rescue**
12.00 M'T **Storm Chasers**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Secret Army**
5.10 PM **Secret Army** As 11.00pm. **6.20** As shown at 12.40am. **7.30** As shown at 1.20am.
8.40 **Secret Army** *A Question of Loyalty:* 11/16. Monique is attracted to a stranger, little suspecting he is an undercover Gestapo officer. **9.50** *Hymn to Freedom:* 12/16. Yvette is asked to smuggle a Belgian sympathiser into England as a propaganda mission for the Allies, but Kessler has other ideas. **11.00** *Bait:* 13/16. An English woman gets involved with an evader, little suspecting he is really a German plant. **12.10** AM *Good Friday:* 14/16. Dom Pierre shelters an RAF officer in his monastery and puts the loyalty of the monks to the test. **1.20** *Suspicions:* 15/16. Kessler and Brandt trace Curtis to the Cafe Candide. (S1)
2.30 **to 6.00** AM **Secret Army**

+1 hour 266 376

ID

154 141 166

8.00 AM **Betrayed** Double bill.
10.00 **Cold Hearted**
12.00 NOON **Who the (Bleep) Did I Marry?** Four editions.
2.00 PM **Extreme Measures**
4.00 **Grave Mysteries**
6.00 **American Monster** The case of Joan Dawley, who was attacked and murdered by an intruder. **7.00** The murder of Lanny Horwitz by his ex-wife Donna.
8.00 **People Magazine Investigates** How, after Texas woman Stacey Stites was raped and murdered, a trial sparked a racially charged debate.
9.00 **Evil Lives Here** Maya Burgess always knew her brother was trouble, but as his obsession with guns grows, she begins to suspect he is dangerous.
10.00 **Faking It: Tears of a Crime** Experts analyse the terrifying behaviour of Trimaan Dhillon.
11.00 **The Lost Women of NXIVM**
1.00 AM **Your Worst Nightmare**
2.00 **Caught in the Net**
4.00 **to 6.00** AM **Still a Mystery**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America**
10.00 **How It's Made: Dream Cars**
11.00 **Goblin Works Garage**
12.00 NOON **World's Greatest Motorcycle Rides** Four editions.
4.00 PM **Big, Big Bikes**
5.00 **Kindig Customs** Triple bill.
8.00 **Mega Shippers** A truck driver races across Europe to deliver a £200,000 rally car. **9.00** A 726-tonne column is unloaded in Texas. **10.00** A 10,000-tonne oil rig is moved through shallow waters.
11.00 **Motor Pickers** Helping a 4x4 customiser with a passion for Land Rover Defenders. **11.30** A father-of-five wants to join the EV revolution with an ultra-modern car. **12.00** M'T A blogger is looking for an SUV with some very particular requirements. **12.30** AM A healthcare professional needs a saloon.
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **Piece By Piece** Animation. (2024, PG, 94min)
9.00 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)
10.45 PREMIERE **Sharp Corner**
12.45 PM **Gladiator II** As 8.00pm.
3.30 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★
5.30 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix and Lady Gaga. (2024, 15, 138min) ★★★★

10.30 Sharp Corner

8.00 **Gladiator II** Director Ridley Scott's historical drama sequel starring Paul Mescal, Pedro Pascal and Denzel Washington. The son of Maximus Decimus Meridius enters the Colosseum in an attempt to bring glory back to Rome. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 PREMIERE **Sharp Corner** Thriller starring Ben Foster. A family man becomes obsessed with saving car accident victims on the sharp corner in front of his house. (2024, 15, 110min) ★★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Salem's Lot** Horror. (2024, 15, 109min) ★★★
2.40 **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Jurassic Park

303 303 403 503 517

7.00 AM **Jurassic Park III** (2001)
8.35 **Jurassic World** As 6.55pm.
10.40 **The Cinema List: Jurassic**
10.50 **Jurassic World: Fallen Kingdom** As 9.00pm.
1.00 PM **Jurassic Park** As 11.40pm.
3.10 **The Lost World: Jurassic Park** Adventure thriller sequel. (1997, PG, 129min) ★★★
5.20 **Jurassic Park III** Thriller sequel. (2001, PG, 92min) ★★★
6.55 **Jurassic World** Thriller sequel. (2015, 12, 124min) ★★★★

6.55 Jurassic World

Jurassic World (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jurassic World: Fallen Kingdom** Thriller sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Jurassic World Rebirth: The Making of a New Era**
11.40 **Jurassic Park** Steven Spielberg's thriller starring Sam Neill. A billionaire showman creates an island leisure park populated by genetically engineered dinosaurs. (1993, PG, 127min) ★★★★★
1.50 AM **The Lost World: Jurassic Park** As shown at 3.10pm.
4.00 **Jurassic Park III** As 5.20pm.
5.35 **to 7.40** AM **Jurassic World**

Sky Cinema Pride

310 310 410 510 524

7.45 AM **West North West** (2015)
10.05 **Mascarpone** Italian romantic comedy drama. Subtitled. (2021, 15, 101min) ★★★
12.05 PM **Rurangi** Drama with Arlo Green. (2020, 15, 87min) ★★★★
1.35 **The Parenting** Horror comedy. (2025, 15, 94min) ★★★
3.15 **A Nice Indian Boy** Romantic comedy starring Karan Soni. (2024, 12, 96min) ★★★
5.00 **Am I OK?** Romantic comedy drama. (2022, 15, 86min) ★★★
6.30 **The Man with the Answers** Greek romantic drama starring Vasilis Magouliotis. Subtitled. (2021, 12, 80min) ★★★★
8.00 **The Danish Girl** Period drama starring Eddie Redmayne. (2015, 15, 117min) ★★★
10.00 **The Color Purple** Musical drama based on Alice Walker's 1982 novel, starring Fantasia Barrino and Taraji P Henson. (2023, 12, 141min) ★★★
12.25 AM **Carmen & Lola** Drama starring Rosy Rodríguez. (2018, 18, 120min) ★★★
2.15 **L'immensità** Italian drama. Subtitled. (2022, 12, 99min) ★★
3.55 **to 6.05** AM **West North West** Japanese drama. Subtitled. (2015, 15, 125min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.25 AM **Ouija: Origin of Evil** (2016)
9.15 **The Woman in Black: Angel of Death** Horror sequel. (2014, 15, 95min) ★★★
11.05 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
1.40 PM **Five Nights at Freddy's** Horror with Josh Hutcherson. (2023, 15, 109min) ★★
3.40 **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
5.55 **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
8.00 **Dune: Part Two** Sci-fi drama starring Timothée Chalamet. Freedom fighters Paul and Chani galvanise the Fremen to strike down conspirators against the Atreides dynasty. (2024, 12, 166min) ★★★★★
10.45 **I.S.S** Sci-fi drama with Ariana DeBose. Astronauts on the International Space Station are ordered to seize control of the facility. (2023, 15, 95min) ★★★
12.35 AM **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
2.25 **Ouija: Origin of Evil** Horror. (2016, 15, 99min) ★★★
4.10 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
5.55 **to 7.50** AM **The Watched** Horror. (2024, 15, 102min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.10 AM **Ride On** As 1.15am.
8.25 **Journey to the Center of the Earth** (2008, PG) ★★
10.05 **Journey 2: The Mysterious Island** (2012, PG) ★★★
11.50 **Charlie and the Chocolate Factory** (2005, PG) ★★★★
1.55 PM **The BFG** Adventure. (2016, PG, 117min) ★★★★
4.00 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★
6.10 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★

9.55 Adventures of Sharkboy...

8.15 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. A single mother-to-be searches for the perfect father for her child. (1989, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy adventure with Taylor Lautner. A boy with an active imagination discovers his creations have come to life. (2005, U, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Look Who's Talking Now** Comedy sequel with Kirstie Alley. (1993, 12, 95min) ★
1.15 AM **Ride On** Action drama. (2023, PG, 126min) ★★★
3.25 **Beethoven** Family comedy. (1992, U, 87min) ★★★
5.00 **to 6.35** AM **Pups United** Family adventure with Kristin Carey. (2015, U, 89min) ★★★

Sky Cinema Action

307 307 407 507 521

6.10 AM **Young Guns II: Blaze of Glory** As shown at 2.05am.
7.55 **Once Upon a Time in Mexico**
9.40 **Wonder Woman** Adventure. (2017, 12, 121min) ★★★★
12.05 PM **The Italian Job** Thriller. (2003, 12, 110min) ★★★
2.00 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
3.45 **Gladiator II** Historical drama. (2024, 15, 148min) ★★★
6.15 **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★

10.25 Enter the Dragon

8.00 **Godzilla** Hollywood remake of the Japanese monster movie, starring Matthew Broderick, Jean Reno and Maria Pitillo. A giant mutant lizard heads for Manhattan, leaving a trail of disaster in its wake. With Hank Azaria and Kevin Dunn. (1998, PG, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Enter the Dragon** Thriller starring Bruce Lee. An undercover agent infiltrates a martial arts competition on an island fortress. (1973, 18, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Hand of Death** Thriller. (1976, 15, 95min) ★★★
2.05 **Young Guns II: Blaze of Glory** Western sequel. (1990, 15, 104min) ★★★
4.00 **Once Upon a Time in Mexico** Thriller with Antonio Banderas. (2003, 15, 102min) ★★★
5.50 **to 7.45** AM **Project A** Thriller. (1985, 12, 72min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.25 AM **Fortune Cookie** Comedy. (1966, b/w, U) ★★★★★
9.40 **My Big Fat Greek Wedding 2**
11.20 **My Big Fat Greek Wedding 3**
1.00 PM **Ace Ventura Pet Detective** (1993, 12) ★★★★
2.35 **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★
4.20 **Death Becomes Her** Fantasy. (1992, PG, 103min) ★★★
6.10 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★

8.00 My Big Fat Greek Wedding 2

8.00 **My Big Fat Greek Wedding 2** Romantic comedy sequel starring Nia Vardalos. A woman discovers her parents were never married, and sets about organising an elaborate wedding. (2016, 12, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **My Big Fat Greek Wedding 3** Romantic comedy sequel starring Nia Vardalos. Following the death of her father Gus, Toula plans to honour his dying wish. (2023, 12, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Avanti!** Comedy starring Jack Lemmon and Juliet Mills. (1972, 15, 144min) ★★★
1.50 AM **Sumotherhood** Comedy. (2023, 15, 97min) ★★★
3.35 **Fast Times at Ridgemont High** Cult teen comedy. (1982, 18, 90min) ★★★★★
5.15 **to 7.10** AM **Death Becomes Her** As shown at 4.20pm.

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Dangerous Waters** (2023)
7.55 **The Cinema List: Thrillers**
8.10 **Unhinged** As 4.05pm.
9.45 **Public Enemies** Biopic. (2009, 15, 140min) ★★★★
12.10 PM **Promising Young Woman** Thriller with Carey Mulligan. (2020, 15, 113min) ★★★★
2.10 **Greedy People** As 12.10am.
4.05 **Unhinged** Action thriller. (2020, 15, 90min) ★★★
5.45 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★

10.05 Green Zone

8.00 **The Bikeriders** Crime drama starring Tom Hardy, Jodie Comer and Austin Butler. Over a decade, a motorcycle club evolve from a gathering of local outsiders to a sinister gang. With Michael Shannon. (2023, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Green Zone** Action thriller starring Matt Damon. In post-invasion Iraq, a US army officer hunts for Saddam's weapons of mass destruction and unearths a conspiracy. (2010, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Greedy People** Crime comedy starring Himesh Patel. (2024, 15, 113min) ★★★★
2.10 **Dangerous Waters** Thriller. (2023, 15, 101min) ★★★
4.00 **Swallowed** Horror thriller. (2022, 18, 96min) ★★
5.45 **to 7.45** AM **Promising Young Woman** As shown at 12.10pm.

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Arthur's Hallowed Ground** Comedy drama. (1986, PG, 71min) ★★
12.35 PM **The Lavender Hill Mob** Classic Ealing comedy. (1951, b/w, U, 81min) ★★★★★
2.15 **Secret Headquarters** Family adventure. (2022, PG) ★★★
4.20 **Steel Magnolias** Comedy drama. (1989, PG) ★★★★
6.45 **I, Robot** Sci-fi thriller. (2004, 12, 115min) ★★★★

6.45 I, Robot

I, Robot (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Equalizer 2** Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. With Ashton Sanders and Orson Bean. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **Taken** Action thriller starring Liam Neeson, Maggie Grace and Famke Janssen. A divorced ex-spy tries to rescue his abducted daughter from a gang of sex traffickers in Paris. (2008, 18, 90min) ★★★★
1.10 **to 3.10** AM **Alone** Horror thriller starring Jules Willcox and Marc Menchaca. (2020, 15, 98min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

7.25 AM **Bookworm** Comedy. (2024, 12, 103min) ★★★★
9.15 **Back to the Future** Comedy. (1985, PG, 115min) ★★★★★
11.15 **The Lord of the Rings: Return of the King** Fantasy sequel. (2003, 12, 201min) ★★★★★
2.35 PM **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
4.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★

6.00 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas, Drew Barrymore and Dee Wallace. (1982, U, 114min) ★★★★★
8.00 **Schindler's List** Steven Spielberg's drama starring Liam Neeson and Ben Kingsley. A businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (1993, 15, 195min) ★★★★★
11.15 **Anora** Comedy drama. (2024, 18, 139min) ★★★★★

1.45 AM **Being John Malkovich** Surreal comedy starring John Cusack and Cameron Diaz. (1999, 15, 112min) ★★★★★
3.45 **Whiplash** Music drama. (2014, 15, 106min) ★★★★★
5.40 **to 6.40** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Bye Bye Birdie** As 4.20pm.
8.00 **Kiss Me, Stupid** As 1.55am.
10.10 **The Great Gatsby** Drama. (1974, 12, 146min) ★★★
12.35 PM **The Sting** As 11.30pm.
2.45 **The Golden Child** As 9.50pm.
4.20 **Bye Bye Birdie** Musical. (1963, PG, 112min) ★★★
6.15 **Brewster's Millions** Comedy with Richard Pryor and John Candy. (1985, PG, 97min) ★★★

8.00 **King Ralph** Comedy starring John Goodman as a boorish Las Vegas entertainer who becomes King of England when the entire Royal Family are killed in a freak accident. (1991, PG, 97min) ★
9.50 **The Golden Child** Adventure fantasy starring Eddie Murphy. (1986, PG, 93min) ★★
11.30 **The Sting** Crime comedy starring Paul Newman and Robert Redford as a pair of confidence tricksters in 1930s Chicago. (1973, PG, 129min) ★★★★★

1.55 AM **Kiss Me, Stupid** Billy Wilder's outrageous comedy. (1964, b/w, PG, 124min) ★★★
4.20 **The Cinema List: Sky Originals**
4.50 **to 7.05** AM **The Taming of the Shrew** Director Franco Zeffirelli's screen version of Shakespeare's play. (1967, U, 126min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Sky Cinema Preview**
6.30 **The Emoji Movie** Animated adventure (2017, U, 83min) ★
8.00 **Transformers One** Animation. (2024, PG, 104min) ★★★★
9.50 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
11.30 **Migration** (2023, U) ★★★
1.00 PM **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U) ★★★★★

2.30 **Antz** Animated comedy. (1998, PG, 83min) ★★★
4.00 **Trolls** Animated musical. (2016, U, 92min) ★★★
5.40 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
7.25 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
9.00 **Monster House** Animation. (2006, PG, 91min) ★★★★
10.45 **Mavka: The Forest Song** Animation. (2023, PG) ★★
12.30 AM **Spirit: Stallion of the Cimarron** (2002, U) ★★★

2.00 **Teen Titans Go! to the Movies** Animation. (2018, PG) ★★★
3.35 **Lego DC Comics Super Heroes: The Flash** Animated fantasy. (2018, U, 78min) ★★★
5.05 **to 6.40** AM **The Canterville Ghost** Animated adventure. (2023, PG, 89min) ★★

Movies 24

312 313 419

7.00 AM **Falling Together** Drama. (2024, U, 90min) ★★
9.00 **The Best Version of Love** Comedy starring Natasha Wilson. (2023, PG, 86min) ★★
11.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
1.00 PM **Signed, Sealed, Delivered: A Tale of Three Letters** Drama starring Eric Mabius. (2024, PG, 90min) ★★

3.00 **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
5.00 **The Love Subscription** Comedy. (2023, PG, 86min) ★★
7.00 **His and Hers** Drama starring Lacey Chabert and Brennan Elliott. (2024, PG, 90min) ★★
9.00 **Sweet as Pie** Romantic comedy starring Rhiannon Fish and Kurt Szarka. An entrepreneur in crisis resumes a relationship with an old friend while trying to keep her family's orchard going. (2022, PG, 93min) ★★

11.00 **Dare to Say Yes** Romantic drama. (2023, PG, 87min) ★★
1.00 AM **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Love in the Limelight** (2022, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Streamline Express** (1935)
7.10 **The Adventures of PC 49: Investigating the Case of the Guardian Angel** (1949, PG) ★★
8.25 **Space Patrol** 4/39. (S1)
9.00 **Batman** 23/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 11/26. (S1)
10.30 **A Ghost of a Chance** Family fantasy. (1967, U, 50min) ★★
11.30 **The Adventures of Robin Hood**

12.00 NOON **Killers from Space** (1954)
1.30 PM **Cinebox Memories**
1.35 **One Step Beyond** 18/22. (S1)
2.10 **Dick Barton: Special Agent**
2.25 **Captain Scarlet and the Mysterons** 25/32. (S1)
3.00 **The Romance of London**
3.10 **Highway to Battle** (1961, U) ★★
4.30 **The Man in the Iron Mask** Adventure. (1976, PG) ★★★
6.35 **Down to Sussex in 1964**
7.00 **Maigret** 2/13. (S1)
8.00 **A Family at War** 6/19. (S2)
9.00 **Body Double** (1984, 18) ★★★

11.15 **Confessions of a Window Cleaner** Comedy. (1974, 18) ★
1.00 AM **Villain** (1971, 18) ★★★
3.00 **A Month of Sundays** Comedy. (1990, PG, 110min) ★★
5.00 **A Lifetime Ago with the Baim Collection**
5.30 **to 6.00** AM **Out of Town**

Saturday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 LIVE **British and Irish Lions Tour Western Force v British & Irish Lions.** Coverage of the warm-up game at Optus Stadium, as Andy Farrell's men compete in the first of five tour matches to be played ahead of the first Test against Australia. Kick-off **11.00am**.
1.45 PM LIVE **Formula 2** The Austrian Grand Prix sprint race, the seventh round of the season at Red Bull Ring in Spielberg.
2.15 LIVE **Formula 1** The Austrian Grand Prix qualifying session ahead of the 11th round of the season staged at Red Bull Ring in Spielberg. Start-time **3.00pm**.
4.00 LIVE **Women's International T20 Cricket England v India.** Coverage of the first T20 in the five-match series staged at Trent Bridge in Nottingham.
6.00 LIVE **PGA Tour Golf** Coverage of the third day's play of the Rocket Classic staged at the Detroit Golf Club in Michigan.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **PL Retro** A replay of Manchester United v Arsenal from 2003.
11.00 **Premier League Stories**
11.30 **The Big Interview**
12.00 NOON **Premier League Highlights** Recent action.
3.30 PM **Premier League Highlights** Brighton & Hove Albion v Ipswich. **4.00** Highlights from Brighton & Hove Albion v Leicester City. **4.30** Action from Brighton & Hove Albion v West Ham United. **5.00** Brighton & Hove Albion v Wolverhampton Wanderers. **5.30** Chelsea v Brighton & Hove Albion from Stamford Bridge. **6.00** Action from Crystal Palace v Bournemouth at Selhurst Park. **6.30** Highlights from Crystal Palace v Brighton & Hove Albion.
7.00 **Drink It In: The Rise of Man City**
8.00 **Unpacked** Fans' questions.
8.30 **Transfer 360** Triple bill.
10.00 **Class of '92: Full Time**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2018/19**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2017/18 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2018 final.
12.00 NOON **EFL Highlights** Leeds United v Southampton in the 2023/24 Championship play-offs. **1.00** PM Bolton Wanderers v Oxford United in the 2023/24 League One play-off final. **2.00** Action from Crawley Town v Crewe Alexandra in the 2023/24 League Two play-off final.
3.00 **EFL Greatest Games**
4.00 **SPFL Greatest Games** Motherwell v Hibernian in 2010.
6.00 **EFL** Brentford v Fulham in the 2019/20 Championship play-offs. **7.00** Oxford United v Wycombe Wanderers in the 2019/20 League One play-off final. **8.00** Action from Exeter City v Northampton Town in the 2019/20 League Two play-off final.
9.00 **EFL Greatest Games**
10.00 **Retro League One**
12.00 M'T **EFL Cup Retro**
2.00 AM **EFL Trophy Football**
2.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Old Firm Derby Best Goals**
5.30 **to 6.00** AM **Edinburgh Derby Best Goals**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **One-Day International Cricket** England v West Indies.
8.00 **Best of England v India**
9.00 **Best of ICC WT20**
9.15 **Best of England v India**
9.30 **Women's International T20 Cricket** England v West Indies.
1.30 PM **Best of ICC WT20**
1.45 **Best of England v India**
2.00 LIVE **Women's International T20 Cricket England v India.** Coverage of the first T20 in the five-match series from Trent Bridge. This series follows on from England's impressive recent T20 and ODI series whitewashes of West Indies in May and June. The last time these two sides met in a T20 series England came away from India with a 2-1 series victory at the end of 2023. India are searching for their first ever T20 series victory over their hosts.
6.00 **Best of ICC WT20**
6.45 **Best of England v India**
7.00 **Test Cricket** England v India.
12.00 M'T **Women's International T20 Cricket** England v India.
4.00 AM **Best of ICC WT20**
4.30 **Best of England v India**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Ladies European Tour Golf**
7.00 **PGA Tour Golf** Rocket Classic.
10.00 **Rose Ladies Series**
10.30 **HotelPlanner Tour Golf**
11.00 **Legends Tour Golf**
12.00 NOON **Rose Ladies Series**
12.30 PM LIVE **DP World Tour Golf** Coverage of the third day of the Italian Open staged at the Argentario Golf Club in Tuscany.
5.00 LIVE **PGA Tour Golf** Coverage of the third day of the Rocket Classic at the Detroit Golf Club.
11.00 **Golf** Amateur Championship.
12.00 M'T **Legends Tour Golf**
1.00 AM **Golf Academy** Expert tips.
3.00 **DP World Tour Golf**
4.00 **PGA Tour Golf** Rocket Classic.
5.00 **to 6.00** AM **Tee Time Tips**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **ATP Tour This Week**
10.30 **WTA & ATP Tennis**
12.30 PM LIVE **WTA Tennis** Coverage of the Bad Homburg Open final.
2.30 LIVE **ATP Tennis** Coverage of the Mallorca Championships final.
4.00 **ATP Tour This Week**
4.30 **WTA Tennis** Berlin Open final.
5.30 **WTA All Access**
6.00 **WTA Tennis** Bad Homburg Open.
8.00 **ATP Tennis** Event highlights.
10.00 **WTA Tennis** Bad Homburg Open.
12.00 M'T **ATP Tennis** A recent final.
2.00 AM **Bitesize Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM **Premiership Rugby Union**
8.30 **Playing for Our Future**
8.45 **Sign Up – Into Football**
9.30 LIVE **The FA Disability Cup** The Amputee final from St. George's Park. Kick-off **10.00am**.
12.30 PM LIVE **The FA Disability Cup** Coverage of the Partially Sighted final staged at St. George's Park. Kick-off **12.30pm**.
3.15 LIVE **The FA Disability Cup** Coverage of the Blind final at St. George's Park. Kick-off **3.10pm**.
5.30 **MLB: Off the Bat**
6.00 LIVE **MLB New York Yankees v Athletics.** The American League match from Yankee Stadium. Start-time **6.05pm**.
9.15 LIVE **MLB Cincinnati Reds v San Diego Padres.** The National League match at Great American Ball Park. Start-time **9.10pm**.
12.15 AM **Kenny Allstar's Number 1's**
12.30 **Tom Aspinall's Fight Lab**
1.00 LIVE **UFC** The preliminary bouts from UFC 317 at T-Mobile Arena.
3.00 **to 7.00** AM LIVE **UFC Ilia Topuria v Charles Oliveira.** The lightweight title bout from T-Mobile Arena in Paradise.

TNT Sports 2

411 414 522 409 431

6.00 AM **British Speedway**
7.00 **MotoGP** GP of Netherlands.
7.30 LIVE **MotoGP** The Grand Prix of Netherlands Moto2 and Moto3 second practice sessions in Assen.
9.00 LIVE **MotoGP** The Grand Prix of Netherlands MotoGP qualifying.
11.00 LIVE **MotoE** The Grand Prix of Netherlands first race in Assen.
11.45 LIVE **MotoGP** The Grand Prix of Netherlands Moto3 and Moto2 qualifying sessions from Assen.
1.45 PM LIVE **MotoGP** Grand Prix of Netherlands MotoGP sprint race.
2.45 **MotoGP Rewind**
3.00 LIVE **World Rally Championship** The Rally Greece special stages 12 & 13.
5.30 **Golden Trail World Series**
6.00 **Tom Daley: 1.6 Seconds**
7.45 **Premiership Rugby Union**
8.15 **Sign Up – Into Football**
9.00 LIVE **MLB Cincinnati Reds v San Diego Padres.** The National League match at Great American Ball Park. Start-time **9.10pm**.
12.15 AM **TNT Sports Reload**
12.30 **MotoGP** GP of Netherlands.
1.00 **World Rally Championship**
1.30 **to 6.00** AM **AFL**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **British and Irish Lions Tour**
7.00 **Rugby Union Retro**
8.00 **Lions Legends**
9.00 **British and Irish Lions Tour**
10.00 LIVE **British and Irish Lions Tour Western Force v British & Irish Lions.** Coverage of the warm-up game at Optus Stadium, as Andy Farrell's men compete in the first of five tour matches to be played ahead of the first Test against Australia. Kick-off **11.00am**.
1.45 PM **Rugby Union Retro**
2.45 **Lions Legends** Ian McGeechan.
3.00 **British and Irish Lions Tour**
4.00 LIVE **International Rugby Union South Africa v Barbarians.** Coverage of the match at DHL Stadium in Cape Town, as the invitational side play on South African soil for the first time in history. Kick-off **4.05pm**.
6.00 **British and Irish Lions Tour**
7.00 **Lions Legends**
8.00 **Rugby Union Retro**
9.00 **British and Irish Lions Tour**
12.45 AM **NFL Bitesize Highlights**
1.45 **Super League** A match replay.
4.30 **NFL Bitesize Highlights**
5.30 **Lions Legends** Finlay Calder.
5.45 **to 6.00** AM **Rugby Union Retro**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Sports Saturday**
2.00 PM LIVE **Ladies European Tour Golf** The third day of the Amundi German Masters from the Nord Course of the Green Eagle Golf Courses in Winsen, Germany.
5.00 LIVE **Super League Warrington Wolves v Hull FC.** Coverage of the match from the 16th round of fixtures staged at Halliwell Jones Stadium. These two teams last met at this venue in April when the visitors came away with an impressive 28-16 victory.
8.00 LIVE **LPGA Tour Golf** Coverage of day three of the Dow Championship staged at Midland Country Club in Midland. This team event was won last year by Thailand's Atthaya Thitikul and China's Yin Ruoning as they finished one stroke clear of everybody else to finish on 22-under-par.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Night nine at Uber Arena in Berlin.
3.45 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **PL Greatest Games**
7.15 **PGA Tour Champions**
8.15 **My Icon** Keegan Hirst.
8.30 LIVE **NRL St George Illawarra Dragons v Parramatta Eels.** At WIN Stadium. Kick-off **8.30am**.
10.30 **My Icon** Keegan Hirst.
10.45 **Rugby Greatest Games**
10.50 LIVE **NRL Dolphins v South Sydney Rabbitohs.** At Suncorp Stadium. Kick-off is at **10.50am**.
12.50 PM **My Icon** Leon Pryce.
1.00 **PL Greatest Games**
2.00 LIVE **ATP Tennis** Coverage of the Mallorca Championships final.
4.00 **PL Greatest Games**
5.00 **Super League** A match replay.
7.45 **PL Greatest Games**
8.00 **Test Cricket** England v India.
10.00 **PGA Tour Champions**
11.00 **PL Greatest Games**
12.00 M'T **Super League**
2.45 AM **EFL Greatest Games**
4.00 **PGA Tour Golf** Rocket Classic.
5.00 **to 6.00** AM **Tee Time Tips**

TNT Sports 3

413 415 523 410 432

5.15 AM LIVE **Test Cricket Sri Lanka v Bangladesh.** Coverage of day four of the second Test in the two-match series at Sinhalese Sports Club Cricket Ground.
1.30 PM **TNT Sports Cricket Reload**
1.45 **Test Cricket Highlights** West Indies v Australia staged at Kensington Oval in Bridgetown.
2.45 LIVE **Test Cricket West Indies v Australia.** Coverage of day four of the first Test in the three-match series staged at Kensington Oval in Bridgetown, Barbados.
11.00 **Test Cricket Highlights** Sri Lanka v Bangladesh: Highlights from day four of the second Test.
12.00 M'T **Women's Cycling National Road Championship**
2.00 AM **MotoGP** GP of Netherlands.
2.30 **World Rally Championship**
3.00 **Premiership Rugby Union**
3.30 **Golden Trail World Series**
4.00 **TNT Sports Cricket Reload**
4.15 **to 5.15** AM **Test Cricket**

TNT Sports 4

414 416 524 411 434

6.00 AM **Discovery Golf**
6.30 **Premiership Rugby Union**
7.00 LIVE **AFL Hawthorn Hawks v North Melbourne Kangaroos.** Coverage of the match from University of Tasmania Stadium in Launceston. Bounce-up **7.15am**.
10.00 **Test Cricket Highlights**
11.00 **The Ultimate Cycling Show**
12.00 NOON LIVE **National Road Championship** Coverage of the elite road races in France.
5.00 PM **Jens Voigt: Cycling Legacy**
5.30 **Cycling** Giro d'Italia.
6.30 **AFL** Three match replays.
11.00 **MotoGP** GP of Netherlands.
11.30 **World Rally Championship**
12.00 M'T LIVE **MLB Houston Astros v Chicago Cubs.** Coverage of the inter-league match staged at Daikin Park. Start-time **12.15am**.
3.15 AM **MLB: Off the Bat**
3.45 **MLB Plays of the Week**
4.15 **Ultimate Pool** Pairs Cup.
5.45 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting Championship** At Whilton Mill.
7.00 **NASCAR Highlights**
8.00 **Transworld Sport** Magazine.
9.00 **Africa Eco Race**
10.00 **FIM Sidecarcross**
11.00 **Motorsport** Le Tour Auto.
11.30 **LaLiga Specials**
12.30 PM **Sporting Greats**
1.00 **PSA Squash Highlights**
2.00 **World Surf League**
3.00 **Transworld Sport** Magazine.
4.00 **Top 14 Rugby Union** Toulouse v Bayonne in the first semi-final. **6.00** Bordeaux Bègles v Toulon.
8.00 LIVE **Top 14 Rugby Union** Coverage of the final.
10.30 **Scottish Rally Championship**
11.00 **Motorsport** Le Tour Auto.
11.30 **Top 14 Rugby Union**
1.30 AM **Sporting Countdowns**
2.30 **UK Independent Kart Racing**
4.00 **FIM Sidecarcross** In Gdansk.
5.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 552

6.00 AM **NHL Ice Hockey** Florida Panthers v Edmonton Oilers.
8.00 **Bike World** Magazine.
8.30 **FastZone** Motorsports highlights show covering everything from prototypes to endurance racing.
9.00 **Temples of Sport**
10.00 **Major League Cricket** A replay of Seattle Orcas v MI New York.
2.30 PM **PSA Squash Tour** Action from the Tour Finals.
5.30 **NHL Ice Hockey** Florida Panthers v Edmonton Oilers in game six of the Stanley Cup finals.
7.30 **NHL: This is Hockey**
8.00 **CONCACAF Gold Cup** Guadeloupe v Guatemala.
10.00 **LaLiga Specials**
10.15 **CONCACAF Gold Cup** A chance to see Canada v El Salvador.
12.10 AM LIVE **CONCACAF Gold Cup** The first quarter-final.
3.10 **to 6.00** AM LIVE **CONCACAF Gold Cup** Coverage of the second quarter-final.

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Austrian GP.
8.30 **Ted Drives: F1 Car**
8.45 LIVE **Formula 3** The Austrian Grand Prix sprint race in Spielberg.
9.45 **Lewis's Secret Cinema**
10.15 **The F1 Show** Race preview.
11.15 LIVE **Formula 1** The Austrian Grand Prix third practice session.
1.10 PM LIVE **Formula 2** The Austrian Grand Prix sprint race.
2.15 LIVE **Formula 1** The Austrian Grand Prix qualifying session.
5.00 **Ted's Notebook**
5.30 **Formula 1** Austrian Grand Prix.
7.30 **Ted's Notebook**
8.00 **Formula 2** Action from Austria.
9.00 **Formula 3** Austrian Grand Prix.
10.00 **Formula 1** Action from Austria.
11.15 **Ted Drives: F1 Car**
11.30 **Formula 1** Austrian Grand Prix.
1.30 AM **F1 Features**
2.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

29 June

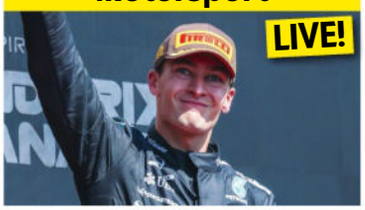
Evening Planner

Sunday

Music

Glastonbury
BBC1, BBC2, BBC4 & BBC iPlayer
The final day of the music festival at Worthy Farm sees acts including Olivia Rodrigo help bring the event to a close.

Motorsport

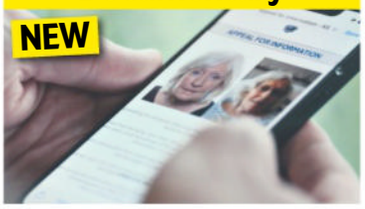


F1: Austrian Grand Prix
Sky Sports Main Event & Sky Sports F1, race starts at 2pm
The race from Spielberg, where Mercedes' George Russell was victorious last year.

Comedy Drama

Death Valley
BBC1, 8.45pm
As the crime drama draws to a close, John and Janie are on the case of a school reunion that turned murderous.

Documentary



24 Hours in Police Custody: The Butcher of Suburbia
C4, 9pm
Police investigate the disappearance and murder of a 74-year-old woman.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Glastonbury			8.45 Death Valley	9.30 News	10.00 Glastonbury	
	102 BBC2		7.15 Antiques Roadshow		8.15 Mortimer &...	8.45 Glastonbury		10.00 Film: Past Lives	
	103 ITV1	◂ 4.10 Football – Live	7.30 News	8.00 Vera				10.00 News	10.15 Long Lost Family: Born...
	104 CHANNEL 4	◂ 5.30 F1: Austrian Grand Prix Highlights		8.00 Our Yorkshire Shop: A Victorian...		9.00 24 Hours in Police Custody...		10.00 The Handmaid's Tale	
	105 5	◂ 4.30 Football: FIFA Club World Cup – Live: Winner Group B v Runner-up Group A (Kick-off 5.00); Winner Group D v Runner-up Group C (Kick-off 9.00)							
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Dragons and...		9.00 7/7: Homegrown Terror			
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Top Gear		9.00 Film: Maze Runner: The Scorch Trials			
	116 BBC4	7.00 Glastonbury							
	118 ITV2	◂ 6.15 Film: Jurassic World: Dominion				9.00 Love Island		10.00 Love Island: Aftersun	
	136 MORE4	◂ 6.50 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Rick and Morty		10.00 Film: White House Down	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Fire Country				10.00 The Rookie	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 True Detective		10.05 The Wire	
	110 U&GOLD	◂ 6.40 Gavin & Stacey						10.00 Dad's Army	10.40 Billy...
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Have I Got a Bit More News for You				10.00 QI	10.40 Mock...
	119 ITV3	◂ 6.00 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	◂ 5.00 World Series of Darts: US Masters				9.00 Film: Die Another Day			
	112 COMEDY CENTRAL	7.00 Friends		8.00 Bradley & Barney Walsh: Breaking Dad		9.00 Film: Big Trouble in Little China			
	139 SKY SCI-FI	7.00 Stargate Atlantis							
	113 SKY MAX	7.00 Agatha Raisin				9.00 Karl Pilkington: The Moaning of Life		10.00 Freddie Fries Again	
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise				10.00 Father Brown	
	130 SKY ARTS	◂ 5.55 Laurel and Hardy...	7.40 An American in Paris: The Musical					10.00 The Agatha Christie Hour	
	132 U&W	7.00 Inside the Ambulance				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Alaska: Homestead Rescue				10.00 Street Outlaws: Locals Only	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Crikey! It's the Irwins				10.00 The Last Alaskans	
	129 NAT GEO	7.00 Pirates: Behind the Legends		8.00 Colosseum: Rise and Fall		9.00 Drain Alcatraz		10.00 Australia's Hardest Prison	
	123 SKY HISTORY	7.00 Bomber: Terror of WWII				9.00 Clash of the Gods			
	155 U&YESTERDAY		7.05 Incredible Journeys with Simon Reeve				9.05 Bangers & Cash		
	121 SKY DOCS	◂ 6.40 JFK Revisited: Through the Looking Glass				9.00 7/7: Homegrown Terror			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.00 Sharp Corner		8.00 Gladiator II					10.40 Joker...
	302 5 STAR MOVIES	◂ 5.55 Frost/Nixon		8.00 Zero Dark Thirty					
	303 JURASSIC PARK	◂ 6.35 Jurassic World: Fallen Kingdom				8.45 Jurassic Park			
	304 GREATS	◂ 6.20 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.45 Dumb and Dumber		
	305 ANIMATION	◂ 5.45 The Angry...	7.30 Hotel Transylvania 3: Summer Vacation			9.15 Barnyard			
	306 FAMILY		7.15 The Flintstones in Viva Rock Vegas		8.55 IF				
	307 ACTION	◂ 6.00 The Mummy: Tomb of the Dragon...		8.00 Fast & Furious 6				10.15 Justice League	
	308 COMEDY	◂ 6.20 Sausage Party		8.00 Miss Congeniality				10.00 Miss Congeniality 2: Armed and...	
	309 THRILLER	◂ 5.50 The Sum of All Fears		8.00 Vanilla Sky					10.25 Snatch
	310 PRIDE	◂ 5.30 The Glorias		8.00 Lady Bird			9.50 A Nice Indian Boy		
	311 SCI-FI	◂ 6.20 The Purge		8.00 King Kong					
	313 FILM4	◂ 6.40 Jumanji: The Next Level				9.00 Boston Strangler			
SPORT	401 MAIN EVENT	◂ 6.00 PGA Tour Golf – Live: The Rocket Classic							
	402 PREMIER LEAGUE	7.00 Outraged: Football's Discrimination		8.00 Gary Neville's Soccerbox				10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 SPFL Highlights							
	404 CRICKET	◂ 6.30 Test Cricket			8.30 Women's International One-Day Cricket				
	410 TNT SPORTS 1	◂ 6.30 MLB – Live: Athletics v Philadelphia Phillies (Start-time 6.35)					9.45 MotoGP		
	411 TNT SPORTS 2	◂ 6.00 AFL				9.00 WNBA – Live: Los Angeles Sparks v Chicago Sky			

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Animal Park** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Points of View** New edition (S)
2.05 **Lifeline** New edition (S)
2.20 **Escape to the Country** A property search in rural Somerset. (S)(R)
3.15 FILM **Moana** Disney animation featuring the voices of Dwayne Johnson and Auli'i Cravalho. (S)(AD) (2016, PG, 100min) ★★★★
4.55 **BBC News** (S)
5.15 **Local News** (S)
5.25 **Countryfile** New edition Sean Fletcher and Anita Rani visit Spurn Point in the Humber Estuary. (S)

6.25 Walking with Dinosaurs

6 PM

6.25 Walking with Dinosaurs Series finale 6/6. The tale of one of the largest dinosaurs ever to walk the Earth – a colossal lusotitan – and his quest to win over a female and secure his legacy. (S)(AD)
■ Entire series on BBC iPlayer

7 PM

7.15 NEW **Glastonbury** Clara Amfo and Lauren Laverne present coverage of Rod Stewart's Pyramid Stage performance, marking the singer's first appearance at the festival in over 20 years, having previously headlined in 2002. *See feature, page 14.* (S)(AD)

8 PM

8.45 Death Valley Series finale 6/6. John's role as a consultant is made official, and he and Janie are tasked with solving the murder of a mechanic during a reunion at Janie's old school. (S1) (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.30 **BBC News** (S)
9.55 **Local News** (S)

10 PM

10.00 NEW **Glastonbury** Jo Whiley, Jack Saunders and Clara Amfo introduce coverage of Grammy and BRIT Award-winning global megastar Olivia Rodrigo's Sunday night headline performance on the Pyramid Stage. (S)(AD)
12.00 M'T FILM **The Sisters Brothers** Western starring John C Reilly and Joaquin Phoenix. In the American West of the 1850s, two gunslinging brothers are hired to kill a prospector trying to make gold using chemistry. With Jake Gyllenhaal and Riz Ahmed. (S)(AD) (2018, 15, 115min) ★★★★
1.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.35 AM **Life in a Cottage Garden with Carol Klein** (S)(R)(AD)
7.05 **Countryfile** (S)(R)
8.00 **Beechgrove Garden** (S)(R)
8.30 **Weatherman Walking: The Welsh Coast** (S)(R)
9.00 **Landward** New edition (S)
9.30 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.00 **Mary Berry: Cook & Share** (S)(R)
11.30 NEW **Wimbledon 2024 Review**
12.25 PM FILM **The 39 Steps** Hitchcock thriller starring Robert Donat. (S) (1935, b/w, U, 85min) ★★★★★
1.50 FILM **North by Northwest** Classic Hitchcock thriller with Cary Grant. (S) (1959, PG, 130min) ★★★★★
4.00 **Why Cities Flood: Spain's Deadly Disaster** (S)(R)(AD)
5.00 NEW **Glastonbury** Featuring Nile Rodgers & Chic and Celeste. (S)

11.30 Wimbledon 2024 Review

NEW **Glastonbury** (started at 5.00pm)

7.15 Antiques Roadshow Fiona Bruce hosts the show from Brodie Castle in Moray, and meets a family of bagpipe makers. Treasures include a cane with a concealed compass and telescope. (S)(R)

8.15 Mortimer & Whitehouse: Gone Fishing Bob and Paul fish for barbel in the RIver Trent. (S)(R)(AD)
8.45 NEW **Glastonbury** Clara Amfo, Jack Saunders and Jo Whiley present performances from the final day of the festival, including Wolf Alice, AJ Tracey, Noah Kahan and Olivia Rodrigo. (S)
■ Continues on BBC1

10.00 FILM **Past Lives** Romantic drama starring Teo Yoo, John Magaro and Greta Lee. Twenty years after they were separated, two childhood friends reunite for a week of reminiscence. Partially subtitled. (2023, 12, 100min) ★★★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.40 FILM **Bonnie and Clyde** Gangster thriller starring Warren Beatty and Faye Dunaway as the legendary Depression-era outlaws. (S)(AD) (1967, 15, 105min) ★★★★★
1.25 AM **Sign Zone: Question Time** From St Andrews, Fife. (S)(R)
2.25 **Sign Zone: Not Going Out** (S)(R)
2.55 **Sign Zone: The Moment of Proof**
3.25 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Jeremy Pang's Hong Kong Kitchen** With Nisha Katona. (S)(R)
6.50 FILM **Addams Family Values** Ghoulish black comedy sequel. (S)(AD) (1993, PG, 95min) ★★★★
8.25 **Katie Piper's Weekend Escape** New edition Katie is joined by comedian Babatunde Aléshé. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** Talk show. (S)(R)
11.25 **Alan Titchmarsh's Gardening Club** From Malvern Spring Festival. (S)(R)
12.30 PM **ITV News** (S)
12.40 **Ninja Warrior UK** (S)(R)(AD)
1.40 FILM **Live and Let Die** James Bond adventure starring Roger Moore. (S)(AD) (1973, PG, 150min) ★★★★
4.10 LIVE **Women's International Football** England v Jamaica: The friendly. Kick-off is at 5.00. (S)

4.10 Women's International Football

LIVE **Women's International Football** (started at 4.10pm)

7.30 **ITV News** (S)
7.45 **Local News** (S)

8.00 Vera *Blue:* DCI Vera Stanhope investigates both sides of the thin blue line in order to find the killer of a brilliant young police officer. A complex family dynamic, tensions at work, and brushes with the underworld, paint a dark and complex picture. Did his stubborn commitment to justice lead to his death? (S)(R)(AD)

10.00 **ITV News** (S)
10.15 Long Lost Family: Born Without Trace Davina McCall and Nicky Campbell investigate the case of a baby boy found in Milton Keynes in 1984, and a girl left outside a hospital in Stoke-on-Trent in 1970. (S)(R)(AD)
11.10 **Noel Edmonds' Kiwi Adventure** 2/3. Bad weather puts pressure on the viability of Noel and Liz's River Haven business. (S)(R)(AD)
12.15 AM **Teleshopping**
3.00 **Motorsport UK** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jeremy Pang's Hong Kong Kitchen** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.10 AM **Cheers** 19-22/26. (S10) (S)(R)
8.00 **The Simpsons** (S)(R)(AD)
8.55 **Bake Off: The Professionals** 5/10. The teams produce classic framboisier and US campfire favourite s'mores. (S)(R)
10.00 **Sunday Brunch** New edition With guests Jim Moir, Tiwa Savage, Nick Helm and Aisling Bea. Plus, music from Fuse ODG. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.25 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
5.00 **News** (S)
5.30 **F1: Austrian Grand Prix Highlights** Steve Jones presents action from the 11th round of the season, which took place at Red Bull Ring in Spielberg. Analysis from David Coulthard, Lawrence Barretto and Billy Monger. (S)

8.00 Our Yorkshire Shop

F1: Austrian Grand Prix Highlights (started at 5.30pm)

8.00 Our Yorkshire Shop: A Victorian Restoration New edition 3/4. With a week to go before the grand launch, the volunteers have finished the café but now need a show-stopping window display. (S)(AD)
9.00 NEW SERIES **24 Hours in Police Custody: The Butcher of Suburbia** 1/2. Bedfordshire Police investigate the murder of a 74-year-old woman. (S)(AD)
■ Concludes tomorrow

10.00 The Handmaid's Tale New episode *Execution:* 9/10. June faces her biggest challenge as Gilead cracks down on the rebels. Stars Elisabeth Moss. (S6) (S)(AD)

11.00 **Celebrity Gogglebox** (S)(R)(AD)
12.00 M'T **Ghislaine Maxwell: The Making of a Monster** 1-3/3. Documentary profile of the sex trafficker. (S)(SL)(R)(AD)
2.35 AM **Ramsay's Hotel Hell** From Massachusetts. (S)(SL)(R)(AD)
3.25 **Kirstie's Fill Your House for Free** A cottage ruined by a flood. (S)(R)
3.40 **The Simpsons** (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.10 **Cruising with Jane McDonald** Five editions of the series. (S)(R)
1.30 PM LIVE **UK's Strongest Man: The Final** Coverage of the final from Motorpoint Arena in Nottingham, as the eight qualifiers from yesterday's semi-finals battle it out for the title won by Paul Smith last year. The gruelling events include the Car Squat, Monster Tyre Flip and Super Drayman Load. (S)
4.30 LIVE **Football: FIFA Club World Cup** Winner Group B v Runner-up Group A: Coverage of the third last-16 match at Mercedes-Benz Stadium in Atlanta. Kick-off is at 5.00. (S)

1.30 UK's Strongest Man

LIVE **Football: FIFA Club World Cup** (started at 4.30pm)

8.00 LIVE **Football: FIFA Club World Cup** Winner Group D v Runner-up Group C: Coverage of the fourth last-16 match at Hard Rock Stadium in Miami, Florida. Flamengo and Chelsea were battling it out to top Group D, with Benfica and Boca Juniors both looking to finish second in Group C behind hot favourites Bayern Munich. Kick-off is at 9.00. (S)

12.00 M'T **Million Pound Motorhomes** The world's most impressive mobile residences. (S)(R)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Submarine: Life Under the Waves** HMS *Trenchant*. (S)(R)
3.55 **Carol Drinkwater's Secret Provence** (S)(R)
4.40 **Me & My 10 Kids** (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **F1: Austrian Grand Prix Qualifying Highlights** The battle for grid positions in the 11th round of the season. (R)
12.00 NOON **Hawaii Five-0** (S)(R)
3.00 PM **Discovered by Disaster** Evidence that ties a meteor strike to a Biblical tale. (S)(R)
4.00 **UFOs: The Lost Evidence** Exploring mysterious submerged objects. (S)(R)
5.00 **F1: Austrian Grand Prix Highlights** Action from the 11th round of the season at Red Bull Ring in Spielberg.

9.00 7/7: Homegrown Terror

6.00 **Ted's Notebook** Ted Kravitz reviews the Austrian Grand Prix.
6.30 **Jurassic World Rebirth: The Making of a New Era** A look behind the scenes of the new film. (S)(R)
7.00 **The Simpsons** *Puffless:* Patti moves in with Homer and Marge. (S)(R) **7.30** *Gal of Constant Sorrow:* Bart offers a homeless woman the chance to live in his wardrobe. (S)(R)
8.00 **David Attenborough's Dragons and Damsels** The broadcaster delves into the lives of dragonflies and damselflies. (S)(R)(AD)
9.00 NEW SERIES **7/7: Homegrown Terror** 1/3. Documentary looking back at the events of 7 July 2005, when 52 people were killed in four bombings by Islamist terrorists targeting commuters travelling on London's public transport. (S) **10.15** New edition 2/3. The investigation into the attack begins and news breaks about the bombers' identities, fanning feelings of fear and discontent. (S)
11.30 **F1: Austrian Grand Prix Highlights** Action from the 11th round of the season at Red Bull Ring in Spielberg. (R)
12.30 AM **And Just Like That...** (S)(R)
1.30 **Road Wars** (S)(R)
2.00 **The Gilded Age** New episode 2/8. Agnes and Ada worry about Peggy's condition. (S3)
3.05 **Brassic** 5/8. (S4) (S)(R)(AD)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S) **2.20pm** Lost and Found in the Lakes (S)(R) **2.50** FILM Moana (S)(AD) (2016, PG, 95min) ★★★★ **4.25-4.55pm** Best of Weatherman Walking: Highlights from Mid-Wales (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Mortimer & Whitehouse: Gone Fishing (S)(R) **10.30** Sunday Politics (S)(R) **11.00** FILM PREMIERE Past Lives (2023, 12, 100min) ★★★★★ **12.40am** Upstart Crow (S)(R) **1.10-1.25am** QI XS (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Y 'Sgubor Flodau **10.00** Garddio a Mwy **10.30** Y Ci Perffaith **11.00** Cynefin **12.00noon** Taith Bywyd (AD) **1.00pm** Cyfres Triathlon Cymru 2025 **2.05** Am Dro! (AD) **3.05** Yr Ynys **4.10** Darn Bach o Hanes (AD) **4.40** Ffermio **5.15** Taith y Llewod **6.10** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Hafiach (AD) **8.00** Iaith ar Daith **9.00** Radio Fa'ma (AD) **10.00** Dylan ar Daith **11.00-11.34pm** Sgwrs Dan y Lloer

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** There is a shock when Zack arrives at Nicola's Christmas party. **7.30** Vicki broaches the subject of suspicious invoices with Bernie.
8.00 **Top Gear** Jeremy Clarkson subjects the Skoda Yeti to a thorough examination, and John Bishop is the Star in a Reasonably Priced Car.
9.00 FILM **Maze Runner: The Scorch Trials** Sci-fi drama based on the second of James Dashner's series of novels, starring Dylan O'Brien, Kaya Scodelario and Thomas Brodie-Sangster. The children who escaped from a mysterious labyrinth find themselves in a desolate wasteland. (2015, 12, 131min) ★★★
11.00 **Cuckoo** 1&2/7. (S5)
11.50 **The Instagram Effect**
12.50 AM **Top Gear** As 8.00pm.
1.50 **Crashed: $800m Festival Fail** The rise and fall of music and festival company Pollen.
2.50 **Cuckoo** 1&2/7. (S5)
3.40 **to 3.50** AM **Jobless**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM NEW **Glastonbury** Coverage of award-winning British singer Celeste's set on the Pyramid Stage. **8.00** Performances on the West Holts stage by British funk pioneers Cymande and reggae band Black Uhuru. **9.00** Featuring Snow Patrol on the Other Stage and St Vincent in the Woodsies area. **9.45** Coverage of The Prodigy's headline set on the Other Stage, their first appearance at the festival since the death of iconic frontman Keith Flint in 2019.
11.15 **Punk at the BBC** Archive performances by British punk bands, including Gang of Four, The Sex Pistols, The Clash, Buzzcocks, The Damned and Joy Division.
12.15 AM **Being Beethoven** 3/3. How the composer's desire for love and family tipped over into obsession.
1.15 **to 3.30** AM **Beethoven's Fidelio: The Royal Opera** Antonio Pappano conducts a production of Beethoven's only opera, *Fidelio*.

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun** Seven editions of the series.
3.35 PM **Come Dine with Me** Five editions of the culinary contest from Suffolk.
6.15 **Four in a Bed** The competition kicks off at the Old Ram Coaching Inn in Tivetshall St Mary, Norfolk. **6.50** A visit to Ye Old Crown in Edenbridge, Kent. **7.25** The third visit of the week takes place at the Beach Lodge Hotel in Mablethorpe, Lincolnshire.
7.55 **Four in a Bed** The final visit of the week is to the Farmer's Arms in Taunton. **8.25** The guest house owners compete for the coveted best B&B title.
9.00 **999: On the Front Line** New edition Paramedics are called out to a woman doubled over in agony with chest pains. Plus, a man with multiple sclerosis has low blood pressure and is struggling to breathe.
10.00 **24 Hours in A&E** A man faces potentially life-changing injuries and extensive surgery after colliding with a car on his motorbike.
11.05 **Super Surgeons: A Chance at Life**
12.10 AM **999: On the Front Line** Medical documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Rude(ish) Tube Shorts**
7.20 **Don't Tell the Bride**
8.25 **Ramsay's Kitchen Nightmares USA**
9.25 **Ramsay's 24 Hours to Hell and Back**
12.20 PM **The Big Bang Theory**
3.30 FILM **Transformers: Revenge of the Fallen** Sci-fi adventure sequel starring Shia LaBeouf. (2009, 12, 149min) ★★★
6.25 **The Simpsons** *Lisa Goes Gaga:* With Lady Gaga.
7.00 **The Simpsons** *Haw-Haw Land:* Lisa falls for a jazz pianist. With Ed Sheeran. **7.30** *Covercraft:* Homer decides to form a band. **8.00** *Walking Big & Tall:* Bart and Lisa try to find a new town anthem for Springfield. **8.30** *Brake My Wife, Please:* Homer has his driving licence revoked.
9.00 **Rick and Morty** New episode 5/10. Rick and Morty plan to rob a spaceship in cryosleep. **9.30** 4/10. The Smiths learn the meaning of Easter. (S8)
10.00 FILM **White House Down** Action thriller with Channing Tatum and Jamie Foxx. (2013, 12, 131min) ★★★
12.40 AM **Gogglebox**
2.50 **First Dates**
3.45 **The Goldbergs**
4.30 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
6.30 **Send in the Dogs**
7.30 **Caught Red Handed** Six editions, including at: **10.30** A man in a comical wig turns serious at a jewellers. **11.15** A thief attempts to steal an unattended bicycle.
12.00 NOON **Caught on Dashcam**
1.00 PM **Border Patrol** Double bill following the work of customs agents in New Zealand.
2.00 **Nothing to Declare** Ten editions of the documentary.

9.00 Fire Country

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Fire Country** *My Kinda Leader:* 16/22. The station helps when a huge wildfire breaks out in a neighbouring county.

9 PM

9.00 **Fire Country** *A Cry for Help:* 17/22. An internal investigation suspects Jake of being the serial arsonist. (S1)

10 PM

10.00 **The Rookie** *Darkness Falling:* 4/18. Wesley returns to the district attorney's office. (S7)
11.00 **FBI: International** 1/13. (S3)
12.00 M'T **FBI: International** (S3)
1.00 AM **Chicago Fire** 12/13. (S12)
2.00 **Elsbeth** New episode 8/20. The showrunner of a crime drama is killed. (S2)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Triple bill.
9.00 **Westworld** 6-10/10. (S1)
3.35 PM **Game of Thrones** 6/10. Stannis and Davos arrive in Braavos for their meeting with the Iron Bank. **4.40** 7/10. Brienne and Pod follow a new lead to track down the Stark girls. **5.45** 8/10. Tyrion's fate is decided in his trial by combat. **6.50** 9/10. Jon and the Night's Watch face their biggest challenge. (S4)

9.00 True Detective

7.50 **Game of Thrones** *The Children:* 10/10. Jon tries to negotiate a peace with Mance Rayder, and Tyrion receives a visit from Jaime as he awaits his fate. (S4)

9.00 **True Detective** *After You've Gone:* 7/8. Cohle persuades Hart to help him reinvestigate the Dora Lange case. (S1)

10.05 **The Wire** *The Dickensian Aspect:* 6/10. Carcetti tries to establish a reputation for helping the homeless. (S5)
11.20 **The Staircase** 6/8. (S1)
12.30 AM **In Treatment** 3/43. (S1)
1.00 **Succession** 9/10. (S1)
2.05 **The Gilded Age** New episode 2/8. Gladys suffers a disappointment. (S3)
3.10 **The Leftovers** 1/10. (S2)
4.20 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
6.30 **NCIS: New Orleans** (S7)
11.30 **Hawaii Five-0** 1-3/25. (S8)
2.30 PM **Grimm** 5/22. Nick and the team encounter the Rat King. **3.30** 6/22. Monroe and Rosalee's friend is kidnapped. **4.30** 7/22. Trubel has some important information for Nick. **5.30** 8/22. Rosalee's past comes back to haunt her. (S5)
6.30 **Jurassic World Rebirth: The Making of a New Era** A look behind the scenes of the new adventure movie.

9.00 The Moaning of Life

7.00 **Agatha Raisin** *The Haunted House:* 1/4. Mystery drama starring Ashley Jensen. The detective opens her own agency, but with business slow she goes to a haunted house in search of work. (S3)

9.00 **Karl Pilkington: The Moaning of Life** 1/5. The host explores the relevance of marriage.

10.00 **Freddie Fries Again** 2/6. Andrew Flintoff and Rob Penn head to Newmarket, where they spend a night in a church.
11.00 **The Force: Manchester**
1.00 AM **Road Wars** Double bill.
3.00 **Brassic** 5/8. Erin organises a charity fête to raise cash for the community centre, but then a woman called Amy turns up and announces that she is Erin's half-sister. (S4)
4.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dress to Impress**
8.40 **Gordon Ramsay's Food Stars USA** Double bill of editions.
10.30 **Deal or No Deal**
12.30 PM **99 to Beat**
1.35 **Celebrity Catchphrase**
2.35 **FILM Corpse Bride** Tim Burton's animated fantasy with the voice of Johnny Depp. (2005, PG, 74min) ★★★★
4.10 **FILM Nanny McPhee** Fantasy comedy starring Emma Thompson and Colin Firth. (2004, U, 98min) ★★★★

10.00 Love Island: Aftersun

6.15 **FILM Jurassic World: Dominion** Adventure thriller sequel starring Chris Pratt. Operatives return to the destroyed dinosaur island on an important retrieval mission, and familiar faces make an appearance. (2022, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.00 **Love Island: Aftersun** New edition Featuring the latest gossip as well as opinions from a panel of celebrities.
11.05 **Family Guy** 18/22. Stewie tries to save a recalled teddy bear. **11.35** 13/22. Chris gets teased at school for his trainers. (S11)
12.05 AM **American Dad!** (S10&9)
1.05 **CelebAbility**
1.45 **Ruby Speaking** 2&3/6. (S1)
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **Wycliffe** 1&2/8. (S2)
8.50 **FILM Carry On Loving** Comedy with Sidney James. (1970, PG, 90min) ★★
10.50 **Downton Abbey** Five episodes, including at: **3.30** PM 1/9. Secrets and rifts threaten the family's unity. **5.00** 2/9. Anna finds fresh hope in London. (S6)
6.00 **Midsomer Murders** *Death's Shadow:* Barnaby and Troy investigate the murder of a terminally ill property developer.

8.00 Doc Martin

Midsomer Murders (started at 6.00pm)

8.00 **Doc Martin** *The Practice Around the Corner:* 5/8. Mrs Tishell returns to the village, and PC Penhale shoots himself in the foot.

9.00 **Doc Martin** *Hazardous Exposure:* 6/8. Penhale spreads panic throughout the village. Guest stars Christopher Fairbank. (S6)

10.00 **Vera** *Hidden Depths:* The detectives investigate two murders in which the victims have been surrounded by flowers.
11.50 **Agatha Christie's Poirot** *The Adventure of the Western Star:* A film star arrives in London and summons Poirot to unravel the mysterious threats she has been receiving.
12.55 AM **Code of Silence** (S1)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** A project to commemorate the victims of the Lockerbie bombing.
8.00 **Paramedics on Scene** A biker's tour of northern Scotland is cut short due to a broken rib.
9.00 **Mhairi Black: Being Me Again** The ex-SNP MP talks politics, neurodiversity and stand-up comedy.
10.00 **Still Game** 3/9. Jack and Victor try a new wonder drug. (S2)
10.30 **Scot Squad** 2/5. Singh and McKirdy turn firefighters to extinguish a dangerous inferno. (S3)
11.00 **Growing Up Scottish** The comedians discuss family life and movies.
11.30 PM **to 12.00** M'T **The Sunday Show**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S3)
10.30 **Entourage** (S6)
1.05 PM **Crashing** (S1)
4.00 **Divorce** 4-6/6. (S3)
5.40 **Silicon Valley** (S1)
6.50 **The Office (US)** 3/26. Andy plans to impress Erin by starring in a play. **7.15** 4/26. Andy tries to organise a sexual health seminar in the office. **7.40** 5/26. Michael, Dwight and Jim spy on a salesman who has been beating them to clients. **8.05** 6/26. Pam tries to dispel rumours about her past with Danny. **8.30** 7/26. Cecelia has an overcrowded christening. (S7)
9.00 **Veep** 7&8/8. (S1)
10.10 **Intelligence** 5&6/6. (S1)
11.10 **Somebody Somewhere**
12.30 AM **And Just Like That...**
1.30 **Sex and the City** (S6)
2.40 **Hello Ladies** (S1)
3.50 **Bored to Death** (S3)
4.25 **to 5.00** AM **Sort Of**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Bregenz: Madama Butterfly**
8.20 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Comedy Legends**
2.00 **Julie Andrews Forever**
3.00 **Opry Live**
4.00 **André Rieu: Live at the Royal Albert Hall**
5.55 **Laurel and Hardy: Their Lives and Magic** The friendship between Stan Laurel and Oliver Hardy.
7.40 **An American in Paris: The Musical** George and Ira Gershwin's musical starring Robbie Fairchild.
10.00 **Agatha Christie Hour**
11.00 **Alfred Hitchcock Hour**
12.00 M'T **Isle of Wight Festival** Highlights from Seaclose Park, Newport.
2.00 AM **Led Zeppelin: In the Light** The band's second and third studio albums.
3.00 **The Ronnie Wood Show**
4.00 **Classic Albums**
5.00 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Silly Animals**
8.10 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Caught on Dashcam**
10.00 **Highway Patrol**
1.00 PM **Caught Red Handed**
3.00 **Nothing to Declare**
5.00 **Caught on Dashcam**
6.00 **Caught Red Handed**
8.00 **NCIS: Los Angeles** *The Body Stitchers:* 3/21. The team join forces with the FBI to capture a gang of murderers. **9.00** *Dead Stick:* 4/21. Aiden Hanna's plane crashes and he is accused of being at fault for the accident. (S14)
10.00 **The Rookie** 13&14/22. Double bill. (S4)
12.00 M'T **Caught on Dashcam**
1.00 AM **Send in the Dogs**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Word-based quiz show hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the quiz show.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout** The Trupia-Melluish family takes on the Murrays.
3.00 **Tenable Christmas Cracker** Warwick Davis hosts as five panto performers take on the Tenable Tower.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Tipping Point** Triple bill of the quiz show hosted by Ben Shephard.
11.55 **In with a Shout** Game show hosted by Joel Dommett.
12.50 **to 2.00** AM **Unwind**

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **6.00** *Murder According to Maggie:* One of Jessica's former students solves a murder. **7.00** *O'Malley's Luck:* Jessica investigates a suspicious suicide. **8.00** *Always a Thief:* A former thief becomes a murder suspect.
9.00 **Garage Sale Mysteries: The Novel Murders** Crime drama with Lori Loughlin and Steve Bacic.
10.55 **Garage Sale Mysteries: The Deadly Room** Crime drama with Lori Loughlin and Sarah Strange.
12.50 AM **The Avengers** (S5)
3.00 **Randall and Hopkirk (Deceased)** 4/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
6.30 **The Best of the 80s**
6.40 **Motorsport Mundial**
7.10 **Auto Mundial**
7.40 **Motorsport UK**
8.40 **British Touring Car Championship Highlights**
10.10 FILM **Red River** Western. (1948, b/w, U) ★★★★★
12.55 PM **Hornblower**
3.05 FILM **Carry On Camping** Comedy starring Sidney James. (1968, PG, 88min) ★
5.00 **World Series of Darts** Day two of the US Masters.

9.00 Die Another Day

World Series of Darts (started at 5.00pm)

9.00 FILM **Die Another Day** James Bond adventure starring Pierce Brosnan and Halle Berry. British secret service agent 007's globetrotting pursuit of a North Korean terrorist leads him into encounters with a shady billionaire businessman and an enigmatic American spy. (2002, 12, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 FILM **Creed** Boxing drama starring Michael B Jordan. (2015, 12, 133min) ★★★★
2.10 AM **The Protectors**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **DC Down** Action thriller starring Sean Young. (2023, PG, 82min) ★★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **5.00** 23/26. A warrior claiming to be the Klingons' spiritual leader returns to take control of the empire. (S6)
6.00 **Stargate Atlantis** 10/20. Part one of two. A hurricane forces the team out of Atlantis. (S1)

1.00 Star Trek: Next Generation

7.00 **Stargate Atlantis** *The Eye:* 11/20. Part two of two. Major Sheppard does all he can to secure the crew's return home.

8.00 **Stargate Atlantis** *The Defiant One:* 12/20. Sheppard and his crew investigate the crash site of a Wraith ship.

9.00 **Stargate Atlantis** *Hot Zone:* 13/20. The city is forced to shut down by the outbreak of a potentially fatal virus.

10.00 **Stargate Atlantis** *Sanctuary:* 14/20. The team stumble upon an unexplored planet. (S1)
11.00 **Grimm** 7/13. Monroe's birthday getaway is ruined. **12.00** M'T 8/13. A team of scientists come under attack. **1.00** AM 9/13. A man is devoured by a tree-like Wesen. **2.00** 10/13. A series of attacks are linked to a nursing home. **3.00** 11/13. Eve finds herself in mysterious territories. (S6)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown** Four episodes, including at: **3.00** PM *The Eagle and the Daw:* An old foe tells the priest that she has arranged the death of her former lover.
4.00 **Sherlock** 4/4. The apparent ghost of a woman prowls the streets of Victorian London with a thirst for revenge. (S3)
6.00 **Hudson & Rex** 5/16. A viral confrontation leads to a cold case being reopened. (S7)

6.00 Hudson & Rex

7.00 **Hudson & Rex** New episode *Bee-Deviled:* 6/16. The president of a beekeeping association is found stung to death. (S7)

8.00 **Death in Paradise** *Chain Reaction:* 4/9. Neville attempts to solve the death of a nurse from his own hospital bed.

9.00 **Death in Paradise** *Somewhere in Time:* 7/9. The host of a fishing trip is found harpooned on a beach. (S10)

10.00 **Father Brown** *The Man in the Shadows:* The priest finds himself embroiled with MI5.
11.00 **Shakespeare & Hathaway: Private Investigators** (S2)
1.00 AM **Pretty Hard Cases** 8/12. Sam and Kelly set off on an impromptu road trip. (S2)
2.00 **Death in Paradise** As 8pm.
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **The Two Ronnies**
8.25 **Only Fools and Horses**
10.40 **Gavin & Stacey**
12.40 PM **Gavin & Stacey** Ten episodes, including at: **6.00** The day of the wedding arrives and Bryn is still behaving oddly around Stacey's brother, while Nessa debates whether to share her secret. **6.40** First episode of the comedy. After flirting for months on the phone, Stacey travels from Wales to London to meet Gavin in person.

6.40 Gavin & Stacey

7.20 **Gavin & Stacey** The couple have their first lovers' tiff so Gavin drives to Barry to resolve things.

8.00 **Gavin & Stacey** The couple announce their engagement. **8.40** The Shipmans drive to Wales for a wedding fayre, and Nessa tells Stacey her big secret. **9.20** Stacey goes on her hen party, while Gavin enjoys two stag nights.

10.00 **Dad's Army** Mainwaring decides the platoon need mascot for a big parade.
10.40 **Billy Connolly Does...** Billy looks at how attitudes towards drinking have changed over the years.
11.45 **The Cleaner** Wicky handles the devastation left by a lethal barroom brawl.
12.20 AM **The Cleaner**
3.00 **to 4.00** AM **Billy Connolly Does...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
8.00 **Our Guy in Latvia**
9.00 **Speed with Guy Martin**
11.00 **Top Gear** Double bill.
1.00 PM **Celebrity Storage Hunters** Double bill.
3.00 **Hairy Bikers' Best of British**
5.00 **Our Guy in Latvia** Guy Martin travels to the Baltics to find out about the past of his Latvian grandfather.
6.00 **Simon Reeve's South America** The adventurer travels from Chile's Atacama Desert to Tierra Del Fuego.

7.00 Border Force

7.00 **Border Force: America's Gatekeepers** New edition Officers seize over 200 kilos of methamphetamine concealed inside a car.

8.00 **Have I Got a Bit More News for You** Steph McGovern hosts the quiz, with Carol Vorderman and Nabil Abdulrashid.

9.00 **Have I Got a Bit More News for You** Naga Munchetty hosts the quiz, with guests Hugh Dennis and Ruth Davidson.

10.00 **QI** With guests Sandi Toksvig, Jeremy Clarkson and Jason Manford.
10.40 **Mock the Week** With Micky Flanagan.
11.20 **Mock the Week** With Carl Donnelly and Jo Caulfield.
12.00 M'T **Live at the Apollo** Danny Bhoy introduces sets by Miles Jupp and Lee Nelson.
1.00 AM **Schitt's Creek**
2.55 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

Sunday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun** Four editions, including at: **7.00** A search for a property in Torrevieja.
8.00 **The Dog House** A family encounter two hounds that cannot be separated.
9.00 **Celebrity Gogglebox** Famous faces appraise recent TV shows.
10.00 **Gogglebox** Opinions on *Heartstopper, Strictly Come Dancing, The Dog House* and *Slow Horses*.
11.05 FILM **Cowboys & Aliens** Sci-fi Western starring Daniel Craig, Harrison Ford and Olivia Wilde. (2011, 12, 119min) ★★★
1.25 AM FILM **Glory** Historical drama starring Matthew Broderick and Denzel Washington. (1989, 15, 122min) ★★★★
3.45 **to 4.45** AM **Millionaire Hoarders**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Blue Bloods**
4.00 PM **NCIS** Six episodes of the drama, including at: **6.00** *Call of Silence:* 7/23. A veteran confesses to murder. **7.00** *Heart Break:* 8/23. An ensign is arrested in connection with the death of a commander. **8.00** *Forced Entry:* 9/23. A Marine's wife kills an intruder. **9.00** *Chained:* 10/23. Tony disappears during an operation. (S2)
10.00 **Law & Order: Special Victims Unit** *Hunting Ground:* 15/23. A child prostitute disappears. **11.00** *Child's Welfare:* 16/23. Benson is forced to help her estranged half-brother. (S13)
12.00 M'T **Law & Order: Special Victims Unit**
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Nightmare Tenants, Slum Landlords**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Back-to-back editions.
8.00 **Police Interceptors** Carl Warrener makes a significant discovery.
9.00 **999: Emergency Call Out** The Kent Joint Response Unit arrive at the scene of a car crash.
10.00 **My Lover, My Killer** New edition How Michaela Hall was brought into the orbit of Lee Kendall.
11.00 **Killer at the Crime Scene** Documentary.
12.00 M'T **GPs: Behind Closed Doors**
1.00 AM **Casualty 24/7: Every Second Counts**
2.00 **VC Andrews' Landry Family** New episode
3.30 **Motorway Patrol**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Trucking Heavy**
1.15 PM **Trucking Hell**
2.20 FILM **Only the Valiant** Western adventure with Gregory Peck. (1951, b/w, PG, 100min) ★★
4.30 FILM **Decision at Sundown** Western starring Randolph Scott and Karen Steele. (1957, PG, 77min) ★★
6.10 FILM **Gunpoint** Western starring Audie Murphy and Joan Staley. (1966, U, 86min) ★★
8.00 FILM **A Reason to Live, A Reason to Die** Spaghetti Western starring James Coburn, Telly Savalas and Bud Spencer. (1972, PG, 92min) ★★★
10.00 **Broadmoor: For the Criminally Insane**
12.00 M'T **Police Interceptors**
1.00 AM **Fights, Camera, Action!** Documentary.
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.10 **My Family**
3.05 PM **Outnumbered** Six episodes, including at: **5.40** Auntie Angela introduces her new husband to the family. **6.20** Sue and Pete attempt to resolve their differences.
7.00 **Inside the Ambulance** Paramedics help a man who has fallen over following an operation to remove his toes. **8.00** Paramedics come to the aid of a woman who has taken an overdose of paracetamol.
9.00 **Inside the Operating Theatre** A patient has keyhole surgery to repair his hernia. **10.00** A girl has her droopy eyelid lifted.
11.00 **The Shift: Women on the Force** Double bill.
1.00 **to 3.00** AM **The Undateables**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
7.50 **The Bill**
12.50 PM **Lark Rise to Candleford** Double bill.
3.30 **Catherine Cookson's The Girl** Period drama.
6.40 **Upstairs Downstairs** 1/6. Sir Hallam becomes preoccupied with Nazi Germany. (S2)
8.00 **Sister Boniface Mysteries** *Lights, Camera, Murder!* 2/10. A TV crew arrive to use St Vincent's Convent as a location for a spy thriller, but the filming becomes all too real when a live gun is fired instead of a replica. (S1)
9.00 **Silent Witness** *Southbay:* Jack is pitted against his former mentor.
11.15 **The Chelsea Detective**
1.20 AM **Hamish Macbeth**
2.30 **Outrageous** 2/6. (S1)
3.20 **to 4.00** AM **Birds of a Feather**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family Australia** A woman hopes to track down two half-siblings.
3.00 **A Place in the Sun**
7.00 **Long Lost Family Australia** A woman tries to find her birth parents.
8.00 **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell revisit three of the programme's most memorable searches.
9.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge
145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Pointless Celebrities** Quiz show.
1.00 PM **Richard Osman's House of Games**
3.00 **Through the Keyhole**
4.00 **Tenable** Five pub quizzers from south-east London compete. **5.00** Five postal workers from Morecambe take part in the quiz show.
6.00 **The Chase Celebrity Special** With Alex Scott, Bill Turnbull, Michael Parr and Jennifer Metcalfe.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** With David Weir, Chelsee Healey, Alex Horne and Colin Baker.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action
323 319 426 42 33

8.00 AM **FILM Four Fast Guns** Western. (1960, b/w, U, 72min) ★★
9.40 **Snipers** Documentary.
10.55 **Wanted: Dead or Alive**
12.25 PM **FILM High Noon** Western. (1952, b/w, U, 85min) ★★★★★
2.20 **FILM Decision at Sundown** Western. (1957, PG, 77min) ★★
4.05 **FILM The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
5.55 **FILM Return of the Seven** Western sequel. (1966, PG, 95min) ★★
8.00 **FILM Halls of Montezuma** War drama. (1950, U, 109min) ★★★
10.25 **FILM Alone We Fight** World War Two thriller. (2018, 15, 91min) ★★
12.30 AM **FILM Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
2.30 **to 5.00** AM **Wild West Chronicles**
+1hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.30 **FILM The Black Widow Killer** Crime thriller. (2018, 12, 90min) ★
12.25 PM **FILM Sub-Zero** Action adventure. (2004, 15, 90min) ★★
2.25 **FILM Apocalypse of Ice** Disaster drama. (2020, PG, 88min) ★★
4.20 **FILM Father of the Bride** Comedy remake. (1991, PG, 105min) ★★
6.40 **FILM Father of the Bride Part II** Comedy sequel with Steve Martin. (1995, PG, 106min) ★★
9.00 **FILM Reprisal** Thriller. (2018, 15, 91min) ★★
11.05 **FILM Acts of Violence** Drama with Bruce Willis. (2018, 15, 86min) ★★
1.10 AM **Coast Guard Alaska**
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM Circle of Friends** Thriller. (2006, PG) ★★★
+1hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Christmas at Graceland** Drama. (2018, U, 85min) ★★
10.05 **FILM The Mistletoe Promise** (2016, U) ★★
12.00 NOON **FILM My Christmas Fiancé** Drama. (2022, PG, 90min) ★★
2.00 PM **FILM A Bride for Christmas** Drama. (2012, PG, 90min) ★★
4.05 **FILM Christmas Wedding Planner** Drama. (2017, PG) ★★
6.00 **FILM Marry Me at Christmas** Drama. (2017, PG, 90min) ★★
8.00 **FILM Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
9.55 **FILM A Christmas Wedding Date** Comedy. (2012, PG, 90min) ★★
11.50 **FILM Marry Me at Christmas** (2017) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Bride for Christmas**
+1hour 320 317

Rewind TV
182 81 141

6.00 AM **I Dream of Jeannie**
6.30 **Watching** (S5&6)
9.30 **Lucky Feller** (S1)
11.00 **Doctor in the House**
1.30 PM **That's My Dog**
2.00 **FILM On the Beat** Comedy. (1962, b/w, U, 101min) ★★★
4.00 **Secrets of the Coast**
4.30 **Tracing the Rails**
5.00 **Walking Westward**
5.30 **FILM The Unvarnished Truth** Comedy starring Tim Brooke Taylor. (1983, 12, 90min) ★★★
7.00 **Police Woman** (S1)
8.00 **Blue Thunder** *Payload:* 8/11. The team face a deadly enemy. (S1)
9.00 **The Fantastic Journey** *A Dream of Conquest:* 5/10. Willaway agrees to help a woman bring down a tyrant. (S1)
10.00 **Watching** (S5&6)
1.00 AM **FILM On the Beat**
3.00 **The Fantastic Journey**
4.00 **to 6.00** AM **Doctor in the House**

DMAX
159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Kindig Customs**
5.00 **Bad Chad Customs**
7.00 **Expedition Bigfoot** Russell finds a structure he believes is a nest. **8.00** Mireya and Ronny make a discovery.
9.00 **Mystery at Blind Frog Ranch** The team strike an impenetrable object deep underground. **10.00** The team search for an alternate route.
11.00 **Expedition X** Phil Torres and Jessica Chobot embark on a mission on the Island of the Dolls. **12.00** M'T Phil and Jessica examine the legend of Mothman. **1.00** AM Phil and Jessica venture deep in the Cambodian jungle.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food with Casey Webb** Eight editions.
12.00 NOON **Tom Kerridge Secrets of the Pub Kitchen** Double bill.
1.00 PM **James Martin's American Adventure**
3.00 **Great British Bake Off**
9.00 **Tom Kerridge More Sunday Lunch** Tom shares his method for serving rose-pink beef. **9.30** Celebrating the flavours of Spain. **10.00** Tom makes the perfect roast lamb. **10.30** Preparing a spicy Middle Eastern feast. **11.00** Creating mouth-watering venison pies. **11.30** Tom serves up his favourite Chinese dishes.
12.00 M'T **Tom Kerridge More Sunday Lunch**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1hour 240/241 154

Legend
148 156 149 41 137 38

7.00 AM **FILM Gunfighters** Western adventure. (1947, PG, 87min) ★★
9.00 **The Fall Guy** (S1)
2.00 PM **Star Trek** 6/26. (S2)
3.00 **FILM Moby Dick** Adventure. (1956, PG, 116min) ★★★★
5.15 **FILM King Kong** Tongue-in-cheek remake of the classic monster movie. (1976, PG, 130min) ★★★
8.00 **The Twilight Zone** (S3)
9.00 **FILM Heist** Thriller starring Robert De Niro and Jeffrey Dean Morgan. (2015, 15, 89min) ★★★
10.55 **FILM Momentum** Action thriller starring Olga Kurylenko. (2015, 15, 96min) ★★★
12.50 AM **FILM Code Name: Geronimo** Action drama starring Cam Gigandet. (2012, 15, 96min) ★★
2.50 **to 4.50** AM **FILM St. Agatha** Horror. (2018, 15, 103min) ★★
+1hour 318 316 371 139

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
8.00 **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
10.00 **FILM Malibu Shark Attack** Disaster movie starring Peta Wilson. (2009, 15, 90min) ★★
12.00 NOON **Killer Wave**
4.00 PM **The A-Team** (S3)
9.00 **FILM The House That Dripped Blood** Horror chiller starring Ingrid Pitt, Peter Cushing and Denholm Elliott. (1970, 12, 101min) ★★★
11.00 **FILM Horror Hospital** Horror thriller starring Michael Gough and Robin Askwith. (1973, 18, 91min) ★
1.00 **to 3.00** AM **FILM The Humanity Bureau** Sci-fi thriller starring Nicolas Cage and Sarah Lind. (2017, 15, 95min) ★★
+1hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Auction Hunters**
8.00 **Junk and Disorderly**
10.00 **UFO Hunters**
12.00 NOON **Evidence of the Unexplained**
1.00 PM **UFOs: The Lost Evidence** Documentary.
2.00 **The UnXplained with William Shatner**
7.00 **Cities of the Underworld** The tunnels below LA.
8.00 **Curse of Skinwalker Ranch** Double bill.
9.00 **Sex: A Bonkers History** Sexual behaviours during the Georgian era.
10.00 **Royal Autopsy** The death of George IV.
11.00 **Royal Murder Mysteries** The death of the Duke of Kent in 1942.
12.00 M'T **Alien Corridors**
1.00 AM **Alien Disclosure Files** Double bill.
2.00 **MonsterQuest**
3.00 **My Paranormal Nightmare** Mysteries.
4.00 **to 6.00** AM **Irish Pickers**

5SELECT
153 166 138 46 133 30

9.00 AM **Celebrity Puzzling**
11.00 **Columbo** Five episodes of the drama, including at: **7.00** PM *A Friend in Deed:* A high-ranking police officer helps a friend conceal a murder.
9.00 **70s TV We Loved & Lost** Three modern families watch a night of TV from the 1970s.
10.30 **Sally Lindsay's 70s Quiz Night** Nostalgia-filled quiz, in which John Thomson, Shaparak Khorsandi, Sally James, Matthew Kelly, Su Pollard and Steve Edge reveal how much they know about the decade.
12.00 M'T **Battle of Midway: The True Story**
1.00 AM **Nazi Megastructures**
2.00 **World's Biggest Battleship: Drain the Oceans** Documentary.
3.00 **WWI Wrecks: Drain the Oceans**
3.55 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Searching for a home in Oxfordshire. **2.00** A couple from Croydon seek a rural retreat in Somerset. **3.00** A couple look for a home in North Yorkshire. **4.00** A couple search for an idyllic rural home in Cambridgeshire. **5.00** A couple with a £500,000 budget look for a property in Dorset.
6.00 **Castle Impossible** Daphne Reckert and Ian Figueira take on the cottage where her grandfather used to live.
7.00 **A Place in the Sun** Six editions featuring advice on buying a second home abroad.
1.00 **to 4.00** AM **Bargain Mansions**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Sister Wives**
7.00 **Good Bones**
8.00 **Me or the Menu** Kathleen's new oven breaks just before her guests arrive.
9.00 **Polyfamily** Sean crosses a boundary with Alysia.
10.00 **Brian and Arthur's Very Modern Family**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **Brian and Arthur's Very Modern Family**
3.00 **Sex Sent Me to the ER**
4.00 **Me or the Menu**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Friends** Sitcom.
2.00 PM **Friends** (S7,8&6)
6.00 **Bradley & Barney Walsh: Breaking Dad** Bradley and Barney visit the Red River Gorge in Kentucky. **6.30** The actor and his son arrive in Ohio.
7.00 **FILM The 'burbs** Comedy starring Tom Hanks. Three suspicious neighbours try to discover the truth about a strange family. (1989, PG, 103min) ★★★
9.00 **FILM Big Trouble in Little China** Fantasy adventure starring Kurt Russell and Kim Cattrall. (1986, 15, 100min) ★★★
11.00 **Lee Evans: XL Tour**
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park** (S8)
2.00 **Whose Line Is It Anyway? USA**
3.25 **to 5.00** AM **Friends**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
5.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 12/25. Phoebe's frank attitude causes Monica and Rachel to lose their tempers. **7.30** 13/25. Guest stars Reese Witherspoon. **8.00** 14/25. Phoebe is mistaken for a porn star. **8.30** 15/25. The pals ponder what might have been. (S6) **9.00** 12/24. Joey goes on a date with a fan. **9.30** 14/24. Rachel sees Ross in a different light. **10.00** 15/24. Monica falls for an old friend. **10.30** 16/24. Joey plans to move out. (S2)
11.00 **Friends** (S2&3)
2.00 AM **Impractical Jokers**
3.00 **Criminally Funny**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Four Weddings**
10.00 **Border Patrol**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **New Amsterdam**
7.00 **The Real A&E** Six editions of the series.
10.00 **Stella** 2/10. Sean plans to leave Pontyberry after Stella's confession. **11.00** 3/10. Aunty Brenda gets Stella a job at the Bap Factory. **12.00** M'T 4/10. Emma and Sunil kiss and make up, only for Leah to threaten their happiness again. **1.00** AM 5/10. Ben persuades Little Alan to enter *Got to Dance* in the hope his fame will save the rugby club from closure. Guest stars Ashley Banjo. (S2)
2.00 **The Russell Howard Hour** With Fern Brady.
3.00 **to 6.00** AM **Four Weddings**

MTV
126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Catfish: On the Run**
8.00 **Catfish: The TV Show** Nev and Kamie Crawford help Mathan find a girl he has been talking to online for a decade.
9.00 **Teen Mom UK: Next Generation** Chloe makes a breakthrough.
10.00 **Jersey Shore Family Vacation** Ang has a change of heart.
11.00 **MTV Unplugged**
1.00 AM **Caught in the Act: Unfaithful** Kayla invests in a business with her older boyfriend, Daniel.
2.00 **Plastic Surgery Knifemares**
2.50 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Kindig Customs**
12.00 NOON **Alaska: The Last Frontier** Six editions of the documentary, including at: **3.00** PM The Kilchers expand a road with the help of a detonation expert. **4.00** The family prepare a feast for Thanksgiving. **5.00** Eivin and August make a unique hay baler that will ease their load – as long as it doesn't set on fire first.
6.00 **Filthy Fortunes** Matt Paxton hunts for classic motorcycles and rare, high-priced toys.

7.00 Moonshiners

7.00 **Moonshiners** New edition Tickle and the Laws must rely on an unproven recipe to turn free sorghum seeds into shine.

8.00 **Alaska: Homestead Rescue** The Raneys race winter to build the first ever 'homestead fortress', and protect a family from brown bears that have taken over a remote homestead.

10.00 **Street Outlaws: Locals Only** Locals in Ohio compete for $5,000 and a chance to take on Street Outlaw Doc.

11.00 **Wheeler Dealers World Tour** Mike and Elvis hit the beach for the ultimate surf wagon – the Holden Sandman.
12.00 M'T **Alaskan Bush People** The Browns take on a barn build.
1.00 AM **Alaskan Bush People**
4.00 **to 5.00** AM **How It's Made: Dream Cars**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **How Do Animals Do That?**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked** An aquarium.
1.00 PM **Pit Bulls & Parolees**
2.00 **Guardians of Rescue**
3.00 **Growing Up**
4.00 **Dr Jeff: Rocky Mountain Vet** Jeff visits a free clinic and returns with an injured dog. **5.00** Jeff helps a dog that was lost during a windstorm.
6.00 **Extinct or Alive** A search for a black panther in Florida.

8.00 Crikey! It's the Irwins

7.00 **Pit Bulls & Parolees** Tia comes to the rescue of five injured dogs that have been used for fighting.

8.00 **Crikey! It's the Irwins** As baby Grace discovers the world, Robert attempts the biggest Gator move in Australia Zoo history.

9.00 **Crikey! It's the Irwins** Robert handles a hostile wombat called Bunker, and it's moving day for an anaconda called Nikki.

10.00 **The Last Alaskans** The families each hunt for the one animal large enough to feed them through the heart of winter.

11.00 **Swimming with Monsters with Steve Backshall** The naturalist swims with anacondas in Brazil.
12.00 M'T **Rugged Justice** A bear is released into its native habitat.
1.00 AM **The Last Alaskans**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Alaska: The Next Generation** Triple bill.
11.00 **Air Crash Investigation**
2.00 PM **Secret Nazi Science**
3.00 **World War II: Secrets from Above** Operation Avalanche. **4.00** The untold story of the battle for Poland.
5.00 **Apocalypse: The Fall of Hitler** In 1943, the Allies prepare to rid the world of the Nazi leader once and for all. **6.00** The Allied forces take over the West and Nazis retreat in the East.

8.00 Colosseum: Rise and Fall

7.00 **Pirates: Behind the Legends** The true story of history's most notorious pirate, Blackbeard.

8.00 **Colosseum: Rise and Fall** New edition Uncovering Roman games, gladiator secrets and the remains of ancient beasts.

9.00 **Drain Alcatraz** Cutting-edge visuals drain the water around Alcatraz to reveal why the infamous prison was so inescapable.

10.00 **Australia's Hardest Prison** Exploring Casuarina maximum security institution in Western Australia.

11.00 **To Catch a Smuggler** HSI and CBP seize counterfeit cash and fake vax cards. **11.30** HSI bust a ketamine smuggler in Miami.
12.00 M'T **Air Crash Investigation**
2.55 AM **Food Factory** Double bill.
3.45 **Money Meltdown**
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Discovered by Disaster**
7.00 **Pawn Stars** Five editions.
10.00 **Battle 360** Four editions.
2.00 PM **Storage Wars** Six editions of the series, including at: **4.00** Darrell has to deal with Kimber's eyes on a competitor. **4.30** Rene and Casey signal their intentions to undermine Darrell's plans.
5.00 **Ross Kemp: Shipwreck Treasure Hunter** The wreck of a steam-age ship in Devon. **6.00** The wreck of Nelsonian frigate HMS *Amethyst*.

5.00 Shipwreck Treasure Hunter

7.00 **Bomber: Terror of WWII** The remorseless development of weapons and bombers during World War Two.

8.00 **Bomber: Terror of WWII** In the war in the Pacific, the US and Japan successfully bombed naval and land targets.

9.00 **Clash of the Gods** The team examine evidence that the Minotaur's labyrinth could have been inspired by a real place.

10.00 **Clash of the Gods** The story of Beowulf, the Anglo-Saxon world's most famous warrior.

11.00 **Secrets Declassified with David Duchovny** The actor investigates daring government operations.
12.00 M'T **The UnBelievable with Dan Aykroyd** Extraordinary journeys, from a dog's unlikely voyage into space, to a chilling story of Arctic survival.
1.00 AM **Storage Wars**
4.00 **to 6.00** AM **Ancient Aliens**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Caribbean with Simon Reeve** From Nicaragua.
7.10 **Antiques Roadshow**
11.00 **Bangers & Cash**
12.00 NOON **Bangers & Cash: Restoring Classics**
1.00 PM **Canal Boat Diaries** Five editions, including at: **5.00** Robbie visits a former Beatle's home in Henley.
6.00 **'Allo 'Allo!** Rene is questioned about the location of the gold. **6.35** The Resistance attempt to get some British intelligence people to Nouvion.

7.05 Incredible Journeys

7.05 **Incredible Journeys with Simon Reeve** The adventurer presents highlights of his journeys around the world.

8.05 **Incredible Journeys with Simon Reeve** Simon recalls some of the most dangerous experiences of his travels.

9.05 **Bangers & Cash** There's a surprise for Derek in Hull – an MGSA sports car that once had a tree growing through it.

10.05 **Bangers & Cash** Derek picks up a lovingly restored 1925 Calthorpe motorbike that he thinks is a work of art.

11.05 **Bangers & Cash** Dave heads to the Midlands to collect a stylish Swedish Volvo P1800S. **12.05** AM Derek is auctioning off a two-seater plane. **1.05** One hundred motorbikes come in for auction from every era of the 20th century. **2.05 to 3.00** AM A 1970 Fiat 500 goes under the hammer.

+1 hour 255 329

7 PM

8 PM

9 PM

10 PM

Sunday

Quest

144 149 137 12 144 17

6.00 AM **Massive Engineering Mistakes**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Yorkshire Auction House** With Les Dennis and Sherrie Hewson.
8.00 **The Repair Shop** Restoring a vintage jukebox that holds fond memories for a widower. **9.00** A rusty children's bike is restored. **10.00** A pump organ is brought back to life. **11.00** Reviving a painting with a touching history.
12.00 M'T **Massive Engineering Mistakes**
2.00 AM **Curse of the Bermuda Triangle**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: Atlanta** Reality series.
10.00 **Curvy Brides Boutique**
11.00 **Say Yes to the Dress: The Big Day**
12.00 NOON **FBI Files**
3.00 PM **Disappeared**
8.00 **Disappeared** A musician interested in all things extra-terrestrial vanishes in Hawaii.
9.00 **A Killer's Mistake** How police brought Tony McCluskie to justice. **10.00** The story of how police closed the net on Anthony Sowell.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Julie Heath.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Violent Minds: Killers on Tape** Dr Carlisle completes his evaluation of Ted Bundy.
7.00 **Wrongly Accused** 1/2. Focusing on the case surrounding the 2010 murder of Joanna Yeates in Bristol. **8.00** 2/2. Christopher Jefferies is released on bail after three days, but he is still the subject of continued speculation.
9.00 **Killers: Caught on Camera** A woman is shot in her car by her estranged husband in front of her daughter. **10.00** An examination of how Martika Ferguson and Tiffiney Crawford were killed.
11.00 **48 Hours** Triple bill.
2.00 AM **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Ten editions.
2.00 PM **Medical Detectives** A community is rocked by the death of a nurse. **2.30** A woman's disappearance is paired with another case under similar circumstances. **3.00** A frozen body wrapped in sheets is found near Anchorage. **3.30** A flight attendant's murder bears a similarity to a killing years earlier. **4.00** A tragedy on a shrimp boat sees the captain drown. **4.30** A wealthy real-estate tycoon is killed.
5.00 **Uncovering Melanie's Murderer** True-crime.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Donal MacIntyre's Murder Files**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Rapid Response** Documentary.
11.00 **World's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **The Real Manhunter**
2.00 **World's Most Evil Killers**
3.00 **Catching the Killer**
4.00 **Murdered at First Sight**
5.00 **Britain's Most Evil Killers**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **Murder on the Doorstep: The Killer Clown** Documentary.
10.00 **Method of a Serial Killer** Israel Keyes.
12.00 M'T **Catching the Killer**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Love You to Death**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Icons of Conquest**
9.20 **Pan Am: Crossing the Pacific** Triple bill.
1.00 PM **America the Bountiful** Documentary.
1.35 **Treasures Decoded** Six editions, including at: **5.40** A church in Spain claiming to have found the sacred chalice. **6.40** The search for Atlantis, a great civilisation purportedly swallowed by the sea.
7.40 **Hitler's Gold** The backing Hitler needed to advance Nazism. **8.40** The Nazi 'economic miracle' that 'solved' unemployment. **9.40** How the Nazis' finances were affected by preparing for the war. **10.45** As World War Two ended, the hunt for the Nazi criminals began.
12.00 M'T **Icons of Conquest**
1.15 **to 2.00** AM **America the Bountiful**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Al Pacino**
7.00 **Discovering: Bill Murray**
8.00 **The Directors**
9.00 **Rise of the Superheroes**
11.10 **Wig** Documentary.
1.00 PM **On the Line: The Richard Williams Story**
2.50 **My Icon: Heather Watson**
3.00 **McEnroe** Documentary.
5.00 **Althea** Documentary focusing on the life of former tennis player Althea Gibson.
6.40 **JFK Revisited: Through the Looking Glass** Documentary examining the assassination of US president John F Kennedy.
9.00 NEW SERIES **7/7: Homegrown Terror** 1/3. A look at the events of 7 July 2005. **10.15** New edition 2/3. The investigation begins.
11.30 FILM **Amy** Documentary portrait of Amy Winehouse. (2015, 15, 128min) ★★★★
2.00 AM **The Stroll** Documentary.
3.40 **Pretending I'm a Superman: The Tony Hawk Video Game Story** Documentary.
5.00 **to 6.00** AM **The Directors**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
9.00 **Ol Pejeta Diaries**
11.00 **Baboons: Rules of the Troop**
12.00 NOON **Guardians of the Wild**
2.00 PM **Loons: A Cry from the Mist**
3.00 **Monkeys: An Amazing Animal Family** Triple bill of editions.
6.00 **Bugs That Ruled the World** New edition Exploring how the praying mantis has the agility of a martial artist.
7.00 **David Attenborough's Dragons and Damsels** A look into the world of dragonflies and damselflies.
8.00 **David Attenborough's First Life** 1/2. The naturalist explores the origins of life on Earth. **9.00** 2/2. How animals began to survive on dry land.
10.00 **The Wadden Sea** A fierce sandstorm threatens spoon chicks on the beach. **11.00** Migratory birds arrive in search of berries.
12.00 M'T **Bugs That Ruled the World**
1.00 AM **Africa's Hidden Kingdoms**
4.00 **to 6.00** AM **Malawi Wildlife Rescue**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Weeks of War**
11.00 **The Abyss: Rise & Fall of the Nazis** Double bill of editions.
1.00 PM **The Plane That Led D-Day**
2.00 **Memories of D-Day**
3.00 **Hitler's Secret Bomb**
5.00 **Secret Wars Uncovered**
6.00 **Strangest Things**
7.00 **Craig Charles: UFO Conspiracies** A mass sighting of a flying saucer at Chicago O'Hare International Airport.
8.00 **Conspiracy Files: Unsealed** Questioning whether technology is going too far, too fast. **8.30** The locations of stargate portals around the world.
9.00 **The Nostradamus Effect** Isaac Newton's obsession with biblical prophecies.
10.00 **UFOs Declassified** The sighting of a UFO by a pilot in 1957.
11.00 **Close Encounters** Double bill.
12.00 M'T **Ancient Aliens** Triple bill.
3.00 AM **Hitler's Secret Sex Life**
4.00 **Historic Hauntings**
5.00 **to 6.00** AM **Craig Charles: UFO Conspiracies**

Crime+Investigation

156 142 133

6.00 AM **When Missing Turns to Murder** Double bill of editions.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** Elaine Doyle.
11.00 **Nightmare in Suburbia**
1.00 PM **Cops Who Kill with Will Mellor** Keith Farquharson.
2.00 **Cops Gone Bad with Will Mellor** Kashif Mahmood.
3.00 **Killer Britain with Dermot Murnaghan** Four editions.
7.00 **When Missing Turns to Murder**
8.00 **Killer Britain with Dermot Murnaghan** David Roustoby.
9.00 **Cold Case Files: Dead West** New edition Lavender Doe.
10.00 **Cold Case Files: DNA Speaks**
11.00 **Cold Case Files: Murder in the Bayou** Courtney Coco.
12.00 M'T **Secrets of the Bunny Ranch** Documentary.
1.00 AM **Cold Case Files: Dead West**
2.00 **Killer Britain with Dermot Murnaghan** New edition
3.00 **Interview with a Killer** New edition Rebecca Keller.
4.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Wild Arctic**
11.00 **Ice Road Rescue: Highway Havoc** Double bill of editions.
1.00 PM **Europe's New Wild**
3.00 **Asia's Wild Secrets**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Heartland Docs** New edition Drs Ben and Erin Schroeder treat a wild bald eagle.
7.00 **Ocean with David Attenborough** Exploring the planet's undersea habitats.
8.45 **Super Reefs** The decline in the ecosystem of the southern Line Islands' coral reefs.
9.45 **Secrets of the Elephants** Asian elephants adapt to a rapidly changing human world.
10.30 **Wonderfully Weird** Nature's most oddly beautiful creatures.
11.00 **Underdogs** Ryan Reynolds reveals a guide to romance and reproduction, underdog style.
11.45 **Lawless Island**
1.45 AM **Secrets of the Zoo**
2.30 **Secrets of the Zoo: Keeper Tales** Documentary.
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **The Antiques Brothers**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** Experts use cutting-edge technology to explore why the Egyptians built pyramids. **7.00** Investigations unearth the secrets of the long-lost city of Babylon, and evidence reveals what Babylon looked like and what caused its downfall. **8.00** Experts use pioneering technology to examine the World Trade Center's twin towers.
9.00 **Salvage Hunters: The Restorers** A vintage 1920s Louis Vuitton wardrobe trunk. **10.00** Upholsterer Craig tries to restore a Robert Dawes reclining library chair. **11.00** Blacksmith Nev attempts an unconventional redesign on an ejection seat.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Secret Army**
4.00 PM **Secret Army** *The Hostage:* 1/13. Lifeline is ordered to protect a senior army officer who could potentially reveal top-secret military information about Allied plans for a Middle East offensive. **5.10** *Russian Roulette:* 2/13. Two Russian airmen insist on being smuggled to England. **6.20** *Lucky Piece:* 3/13. Lifeline deals with a special agent and a Polish engineer who verifies the existence of Hitler's secret rocket technology. **7.30** *Trapped:* 4/13. Monique is shot on the French side of the border, leading to the discovery that her papers are false. (S2) **8.40** *Be the First Kid on Y our Block to Rule the World:* 16/16. The Gestapo seal off Brussels, trapping Curtis – and his only means of escape is hitching a ride to France with a Hitler Youth group. (S1)
9.50 PM **to 6.00** AM **Secret Army**

+1 hour 266 376

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
9.00 **Love Kills** Documentary.
10.00 **Til Death Do Us Part**
12.00 NOON **On the Case with Paula Zahn** Double bill.
2.00 PM **To Catch a Killer**
4.00 **Swamp Murders**
6.00 **The Killer Beside Me** The travails of Caroline Nosel. **7.00** The murder of 20-year-old Andrea Farrington.
8.00 **The Perfect Murder** The murder of Russel Douglas, found shot dead in his car on a deserted road on Whidbey Island, north of Seattle.
9.00 **Signs of a Psychopath**
10.00 **Murder Under the Friday Night Lights** When cheer captain Tristyn Bailey goes missing, police navigate teenage rumours in a small Florida town.
11.00 **Undercover Underage**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **The Murder Tapes**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Goblin Works Garage**
12.00 NOON **Holden Bros. Restos** Five editions, including at: **3.00** PM The brothers take a 1988 Blazer and create the ultimate toy on wheels. **4.00** The brothers lower the suspension and upgrade the engine of a 1985 Dodge.
7.00 **Wheeler Dealers** Mike helps a member of the team by fixing up his four-litre V6 Mustang. **8.00** Mike and Ant restore a 1971 Chevrolet C10 Truck. **9.00** A Dodge SRT-10 is in need of some serious work. **10.00** A 2002 Chevy Corvette Z06 is worked on. **11.00** Mike and Ant claim ownership of a 1965 Dodge A-100 Sportsman. **12.00** M'T A young mechanic aims to gather experience by working on a Ford Mustang GT.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Piece By Piece** Animation. (2024, PG, 94min)
7.40 PREMIERE **Empire Waist**
9.25 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★
11.20 **Gladiator II** As 8.00pm.
2.00 PM **Joker: Folie à Deux** (2024)
4.20 PREMIERE **Empire Waist** Teen comedy drama starring Mia Kaplan. (2024, 12, 94min)
6.00 **Sharp Corner** Thriller. (2024, 15, 110min) ★★★★

4.20 Empire Waist

8.00 **Gladiator II** Director Ridley Scott's historical drama sequel starring Paul Mescal, Pedro Pascal and Denzel Washington. The son of Maximus Decimus Meridius enters the Colosseum in an attempt to bring glory back to Rome. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Joker: Folie à Deux** Musical thriller sequel starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
3.35 **Your Monster** Comedy. (2024, 15, 104min) ★★★★
5.30 **to 7.15** AM **Home Delivery** Comedy. (2023, 15, 86min)

Sky Cinema Jurassic Park

303 303 403 503 517

7.40 AM **Jurassic World: Fallen Kingdom** As 6.35pm.
9.50 **Jurassic World Rebirth: The Making of a New Era**
10.20 **Jurassic Park** As 8.45pm.
12.30 PM **Lost World: Jurassic Park**
2.40 **Jurassic Park III** As 1.05am.
4.15 **The Cinema List: Jurassic**
4.30 **Jurassic World** Adventure. (2015, 12, 124min) ★★★★
6.35 **Jurassic World: Fallen Kingdom** Adventure thriller. (2018, 12, 128min) ★★★

8.45 Jurassic Park

8.45 **Jurassic Park** Steven Spielberg's monster thriller starring Sam Neill and Laura Dern. A billionaire showman creates an island leisure park populated by genetically engineered – and very dangerous – dinosaurs. (1993, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **The Lost World: Jurassic Park** Steven Spielberg's monster thriller sequel starring Jeff Goldblum. A survivor of the Jurassic Park catastrophe goes to a second island also populated by genetically engineered dinosaurs. (1997, PG, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Jurassic Park III** Thriller sequel starring Sam Neill. (2001, PG, 92min) ★★★
2.40 **Jurassic Park** As 8.45pm.
4.50 **to 7.00** AM **The Lost World: Jurassic Park** As 10.55pm.

Sky Cinema Pride

310 310 410 510 524

6.05 AM **The United States vs. Billie Holiday** As shown at 1.35am.
8.20 **You Can Live Forever** (2022)
10.00 **The Man with the Answers** Greek romantic drama. Subtitled. (2021, 12, 80min) ★★★★
11.25 **The Color Purple** Musical drama. (2023, 12, 141min) ★★★
1.50 PM **The Danish Girl** Period drama with Eddie Redmayne. (2015, 15, 117min) ★★★
3.50 **L'immensità** Italian drama. Subtitled. (2022, 12, 99min) ★★
5.30 **The Glorias** Biopic with Julianne Moore and Alicia Vikander. (2020, 12, 139min) ★★★
8.00 **Lady Bird** Comedy drama starring Saoirse Ronan. (2017, 15, 94min) ★★★★★
9.50 **A Nice Indian Boy** Comedy starring Karan Soni. A traditional Indian family come to terms with the fact their son is planning to marry his white artist boyfriend. (2024, 12, 96min) ★★★
11.45 **You Can Live Forever** Drama starring Anwen O'Driscoll. (2022, 15, 96min) ★★★
1.35 AM **The United States vs. Billie Holiday** Biopic starring Andra Day and Leslie Jordan. (2021, 15, 126min) ★★★
4.00 **to 6.35** AM **The Glorias** (2020)

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.50 AM **Out of Darkness** (2022)
9.30 **Dune: Part Two** Sci-fi drama. (2024, 12, 166min) ★★★★★
12.25 PM **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
2.30 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
4.15 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
6.20 **The Purge** Horror with Ethan Hawke. (2013, 15, 85min) ★★★
8.00 **King Kong** Peter Jackson's monster movie starring Naomi Watts, Jack Black and Adrien Brody. A 1930s film crew travel to a mysterious, unexplored island and encounter the 'eighth wonder of the world' – a giant gorilla to whom the natives offer human sacrifices. (2005, 12, 187min) ★★★★
11.15 **The Watched** Horror starring Dakota Fanning, Georgina Campbell and Olwen Fouere. (2024, 15, 102min) ★★★
1.10 AM **28 Days Later...** Horror thriller starring Cillian Murphy. (2002, 18, 113min) ★★★★
3.20 **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
5.05 **to 7.10** AM **The Purge: Election Year** Action horror sequel. (2016, 15, 108min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.35 AM **Harriet the Spy** (1996)
8.25 **Yogi Bear** (2010, U) ★★★
9.55 **Stardust** (2007, PG) ★★★★
12.10 PM **Wonka** (2023, PG) ★★★★
2.15 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
4.00 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
5.40 **The Flintstones** Comedy. (1994, U, 93min) ★★★
7.15 **The Flintstones in Viva Rock Vegas** Comedy prequel. (2000, PG, 91min) ★★

7.15 The Flintstones in Viva...

8.55 **IF** Fantasy adventure starring Ryan Reynolds. A young girl joins forces with her upstairs neighbour to matchmake discarded imaginary friends with new children. With Cailey Fleming and Phoebe Waller-Bridge. (2024, U, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Beethoven** Comedy starring Charles Grodin, Bonnie Hunt and Dean Jones. A shaggy dog wins the love of a family by destroying their home. (1992, U, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Pups United** Adventure. (2015, U, 89min) ★★★
1.55 **Harriet the Spy** Comedy. (1996, PG, 97min) ★★★★
3.45 **Patch Adams** Fact-based comedy. (1998, 12, 115min) ★★
5.50 **to 7.45** AM **Batteries Not Included** Sci-fi fantasy. (1987, PG, 105min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.45 AM **The Italian Job** Thriller. (2003, 12, 110min) ★★★
9.45 **300: Rise of an Empire** Fantasy sequel. (2014, 15) ★★★
11.40 **Godzilla** Monster movie. (1998, PG, 139min) ★★★
2.10 PM **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★
3.55 **The Huntsman: Winter's War** Fantasy. (2016, 12) ★★★
6.00 **The Mummy: Tomb of the Dragon Emperor** Adventure sequel. (2008, 12) ★★★

6.00 The Mummy: Tomb of...

8.00 **Fast & Furious 6** Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to stop a criminal mastermind from constructing a superweapon. With Michelle Rodriguez. (2013, 12, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Justice League** Action adventure starring Ben Affleck. Bruce Wayne enlists help in the fight against a supervillain. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Project A** Adventure. (1985, 12, 72min) ★★★
2.10 **The Way of the Dragon** Martial arts action adventure. (1972, 18, 99min) ★★★
3.55 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
5.35 **to 7.45** AM **Twilight of the Warriors: Walled In** Thriller. (2024, 15, 126min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **O Brother, Where Art Thou?** As shown at 4.25pm.
9.05 **Sausage Party** As 6.20pm.
10.45 **Sumotherhood** Comedy. (2023, 15, 97min) ★★★
12.30 PM **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
2.25 **Pitch Perfect** Musical comedy. (2012, 12, 112min) ★★★★
4.25 **O Brother, Where Art Thou?** Comedy. (2000, 12) ★★★★
6.20 **Sausage Party** Animation. (2016, 15, 89min) ★★★

6.20 Sausage Party

8.00 **Miss Congeniality** Comedy starring Sandra Bullock as a tomboyish FBI agent who receives a radical make-over in order to go undercover at a beauty contest. With Michael Caine and Benjamin Bratt. (2000, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock, Enrique Murciano and Regina King. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Fast Times at Ridgemont High** Cult teen comedy starring Sean Penn. (1982, 18, 90min) ★★★★★
1.45 **Am I OK?** Romantic comedy. (2022, 15, 86min) ★★★
3.20 **Junior** Comedy starring Arnold Schwarzenegger. (1994, PG, 110min) ★★★
5.20 **to 7.55** AM **Avanti!** Comedy. (1972, 15, 144min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.45 AM **Eileen** As 2.00am.
9.30 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
11.45 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
1.50 PM **Green Zone** Action thriller. (2010, 15, 110min) ★★★★
3.55 **The Good Neighbour** Thriller with Jonathan Rhys Meyers. (2022, 15, 97min) ★★★
5.50 **The Sum of All Fears** Action thriller starring Ben Affleck. (2002, 12, 119min) ★★★★

10.25 Snatch

8.00 **Vanilla Sky** Romantic fantasy drama, a remake of the Spanish film *Open Your Eyes*, starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Snatch** Crime comedy drama starring Jason Statham, Benicio Del Toro and Vinnie Jones. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Swallowed** Horror thriller. (2022, 18, 96min) ★★
2.00 **Eileen** Mystery thriller. (2023, 15, 97min) ★★★★
3.45 **Oldboy** South Korean revenge thriller. Subtitled. (2003, 18, 120min) ★★★★
5.55 **to 7.35** AM **Breakdown** Thriller starring Kurt Russell. (1997, 15, 94min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Great Escape** Classic PoW escape adventure. (1963, PG, 166min) ★★★★★
2.30 PM **The Perfect Catch** Romantic comedy, a US version of *Fever Pitch*. (2005, PG, 103min) ★★★
4.35 **Enemy Mine** Sci-fi drama. (1985, 15, 108min) ★★★
6.40 **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★

11.15 Jojo Rabbit

Jumanji: The Next Level (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Boston Strangler** Fact-based drama starring Keira Knightley and Carrie Coon. Reporters Loretta McLaughlin and Jean Cole encounter sexism while investigating the Boston Strangler murders of the 1960s. (2023, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **Jojo Rabbit** Taika Waititi's satirical comedy starring Roman Griffin Davis, Thomasin McKenzie, Scarlett Johansson and Stephen Merchant. (2019, 12, 108min) ★★★★
1.25 **to 3.10** AM **P'tang, Yang, Kipperbang** Nostalgic comedy drama starring John Albasiny and Abigail Cruttenden. (1982, PG, 76min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.40 AM **The Wild Robot** Animation. (2024, U, 102min) ★★★★
8.30 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★
10.30 **Shakespeare in Love** (1998)
12.40 PM **Being John Malkovich** Comedy starring John Cusack. (1999, 15, 112min) ★★★★★
2.40 **Schindler's List** Epic drama. (1993, 15, 195min) ★★★★★
5.55 **Frost/Nixon** Ron Howard's drama starring Michael Sheen. (2008, 15, 122min) ★★★★
8.00 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama starring Jessica Chastain. (2012, 15, 157min) ★★★★★
10.40 **Whiplash** Drama starring Miles Teller and JK Simmons. A jazz drummer's dream of enrolling at a prestigious music academy turns into a nightmare thanks to his uncompromising tutor. (2014, 15, 106min) ★★★★★
12.30 AM **Shakespeare in Love** Oscar-winning romantic comedy. (1998, 15, 122min) ★★★★
2.35 **Touch** Icelandic romantic drama starring Egill Olafsson. Subtitled. (2024, 15, 121min) ★★★★
4.40 **to 6.10** AM **Jericho Ridge** Thriller. (2023, 15, 87min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.05 AM **The Adventures of Baron Munchausen** As 3.35am.
9.15 **Dumb and Dumber** As 9.45pm.
11.15 **Ace Ventura Pet Detective**
12.55 PM **Ace Ventura: When Nature Calls** As 8.00pm.
2.45 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
4.35 **King Ralph** Comedy starring John Goodman and Peter O'Toole. (1991, PG, 97min) ★
6.20 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey and Ian McNeice. (1995, PG, 89min) ★★★
9.45 **Dumb and Dumber** Comedy with Jim Carrey and Jeff Daniels. (1994, 12, 107min) ★★★
11.35 **The Taming of the Shrew** Director Franco Zeffirelli's screen version of Shakespeare's play. (1967, U, 126min) ★★★★
1.40 AM **Body Double** Action thriller starring Craig Wasson. (1984, 18, 109min) ★★★
3.35 **The Adventures of Baron Munchausen** Fantasy adventure. (1988, PG, 126min) ★★★★
5.45 **to 6.45** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.40 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animated fantasy. (2015, U, 49min) ★★★
7.40 **Monster House** Animation. (2006, PG, 91min) ★★★★
9.25 **Antz** Animated comedy. (1998, PG, 83min) ★★★
10.55 **Trolls** Animation. (2016, U) ★★★
12.35 PM **Smallfoot** Animation. (2018, U, 96min) ★★★
2.20 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
4.00 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
5.45 **Angry Birds Movie 2** Animated sequel. (2019, U, 93min) ★★★
7.30 **Hotel Transylvania 3: Summer Vacation** Animated fantasy sequel. (2018, U, 97min) ★★
9.15 **Barnyard** Animated comedy. (2006, PG, 90min) ★
10.55 **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
12.25 AM **The Canterville Ghost** Animation. (2023, PG) ★★
2.00 **Curious George** Animation. (2006, U, 87min) ★★★★
3.35 **Batman Unlimited: Animal Instincts** (2015, PG) ★★
5.00 **to 6.20** AM **The Swan Princess: The Secret of the Castle**

Movies 24

312 313 419

7.00 AM **Campfire Romance** Comedy. (2022, PG, 90min) ★★
9.00 **A Bridesmaid in Love** Romantic comedy starring Tori Anderson. (2022, PG, 87min) ★★
11.00 **The Professional Bridesmaid** Romantic drama starring Hunter King. (2023, PG, 90min) ★★
1.00 PM **Luckless in Love** Romantic comedy starring Paniz Zade. (2023, PG, 86min) ★★
3.00 PREMIERE **Signed, Sealed, Delivered: To the Moon and Back** Drama starring Eric Mabius. (2025, PG, 90min) ★★
5.00 **Hashtag Proposal** Romantic comedy. (2023, PG, 87min) ★★
7.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
9.00 **Pumpkin Everything** Romantic comedy starring Taylor Cole. A novelist crosses paths with a man from her past while looking after her stubborn grandfather. (2022, PG, 84min) ★★
11.00 **The Attraction Test** Romantic comedy. (2022, PG, 85min) ★★
1.00 AM **Falling Together** Drama. (2024, U, 90min) ★★
3.00 **to 5.00** AM **Marry Go Round** Comedy. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Cloak Without Dagger** Thriller. (1956, b/w, U, 67min) ★★
7.20 **The Crater Lake Monster** Fantasy. (1977, 15, 74min) ★
9.05 **The Gelignite Gang** Thriller. (1956, b/w, U, 75min) ★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **Now Barabbas Was a Robber** Drama. (1949, b/w, PG) ★★
12.50 PM **Worzel Gummidge** (S2)
1.25 **Batman** 23/60. (S2)
2.00 **The Desperate Mission** Western. (1969, PG, 97min) ★★
3.50 **Look at Life** Documentary.
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town** Documentary.
5.00 **The Footage Detectives**
6.00 **The Wrong Arm of the Law** Comedy. (1962, b/w, U) ★★★★
7.50 **Look at Life** Documentary.
8.00 **Gideon's Way** 26/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club**
9.55 **Strip Tease Murder** Drama. (1961, b/w, 18, 66min) ★★
11.15 **Budgie** 7/13. (S2)
12.20 AM **The Heritage Chart Show**
1.25 **The Punching Preacher**
2.00 **Malice** Thriller with Alec Baldwin. (1993, 15, 102min) ★★★
4.10 **The Spare Tyres** Short comedy.
4.45 **The Texan** 35/37. (S1)
5.20 **to 6.00** AM **The Larkins**

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
11.30 LIVE **DP World Tour Golf** Coverage of the fourth and final day of the Italian Open from the Argentario Golf Club in Tuscany.
12.30 PM LIVE **Formula 1** Coverage of the Austrian Grand Prix, the 11th round of the season staged at Red Bull Ring in Spielberg. Red Bull's Max Verstappen holds the record for the most Grand Prix wins at this event and will be looking to win his fifth race since 2018. Start-time **2.00pm**.
5.00 LIVE **PGA Tour Golf** Coverage of the early stages of the fourth and final day of the Rocket Classic at the Detroit Golf Club, Michigan.
6.00 LIVE **PGA Tour Golf** Coverage of the fourth and final day of the Rocket Classic at the Detroit Golf Club in Michigan. Four of the six winners of this competition have been American, which includes Rickie Fowler, Tony Finau, Bryson DeChambeau and Nate Lashley, who won the first event in 2019.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **PL Retro** Manchester City v Manchester United from 2018.
11.00 **Premier League Stories**
11.30 **The Big Interview**
12.00 NOON **Premier League Highlights** Recent action.
3.00 PM **Premier League Highlights** Crystal Palace v Southampton.
3.30 Action from Crystal Palace v West Ham United at Selhurst Park.
4.00 Everton v Bournemouth.
4.30 Everton v Brentford.
5.00 Everton v Brighton and Hove Albion at Goodison Park.
5.30 Everton v Crystal Palace.
6.00 Highlights from Everton v Leicester City at Goodison Park.
6.30 Action from Everton v Manchester City at Goodison Park.
7.00 **Outraged: Football's Discrimination**
8.00 **Gary Neville's Soccerbox**
10.00 **Class of '92: Full Time**
1.00 AM **Premier League Years** Moments of the 2015/16 season.
3.00 **PL Greatest Games**
4.00 **Best PL Goals: Arsenal**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2018/19 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
12.00 NOON **EFL** Action from Sheffield United v Sunderland in this year's Championship play-off final.
1.00 PM Charlton Athletic v Leyton Orient in this year's League One play-off final.
2.00 Highlights from AFC Wimbledon v Walsall in this year's League Two play-off final.
3.00 **EFL Cup Highlights** Liverpool v Newcastle United in the final.
4.00 **Best Goals: EFL Cup 24/25**
4.30 **EFL Trophy** Action from Birmingham City v Peterborough United in the final at Wembley.
5.00 **WSL: End of Season Special**
5.30 **SPFL Highlights** Play-offs.
6.00 **SPFL** Rangers v Celtic.
12.00 M'T **EFL Cup Retro** Arsenal v Manchester City in the 2018 final.
2.00 AM **EFL Trophy** Peterborough United v Wycombe Wanderers in the 2023/24 final at Wembley.
2.30 **EFL Greatest Games**
4.00 **EFL Best Championship Goals**
4.30 **Jimmy Glass: The Great Escape**
5.00 **to 6.00** AM **SPFL Best Goals**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v India**
7.30 **Best of England v Windies**
8.00 **Women's International T20 Cricket** England v India.
12.00 NOON **Best of ICC WT20**
12.15 PM **Best of England v India**
12.30 **Women's International One-Day Cricket** Highlights of England v West Indies in the first ODI in the three-match series from the County Ground, Derby.
1.30 England v West Indies in the second ODI from Uptonsteel County Ground in Leicester.
2.30 England v West Indies in the third and final ODI at the Cooper Associates County Ground.
3.30 **Test Cricket** England v India in the first Test in the five-match series from Headingley Cricket Stadium.
8.30 **Women's International One-Day Cricket** Highlights from England v West Indies.
11.30 **Best of ICC WT20** Highlights from England v India in 2007.
11.45 **Best of England v India** The 2009 World T20 match.
12.00 M'T **Women's International T20 Cricket** England v India.
4.00 AM **Best of ICC WT20**
4.30 **Best of England v India**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Golf**
10.00 **PGA Tour Champions Learning Centre** Expert golfing advice.
10.30 **Rose Ladies Series**
11.00 **HotelPlanner Tour Golf**
11.30 LIVE **DP World Tour Golf** Coverage of the fourth and final day of the Italian Open from the Argentario Golf Club in Tuscany.
4.30 PM LIVE **PGA Tour Golf** Coverage of the fourth and final day of the Rocket Classic from the Detroit Golf Club in Michigan.
11.00 **Rose Ladies Series**
11.30 **HotelPlanner Tour Golf**
12.00 M'T **PGA Tour Champions**
1.00 AM **Playing Lessons**
3.00 **DP World Tour Golf**
4.00 **PGA Tour Golf** Rocket Classic.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA Tennis** A recent final.
8.00 **ATP Tennis** Event highlights.
11.00 **WTA Tennis** Two finals.
2.00 PM **ATP Tennis** Event highlights.
5.00 **WTA Tennis** Bad Homburg Open.
6.00 **ATP Tennis** Action from Spain.
7.00 **WTA Tennis** Highlights from the S-Hertogenbosch Open final.
8.00 **WTA Tennis** Bad Homburg Open.
9.00 **ATP Tennis** Three recent finals.
12.00 M'T **WTA & ATP Tennis**
2.00 AM **Bitesize Tennis** Berlin Open.
2.15 **Tim Henman Podcast 2024**
2.30 **Billie Jean King: My Story**
2.45 **Martina Navratilova: Unstoppable** An interview.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM **Classic Premier League**
8.00 **Premier League Stories**
8.30 **UEFA Champions League**
8.45 **Sign Up – Into Football**
9.30 LIVE **The FA Disability Cup** Coverage of the Cerebral Palsy final staged at St. George's Park.
12.15 PM LIVE **The FA Disability Cup** Coverage of the Powerchair final from St. George's Park.
2.15 LIVE **The FA Disability Cup** Coverage of the Deaf Cup final staged at St. George's Park.
5.30 **SailGP – Racing on the Edge**
6.00 **MLB: Off the Bat**
6.30 LIVE **MLB Athletics v Philadelphia Phillies.** The inter-league match from Sutter Health Park. Start-time **6.35pm**.
9.45 **MotoGP** GP of Netherlands.
10.45 **MotoGP Chequered Flag**
11.45 **TNT Sports Reload**
12.00 M'T LIVE **MLB Detroit Tigers v Minnesota Twins.** The American League match from Comerica Park. Start-time **12.10am**.
3.15 AM **MLB Plays of the Week**
3.45 **Test Cricket Highlights**
4.45 **TNT Sports Reload**
5.00 **World Rally Championship**
5.30 **to 6.00** AM **NBA on Fire**

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **World Rally Championship** Rally Greece.
6.45 **British Superbikes Rewind**
7.00 LIVE **World Rally Championship** Rally Greece.
8.00 **MotoGP** GP of Netherlands.
8.30 LIVE **MotoGP** The Grand Prix of Netherlands warm-up session.
9.00 LIVE **MotoGP** The Grand Prix of Netherlands Moto3 race in Assen.
11.00 LIVE **MotoGP** The Grand Prix of Netherlands Moto2 race in Assen.
12.15 PM LIVE **MotoGP** The Grand Prix of Netherlands MotoGP race.
2.15 **MotoGP Chequered Flag**
3.15 **MotoGP Films**
4.30 **Gallagher Premiership Rugby Union** Season review.
6.00 **AFL** Two match replays.
9.00 LIVE **WNBA Los Angeles Sparks v Chicago Sky.** Coverage from Crypto.com Arena.
11.00 **UFC** Ilia Topuria v Charles Oliveira.
2.00 AM **Gallagher Premiership Rugby Union** The best tries.
2.30 **Ally's Social Club** Alan Shearer.
3.15 **FIM Speedway Grand Prix**
4.15 **SailGP – Racing on the Edge**
4.45 **Cycling** Giro d'Italia Next Gen.
5.45 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **British and Irish Lions Tour**
7.00 **Super League** A match replay.
9.45 **Lions Legends** Ian McGeechan.
10.00 **British and Irish Lions Tour**
11.00 **Super League** A replay of Warrington Wolves v Hull FC.
1.45 PM **Lions Legends**
2.00 **Rugby Union Retro**
2.45 **Lions Legends** Ian McGeechan.
3.00 **British and Irish Lions Tour**
4.00 LIVE **Netball Super League** Coverage of the preliminary final, in which the loser of the major semi-final host the winner of the minor semi-final for a place in the Grand Final.
6.30 **British and Irish Lions Tour** Western Force v British & Irish Lions at Optus Stadium in Perth.
10.15 **Rugby Union Retro**
10.30 **Lions Legends** Ian McGeechan.
10.45 Finlay Calder's career.
11.00 **Women's State of Origin** Action from New South Wales Sky Blues v Queensland Maroons.
12.00 M'T **British and Irish Lions Tour** Western Force v British & Irish Lions at Optus Stadium in Perth.
3.45 AM **Lions Legends**
4.15 **Rugby Union Retro**
5.15 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Action from Charlton Athletic v Leyton Orient in the League One play-off final.
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Sports Sunday**
3.00 PM LIVE **PGA Tour Golf** Coverage of the early stages of the fourth day of the Rocket Classic at the Detroit Golf Club.
6.00 LIVE **PGA Tour Golf** Coverage of the fourth day of the Rocket Classic at the Detroit Golf Club in Michigan. Four of the six winners of this competition have been American, which includes Rickie Fowler, Tony Finau, Bryson DeChambeau and Nate Lashley, who won the first event in 2019.
8.00 LIVE **LPGA Tour Golf** Coverage of day four of the Dow Championship from Midland Country Club in Midland, Michigan. This is just the sixth edition of this event after its inception in 2019.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see the 10th night of the tournament staged at AO Arena in Manchester.
4.00 **to 6.00** AM **EFL Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Super League**
8.45 **EFL Greatest Games**
10.00 **Rose Ladies Series**
10.30 **HotelPlanner Tour Golf**
11.00 **Lionesses: How Football Came Home** Documentary.
12.30 PM **Rose Ladies Series**
1.00 LIVE **Ladies European Tour Golf** Coverage of the fourth day of the Amundi German Masters.
4.00 **PL Greatest Games**
5.00 **Fight Night** Two bout replays.
7.00 **On the Road with Iona Stephen**
8.00 **Super League** A match replay.
10.45 **PL Greatest Games**
11.00 **Formula 1** Austrian Grand Prix.
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night** Two bout replays.
3.00 **EFL Greatest Games**
4.00 **Formula 1** Austrian Grand Prix.
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

5.15 AM LIVE **Test Cricket Sri Lanka v Bangladesh.** Coverage of day five of the second Test in the two-match series at Sinhalese Sports Club Cricket Ground.
1.30 PM **Reframe the Game** The rise of top-flight women's rugby.
1.45 **Test Cricket Highlights** West Indies v Australia: Action from day four of the first Test in the three-match series at Kensington Oval in Bridgetown, Barbados.
2.45 LIVE **Test Cricket West Indies v Australia.** Coverage of the fifth and final day of the first Test in the three-match series at Kensington Oval in Bridgetown, Barbados.
11.00 **UFC** Another chance to see Ilia Topuria v Charles Oliveira.
2.00 AM **V8 Supercars Highlights** The Darwin Triple Crown, the sixth round of the season at Hidden Valley Raceway in Australia.
4.00 **to 6.00** AM **Gallagher Premiership Rugby Union**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **AFL Richmond Tigers v Adelaide Crows.** Coverage of the match from Melbourne Cricket Ground. Bounce-up **6.20am**.
9.00 **Test Cricket Highlights**
10.00 **Golden Trail World Series**
10.30 LIVE **Porsche Supercup** The Austrian Grand Prix in Spielberg.
11.45 **MLB Highlights**
12.45 PM **Jens Voigt: Cycling Legacy**
1.15 LIVE **National Road Championship** Coverage of the elite road races in France.
5.45 **Jens Voigt: Cycling Legacy**
6.15 LIVE **IFSC Climbing World Cup** Coverage of the men's and women's lead final in Innsbruck.
9.00 LIVE **MLB Arizona Diamondbacks v Miami Marlins.** The National League match. Start-time **9.10pm**.
12.15 AM **Cycling** Recent action.
4.15 **World Rally Championship**
4.45 **Formula E Highlights**
5.45 **to 6.00** AM **Europa League**

Premier Sports 1

419 551

6.00 AM **LaLiga Specials**
7.00 **Motorsport** Drew Gibson.
8.00 **Major League Cricket** A chance to see Washington Freedom v San Francisco Unicorns.
12.00 NOON **Major League Cricket** LA Knight Riders v Seattle Orcas.
4.00 PM **Indy Autonomous Challenge**
5.30 **Transworld Sport** Magazine.
6.30 **FIM Sidecarcross** The fourth round of the season in Gdansk.
7.30 **World Surf League** Action from the Margaret River Pro.
8.30 **Scottish Rally Championship** Highlights of the Jim Clark Rally.
9.00 **NASCAR Highlights** Action from the Great American Getaway 400.
10.00 LIVE **NASCAR** Coverage of the Quaker State 400, the latest round of the season at Echopark Speedway in Hampton, Georgia.
4.00 AM **Scottish Rally Championship** Jim Clark Rally.
4.30 **to 6.00** AM **UK Independent Kart Racing**

Premier Sports 2

420 552

6.00 AM **Swedish Speedway**
8.00 **FastZone** Motorsports highlights.
8.30 **Bike World** Magazine.
9.00 **LaLiga Specials**
9.30 **CONCACAF Gold Cup** A chance to see the first quarter-final.
11.30 **Temples of Sport**
12.00 NOON **CONCACAF Gold Cup** The second quarter-final.
2.00 PM **Temples of Sport**
3.00 **LaLiga Specials**
4.00 **CONCACAF Gold Cup** A chance to see the first quarter-final.
6.00 **Football's Greatest**
6.30 **CONCACAF Gold Cup** A chance to see the second quarter-final.
8.30 **LaLiga Specials** The best goalkeepers from the season.
9.00 LIVE **CONCACAF Gold Cup** Coverage of the third quarter-final.
12.00 M'T LIVE **CONCACAF Gold Cup** The fourth quarter-final.
3.00 AM **Temples of Sport**
3.30 **Top 14 Rugby Union**
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **British GT Championship**
7.00 **Chasing the Dream**
7.25 LIVE **Formula 3** Coverage of the Austrian Grand Prix feature race.
8.30 **F1 Features**
8.55 LIVE **Formula 2** Coverage of the Austrian Grand Prix feature race.
10.15 **72 Hours with Jack Doohan**
10.40 LIVE **Porsche Supercup** The Austrian Grand Prix.
11.30 **Chasing the Dream**
12.00 NOON **Ted's Notebook**
12.30 PM LIVE **Formula 1** Coverage of the Austrian Grand Prix.
5.00 **Ted's Notebook**
5.30 **Formula 1** Austrian Grand Prix.
6.30 **Ted's Notebook**
7.00 **Formula 2** Action from Austria.
8.20 **Oscar Piastri and Ted**
8.30 **Formula 3** Austrian Grand Prix.
9.30 **Formula 1** Action from Austria.
10.30 **Ted's Notebook**
11.00 **Formula 1** Austrian Grand Prix.
3.30 AM **Ted's Notebook**
4.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

Monday

30 June

Evening Planner

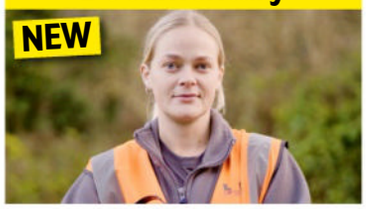
Tennis

Wimbledon
BBC1/BBC2 & BBC iPlayer, from 10.30am
The opening day's play in SW19, where Carlos Alcaraz and Barbora Krejcíková are the defending singles' champions..

Drama

Scrublands: Silver
BBC2, 9pm (box set, BBC iPlayer)
Journalist Martin Scarsden (Luke Arnold) returns to his hometown – only to learn that his partner is suspected of murder.

Documentary



Crime Scene Cleaners
C4, 10pm (box set, C4 Streaming)
Cameras follow teams of crime scene cleaners in the UK and US as they clean up some of the most gruesome scenes.

OnDemand

NETFLIX

Shark Whisperer
Available today
Following marine conservationist Ocean Ramsey as she challenges the negative perception we have of sharks.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Wimbledon – Live: Coverage of the prestigious tournament						10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 EastEnders		8.00 Your Garden Made Perfect		9.00 Scrublands: Silver		10.00 Upstart Crow	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Shardlake		10.05 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Dover 24/7: Britain's Busiest Port		9.00 24 Hours In Police Custody...		10.00 Crime Scene Cleaners	
	105 5	7.00 Football: FIFA Club World Cup – Live: Winner Group E v runner-up Group F (Kick-off 8.00)							
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Predators		9.00 The Gilded Age		10.05 Royal Kill List	
ENTERTAINMENT	115 BBC3	7.00 My Super Sweet 16		8.10 The Traitors NZ		9.00 High: Confessions of an Ibiza Drug Mule		10.15 Drugs Map of Britain	
	116 BBC4	7.00 Secrets of Skin	7.30 Blitz Spirit with Lucy Worsley			9.15 Albert Speer: The Unseen Interrogation			10.30 Albert Speer...
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 G'wed	10.40 Family...
	136 MORE4	‹ 6.55 Kirstie and Phil's Love It or List It		8.00 PopMaster TV		9.00 Matt Baker: Our Farm in the Dales		10.00 Top Guns: Inside the RAF	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 Elsbeth		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.50 Westworld		7.55 Game of Thrones		9.00 The Gilded Age		10.05 Catherine the Great	
	110 U&GOLD	‹ 6.40 Are...	7.20 Dad's Army		8.40 Porridge		9.20 The Vicar of Dibley	10.00 The Royle Family	10.40 Fast...
	111 U&DAVE		7.05 Would I Lie to You?	7.45 Richard Osman's House of Games		9.00 Have I Got a Bit More News for You		10.00 Dave Gorman: Modern Life Is Goodish	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	7.00 Junk and Disorderly		8.00 Beat the Chasers		9.00 Film: Creed II			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans: XL Tour		10.00 Bradley & Barney Walsh: Breaking Dad	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.05 Rob Beckett's Smart TV		9.00 Poker Face		10.00 Warrior	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private Investigators			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: 70 Years Young					
	132 U&W	7.00 Ski A&E		8.00 DIY SOS: The Big Build		9.00 Deadly Waters with Captain Lee		10.00 Killer Women with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Alaska: Homestead Rescue			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Expedition Bigfoot				10.00 The Last Alaskans	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Construction Fails	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Walking Through History		9.00 Killer Kings		10.00 Discovered by Disaster	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Canal Boat Diaries		9.00 Australia with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	‹ 6.55 The Mortician		8.00 Tell Them You Love Me				10.00 7/7: Homegrown Terror	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Empire Waist		8.00 Gladiator II					10.40 Joker...
	302 2025 RECAP	‹ 6.15 The Good Half		8.00 The Line			9.45 A Different Man		
	303 EPIC WORLDS	‹ 6.10 The NeverEnding Story		8.00 Dune: Part Two					
	304 GREATS	‹ 6.00 Rear Window		8.00 The Firm					10.35 Body...
	305 ANIMATION	‹ 5.40 Turbo	7.25 Captain Underpants			9.00 Curious George			10.35 Batman...
	306 FAMILY		7.20 Jumanji			9.10 Patch Adams			
	307 ACTION	‹ 5.50 Twisters		8.00 Fast & Furious 5				10.15 Twilight of the Warriors...	
	308 COMEDY	‹ 5.40 The Holdovers		8.00 Daddy's Home 2			9.45 Junior		
	309 THRILLER	‹ 5.55 Paradise Highway		8.00 The Island					10.25 The Godfather
	310 DRAMA	‹ 5.20 Scent of a Woman		8.00 Jerry Maguire					10.20 The Sugarland Express
	311 SCI-FI	‹ 6.10 The First Purge		8.00 Interstellar					
	313 FILM4	‹ 6.50 The League of Extraordinary Gentlemen				9.00 Bullet Train			
SPORT	401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's...	8.30 David James: The One and Only			10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL				9.00 EFL Greatest Games		10.00 Retro League One	
	404 CRICKET	‹ 6.00 Women's International T20 Cricket						10.00 Best of ICC WT20	
	410 TNT SPORTS 1	‹ 6.00 Ultimate Pool – Live: Coverage from Group 5 of the Pairs Cup					9.30 Fight Week		10.15 WRC Review
	411 TNT SPORTS 2	7.00 IFSC Climbing World Cup Highlights		8.15 Jens Voigt: Cycling Legacy		9.00 Fishing: On the Bank		10.00 UFC	

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition Police are left confounded by a burglar's disappearing act. (S)(AD)
11.15 **Homes Under the Hammer** From Cambridgeshire. (S)(R)(AD)
12.15 PM **Bargain Hunt** New edition David Harper and Roo Irvine assist the teams in an antiques centre near Bradford. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 LIVE **Wimbledon** Coverage of the opening day of the Grand Slam tournament from the All England Club, featuring first-round matches. *See feature, page 8.* (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

12.15 Bargain Hunt

7 PM

7.00 LIVE **Wimbledon** Clare Balding presents further coverage of day one of the Grand Slam tournament from the All England Club, featuring men's and ladies' first-round matches. Americans Coco Gauff and Caroline Dolehide were the final players to take to Centre Court on day one last year and the former comfortably prevailed 6-1, 6-2. Having previously claimed the 2023 US Open title, Gauff won the 2025 French Open earlier this month, so will expect to be a major contender here, even though she has never previously progressed beyond the fourth round of this event. (S)
■ Two episodes of *EastEnders* at 7pm on BBC2.

8 PM

9 PM

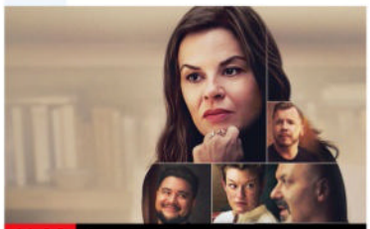
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** Alexander Armstrong hosts the satirical current affairs quiz, with guest panellists Jo Brand and Munya Chawawa. (S)(R)
11.10 **Ragdoll** 5/6. Rose and the killer engage in a sadistic game of cat-and-mouse, while Edmunds' piqued suspicions land her in grave danger. (S)(R)(AD)
11.55 6/6. Rose is forced to confront his choices as Baxter tries to help him choose a path of redemption. (S1) (S)(R)(AD)
■ Entire series on BBC iPlayer
12.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Saturday Kitchen Best Bites** Matt Tebbutt presents more highlights, with recipes from Rosie Birkett and Mike Reid. (S)(R)
8.00 **Sign Zone: Springwatch** Iolo Williams is at Rathlin Island's West Light Seabird Centre. (S)(R)
9.00 **BBC News** (S)
9.45 **Politics Live** (S)
10.30 LIVE **Wimbledon** Coverage of the opening play on day one of the Grand Slam tournament from the All England Club, featuring men's and ladies' first-round matches. *See feature, page 8.* (S)
3.00 PM LIVE **Wimbledon** Clare Balding presents further coverage of the opening day of the Grand Slam tournament from the All England Club, featuring men's and ladies' first-round matches. (S)



11.00 Couples Therapy

7.00 **EastEnders** Zack is the bearer of bad news, and Vicki stumbles upon some lucrative information. (S)(AD)
7.30 A situation escalates in the Vic, Vicki resorts to desperate tactics, while Priya and Ravi's suspicions are raised. (S)(AD)
8.00 **Your Garden Made Perfect** Angela Scanlon helps Agata and David in Benfleet, Essex, who were initially attracted to their family home because of its massive garden, but the awkward L-shape shape has become an issue. (S)(R)
9.00 NEW SERIES **Scrublands: Silver** 1/4. Return of the Australian drama starring Luke Arnold and Bella Heathcote. (S2) (S)(AD)
■ Continues tomorrow
9.45 **The Pembrokeshire Coast: A Wild Year** (S)(R)(AD)
10.00 **Upstart Crow** *I Know Thee Not, Old Man*: 2/6. Will has to confront a demon from his past. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Couples Therapy** New editions 13/18. Kyle recounts painful childhood memories. (S) **11.25** 14/18. Nick reveals a traumatic episode. (S)
■ Entire series on BBC iPlayer
11.55 **Today at Wimbledon** Highlights of the opening day's play. (S)
12.55 AM **Sign Zone: Countryfile** (S)(R)
1.50 **Sign Zone: The Gold** (S)(R)(AD)
2.50 **Sign Zone: Antiques Roadshow**
3.50 **Sign Zone: Lifeline** (S)(R)
4.00 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with Brian Conley, Sue Perkins and Colin Salmon attempting to guess the familiar phrases. (S)(R)(AD)
3.00 **Lingo** Adil Ray hosts the word-based quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Shardlake

7.30 **Emmerdale** Paddy is attacked, Ross attempts to get Lewis to change his mind, and Mack plays a dangerous game. (S)(AD)
8.00 **Coronation Street** Todd offers Millie a way out of her lie, Kevin realises that something is going on between Carl and Abi, Cassie wins over Sally and Tim, while Dee-Dee defies James by enquiring about a christening for Laila. (S)(AD)
9.00 **Shardlake** Series finale 4/4. Cromwell is furious with Shardlake's lack of results and Henry VIII's right-hand man gives the lawyer a terrifying ultimatum. Stars Arthur Hughes. (S1) (S)(AD)
10.05 **ITV News** (S)
10.35 **Local News** (S)
10.50 **TikTok: Murder Gone Viral** After surviving an attempt on her life, TikTok star Sania Khan went viral campaigning for South Asian women's rights, but this put her in mortal danger from her ex-husband. (S)(R)(AD)
11.45 **Heathrow: Britain's Busiest Airport** As the COVID-19 pandemic grips the nation, cameras follow life at Heathrow, as depleted staff members fight to keep the airport going. (S)(R)(AD)
12.10 AM **Teleshopping**
3.00 **Suspicion** (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Dermot O'Leary's Taste of Ireland** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 24-26/26. (S10) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 11-14/24. (S3) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Los Angeles. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** On the River Lea, florist Roka is waiting for her tulip bulbs to appear on the roof of her boat. (S)(R)(AD)
5.00 **Chateau DIY** Phillip gets creative upcycling 1950s furniture. (S)(R)
6.00 **Sun, Sea and Selling Houses** New edition A Shropshire couple hope to find a holiday home in Spain – despite never having visited the country before. (S)

11.05 The Life and Murder of Nicole...

7.00 **News** (S)
8.00 **Dover 24/7: Britain's Busiest Port** New edition 5/6. The engineering team rush to fix a broken ferry berth, while the police are out on patrol in an unmarked car, looking for drivers breaking the law. (S)(AD)
9.00 **24 Hours in Police Custody: The Butcher of Suburbia** Series finale 2/2. Detectives from the Major Crime Unit at Bedfordshire Police have a suspect in custody who admits to the crime, but the confession is only the beginning. (S)(AD)
10.00 NEW SERIES **Crime Scene Cleaners** 1/10. Following the work of crime scene cleaners in Britain and the USA, as they attend some of the most disturbing scenes imaginable. (S)(AD)
■ Entire series on C4 Streaming
11.05 NEW TO C4 **The Life and Murder of Nicole Brown Simpson** 1&2/4. Documentary. *Previously shown on Crime + Investigation.* (S)(AD)
12.55 AM **Ramsay's Hotel Hell** (S)(R)
1.45 **Pushers** (S1) (S)(SL)(R)(AD)
2.40 **Sarah Beeny's New Life in the Country** (S)(SL)(R)(AD)
3.30 **Jamie's Comfort Food Bites** (S)(R)
3.45 **George Clarke's Amazing Spaces**
4.40 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Murders to Die For** Thriller starring Kate Miner and Matthew MacCaull. (S) (2023, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Alix and Claire await feedback on their first apartment renovation. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall takes on a cocker spaniel that loves to steal food and people's belongings. (S)(R)
6.55 **News** (S)

11.00 Police: Night Shift 999

7.00 LIVE **Football: FIFA Club World Cup** Winner Group E v Runner-up Group F: Coverage of the fifth last-16 match at Bank of America Stadium in Charlotte, North Carolina. River Plate, Monterrey and Inter Milan will all have had high hopes of topping Group E, with the group finely poised after the first round of fixtures, while Fluminense and Borussia Dortmund were the favourites to progress from Group F, having shared the points in their opener. Kick-off is at 8.00. (S)

11.00 **Police: Night Shift 999** New edition Documentary. (S)
12.05 AM **Police Interceptors** (S)(R)
1.00 LIVE **Football: FIFA Club World Cup** Winner Group G v Runner-up Group H: The sixth last-16 match from Camping World Stadium in Orlando, Florida. Kick-off is at 2.00. (S)
4.55 **Friends** (S7) (S)(R)(AD)
5.25 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 7/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *Lisa the Veterinarian:* Lisa decides that she wants to be a vet. (S)(R) **5.30** *Gal of Constant Sorrow:* Bart offers a homeless folk singer the chance to live inside his wardrobe. (S)(R)
6.00 **The Office (US)** 8/26. Gabe invites his co-workers to his house to watch *Glee*. (S)(R) **6.30** 9/26. Michael encourages his colleagues to invest in Ryan's new company. (S7) (S)(R)

10.05 Royal Kill List

7.00 **The Simpsons** *Orange Is the New Yellow:* Marge receives a jail sentence for child neglect. (S)(R) **7.30** *Monty Burns' Fleeing Circus:* Mr Burns puts on a variety show at the Springfield Bowl. (S)(R)

8.00 **Predators** 3/5. Tom Hardy narrates a journey to the harsh Okavango Delta as the Matata pride do battle with wildfires and flooding in a high-stakes fight to keep their cubs alive. (S)(R)(AD)

9.00 **The Gilded Age** New episode *What the Papers Say:* 2/8. Agnes and Ada are concerned about Peggy's worsening condition, while Oscar gets a professional favour from an old friend. (S3)

10.05 **Royal Kill List** *Chaos and Rebellion:* 2/3. Charles II faces a backlash for his treatment of the regicides, so he cracks down on dissenters while simultaneously organising a lavish coronation. (S1) (S)(R)

11.05 **Last Week Tonight with John Oliver** Satirical talk show. (R)
11.50 **Curb Your Enthusiasm** 5/10. Larry is persuaded to take part in a charity auction. (S)(R) **12.30** AM 6/10. Larry lends $5,000 to a writer. (S2) (S)(R)
1.05 **The Force: North East** (S)(R)
2.00 **Road Wars** (S)(R)(AD)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 7/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
10.40-11.10pm Leroy Brito – Live in Cardiff (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Ar Scáth an Cheoil (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Arfordir Cymru: Sir Benfro (AD) **12.30** Heno **1.00** Hewlfa Drysor (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Awr Fawr **5.00** Stwnsh **6.00** Y Ci Perffaith **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.28** Y Tywydd **9.30** Ralio: Pencampwriaeth Rali'r Byd **10.00** Cefn Gwlad (AD) **11.00pm-12.05am** Yr Ynys

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **My Super Sweet 16** A girl plans a celebrity-style birthday party. **7.20** A 14-year-old diva plans her birthday party. **7.40** A pampered Southern belle plans her birthday.
8.00 **The Catch Up**
8.05 **Laugh Lessons**
8.10 **The Traitors NZ** New edition 10/12. Relief quickly turns to confusion.
9.00 **High: Confessions of an Ibiza Drug Mule** 1/5. How a Northern Irish teenager became a cartel drug mule. **9.35** 2/5. Michaella tells her story of walking 12kg of cocaine into an airport.
10.15 **Drugs Map of Britain**
11.10 **Ladhood** 5&6/6. (S1)
12.00 M'T **Hunting the Catfish Crime Gang** Documentary.
1.00 AM **High: Confessions of...**
1.35 **Squad Goals: Dorking 'Til I Die** Double bill.
2.35 **Spud** Comedy drama.
2.50 **to 3.50** AM **Body on the Beach: What Happened to Annie?**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Skin** Exploring the complex ways in which skin helps animals defend themselves.
7.30 **Blitz Spirit with Lucy Worsley** The historian tells the stories of six people who lived through the Blitz.
9.00 NEW **Albert Speer: Hitler's Architect of Lies** Heike Görtemaker introduces a never-before-broadcast interview.
9.15 NEW **Albert Speer: The Unseen Interrogation** An interview from 1971 never before broadcast in its entirety, with Hitler's architect and armaments minister cross-examined by Michael Charlton, George Ball and Hugh Trevor-Roper.
10.30 **Reputations: Albert Speer – The Nazi Who Said Sorry** A 1996 profile of Hitler's friend, architect and armaments minister.
11.30 **Colosseum** 3-5/8. (S1)
1.55 AM **Secrets of Skin**
2.25 **to 3.55** AM **Blitz Spirit with Lucy Worsley**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Cumbria.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer meet the Lindleys in Ashtead, Surrey. **6.55** A couple in Northern Ireland are having problems with their dated bungalow.
8.00 **PopMaster TV** New edition 6/9. Ken Bruce hosts heat six, as five more players attempt to prove they know their Britney from their Boyzone and secure their place in the final.
9.00 **Matt Baker: Our Farm in the Dales** 1/6. The clan's farm is more manageable than ever before, but as the worst storm to hit the area in living memory strikes, many of the changes they've made are destroyed.
10.00 **Top Guns: Inside the RAF** A pilot flies into the danger zone in his bid to qualify as a weapons instructor.
11.05 **24 Hours in A&E**
12.10 AM **Matt Baker: Our Farm in the Dales** As 9.00pm.
1.15 **999: On the Front Line**
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *A Totally Fun Thing That Bart Will Never Do Again.*
7.00 **Hollyoaks** Clare's sinister agenda starts to surface.
7.30 **The Simpsons** *Lisa Goes Gaga:* Featuring the guest voice of Lady Gaga.
8.00 **Below Deck: Mediterranean** New edition A new crew member arrives, and Captain Sandy tries to persuade a deckhand to stay on the boat.
9.00 **Gogglebox** The households' opinions on BBC News coverage of Partygate. **10.00** *Starstruck* and *Made in Chelsea* are appraised.
11.05 **First Dates**
12.05 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
2.55 **Modern Family**
3.20 **Below Deck: Mediterranean**
4.10 **Kitchen Nightmares USA**
5.00 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Monday primetime

primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Send in the Dogs**
10.00 **UK Border Force**
11.00 **Bondi Rescue** Double bill.
12.00 NOON **The Good Doctor** 7/22. A woman pregnant with sextuplets arrives at the hospital to give birth. (S6)
1.00 PM **Caught on Dashcam**
3.00 **Caught Red Handed**
4.30 **Nothing to Declare** Five editions of the documentary.

9.00 Elsbeth

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **The Equalizer** *The Milk Run:* 5/10. McCall attempts to find a British mathematician who has gone missing. (S1)

9 PM
9.00 **Elsbeth** New episode *Toil and Trouble:* 8/20. The showrunner of a TV crime drama is killed. With Laurie Metcalf. (S2)

10 PM
10.00 **Blue Bloods** *Homefront:* 5/21. Danny and Baez get close with an informant, while Eddie lands herself in hot water. (S13)
11.00 **Law & Order: Organized Crime** 13/13. (S4)
12.00 M'T **FBI** 9/22. (S4)
1.00 AM **The Equalizer** 3/10. (S1)
2.00 **The Rookie** New episode (S7)
3.00 **The Good Doctor** 5/22. (S6)
4.00 **The Real A&E**
5.00 **to 6.00** AM **Air Ambulance ER**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **The Sopranos** 1&2/13. (S5)
9.55 **Westworld** 1&2/10. (S2)
12.20 PM **Game of Thrones** (S6)
1.25 **Un Amore** 1&2/6. (S1)
3.30 **The Sopranos** 1/13. Tony visits his former therapist Dr Melfi.
4.30 2/13. Carmela finds a new interest, and Adriana wrestles with guilt. (S5)
5.30 **Westworld** 1/10. Maeve sets out to find her daughter.
6.50 2/10. Dolores remembers that she has been in the outside world. (S2)

9.00 The Gilded Age

7.55 **Game of Thrones** *The Broken Man:* 7/10. The High Sparrow eyes another target, Jaime confronts a hero, and Olenna Tyrell plans to leave King's Landing. (S6)

9.00 **The Gilded Age** New episode *What the Papers Say:* 2/8. Agnes and Ada are concerned about Peggy. (S3)

10.05 **Catherine the Great** 1/4. Historical drama starring Helen Mirren as Russian empress Catherine II. With Jason Clarke. (S1)
11.10 **Homicide: Life on the Street**
12.05 AM **The White Lotus** (S1)
1.10 **Big Little Lies** 1/7. (S2)
2.05 **The Leftovers** 2/10. (S2)
3.05 **Game of Thrones** As 7.55pm.
4.10 **Richard E Grant's Hotel Secrets** From Venice.
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S8)
8.00 **The Flash** 17/20. (S8)
9.00 **Stargate SG-1** (S10)
11.00 **SEAL Team** 3/22. (S1)
12.00 NOON **The Flash** 18/20. (S8)
1.00 PM **Hawaii Five-0** (S8)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 7/18. (S4)
5.00 **SEAL Team** 2/22. The unit is dispatched to Syria. (S1)
6.00 **Stargate SG-1** 9/20. Mitchell poses as elusive criminal Kefflin to infiltrate the Lucian Alliance and escape with prisoners Carter, Vala and Daniel. (S10)

6.00 Stargate SG-1

7.00 **Stargate SG-1** *The Quest – Part One:* 10/20. The team face ancient trials as they move closer to finding the Sangraal. (S10)

8.05 **Rob Beckett's Smart TV** With guests David Tennant, Roisin Conaty, Lydia West and Sara Cox.

9.00 **Poker Face** *The Big Pump:* 10/12. Charlie makes a friend while investigating a death at the local gym. With Jason Ritter. (S2)

10.00 **Warrior** *The White Mountain:* 4/10. Big Bill spots a way to pay off his gambling debts after an raid on an opium den. (S1)
11.00 **Brit Cops: Law & Disorder** Tackling credit card fraud.
12.00 M'T **The Force: Manchester**
1.00 AM **The Force: North East**
2.00 **Road Wars**
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 7/18. The team hunt a sniper who is targeting LA's Fire Department. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.35 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.05 PM **Dinner Date**
1.05 **Olivia Meets Her Match**
2.05 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

9.00 Love Island

7.00 **Deal or No Deal** Stephen Mulhern hosts as Sam takes on the Banker for the chance to win life-changing money.

8.00 **Million Dollar Listing: LA** Flagg goes all out with a plane for his new resort-style listing in Long Beach.

9.00 **Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.05 **G'wed** 6/6. Reece tries to track down his dad. (S1)
10.40 **Family Guy** 19/22. Peter and his friends try to save The Drunken Clam. (S11)
11.10 **Family Guy** 14/22. (S11)
11.40 **American Dad!** (S10&9)
12.35 AM **Bob's Burgers** 19/22. (S13)
1.05 **Plebs** 1/8. (S2)
1.40 **G'wed** As 10.05pm.
2.15 **Totally Bonkers Guinness World Records**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
10.30 **The Royal** *Scabs.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 3/9. Mr Carson and Mrs Hughes' wedding arrives. (S6)
6.00 **Heartbeat** *Bitter Harvest:* A case of foot-and-mouth disease has been reported at an Aidensfield farm.

8.00 Midsomer Murders

7.00 **Heartbeat** *Over the Hill:* An army deserter arrives in the village following a bust-up with his sadistic sergeant.

8.00 **Midsomer Murders** *Strangler's Wood:* Spurred into action by the discovery of a woman's body in the woods, Barnaby and Troy re-examine three similar murders in the village nine years previously, hoping to get a lead before the killer strikes again.

10.00 **Grantchester** 3/6. Geordie cannot shake the feeling that a murder could be connected to two previous unsolved cases. (S7)
11.00 **Grantchester** 4/6. A member of Will's congregation is found murdered just before a fundraising event. (S7)
11.55 **Cracker** 5/7. (S3)
1.00 AM **Agatha Christie's Poirot**
2.00 **The Royal** *Scabs.*
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.30 PM **Sign Zone: Grand Tours of Scotland's Rivers** The River Ayr.
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Grand Tours of Scotland's Rivers**
8.00 **Scotland's Greatest Escape** Double bill.
9.00 **Janey** Following comic Janey Godley on tour.
10.00 **River City** New episode Viv takes a risk to connect with Tyler.
10.30 **Situationships with Sophie and Christine** 2/8. Sophie Gravia and Christine McGuinness offer relationship advice.
11.00 **Only Child** 4/6. Richard is worried about his father's health. (S1)
11.30 PM **to 12.00** M'T **Raiders of the Lost Archive**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S3)
10.15 **Entourage** (S6)
11.25 **Crashing** (S1)
12.45 PM **Eastbound & Down**
1.55 **Entourage** (S6)
3.05 **Bored to Death** (S3)
4.25 **Crashing** (S1)
5.45 **The Office (US)** (S7)
6.45 **The Conners** (S3)
7.45 **Silicon Valley** 3/8. Jared discovers the name Pied Piper is already registered to an irrigation company.
8.20 4/8. Richard drunkenly agrees to add Erlich to the board of directors – a decision he sorely regrets. (S1)
9.00 **Last Week Tonight with John Oliver** New edition
9.45 **Upright** 1&2/8. (S1)
11.05 **Last Week Tonight with John Oliver** As 9.00pm.
11.50 **Curb Your Enthusiasm**
1.10 AM **Fantasmas**
3.10 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **André Rieu: Roses from the South**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape Artist of the Year**
1.00 PM **Tales of the...**
2.00 **The Timeless Louvre**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of the Year** From Portsmouth.
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: 70 Years Young** A selection of the violinist's memorable performances.
10.50 **Classic FM Live: Great British Classics**
12.50 AM **Isle of Wight Festival** Highlights.
2.50 **The Warhol Effect**
4.45 **to 6.00** AM **National Trust: National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** *Endgame – Part Two:* 26/26. Last-ever episode. Janeway travels through time. (S7)
8.00 **Star Trek: Deep Space Nine** *Sanctuary:* 10/26. An alien race claim Bajor as its legendary homeland. (S2)
9.00 **FBI** 7&8/19. (S2)
11.00 **Grimm** 4/22. (S4)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Word-based quiz show hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout** Quiz hosted by Joel Dommett.
4.00 **Tenable** Warwick Davis hosts the game show as a team of five colleagues from Wales take part.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show as Gemma takes on the ruthless Banker.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **In with a Shout** Quiz hosted by Joel Dommett.
12.50 **to 2.00** AM **Unwind**

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S3)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 14/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 17/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 19/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 18-21/25. (S5)
9.00 **Randall and Hopkirk (Deceased)** *Whoever Heard of a Ghost Dying?* 8/26. A clairvoyant tries to exorcise Marty. (S1)
10.00 **The Avengers** *Return of the Cybernauts:* 17/24. With Peter Cushing. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S5)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **The Professionals**
7.20 **Dempsey and Makepeace**
8.25 **Magnum, PI**
9.25 **Kojak**
10.30 **Giant Lobster Hunters**
11.30 **The Adventures of Sherlock Holmes** Murder mystery.
12.35 PM **Dempsey and Makepeace**
2.40 **Magnum, PI**
3.45 **Kojak**
4.50 **Minder**
6.00 NEW SERIES **Equals** Double bill of the football documentary.

8.00 Beat the Chasers

7.00 Junk and Disorderly Henry Cole and his team visit a farm sale and come away with a vintage Massey Ferguson tractor.

8.00 Beat the Chasers Bradley Walsh hosts as contestants from across the UK take on the six quiz experts.

9.00 FILM **Creed II** Boxing drama sequel starring Michael B Jordan and Sylvester Stallone. Heavyweight champion Adonis Creed faces off against Viktor, the son of Ivan Drago, whom his mentor fought in the 80s. (2018, 12, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 Wrestling: AEW Collision Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Jay White, Bryan Danielson and Miro.
1.30 AM **Motorsport UK**
2.25 **Two and a Half Men**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 24/26. (S6)
2.00 **Atlantis** 4/13. (S1)
3.00 **Stargate Atlantis** 15/20. (S1)
4.00 **Star Trek: Voyager** 7/26. (S6)
5.00 **Star Trek: The Next Generation** 24/26. Riker encounters his double. (S6)
6.00 **Star Trek: Enterprise** 9/24. Archer discovers a human settlement. (S3)

7.00 Atlantis

7.00 Atlantis *Twist of Fate:* 4/13. The trio stumble across an abandoned baby in the mountains. Guest stars Donald Sumpter. (S1)

8.00 Stargate Atlantis *Before I Sleep:* 15/20. The team are shocked to discover Dr Weir in suspended animation. (S1)

9.00 Grimm *Zerstorer Shrugged:* 12/13. A dark force arrives in Portland intent on reaching Diana. (S6)

10.00 The Walking Dead *Stradivarius:* 7/16. Carol seeks out an old friend living in a wilderness teeming with walkers. (S9)

11.00 Wynonna Earp 4/12. The gang venture into the woods, where they find a clue that sheds light on Nicole's past.
12.00 M'T 5/12. Purgatory is thrown into chaos by the arrival of a fresh foe. (S3)
1.00 AM **True Blood** 1&2/12. (S5)
3.00 **Room 104** 7&8/12. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **Father Brown**
10.00 **Death in Paradise** 5/8. (S4)
11.00 **Hudson & Rex** 7/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 10/10. (S3)
1.00 PM **Death in Paradise** (S12)
2.00 **Murdoch Mysteries** (S7)
4.00 **Death in Paradise** 5/8. (S4)
5.00 **Hudson & Rex** 7/16. (S3)
6.00 **Father Brown** *The House of God:* The holiest house in Kembleford is linked to the death of a wanton woman.

9.00 Shakespeare & Hathaway

7.00 Shakespeare & Hathaway: Private Investigators 10/10. The duo delve into the world of private tutoring. (S3)

8.00 Death in Paradise *A Calypso Caramba:* 8/8. The team investigate the murder of a calypso singer's husband. (S12)

9.00 Shakespeare & Hathaway: Private Investigators 9/10. The duo investigate a death threat at a tennis club.

10.00 Shakespeare & Hathaway: Private Investigators 10/10. Frank and Lu encounter a pair of gangsters. (S2)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 11/21. Holmes encounters an old enemy. (S6)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.20 **Ever Decreasing Circles**
10.00 **Are You Being Served?**
10.40 **Porridge**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **Ever Decreasing Circles**
2.00 **Dad's Army**
2.40 **Porridge**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Ever Decreasing Circles**
6.00 **The Green Green Grass**
6.40 **Are You Being Served?**

8.40 Porridge

7.20 Dad's Army Captain Mainwaring decides that the platoon need a mascot for a big parade.

8.00 Dad's Army Corporal Jones finds himself cast adrift during an exercise.
8.40 Porridge Godber gets into a fight a week before his parole board hearing.
9.20 The Vicar of Dibley Geraldine is inspired to hold a service for the animals of the village.

10.00 The Royle Family It's the day of Denise's wedding.
10.40 The Fast Show A look at war films in the sketch *Scenes from the Movies.*
11.20 **Not Going Out**
12.00 M'T **Dad's Army**
12.40 AM **The Vicar of Dibley**
1.20 **The Royle Family**
2.00 **Not Going Out**
2.45 **The Fast Show**
3.15 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.05 AM **Gadget Man**
7.45 **Border Force: America's Gatekeepers** Double bill.
9.40 **Guy Martin's WWI Tank**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Storage Hunters UK**
1.00 PM **Guy Martin's D-Day Landing** Recreating a World War Two parachute jump.
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Road to Mexico** The chef heads from San Diego to Tijuana for the start of his Mexican adventures.

10.00 Modern Life Is Goodish

7.05 Would I Lie to You? With Ben Miller, Doon Mackichan, Alex Brooker and Henning Wehn.
7.45 Richard Osman's House of Games With Stephen Mangan and Ingrid Oliver. **8.25** Guests include Radzi Chinyanganya and Hal Cruttenden.

9.00 Have I Got a Bit More News for You Harry Hill hosts the current affairs quiz, with guests Jack Dee and Zing Tsjeng.

10.00 Dave Gorman: Modern Life Is Goodish The comedian probes fake search engines and a wager that goes too far.
11.00 **8 Out of 10 Cats**
11.55 **Mock the Week**
12.35 AM **Would I Lie to You? The Unseen Bits**
1.15 **Would I Lie to You?**
1.55 **Comedians Giving Lectures**
3.10 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

Monday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Sun, Sea and Selling Houses**
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** Documentary.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Sun, Sea and Selling Houses** From Alicante.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Bake Off: The Professionals**
8.00 **Jamie: What to Eat This Week**
9.00 **24 Hours in A&E** Patients include a woman who fell from the back of a moving tram. **10.00** A 65-year-old woman is found collapsed in the park.
11.05 **Celebrity Gogglebox**
1.05 AM **24 Hours in Police Custody: The Butcher of Suburbia**
3.05 **Taskmaster**
4.05 **to 5.00** AM **The Dog House**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
11.00 **Law & Order**
6.00 PM **NCIS** *Black Water:* 11/23. A private investigator discovers the body of a missing US Navy officer at the bottom of a lake. **7.00** *Doppelganger:* 12/23. The investigation into a petty officer's death takes a turn. **8.00** *The Meat Puzzle:* 13/23. Ducky identifies two dismembered bodies as those of two former colleagues. (S2)
9.00 **NCIS: Hawaii** New episode *Silent Invasion:* 14/22. The team bring in a former member to help deal with a potential copycat killer. (S2)
10.00 **Law & Order: Special Victims Unit** (S13)
1.50 AM **Blue Bloods** (S7)
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Rogue Claimers**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A high number of call-outs results in paramedics queuing with patients.
9.00 **Ambulance: Code Red** The emergency responders deal with a man who is in cardiac arrest at a karate club.
10.00 **999: Critical Condition**
11.00 **Skin A&E** Documentary.
12.00 M'T **Cause of Death**
1.00 AM **Absentia** New episodes (S2)
2.50 **Quantico** 18/22. (S1)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Highway Patrol**
9.35 **Trucking Hell**
10.35 **Traffic Cops**
11.35 FILM **The Devil's Brigade** World War Two drama starring William Holden. (1968, PG, 126min) ★★
2.10 PM FILM **When the Daltons Rode** Western starring Randolph Scott. (1940, PG, 80min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
8.00 **Police Interceptors**
9.00 **Ice Road Truckers**
11.00 **Quantum Leap** (S1)
12.00 M'T **Motorway Cops: Catching Britain's Speeders** Documentary.
1.00 AM **Motorway: Hell on the Highway**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Property Brothers: Family Flashback**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E**
8.00 **DIY SOS: The Big Build**
9.00 **Deadly Waters with Captain Lee** New edition After a woman falls from her husband's fishing vessel, the race is on to save her life.
10.00 **Killer Women with Piers Morgan**
11.00 **Inside the Operating Theatre** Double bill.
1.00 AM **Louis Theroux: Twilight of the Porn Stars** Documentary.
2.00 **to 3.00** AM **Deepfake Porn: Could You Be Next?**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.40 **Pie in the Sky**
8.35 **Doctors**
9.50 **Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **Pie in the Sky**
3.15 **Kingdom**
4.15 **Lovejoy**
5.25 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *In Divine Proportion:* A woman is shot in rural Suffolk.
10.00 **New Tricks** *Blood Is Thicker Than Water:* The team investigate a fatal boating accident. Guest stars Barbara Flynn.
11.20 **Spooks** 4/6. (S1)
12.40 AM **Hope Street**
1.40 **The Bletchley Circle**
2.40 **Birds of a Feather**
3.15 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **The Derbyshire Auction House** New edition Irita Marriott and her team uncover hidden gems. **10.00** A vast collection of gramophones and vintage radios get the auction buzzing.
11.00 **The Yorkshire Auction House** The team clear out the home of a retired couple who own an impressive collection of Ladderax furniture.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
11.20 **Bob's Full House**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.45 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show.
10.00 **All Star Family Fortunes** With Ryan Thomas and Lucy Benjamin.
10.40 **Richard Osman's House of Games**
12.00 M'T **Bullseye**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **The Heroes of WW2**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
3.20 **FILM Bad Man's River** Spaghetti Western. (1972, 12, 90min) ★
5.30 **FILM The Nebraskan** Western with Philip Carey. (1953, PG, 63min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM The War Lover** World War Two melodrama. (1962, b/w, PG, 105min) ★★★
11.15 **FILM The Trust** Thriller. (2016, 15, 90min) ★★★
1.15 AM **FILM Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
3.10 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM The Killer Downstairs** Thriller. (2019, 12, 90min) ★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Witness Unprotected** Thriller. (2018, 90min) ★★
2.55 **FILM Perfect Plan** Thriller with Emily Rose. (2010, 12, 89min) ★★★
5.05 **FILM An Aurora Teagarden Mystery: Last Scene Alive** Drama. (2018, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Match Point** Woody Allen's thriller. (2005, 12, 124min) ★★★
11.35 **FILM The Whistleblower** Conspiracy thriller. (2010, 15, 107min) ★★★
2.00 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Lies and Deception** Thriller. (2005, PG, 82min) ★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Mingle All the Way** (2018, PG) ★★
10.10 **FILM Snowbound for Christmas** Drama. (2019, PG, 93min) ★★
12.00 NOON **FILM Christmas in Paris** (2019, PG) ★★
2.00 PM **FILM Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
4.05 **FILM Christmas Love Letter** (2019, PG) ★★
6.00 **FILM Christmas with a Crown** Romantic drama. (2020, PG, 89min) ★★
8.00 **FILM A Bramble House Christmas** Drama. (2017, PG, 84min) ★★
9.55 **FILM Hearts of Christmas** Drama. (2016, PG, 86min) ★★
11.50 **FILM Homemade Christmas** Drama. (2020, PG, 85min) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas on Honeysuckle Lane**

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Watching** 4/7. (S7)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Diff'rent Strokes**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 10/21. (S4)
1.30 **You're Only Young Twice**
2.00 **Don't Drink the Water**
2.30 **A Sharp Intake of...**
3.00 **Bramwell** 7/8. (S2)
4.00 **Bubblegum & Cheese**
5.00 **I Dream of Jeannie** (S1)
5.30 **The Monkees** (S1)
6.00 **Watching** 5/7. (S7)
6.30 **Don't Drink the Water**
7.00 **Haggard** 3/7. (S1)
7.30 **A Sharp Intake of Breath** 5/7. (S1)
8.00 **In Loving Memory** (S5)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S4)
9.30 **Soap** 24/25. (S1)
10.00 **Brass** 1/6. (S3)
10.30 **Stereo Underground**
11.30 **Bramwell** 7/8. (S2)
12.30 AM **Dark Skies** (S1)
1.30 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** An additional $15million in crab sends the fleet into a fishing frenzy. **8.00** Huge waves test rookie skipper Josh.
9.00 **My Feet Are Killing Me** Dr Schaeffer helps a man who urinates on his feet to try to ease his extreme calluses. **10.00** A woman who has fluid in her foot.
11.00 **Gold Divers**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **City Bakes**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Seafood Lovers' Guide**
10.00 **The Hairy Bikers'...**
11.00 **Great British Bake Off**
1.00 PM **City Bakes**
2.00 **James Martin: Delicious**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Seafood Lovers' Guide**
6.00 **The Hairy Bikers' Comfort Food**
7.00 **Great British Bake Off**
9.00 **Tom Kerridge Secrets of the Pub Kitchen** New editions Double bill.
10.00 **Secrets of the Curry Kitchen** Vegetables.
10.30 **Nadiya's Simple Spices**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 16/22. (S6)
9.00 **The Fall Guy** 15/23. (S1)
10.00 **Knight Rider** 4/22. (S3)
11.00 **FILM Dragonquest** Fantasy. (2009, 12) ★★
1.00 PM **FILM The Devil-Ship Pirates** Adventure. (1963, U, 96min) ★★
3.00 **FILM The Count of Monte Cristo** Adventure. (1974, U, 99min) ★★
5.00 **Star Trek** 10/26. (S2)
6.00 **Knight Rider** 5/22. (S3)
7.00 **The Fall Guy** 16/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Cold Light of Day** Action thriller starring Henry Cavill. (2012, 12, 89min) ★★
10.55 **FILM The Outsider** Action thriller starring Craig Fairbrass. (2014, 15, 94min) ★★
12.50 AM **FILM Unfaithful** Erotic thriller. (2002, 15, 123min) ★★★★
3.10 **to 5.00** AM **FILM Alive** Horror. (2019, 15) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Charro!** (1969)
8.00 **FILM Shark Lake** Thriller. (2015, 15, 89min) ★★
10.00 **The Lost World** (S2)
11.00 **Killer Wave** Drama.
1.00 PM **FILM Apocalypse Pompeii** Disaster drama starring Adrian Paul. (2014, 15, 87min) ★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 10/25. (S3)
5.00 **FILM Charro!** Western starring Elvis Presley. (1969, U, 98min) ★
7.00 **The Lost World** (S2)
8.00 **The A-Team** 11/25. (S3)
9.00 **FILM Sweeney!** Big-screen spin-off from the TV cop series, starring John Thaw and Dennis Waterman. (1976, 18, 89min) ★★★
11.00 **FILM The Football Factory** Violent drama starring Danny Dyer. (2004, 18, 91min) ★
1.00 **to 3.00** AM **FILM Sweeney!** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle: Into Cursed Waters**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Cities of the Underworld**
11.00 **Sex: A Bonkers History**
12.00 M'T **Strangest Things**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest**
11.00 **Ben Fogle: New Lives in the Wild** In Yorkshire.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Big Antique Adventure with Susan Calman**
8.00 **Ben Fogle: New Lives in the Wild** A woman living in an overgrown Welsh woodland.
9.00 **Cruising with Susan Calman** The second leg of a river cruise through Portugal's Douro valley.
10.00 **Las Vegas with Jane McDonald** The singer explores Las Vegas.
11.00 **Prisoner: Cell Block H**
1.00 AM **22 Kids & Counting**
3.00 **Secret Life of the Forest**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Your Garden Made Perfect** In Manchester.
3.00 **Fantasy Homes by the Sea** From Margate.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Your Garden Made Perfect** In Wokingham.
9.00 **Castle Impossible** New edition Turning a stable into a workshop.
10.00 **Celebrity IOU** New edition Wanda Sykes gives thanks to her niece with a bedroom and bathroom refresh.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Extreme Sisters**
8.00 **1000-lb Sisters** Amy reaches boiling point.
9.00 **Welcome to Plathville**
10.00 **Sister Wives**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Conjoined Twins Special: Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **Sister Wives**
3.00 **Sex Sent Me to the ER**
4.00 **1000-lb Sisters**
5.00 **Extreme Couponing**
5.30 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Blockbusters**
12.00 NOON **Daria** (S3)
1.00 PM **Friends** (S6&7)
7.00 **Friends** 3/24. Chandler plays racquetball with Monica's father. **7.30** 4/24. An attractive man applies to be Rachel's assistant. **8.00** 5/24. Joey takes Tag out on the town. **8.30** 6/24. Monica struggles to choose a maid of honour. (S7)
9.00 **Lee Evans: XL Tour**
10.00 **Bradley & Barney Walsh: Breaking Dad**
11.00 **Absolutely Fine**
11.30 **Whose Line Is It Anyway? USA**
12.30 AM **South Park** (S8&9)
2.00 **Beavis and Butt-Head**
3.00 **Kiri Pritchard-McLean: Home Truths** Stand-up.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show** 5&6/14. (S4)
10.00 **Daria** 2&3/13. (S4)
11.00 **Friends** (S3)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show** 5/14. (S4)
3.00 **Daria** 4&5/13. (S4)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Home Improvement**
8.00 **Last Man Standing** 10/22. Mike is unhappy with Bud's method of disciplining Boyd. **8.30** 13/22. Mandy turns over a new leaf. (S3)
9.00 **Friends** 16/25. Part two of two. Carol and Ross spice up their marriage. **9.30** 17/25. Chandler's gift for Monica lands him in trouble. (S6)
10.00 **Friends** (S6,3&4)
2.00 AM **Criminally Funny**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
10.30 **Highway Patrol**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
4.30 **Highway Patrol**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Air Ambulance ER**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Frontline Crime UK** Documentary.
10.00 **Stella** 1&2/10. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own: Mexican Road Trip**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** With Sue Perkins.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

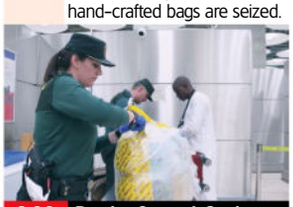
6.00 AM **The Hills**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: On the Run**
12.00 NOON **Catfish: Models**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **90's House**
9.00 **Skin A&E**
10.00 **NEW SERIES** **Ink Master** Sixteen new artists enter the competition, divided into OGs and Young Guns.
11.00 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Carly Aquilino try to jump for joy but have 'terrible takeoffs'.
12.30 AM **Ridiculousness**
1.00 **True Life Crime UK**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Documentary.
5.00 **Building Off the Grid** A family build a dream home overlooking the Atlantic Ocean.
6.00 **Border Control: Spain** The Civil Guard uncover a bag that is full of fidget spinners. **6.30** A passenger from Colombia is upset when her hand-crafted bags are seized.



6.00 Border Control: Spain

7.00 Wheeler Dealers The boys fix up a BMW 335i estate with the styling and performance usually expected from an M3.

8.00 Scrap Kings In Swansea, part of a big wave turbine is deconstructed, and in Wiltshire a 17th-century cannon is recycled.

9.00 Alaska: Homestead Rescue In Aloha State, a Hawaiian family struggle to homestead between two active volcanoes, and the Raneys decide to build a fortified garden and a hunting blind.

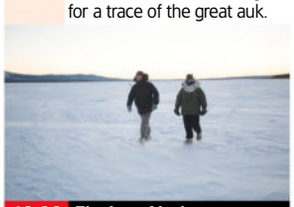
11.00 NEW SERIES **Border Control: Spain** In Madrid, a man is prevented from boarding after a discovery in his bag. **11.30** New edition A discovery is made at the Port of Algeciras.
12.00 M'T **Moonshiners**
1.00 AM **Alaska: Homestead Rescue** As shown at 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Pit Bulls & Parolees**
2.00 **Insane Pools: Off the Deep End** Double bill of editions.
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff helps a dog that was lost during a windstorm. **5.00** Dr Jeff and Dr Petra try to save a cat hit by a car.
6.00 **Extinct or Alive** Searching for a trace of the great auk.



10.00 The Last Alaskans

7.00 Pit Bulls & Parolees Tia and M2 turn to social media to help get a litter of puppies adopted.

8.00 Expedition Bigfoot Specialists armed with the latest technology set out to locate the fabled Bigfoot.

9.00 Expedition Bigfoot With a team member down, Russell and Mireya must forge ahead in order to hunt down leads.

10.00 The Last Alaskans While Bob deals with the ramifications of crashing his plane, Heimo seeks a way to cross a frozen river.

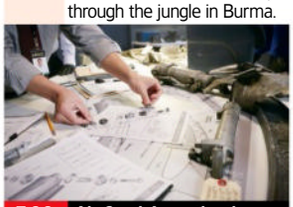
11.00 Crikey! It's the Irwins Robert attempts the biggest Gator move in Australia Zoo history. **12.00** M'T Serious complications arise after the birth of Talbert the giraffe.
1.00 AM **The Last Alaskans**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Destruction Decoded**
9.00 **Air Crash Investigation**
12.00 NOON **Endurance**
2.00 PM **World War II: The Apocalypse**
3.00 **Hitler's Secret Underground Factory** Documentary.
4.00 **The American Revolution: Drain the Oceans** Shipwrecks from the American Revolution.
5.00 **Car S.O.S** Tim and Fuzz restore a 1930 Ford Model A.
6.00 **Nazi Megastructures** The construction of a railway through the jungle in Burma.



7.00 Air Crash Investigation

7.00 Air Crash Investigation Investigating the 2011 accident in which a top-flight Russian ice hockey team were killed.

8.00 Air Crash Investigation A Concorde that exploded into flames moments after leaving Charles de Gaulle International Airport.

9.00 Air Crash Investigation Examining the crash-landing in the Hudson River of US Airways Flight 1549 in January 2009.

10.00 Construction Fails A look at disasters involving cranes used in urban construction.

11.00 Air Crash Investigation
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **To Catch a Smuggler** Chasing smugglers at sea.
2.00 **Bid & Destroy**
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** *Jurassic Park* toys.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Mountain Men**
3.00 **Secrets in the Ice** A network of ice tunnels is explored.
5.00 **What on Earth?**
6.00 **American Pickers** Mike and Jersey pick a little shop of wonder in Manhattan.

9.00 Killer Kings

7.00 Forged in Fire The bladesmiths must forge a signature blade from a steel cage and a pile of barbed wire.

8.00 Walking Through History Tony Robinson explores how medieval monarch King John was plagued by crises.

9.00 Killer Kings New edition The life of King John, also known as John Lackland, who was known for his cruelty and treachery.

10.00 Discovered by Disaster New edition Featuring a medieval shipwreck that could reshape history and a Greek version of Atlantis.

11.00 What on Earth? Photographs illustrate how the barely inhabited Australian Outback seems to light up like a network of vast cities when viewed from space.
12.00 M'T **Strange Evidence**
1.00 AM **UFOs: The Lost Evidence**
2.00 **Killer Kings** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **The World at War** Superpower tensions in the post-war era.
5.00 **Nazi Hunters** How Martin Bormann was tracked down.
6.00 **Antiques Roadshow** The team return to Chatsworth House in Derbyshire.

8.00 Canal Boat Diaries

7.00 Great American Railroad Journeys In LA, Michael Portillo visits the Warner Brothers studio on Sunset Boulevard.

8.00 Canal Boat Diaries Robbie Cumming travels across the Pennines. **8.30** Robbie travels along the Rochdale Canal.

9.00 Australia with Simon Reeve The adventurer takes to the air to witness devastating fires ripping through the Bush.

10.00 Bangers & Cash A 1967 Aston Martin DB6 could break the record for the most expensive car ever sold at the auction.

11.00 Bangers & Cash A rare 1968 Honda N600 emerges from a lock up in Co Durham.
12.00 M'T **Abandoned Engineering** Hidden tunnels that saw a city prosper, and a sunken wreck with a remarkable past.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM 8 PM 9 PM 10 PM

Monday

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried** Henry and Fuzz visit tractor collector Ross in Surrey. **8.30** Henry and Fuzz take a look at a 1921 Rolls Royce Silver Ghost.
9.00 **Wheeler Dealers World Tour** Mike and Elvis find a 1970s classic VW camper.
10.00 **MotoGP Highlights**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: Atlanta** Reality series.
10.00 **Say Yes to the Dress**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Murder Chose Me** New edition True-crime.
10.00 **American Detective with Lt Joe Kenda**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Crystal Houston.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A celebrated socialite is found murdered in her home in Aspen, Colorado.
8.00 **Murder She Solved** Sergeant Barbara Eckert reveals how advances in DNA helped to solve a 15-year-old cold case.
9.00 **World's Most Evil Killers** A profile of travelling German serial killer Volker Eckert.
10.00 **The Killer You Know** New edition When a hooded man shows up, Pamela Lawson thought he was her boyfriend's friend.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions of the series, including at: **3.30** Two friends become lost at sea on a fishing holiday.
4.00 **Medical Detectives** An American tourist is killed in a Mexican resort. **4.30** The police struggle to solve the case when a banker's wife is abducted. **5.00** A neighbour sees a man stab his wife. **5.30** A house fire turns out to be no accident. **6.00** Police search for a man who committed several crimes in 1957. **6.30** Investigators look into a hit-and-run.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Send in the Dogs**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **The Real Manhunter**
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil Killers** Double bill.
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Real Manhunter**
6.00 **The Killer Within**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **The Killer Within**
10.00 **Killer in My Village**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Sherra Wright.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Russia's Wars**
9.50 **Treasures Decoded**
10.50 **War Machine: World War II** Documentary.
11.55 **Battle of Little Bighorn**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Russia's Wars**
2.50 **Treasures Decoded**
3.50 **War Machine: World War II** Documentary.
4.55 **Grand Tours of the Scottish Islands**
5.35 **Battle of Little Bighorn**
6.40 **Russia's Wars**
7.50 **Treasures Decoded**
8.50 **War Machine: World War II** Examining the weapons used on different battlegrounds during World War Two.
9.55 **Battle of Little Bighorn**
11.00 **Treasures Decoded**
12.00 M'T **War Machine: World War II**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Civil War**
7.00 **Discovering: Michael Caine**
8.00 **The Directors**
9.00 **The Story of Late Night**
9.50 **Edge of the Earth**
11.00 **Trevino: An American Dream**
12.00 NOON **Enigma**
2.00 PM **Mama's Boy: A Story from Our Americas** Documentary.
4.00 **The Directors**
4.50 **100 Foot Wave**
5.50 **The Mortician**
8.00 **Tell Them You Love Me** The story of an affair between an esteemed university professor and a man with cerebral palsy.
10.00 **7/7: Homegrown Terror** 1/3. Documentary looking back at the events of 7 July 2005. **11.15** 2/3. The investigation into the attack begins and news breaks about the bombers' identities and connections.
12.30 AM **Dave Not Coming Back**
2.30 **Great Photo, Lovely Life: Facing a Family's Secret**
4.40 **My Icon: Henni Goya**
5.00 **to 6.00** AM **Discovering: Michael Caine**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Extreme Africa**
10.00 **Animals Like Us**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Wild Survivors**
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Extreme Africa**
4.00 **Animals Like Us**
5.00 **Secrets of the Enchanted Forests** Documentary.
6.00 **Wild Survivors**
7.00 **Monkey Life** Double bill.
8.00 **Predators**
9.00 **Wild Dogs: Pack Vs Pride**
10.00 **Wild Survivors** A look at how countless strategies to reproduce have evolved.
11.00 **Secrets of the Enchanted Forests** Documentary.
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Wildlife Icons**
2.00 **Predators**
3.00 **Wild Dogs: Pack Vs Pride**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Extreme Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Medieval Dead**
9.00 **Weird Britain**
10.00 **River Hunters**
11.00 **Ancient Aliens**
1.00 PM **Deadman's Curse**
2.00 **Weird Britain**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **Cracking the Code**
6.00 **Celts: The Untold Story**
7.00 **What on Earth?** Satellite evidence tracks the Vikings into North America.
8.00 **Auction Hunters** A look behind the scenes as Ton and Allen show how to profile a room.
9.00 **Historic Hauntings** The haunted castles of Scotland.
10.00 **Secrets of the Lost Ark** The team uncover the truth behind the Ark's elusive journey.
11.00 **MonsterQuest**
12.00 M'T **Ancient Aliens**
2.00 AM **Auction Hunters**
3.00 **Secrets of Great British Castles** Edinburgh Castle.
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Cracking the Code**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Criminal Confessions**
1.00 PM **Murder By Medic**
2.00 **Killer Britain with Dermot...**
3.00 **Murdertown**
4.00 **Cops Who Kill with Will Mellor**
5.00 **When Missing Turns to Murder**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **NEW SERIES Murder By Medic** True-crime documentary.
9.00 **Killer Britain with Dermot Murnaghan** New edition
10.00 **Interview with a Killer** New edition Rebecca Keller.
11.00 **Cops Gone Bad**
12.00 M'T **Murder By Medic**
1.00 AM **Killer Britain with...**
2.00 **Interview with a Killer**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa Wild Sides**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Africa's Big Five**
3.00 **Heartland Docs**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** Dr Hodges attempts to remove a massive tumour on a goldfish.
8.00 **Predator Bloodlines** A look at how seeking mates can improve an animal's chances of survival.
9.00 **NEW Wild Hunters: Deadly Killers of Africa** The continent's most iconic predators.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Expedition Unknown**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** New discoveries reveal that neutron stars have the power to destroy planets and even other stars.
8.00 **Expedition Unknown** Explorer Josh Gates presents from the chambers of an excavation site.
9.00 **Ancient Unexplained Files** New digital technology reveals the origins of two mysterious Egyptian mummies.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **The Dick Emery Show**
11.00 **Secret Army**
1.25 PM **Oliver Twist**
2.40 **Secret Army**
5.10 **The Dick Emery Show**
6.30 **Secret Army** *Not According to Plan:* 5/13. The leader of the Belgian communists attempts to take over Lifeline. **7.40** *Scorpion:* 6/13. A German infiltrates a Brussels safe house, and Lifeline must identify the imposter from the 19 evaders sheltering there. (S2)
8.50 **Oliver Twist** 1/12. Adaptation of Charles Dickens' novel, with Eric Porter and Ben Rodska. **9.30** 2/12. Oliver causes problems at the workhouse by not following strict orders. (S1)
10.10 **The Dick Emery Show** Double bill of editions. Comic sketches featuring a bizarre cast of characters.
11.30 **Secret Army**
1.55 AM **Oliver Twist**
3.10 **to 6.00** AM **999 Rescue Squad**

+1 hour 266 376

ID

154 141 166

8.00 AM **Love Kills**
9.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
11.00 **Swamp Murders**
1.00 PM **Evil Online**
3.00 **Grave Mysteries**
5.00 **Betrayed** Double bill.
7.00 **Caught in the Net** Police find 64-year-old nurse Athena Valentiny brutally murdered in her own home. **8.00** After the murder of young mother Morgan Ashlye Fox, investigators don't have much physical evidence to go on. Digital evidence reveals the secrets of a monster.
9.00 **Faking It: Tears of a Crime** A man tries to fool a TV show into awarding him money.
10.00 **American Monster** Behind Rogelio Morales's winning smile lurks a monster.
11.00 **People Magazine Investigates**
12.00 M'T **Murder Under the Friday Night Lights** Double bill.
2.00 AM **Betrayed** Double bill.
4.00 **to 6.00** AM **Caught in the Net**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Big, Big Bikes**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop** A bizarre military vehicle enters the workshop.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Custom Carolina**
9.00 **Car Fix** Double bill.
10.00 **World's Greatest Motorcycle Rides** Henry travels through the Highlands of Scotland.
11.00 **Shed and Buried**
12.00 M'T **Custom Carolina**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.15 AM **Empire Waist** As 6.10pm.
9.00 **Sharp Corner** As 4.10pm.
11.00 **Gladiator II** As 8.00pm.
1.40 PM **Joker: Folie à Deux**
4.10 **Sharp Corner** Thriller with Ben Foster and Cobie Smulders. (2024, 15, 110min) ★★★★
6.10 **Empire Waist** Comedy drama with Mia Kaplan and Jemima Yevu. A group of teens learn to love their bodies through inclusive fashion design and friendship. (2024, 12, 94min)

8.00 Gladiator II

8.00 **Gladiator II** Ridley Scott's historical drama sequel starring Paul Mescal, Pedro Pascal and Denzel Washington. The son of Maximus Decimus Meridius enters the Colosseum in an attempt to bring glory back to Rome. With Connie Nielsen and Derek Jacobi. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Joker: Folie à Deux** Musical fantasy thriller starring Joaquin Phoenix and Lady Gaga. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Your Monster** Romantic comedy with Melissa Barrera. (2024, 15, 104min) ★★★★
3.00 **The Luckiest Man in America** Fact-based drama starring Paul Walter Hauser. (2024, 15, 90min) ★★★★
4.40 **to 6.30** AM **Home Delivery** Comedy. (2023, 15, 86min)

Sky Cinema Epic Worlds

303 303 403 503 517

7.00 AM **Jurassic Park III** Thriller. (2001, PG, 92min) ★★★
8.35 **The Cinema List: Jurassic**
8.50 **The Legend of Tarzan** Adventure. (2016, 12) ★★★
10.45 **Crouching Tiger, Hidden...**
12.55 PM **Journey to the Center...**
2.40 **Journey 2: The Mysterious...**
4.25 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
6.10 **The NeverEnding Story** Family fantasy adventure. (1984, U, 94min) ★★★

10.50 Crouching Tiger, Hidden...

8.00 **Dune: Part Two** Denis Villeneuve's sci-fi drama starring Timothée Chalamet. On the desert planet Arrakis, freedom fighters Paul and Chani galvanise the Fremen to strike down murderous conspirators against the Atreides dynasty. With Rebecca Ferguson and Zendaya. (2024, 12, 166min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Crouching Tiger, Hidden Dragon** Director Ang Lee's romantic adventure. Subtitled. (2000, 12, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Journey to the Center of the Earth** Fantasy adventure. (2008, PG, 92min) ★★
2.40 **Journey 2: The Mysterious Island** Adventure sequel. (2012, PG, 94min) ★★★
4.25 **to 6.05** AM **The Witches** Scary fantasy adventure. (1989, PG, 90min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.35 AM **The Sugarland Express**
8.35 **Jerry Maguire** As 8.00pm.
11.05 **Far and Away** As 12.20am.
1.35 PM **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)
3.30 **Lady Bird** Comedy drama. (2017, 15, 94min) ★★★★★
5.20 **Scent of a Woman** Coming-of-age drama starring Al Pacino and Chris O'Donnell. (1992, 15, 157min) ★★★★

8.00 **Jerry Maguire** Romantic comedy drama starring Tom Cruise as an idealistic sports agent who finds support from an adoring single mother and a pugnacious American football star. (1996, 15, 139min) ★★★★
10.20 **The Sugarland Express** Fact-based comedy drama, the feature-film debut of Steven Spielberg, starring Goldie Hawn. A young mother helps her husband break out of prison. (1974, PG, 110min) ★★★

12.20 AM **Far and Away** Epic romantic drama starring Tom Cruise and Nicole Kidman. (1992, 15, 140min) ★★
2.50 **Scent of a Woman** As 5.20pm.
5.35 **to 6.00** AM **The Cinema List: Pride** Celebrating some favourite LGBTQ+ films.

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.10 AM **Next Exit** As 3.00am.
9.10 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
11.15 **King Kong** Peter Jackson's monster movie remake (2005, 12, 187min) ★★★★
2.35 PM **The Purge** Horror thriller. (2013, 15, 85min) ★★★
4.15 **Insidious** Thriller starring Rose Byrne and Patrick Wilson. (2010, 15, 103min) ★★★★

6.10 **The First Purge** Thriller prequel. (2018, 15, 98min) ★★
8.00 **Interstellar** Sci-fi drama starring Matthew McConaughey, Anne Hathaway and Michael Caine. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. (2014, 12, 166min) ★★★★
10.50 **28 Days Later...** Danny Boyle's horror starring Cillian Murphy and Christopher Eccleston. (2002, 18, 113min) ★★★★

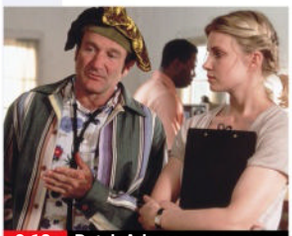
1.00 AM **The Purge: Election Year** Horror sequel starring Frank Grillo. (2016, 15, 108min) ★★★
3.00 **Next Exit** Sci-fi comedy. (2022, 15, 106min) ★★★
5.00 **to 6.45** AM **I Saw the TV Glow** Horror thriller starring Justice Smith. (2024, 15, 100min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.45 AM **Yogi Bear** Family comedy. (2010, U, 81min) ★★★
9.15 **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
10.55 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
12.35 PM **The Flintstones** Comedy. (1994, U, 93min) ★★★
2.10 **IF** Fantasy. (2024, U) ★★★
4.00 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
5.45 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★


9.10 Patch Adams

7.20 **Jumanji** Fantasy starring Robin Williams, Bonnie Hunt, Kirsten Dunst and Bradley Pierce. (1995, PG, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

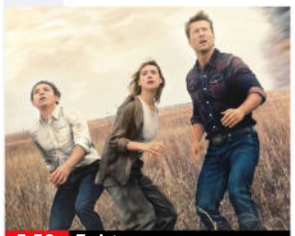
9.10 **Patch Adams** Fact-based comedy drama starring Robin Williams, about an unorthodox medical student whose views put him at odds with the establishment. With Monica Potter and Philip Seymour Hoffman. (1998, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Batteries Not Included** Sci-fi fantasy starring Hume Cronyn. (1987, PG, 105min) ★★★★
1.00 AM **A Tiger's Journey** Family drama starring Sunny Pawar. (2023, PG, 94min) ★★★
2.45 **The Wiz** Motown musical updating of *The Wizard of Oz*, with Diana Ross and Michael Jackson. (1978, U, 133min) ★★
5.05 **to 6.45** AM **Harold and the Purple Crayon** Adventure. (2024, PG, 87min) ★★★

Sky Cinema Action

307 307 407 507 521

7.45 AM **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★
9.45 **Jackie Chan's Armour of God**
11.30 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
1.30 PM **Fast & Furious 6** Thriller. (2013, 12, 125min) ★★★
3.45 **Justice League** Adventure. (2017, 12, 120min) ★★
5.50 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★


5.50 Twisters

8.00 **Fast & Furious 5** Action thriller sequel starring Vin Diesel, Paul Walker and Jordana Brewster. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. With Dwayne Johnson and Tyrese Gibson. (2011, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Twilight of the Warriors: Walled In** Hong Kong thriller with Raymond Lam. In a walled city, a troubled youth stumbles upon a world of crime. Subtitled. (2024, 15, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Warriors** Thriller. (1979, 15, 94min) ★★★
2.05 **Jackie Chan's Armour of God** Martial arts thriller. (1986, 15, 95min) ★★★
3.50 **Crank** Action thriller. (2006, 18, 88min) ★★★★
5.25 **to 7.15** AM **Pompeii** Disaster movie. (2014, 12, 104min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.55 AM **Am I OK?** Comedy drama. (2022, 15, 86min) ★★★
9.30 **Pitch Perfect** Musical comedy. (2012, 12, 112min) ★★★★
11.30 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
1.30 PM **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
3.35 **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
5.40 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★

5.40 The Holdovers

8.00 **Daddy's Home 2** Comedy sequel starring Will Ferrell and Mark Wahlberg. Having settled their differences, Brad and Dusty must now deal with their intrusive fathers. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Junior** Comedy starring Arnold Schwarzenegger as a research scientist who becomes the world's first pregnant man. With Danny DeVito and Emma Thompson. (1994, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **I'll Be Right There** Comedy. (2023, 12, 93min) ★★★
1.30 AM **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★
3.10 **Borat Subsequent Moviefilm** Spoof starring Sacha Baron Cohen. (2020, 15, 95min) ★
4.55 **Sky Cinema Preview**
5.25 **to 6.50** AM **A Night at the Roxbury** Comedy spin-off. (1998, 15, 82min) ★

Sky Cinema Thriller

309 309 409 509 523

7.35 AM **The Good Neighbour** Thriller. (2022, 15) ★★★
9.30 **Paradise Highway** As 5.55pm.
11.35 **The Sum of All Fears** Thriller. (2002, 12, 119min) ★★★★
1.50 PM **Vanilla Sky** Romantic fantasy drama remake. (2001, 15, 136min) ★★★
4.15 **The Big Heat** Gangster thriller. (1953, b/w, 15, 90min) ★★★★
5.55 **Paradise Highway** Thriller starring Juliette Binoche. (2022, 15, 115min) ★★★★

5.55 Paradise Highway

8.00 **The Island** Sci-fi action thriller starring Ewan McGregor and Scarlett Johansson. In the year 2019, one of the inhabitants of a hermetically sealed facility makes a shattering discovery about the purpose of his existence. With Djimon Hounsou. (2005, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

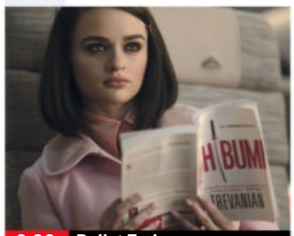
10.25 **The Godfather** Francis Ford Coppola's classic gangster epic starring Marlon Brando, Al Pacino and James Caan. (1971, 15, 167min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.25 AM **Oldboy** South Korean revenge thriller. Subtitled. (2003, 18, 120min) ★★★★
3.30 **Breakdown** Suspense thriller. (1997, 15, 94min) ★★★★
5.10 **to 7.20** AM **The Punisher** Action thriller starring Tom Jane and John Travolta. (2004, 18, 123min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Nothing But the Best** Black comedy with Alan Bates. (1963, b/w, 15, 99min) ★★
1.05 PM **Mandy** Ealing drama. (1952, b/w, U, 93min) ★★★
3.00 **The Frogmen** Adventure. (1951, b/w, U, 96min) ★★★
4.55 **The Swimmer** Offbeat drama. (1967, PG, 94min) ★★★★★
6.50 **The League of Extraordinary Gentlemen** Fantasy adventure. (2003, 12, 110min) ★★


9.00 Bullet Train

The League of Extraordinary Gentlemen (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Bullet Train** Action comedy thriller starring Brad Pitt, Joey King, Aaron Taylor-Johnson, Brian Tyree Henry and Andrew Koji. Five assassins aboard a train discover their missions have something in common. (2022, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Terminator Genisys** Sci-fi adventure sequel starring Arnold Schwarzenegger and Emilia Clarke. A time traveller sent on a rescue mission discovers a plot to change history beyond recognition. (2015, 12, 126min) ★★★
2.00 **to 3.55** AM **Berberian Sound Studio** Psychological thriller. (2012, 15, 92min) ★★★

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8 PM **9 PM** **10 PM** **11 PM**

Sky Cinema 2025 Recap

302 302 402 502 516

6.10 AM **A Place Called Silence**
8.15 **Black Dog** As 5.05am.
10.10 **AfrAid** As shown at 4.45pm.
11.40 **The Good Half** As 6.15pm.
1.25 PM **Mob Cops** As 1.25am.
3.05 **Kill** As shown at 11.45pm.
4.45 **AfrAid** Sci-fi horror with John Cho. (2024, 15, 84min) ★★
6.15 **The Good Half** Comedy drama starring Nick Jonas and Brittany Snow. (2023, 15, 96min) ★★★

8.00 **The Line** Co-writer/director Ethan Berger's drama starring Alex Wolff, Lewis Pullman and Bo Mitchell. A university student attempts to live his life without a fear of consequences. (2023, 15, 100min) ★★★
9.45 **A Different Man** Thriller starring Sebastian Stan and Adam Pearson. After facial reconstructive surgery, an aspiring actor fixates on a stage production based on his past. (2024, 15, 112min) ★★★★

11.45 **Kill** Thriller with Daniel Portman. (2023, 15, 94min) ★★★
1.25 AM **Mob Cops** Crime drama. (2024, 15, 87min) ★
3.00 **A Place Called Silence** Thriller. (2024, 15, 119min) ★★★
5.05 **to 7.00** AM **Black Dog** Drama. (2024, 12, 110min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.45 AM **Rashomon** As 2.35pm.
8.30 **The Big Heat** As 4.15pm.
10.15 **Melancholia** As 12.30am.
11.55 **The Firm** As 8.00pm.
2.35 PM **Rashomon** Japanese director Akira Kurosawa's Oscar-winning drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
4.15 **The Big Heat** Director Fritz Lang's classic gangster thriller. (1953, b/w, 15, 90min) ★★★★

6.00 **Rear Window** Hitchcock thriller starring James Stewart. (1954, PG, 112min) ★★★★★
8.00 **The Firm** Legal thriller starring Tom Cruise, Jeanne Tripplehorn and Gene Hackman. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
10.35 **Body Double** Brian De Palma's erotic thriller starring Craig Wasson and Melanie Griffith. (1984, 18, 109min) ★★★

12.30 AM **Melancholia** Thriller starring Jeroen Krabbe and Susannah York. (1989, 15, 85min) ★★★
2.00 **GoodFellas** Martin Scorsese's gangster drama starring Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
4.25 **to 6.20** AM **Rear Window**

Sky Cinema Animation

305 305 412 500 514

6.20 AM **The Swan Princess: The...**
7.40 **The Angry Birds Movie** Animation. (2016, U) ★★★
9.25 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
11.10 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
12.50 PM **Barnyard** Animated family comedy. (2006, PG, 90min) ★

2.25 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
4.00 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
5.40 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
7.25 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
9.00 **Curious George** Animation. (2006, U, 87min) ★★★★
10.35 **Batman Unlimited: Animal Instincts** (2015, PG) ★★

12.00 M'T **The Swan Princess: The Secret of the Castle** (1997) ★★
1.20 AM **The Inventor** Animation. (2023, PG, 100min) ★★★
3.05 **Scarygirl** (2023, PG) ★★★
4.45 **to 6.20** AM **Tad the Lost Explorer and the Secret of King Midas** (2017, U) ★★★

Movies 24

312 313 419

7.00 AM **Junebug** Fantasy drama. (2024, PG, 84min) ★★
9.00 **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
11.00 **Blind Date Book Club** Drama. (2024, PG, 90min) ★★
1.00 PM **The Love Subscription** Romantic comedy drama. (2023, PG, 86min) ★★
3.00 **Lucky Hearts** Romantic comedy. (2023, PG, 89min) ★★

5.00 **The Best Version of Love** Comedy. (2023, PG, 86min) ★★
7.00 **Love Marks the Spot** Romantic adventure starring Annika Foster and Andrew Biernat. (2023, PG, 86min) ★★
9.00 **Love in the Limelight** Romantic comedy starring Alexa and Carlos PenaVega. A woman is reunited with her high-school crush, now a boy band singer, and her grandmother plots to bring them together. (2022, PG, 84min) ★★

11.00 **A Safari Romance** Romantic comedy. (2023, PG, 84min) ★★
1.00 AM **Modeled with Love** Drama. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **A Bridesmaid in Love** Comedy. (2022, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Bush Pilot** Adventure. (1947, b/w, PG, 60min) ★★★
7.10 **The Third Alibi** Thriller. (1961, b/w, PG, 68min) ★★★
8.30 **The 20 Questions Murder Mystery** Detective thriller. (1950, b/w, PG, 95min) ★★★
10.20 **Highway to Battle** Spy drama. (1961, b/w, U, 71min) ★★★
11.40 **Cover Girl Killer** Crime thriller. (1959, b/w, PG, 61min) ★★

1.00 PM **The Court Martial of Major Keller** Drama. (1961, PG) ★★★
2.20 **Sitting Bull** Western. (1954, U, 106min) ★★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 20/39. (S1)
5.30 **Bonanza** 21/32. (S1)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Public Eye** 1/13. (S7)
9.05 **Body Double** Brian De Palma's thriller. (1984, 18, 109min) ★★★
11.20 **Strip Tease Murder** Drama. (1961, b/w, 18, 66min) ★★★

12.40 AM **Mademoiselle** Drama. (1966, b/w, 15, 99min) ★★
2.45 **Escape from DS-3** Sci-fi thriller. (1978, 15, 86min) ★
4.25 **The Body Vanished** Mystery. (1939, b/w, PG, 44min) ★★★
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News** A round-up of the headlines and a look ahead to the day's sporting action.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages and a tip on today's racing.
10.00 **The Football Show** A look at the major stories making the football headlines this morning.
11.00 **Sky Sports News** Round-up of the latest sports news.
12.00 NOON **Lunchtime Live** A round-up of the sports stories making the lunchtime headlines.
2.00 PM **Sports Desk** This afternoon's stories from the world of sport.
5.00 **Sports Centre** The main stories from the day's sport.
6.00 **Sky Sports News** Round-up of this evening's top stories.
7.00 **The Transfer Show** Updates on the latest rumours and analysis of the transfers confirmed so far.
9.00 **Sky Sports News** Round-up of tonight's leading stories.
10.30 **Back Pages Tonight** A look at the latest sports stories making the headlines in tomorrow's papers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Manchester United v Manchester City in 2010/11.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Fulham v Newcastle United. **5.30** Highlights from Fulham v Nottingham Forest. **6.00** Fulham v West Ham United. **6.30** Action from Fulham v Wolverhampton Wanderers. **7.00** Ipswich Town v Everton. **7.30** Ipswich Town v Fulham.
8.00 **Gary Neville's Soccerbox**
8.30 **David James: One and Only**
10.00 **Class of '92: Full Time** Salford's new manager has five weeks of pre-season to transform the team.
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years** Moments of the 2017/18 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2019/20 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **SPFL Greatest Games**
2.00 PM **EFL Cup Highlights**
3.00 **Best Goals: EFL Cup 24/25**
3.30 **EFL Trophy** Action from Birmingham City v Peterborough United in the final at Wembley.
4.00 **WSL: End of Season Special**
4.30 **Championship Season Review**
6.00 **EFL** Action from Brentford v Swansea City in the 2020/21 Championship play-off final. **7.00** Highlights from Blackpool v Lincoln City in the 2020/21 League One play-off final. **8.00** Action from Morecambe v Newport County in the 2020/21 League Two play-off final.
9.00 **EFL Greatest Games**
10.00 **Retro League One** A replay of Charlton Athletic v Sunderland in the 2018/19 play-off final.
12.00 M'T **EFL Cup Retro** Chelsea v Manchester City in the 2019 final.
2.45 AM **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **SPFL** The 2014/15 season.
5.30 **to 6.00** AM **Best Scottish Premiership Goals 2021/22**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
9.00 **One-Day International Cricket**
10.00 **Women's International T20 Cricket** England v India.
2.00 PM **Best of ICC WT20** Action from England v India in 2007.
2.15 **Best of England v India**
4.00 **Best of England v Windies**
4.30 **Best of ICC WT20**
5.00 **Women's One-Day International Cricket**
6.00 **Women's International T20 Cricket** Another chance to see the first T20 in the five-match series between England and India from Trent Bridge, Nottingham.
10.00 **Best of ICC WT20** Highlights from England v India in 2007. **10.15** Action from England v India at Lord's in 2009. **10.30** Action from India v Pakistan in the 2007 final.
10.45 **Best of England v India** Action from England v India in the 2009 World T20 at Lord's.
11.30 **Best of England v Windies**
12.00 M'T **International T20 Cricket**
4.30 AM **Ashes Greats** Player profiles.
5.00 **Best of England v India**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **DP World Tour Golf**
7.00 **DP World Tour Golf**
12.00 NOON **PGA Tour Golf**
5.00 PM **Golf Academy**
6.00 **HotelPlanner Tour Golf**
6.30 **DP World Tour Golf**
7.00 **PGA Tour Golf** All four days of the Rocket Mortgage Classic.
8.00 **Ladies European Tour Golf** Another chance to see day four of the Amundi German Masters.
11.00 **PGA Tour Golf** Rocket Classic.
12.00 M'T **Rose Ladies Series**
12.30 AM **DP World Tour Golf**
1.00 **Golf Academy** Expert tips.
2.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA Tennis** Recent finals.
9.00 **WTA & ATP Tennis**
10.30 **ATP Tour This Week**
11.00 **WTA Tennis** Event highlights.
1.00 PM **WTA & ATP Tennis**
2.30 **US Open Classic Matches**
3.00 **WTA & ATP Tennis**
4.30 **ATP Tour This Week**
5.00 **WTA Tennis** Recent finals.
8.00 **WTA & ATP Tennis** Highlights of day four of the Indian Wells Open.
9.30 **ATP Tour This Week**
10.00 **WTA & ATP Tennis** Action from day five of the Madrid Open.
11.30 **Tennis** A review of the women's tournament at the Indian Wells Open in California.
12.00 M'T **WTA & ATP Tennis**
4.30 AM **ATP Tour This Week**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
9.00 **Porsche Supercup**
10.00 **Test Cricket Highlights**
11.00 **V8 Supercars Highlights**
1.00 PM **MLB Highlights**
2.00 **Porsche Supercup**
3.00 **Test Cricket Highlights** West Indies v Australia in Barbados.
4.00 **After the Roar** A look at mental health struggles elite sportsmen face following retirement.
5.30 **Premier League Stories** Ex-referee Howard Webb shares stories of his rise through the ranks.
6.00 **LIVE Ultimate Pool** Coverage from Group Five of the Pairs Cup, as some of the country's leading eighthall players battle it out for places in the next stage.
9.30 **Fight Week** UFC 317 review.
10.00 **The Gruppetto** Cycling.
10.15 **WRC Review** Recent action.
11.15 **TNT Sports Cricket Reload**
11.45 **UEFA Champions League**
12.00 M'T **LIVE MLB Boston Red Sox v Cincinnati Reds.** Coverage of the inter-league match from Fenway Park. Start-time **12.10am**.
3.15 AM **Test Cricket Highlights**
5.15 **MLB Classic** Archive action.
5.45 **to 6.00** AM **The Gruppetto**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** GP of Netherlands.
9.30 **MotoGP Chequered Flag**
10.30 **MotoGP Films**
11.15 **World Rally Championship**
11.45 **Golden Trail World Series**
12.15 PM **No Filter Rugby** Behind the scenes of Bath v Leicester Tigers in the Gallagher Premiership final.
12.30 **WNBA** Highlights from Los Angeles Sparks v Chicago Sky.
1.30 **British Speedway**
2.30 **MotoGP** Action from the Grand Prix of Netherlands in Assen.
6.00 **MotoGP Chequered Flag**
7.00 **IFSC Climbing World Cup Highlights** In Innsbruck, Austria.
8.00 **The Gruppetto** Cycling action.
8.15 **Jens Voigt: Cycling Legacy**
8.45 **No Filter Cycling**
9.00 **Fishing: On the Bank**
10.00 **UFC** Another chance to see Ilia Topuria v Charles Oliveira.
1.00 AM **Fight Week** UFC 317 review.
1.30 **SailGP – Racing on the Edge**
2.00 **The Muddy Roots of Football**
3.00 **UEFA Women's Champions League** Highlights of Arsenal v Barcelona in the final.
3.30 **WRC Review** Recent action.
4.30 **Fight Week** UFC 317 review.
5.00 **Formula E Unplugged**
5.30 **to 6.00** AM **Crouchy and Cole**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **British and Irish Lions Tour**
9.45 **Rugby Union Retro**
11.00 **Fight Night** Two bout replays.
1.00 PM **British and Irish Lions Tour**
2.00 **Fight Night** Adam Azim v Ohara Davies from October 2024.
3.00 **The Rugby Championship** New Zealand v Argentina from 2024.
5.00 **Rugby Union Retro** New Zealand v British & Irish Lions in 2005. **5.15** A look at New Zealand v British & Irish Lions in 2005. **5.30** Jamie Heaslip talks about the second Test of the Lions tour to South Africa in 2009. **5.45** James Gemmell and Miles Harrison look back at the deciding test of the Australia v British & Irish Lions series from 2013.
6.00 **British and Irish Lions Tour** Another chance to see the warm-up match between Western Force and British & Irish Lions from Optus Stadium in Perth.
9.45 **Rugby Union Retro**
11.15 **Lions Legends**
12.00 M'T **Rugby Union Retro**
1.00 AM **Lions Legends**
1.30 **British and Irish Lions Tour**
2.30 **Super League** Castleford Tigers v Hull Kingston Rovers.
5.15 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Bristol City v Sheffield United in the first Championship play-off semi-final first-leg staged at Ashton Gate. **6.30** Coventry City v Sunderland in the second Championship play-off semi-final first-leg.
7.00 **Good Morning Sports Fans** News and views on today's early stories and a tip on today's racing.
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
5.00 **Sports Centre**
7.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see night 11 at Rotterdam Ahoy, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals were Chris Dobey v Luke Humphries, Gerwyn Price v Nathan Aspinall, Stephen Bunting v Michael van Gerwen, and Luke Littler v Rob Cross.
4.00 AM **EFL Highlights** Action from Stockport County v Leyton Orient. **4.30** Highlights of Charlton Athletic v Wycombe Wanderers.
5.00 **to 6.00** AM **EFL Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Bad Homburg Open.
8.00 **ATP Tennis** A recent final.
9.00 **Formula 1** Austrian Grand Prix.
10.00 **Fight Night** McCaskill v Price.
11.00 **WTA Tennis** Bad Homburg Open.
12.00 NOON **ATP Tennis**
1.00 PM **Formula 1** From Austria.
2.00 **PL Greatest Games**
3.00 **Fight Night** Jonas v Habazin.
4.00 **Formula 1** Austrian Grand Prix.
5.00 **Ladies European Tour Golf**
8.00 **WTA Tennis** Highlights of the Bad Homburg Open final.
9.00 **ATP Tennis** Highlights of the Mallorca Championships final.
10.00 **Formula 1** Austrian Grand Prix.
11.00 **PGA Tour Golf** Rocket Classic.
12.00 M'T **Rose Ladies Series**
12.30 AM **DP World Tour Golf**
1.00 **PL Greatest Games**
2.00 **Best of England v India**
2.30 **Best of England v Windies**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
1.00 PM **UEFA Champions League**
7.00 **UEFA Champions League** Action from Tottenham Hotspur v Liverpool in the 2018/19 season. **7.30** Paris Saint-Germain v Bayern Munich in the 2020 final. **8.00** Action from Manchester City v Chelsea in the 2020/21 final. **8.30** Highlights from Liverpool v Real Madrid in the 2021/22 final. **9.00** Manchester City v Inter Milan in the 2022/23 final. **9.30** Borussia Dortmund v Real Madrid in the 2023/24 final.
10.00 **The Muddy Roots of Football** The remarkable journey of the one-armed goalkeeper who has defied all odds.
11.00 **UFC** Ilia Topuria v Charles Oliveira.
2.00 AM **Wimbledon** Action from the first day of the tournament.
3.30 **Premiership Rugby Union**
5.30 **to 6.00** AM **SailGP: Racing on the Edge**

TNT Sports 4

414 416 524 411 434

6.00 AM **Golden Trail World Series**
6.30 **World Rally Championship**
7.00 **Cycling** Giro d'Italia Next Gen.
8.00 **Women's Cycling National Road Championship**
9.00 **Men's Cycling National Road Championship**
10.00 **Women's Cycling National Road Championship**
12.00 NOON **Men's Cycling National Road Championship**
2.00 PM **V8 Supercars Highlights**
4.00 **MLB: Off the Bat** Action from Major League Baseball.
4.30 **MLB Highlights**
5.30 **Test Cricket Highlights** A look at Sri Lanka v Bangladesh in the second and final Test of the series.
7.30 **AFL** Another chance to see Port Adelaide v Carlton. **9.00** Another chance to see Sydney Swans v Western Bulldogs. **10.30** A chance to see Gold Coast Suns v Melbourne Demons.
12.00 M'T **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Transworld Sport** Magazine.
7.00 **World Surf League**
8.00 **FIA World Endurance Championship** From Le Mans.
9.00 **Ultimate Karting Championship**
10.00 **Major League Cricket**
2.00 PM **Temples of Sport**
2.30 **Scottish Rally Championship**
3.00 **PSA Squash Highlights**
4.00 **World Surf League**
5.00 **FIA World Endurance Championship** From Le Mans.
6.00 **Viva LaLiga** The latest news.
7.30 **LaLiga Specials**
8.00 **Scottish Rally Championship** Action from the Jim Clark Rally.
8.30 **LaLiga Highlights**
9.30 **UK Independent Kart Racing** The fourth round of the season.
11.00 **World Surf League**
12.00 M'T **FIM Sidecarcross**
1.00 AM **Transworld Sport** Magazine.
2.00 **PSA Squash Highlights**
3.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 552

6.00 AM **NASCAR** Quaker State 400.
10.00 **FastZone** Motorsports highlights.
10.30 **Bike World** Magazine.
11.00 **CONCACAF Gold Cup**
1.00 PM **GP Confidential** All the latest Formula One news.
1.30 **Temples of Sport**
2.00 **CONCACAF Gold Cup** A chance to see the fourth quarter-final.
4.00 **Football's Greatest** The finest players discuss their careers.
4.30 **Top 14 Rugby Union** Another chance to see the final.
6.30 **CONCACAF Gold Cup** A chance to see the third quarter-final.
8.30 **Temples of Sport**
9.00 **CONCACAF Gold Cup** A chance to see the fourth quarter-final.
11.00 **Temples of Sport** Iconic sporting venues from around the globe.
11.30 **NASCAR Xfinity Series** Action from Atlanta Speedway.
2.30 AM **GP Confidential** All the latest Formula One news.
3.00 **to 6.00** AM **Copa Del Rey**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** From Austria.
10.30 **Ted's Notebook**
11.00 **Lewis's Secret Cinema**
11.30 **Formula 1** The Austrian Grand Prix first practice session.
12.45 PM **Formula 1** The Austrian Grand Prix second practice session.
2.00 **The F1 Show** A preview of the Austrian Grand Prix in Spielberg.
3.00 **Formula 1** The Austrian Grand Prix third practice session.
4.15 **Formula 1** Season highlights.
4.30 **Formula 1** The Austrian Grand Prix qualifying session.
6.30 **Ted's Notebook**
7.00 **Formula 1** Austrian Grand Prix.
9.15 **Ted's Notebook**
9.45 **Formula 1** Season highlights.
10.00 **Formula 1** Austrian Grand Prix.
11.00 **Ted's Notebook**
11.30 **Formula 1** Austrian Grand Prix.
12.30 AM **Ted's Notebook**
1.00 **to 6.00** AM **The Home of F1**

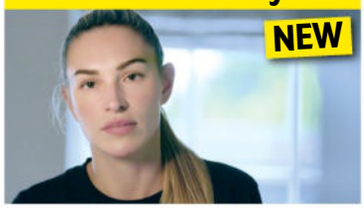
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

1 July

Evening Planner

Documentary



To Catch a Stalker

BBC3, 9pm & 9.45pm (box set, iPlayer)

Zara McDermott explores the impact stalking has on victims, from how reports are handled to bringing stalkers to justice.

Documentary

The Srebrenica Tape

BBC4, 10pm

A woman returns to the town of her birth to retrace the experiences of her father, who died during the Bosnian conflict.

OnDemand

NETFLIX

Attack on London: Hunting the 7/7 Bombers

Available today

Twenty years on, witnesses recount their experiences of the bombings.

OnDemand

NETFLIX

Trainwreck: The Cult of American Apparel

Available today

The darker story behind one of the most successful US fashion brands.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Wimbledon – Live: Coverage of the prestigious tournament						10.00 News; Local News	
	102 BBC2	7.00 EastEnders		8.00 Digging for Britain		9.00 Scrublands: Silver		10.00 QI	10.30 Newsnight
	103 ITV1	7.00 Emmerdale		8.00 Midsomer Murders				10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 24 Hours in A&E		10.00 In the Footsteps of Killers	
	105 5	7.00 Celebrity Puzzling		8.00 Reuben Owen: Life in the Dales		9.00 The Yorkshire Vet: At Home with the...		10.00 Ben Fogle: New Lives in the Wild	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: Kong: Skull Island			
ENTERTAINMENT	115 BBC3		7.15 My Super Sweet 16	8.05 The Traitors NZ		9.00 To Catch a Stalker			10.35 The Kim...
	116 BBC4	7.00 Secrets of Skin	7.30 War Walks	8.00 The Good Life	8.30 Yes, Minister	9.00 Simon Schama's Power of Art		10.00 Storyville: The Srebrenica Tape	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Transaction	10.35 Family Guy
	136 MORE4	◂ 6.55 Kirstie and Phil's Love It or List It		8.00 PopMaster TV		9.00 Catching a Killer: A Stab in the Dark			10.35 24 Hours...
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 The Rookie		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	◂ 6.35 Westworld		7.55 Game of Thrones		9.00 Gomorrah			
	110 U&GOLD		7.10 Dad's Army	7.50 Open All Hours	8.30 The Vicar of Dibley			10.00 The Royle Family	10.40 Billy...
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Agatha Christie's Poirot				10.00 Grantchester	
	120 ITV4	7.00 Junk and Disorderly		8.00 The 1% Club		9.00 Film: Van Helsing			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers: International Man of Mystery			
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 Joe Lycett's United States of...		10.00 Freddie Fries Again	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Beyond Paradise		9.00 My Life Is Murder		10.00 Father Brown	
	130 SKY ARTS	7.00 Opry Live		8.00 A Sudden Glimpse to Deeper Things			9.45 How the Beatles Changed the World		
	132 U&W	7.00 Ski A&E		8.00 DIY SOS: The Big Build		9.00 First Responders		10.00 Killer Women with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Gold Rush: White Water		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Animal Cribs		8.00 Guardians of the Glades		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Nazi Megastructures		9.00 WW2 Wrecks: Draining the Ocean		10.00 Nazi Child Soldiers	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Walking Through History		9.00 Secrets Declassified with David...		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Bangers & Cash: Restoring Classics				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 McLaren				9.00 Ferrari: Race to Immortality			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.15 The Luckiest Man in America		8.00 Gladiator II					10.40 Sharp...
	302 2025 RECAP	◂ 6.00 Greedy People		8.00 The Bikeriders				10.00 The Watched	
	303 EPIC WORLDS	◂ 6.00 Ghostbusters: Frozen Empire		8.00 Beetlejuice Beetlejuice				10.00 The Witches	
	304 GREATS	◂ 5.35 The Day of the Jackal		8.00 In the Line of Fire				10.10 GoodFellas	
	305 ANIMATION		7.20 Two by Two			8.55 The Inventor			10.40 Rock...
	306 FAMILY	◂ 5.35 Peter Pan	7.35 Peter Rabbit 2: The Runaway				9.15 The Wiz		
	307 ACTION	◂ 5.35 Man of Steel		8.00 Superman Returns					10.35 Pompeii
	308 COMEDY	◂ 6.20 Mean Girls		8.00 Mean Girls				10.05 Happy Gilmore	
	309 THRILLER	◂ 6.05 Layer Cake		8.00 Sherlock Holmes				10.10 Sherlock Holmes: A Game of...	
	310 DRAMA	◂ 6.10 Bob Marley: One Love		8.00 Funny Face			9.45 Breakfast at Tiffany's		
	311 SCI-FI	◂ 6.15 Men in Black		8.00 Star Trek Beyond				10.05 The Ring	
	313 FILM4	◂ 6.45 Charlie's Angels				9.00 Mrs Harris Goes to Paris			
SPORT	401 MAIN EVENT	◂ 6.00 Women's International T20 Cricket – Live: England v India						10.00 News at Ten	10.30 News Special
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 Outraged: Football's Discrimination		10.00 Class of '92: Full Time	
	403 FOOTBALL	◂ 6.00 EFL Cup Retro			8.45 EFL Greatest Games			10.00 Championship Season Review	
	404 CRICKET	◂ 6.00 Women's International T20 Cricket – Live: England v India						10.00 Best of ICC WT20	
	410 TNT SPORTS 1	7.00 MLB Highlights		8.00 MLB – Live: Toronto Blue Jays v New York Yankees (Start-time 8.07)					
	411 TNT SPORTS 2	7.00 Classic Premier League						10.00 PL Stories	10.30 Fight Week

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition The fatal shooting of two women in Birmingham. (S)(AD)
11.15 **Homes Under the Hammer** New edition Properties in Kent, Norfolk and Liverpool. (S)(AD)
12.15 PM **Bargain Hunt** A football-themed show from Detling. (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 LIVE **Wimbledon** Coverage of the second day's play of the Grand Slam tournament, held at the All England Club, where first-round matches continue in the men's and ladies' singles. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

10.45 The Moment of Proof

7 PM

7.00 LIVE **Wimbledon** Clare Balding presents further coverage of day two of the Grand Slam tournament, held at the All England Club, where first-round matches continue in the men's and ladies' singles. Home favourite Jack Draper was involved in a five-set epic on Centre Court at this stage last year, eventually prevailing 3-6, 6-3, 6-3, 4-6, 6-3 against Swedish qualifier Elias Ymer. It proved to be a good day for British contenders, with Katie Boulter and Cameron Norrie claiming victories on the No. 3 Court against Tatjana Maria and Facundo Díaz Acosta respectively. (S)
■ Two episodes of *EastEnders* at 7.00pm on BBC2.

8 PM

9 PM

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW TO BBC1 **To Catch a Stalker** 1/2. Documentary in which Zara McDermott explores the crime of stalking. She meets women currently living in fear as they are being followed by exes and strangers, exposing the terrifying reality of this shady and growing crime. *Previously shown on BBC3.* (S)(AD)
11.25 **To Catch a Stalker** Series finale 2/2. The concluding part of Zara McDermott's exploration of the growing crime of stalking. (S)(AD)
12.10 AM **Pointless Celebrities** Eight radio presenters take part. (S)(R)
1.00 **Weather for the Week Ahead** (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

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6.45 AM **The Moment of Proof** A jewellery burglar caught out by a distinctive piece of clothing. (S)(R)
7.15 **Money for Nothing** JJ Chalmers tries a first – turning a sewing machine stand into seating. (S)(R)
8.00 **Sign Zone: Springwatch** Seasonal stories from the National Trust's Longshaw Estate. (S)(R)
9.00 **BBC News** (S)
10.15 **Politics Live** (S)
11.00 LIVE **Wimbledon** Isa Guha presents coverage of day two from the All England Club. (S)
3.00 PM LIVE **Wimbledon** Clare Balding presents further coverage of day two of the Grand Slam tournament, held at the All England Club, where first-round matches are set to continue in the men's and ladies' singles. (S)

9.00 Scrublands: Silver

7.00 **EastEnders** Ravi sets a trap in the hope of catching a culprit, Kat's day goes from bad to worse, and Felix becomes jealous. (S)(AD)
7.30 Kat is determined to get the truth, and Cindy issues a stern warning. (S)(AD)

8.00 **Digging for Britain** Archaeological treasures in the west of Britain, including a rare medieval cemetery, a disappearing Mesolithic landscape, a mysterious Iron Age burial, and the ruins of a gothic masterpiece. (S)(R)(AD)

9.00 **Scrublands: Silver** New episode 2/4. Martin helps Mandy deal with the information that someone drugged her. (S2) (S)(AD)
■ Entire series on BBC iPlayer
9.50 **The North York Moors: A Wild Year** (S)(R)(AD)

10.00 **QI** *Restaurants:* Phill Jupitus, Sara Pascoe and Mark Watson join host Sandi Toksvig and regular panellist Alan Davies. (S)(R)
10.30 **Newsnight** (S)
11.00 **Today at Wimbledon** Highlights of the second day's play. (S)
12.00 M'T FILM **The Damned United** Sports biopic about legendary football manager Brian Clough's 44 days in charge of Leeds United in 1974. Stars Michael Sheen. (S)(AD) (2009, 15, 95min) ★★★★
1.35 AM **Sign Zone: The Gold** (S)(R)
2.35 **Sign Zone: Great British Railway Journeys** From Surrey. (S)(R)(AD)
3.05 **Sign Zone: Amol Rajan Interviews** With Martina Navratilova. (S)(R)
3.50 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James makes a crème brûlée for chocolatier Mark Tilling, enjoys a dish of cod from chef John Hooker and whips up a beef pie for singer Tony Hadley. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7.00 **Emmerdale** Sarah tries to help Cain, Lewis can't believe his brother has betrayed him, and Paddy has a disastrous encounter. (S)(AD)

8.00 **Midsomer Murders** *The Stitcher Society:* A local outcast who was controversially acquitted of murder years previously is the latest inductee into a post-operative heart rehab club. However, following his arrival, some of the members' dreams of a second chance at life are cut short. Guest stars Keith Allen and John Thomson. (S)(R)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **DNA Journey** Former *Made in Chelsea* star Sam Thompson and singer-turned-presenter Marvin Humes trace their ancestries. Sam is terrified of what he might uncover, while Marvin is keen to learn more about his Jamaican roots. (S)(R)(AD)
11.45 **British Touring Car Championship Highlights** Action from the fifth round of the season at Oulton Park. (S)(R)
12.55 AM **Teleshopping**
3.00 **The Reunion** 5/6. (S1) (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Ninja Warrior UK** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 1-4/18. (S11) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 15-18/24. (S3) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From M'Dears Bakery and Bistro in Los Angeles. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Couple Tracey and Tim head towards Little Venice in London. (S)(R)(AD)
5.00 **Chateau DIY** Christina and Sassan find a toilet in a rather strange place. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** New edition East Yorkshire couple Lisa and Paul hope to find a holiday villa in Alicante. (S)

10.00 In the Footsteps of Killers

7.00 **News** (S)

8.00 **Bake Off: The Professionals** New edition 6/10. Ellie Taylor and Liam Charles host as the teams serve up 24 savoury Paris-Brest and 24 savarin, before delivering a tiered celebration St Honoré to serve 150 people. (S)(AD)

9.00 **24 Hours in A&E** The stories of three mothers who have succeeded in triumphing over extraordinary adversity – the death of a child, a cancer diagnosis and bringing up a child who needed extra care. (S)(R)(AD)

10.00 **In the Footsteps of Killers** New edition Emilia Fox and David Wilson investigate the 1991 unsolved murder of Widnes mother-of-two Vera Anderson. (S)(AD)
11.05 **The Life and Murder of Nicole Brown Simpson** New edition 3/4. OJ's behaviour becomes increasingly erratic. (S)(AD)
12.05 AM Series finale 4/4. The trial of the century proves to be a true media spectacle. (S)(AD)
1.00 **Taskmaster** (S)(SL)(R)(AD)
1.55 **Ramsay's Hotel Hell** (S)(SL)(R)
2.45 **Dispatches: Will Nigel Farage Be Prime Minister?** (S)(SL)(R)(AD)
3.40 NEW **Iris Prize Best British Shorts**
3.55 **Ireland: Coast and Country** (S)(R)
4.50 **George Clarke's Amazing Spaces**
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **My Mother the Murderer** Thriller starring Christie Leverette and Monica Pierson. (S) (2023, PG, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition On the Costa Blanca, Debbie launches a will-writing business. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** A professional dog walker suffers a broken leg when her Afghan hound pulls her over. (S)(R)
6.55 **News** (S)

8.00 Reuben Owen: Life in the...

7.00 Celebrity Puzzling New edition 6/8. Rav Wilding and Russell Kane join Carol Vorderman, Sally Lindsay and Jeremy Vine. (S) ■ Continues tomorrow
7.55 **News** (S)

8.00 Reuben Owen: Life in the Dales New edition On his 21st birthday, Reuben and his friends attempt a vintage tractor journey from the heart of the Yorkshire Dales to the Whitby coast. (S)

9.00 The Yorkshire Vet: At Home with the Greens New edition Peter prepares a surprise for Steve's 96th birthday, a classic tractor gets some special attention, and a surprise arrival shakes up the farm. (S)(AD)

10.00 Ben Fogle: New Lives in the Wild The presenter travels to the Azores, a remote archipelago in the middle of the Atlantic Ocean, to meet Magnus, Lucy and one-year-old Frey. (S)(R)

11.05 **Traffic Cops** Officers in North Yorkshire clamp down on young drivers causing danger. (S)(R)
12.05 AM **Call the Bailiffs: Time to Pay Up** Documentary. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S7) (S)(R)(AD)
3.50 **Carol Drinkwater's Secret Provence** (S)(R)
4.35 **Me & My 10 Kids** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 8/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *Friends and Family:* Homer finds a new best friend in a woman who acts just like him. (S)(R) **5.30** *Lisa the Veterinarian:* Lisa decides she wants to be a vet after saving a raccoon. (S)(R) **6.00** *The Town:* Homer takes the family to Boston. With the guest voice of Bill Burr. (S)(R) **6.30** *Trust But Clarify:* Kent Brockman struggles with the changing media world. (S)(R)

9.00 Kong: Skull Island

7.00 The Simpsons *There Will Be Buds:* Homer gets roped into coaching the kids' lacrosse team with Milhouse's dad, Kirk. (S)(R) **7.30** *Havana Wild Weekend:* The family visit Cuba in search of cheap medical care. (S)(R)

8.00 A League of Their Own Comedians Maisie Adam and Kevin Bridges and footballer Ollie Watkins join the regulars on the sports-based comedy quiz. (S)(R)(AD)

9.00 FILM **Kong: Skull Island** Action adventure starring Tom Hiddleston, Samuel L Jackson and Brie Larson. A secret mission to a mysterious island descends into chaos when the local wildlife proves far from welcoming. With John C Reilly and John Goodman. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.15 **Lucy Beaumont: Live from the Royal Court Theatre** A stand-up performance by the comedian. (S)(R)
12.15 AM **Brassic** 6/8. Vinnie and the gang attend a murder mystery evening. (S4) (S)(R)(AD)
1.10 **The Force: North East** (S)(R)
2.05 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 8/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.40pm River City (S)(R) **11.10** To Catch a Stalker (S)(R)(AD) **12.40am** Pointless Celebrities (S)(R) **1.30** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Kinahan: The True Story of Ireland's Mafia (S)(R) **11.40** To Catch a Stalker (S)(R)(AD) **1.15am** Pointless Celebrities (S)(R) **2.05-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Rucks, Trucks and Rock 'n' Roll: Inside the Stadium (S)(R) **11.40** To Catch a Stalker (S)(R)(AD) **1.15-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
8.00pm The Game – The Story of Hurling New edition (S) **8.50-9.00pm** The Chronicles of Strangford (S)(R)

WALES
Sky 968, Freesat 968
11.00pm-12.00m't First Minister's Questions (S)

ITV1

As main ITV1 except:

WALES
10.45-11.45pm Sharp End: Political discussion (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Dau Gi Bach (AD) **12.30** Heno **1.00** Richard Holt: Yr Academi Felys (AD) **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Busnes Bwyd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cyfres Triathlon Cymru **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion a'r Tywydd **9.00** NEW Gronyn Gobaith: Cymry Cern **10.00** Y Byd ar Bedwar **10.30-11.35pm** Hewlfa Drysor

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Glen Powell: The Story So Far**
7.15 **My Super Sweet 16** With the daughter of former NFL star Ray Buchanan. **7.35** *Real World's* Svetlana celebrates her 21st birthday.
7.55 **The Catch Up**
8.00 **The Fast and the Farmer-ish** Scottish heat.
8.05 **The Traitors NZ** New edition 11/12. The pressure is on for the Faithful to banish a Traitor after another murder.
9.00 NEW SERIES **To Catch a Stalker** 1/2. Zara McDermott looks at the crime of stalking. **9.45** Series finale 2/2. Zara concludes her exploration.
10.35 **The Kim Kardashian Diamond Heist** The inside story of the 2016 robbery.
11.20 **Him & Her** 2&3/7. (S3)
12.15 AM **Drugs Map of Britain**
1.10 **Ruck Stars** Documentary.
1.40 **What It Feels Like for a Girl** 1/8. Drama. (S1)
2.25 **Laugh Lessons**
2.30 **to 4.00** AM **To Catch a Stalker**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Skin** Ben Garrod tests a pit viper's heat sensors.
7.30 **War Walks** Tracing the events of a night of the Blitz.
8.00 **The Good Life** Tom and Barbara's difficulties are dwarfed by those of Jerry.
8.30 **Yes, Minister** A conflict of interests arises at the Ministry of Administrative Affairs.
9.00 **Simon Schama's Power of Art** The historian tells the story behind a series of Mark Rothko paintings.
10.00 NEW **Storyville: The Srebrenica Tape** A young woman's quest to find out more about her father, who was killed in a massacre.
11.30 **Storyville: Copa '71 – The Lost Lionesses** A look at the 1971 watershed football tournament in Mexico City.
12.50 AM **Secrets of Skin**
1.20 **War Walks** As 7.30pm.
1.50 **Reputations Albert Speer – The Nazi Who Said Sorry**
2.50 **to 3.50** AM **Simon Schama's Power of Art**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Northampton.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Kirstie and Phil's Love It or List It** A couple try to decide whether to sell their home in Cambridgeshire or completely renovate it. **6.55** Kirstie and Phil help a couple in West Yorkshire.
8.00 **PopMaster TV** New edition 7/9. Ken Bruce puts another five players through their paces in the seventh heat.
9.00 **Catching a Killer: A Stab in the Dark** An inside look into Thames Valley Police's largest murder investigation in years as they try to find the murderer of 21-year-old Kyron Lee, who was knocked off his bike, chased and stabbed to death.
10.35 **24 Hours in A&E** A 75-year-old man is rushed to A&E with a dangerously high heart rate, while a 92-year-old woman arrives at St George's after falling and hitting her head.
11.35 **999: On the Front Line**
12.40 AM **Emergency Helicopter Medics**
1.45 **to 3.50** AM **24 Hours in A&E**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *The Spy Who Learned Me:* With the voice of Bryan Cranston.
7.00 **Hollyoaks** Lucas is devastated by a betrayal.
7.30 **The Simpsons** *Haw-Haw Land:* Lisa falls for a jazz pianist. With Ed Sheeran.
8.00 **Below Deck: Mediterranean** New edition Captain Sandy questions her bosun about safety concerns and trust.
9.00 **Gogglebox** Appraisals of *The Masked Dancer* and *Married at First Sight UK*. **10.00** The critics watch the state funeral of Elizabeth II.
11.05 **First Dates**
12.05 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
2.55 **Modern Family**
3.20 **Below Deck: Mediterranean**
4.10 **Kitchen Nightmares USA**
5.00 **The Goldbergs**
5.25 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Send in the Dogs**
10.00 **UK Border Force**
11.00 **Bondi Rescue** Double bill.
12.00 NOON **The Good Doctor** (S6)
1.00 PM **FBI** 1/15. Maggie and OA investigate a mass shooting at a media company. (S3)
2.00 **FBI: Most Wanted** 1/15. The team track two gunmen. (S2)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

9.00 The Rookie

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **The Equalizer** *The Room Where it Happens:* 6/10. Mel goes undercover as a volunteer for a rising politician. (S1)

9 PM
9.00 **The Rookie** New episode *Til Death:* 5/18. The team hunt for a serial killer, and Lucy's relationship with Seth takes a turn. (S7)

10 PM
10.00 **The Cleaning Lady** *For My Son:* 2/12. Thony seeks Ramona's aid to bring Fiona back from overseas. (S3)
11.00 **Bull** 13/16. Jason helps a woman who is determined to go against legal advice. (S5)
12.00 M'T **FBI** 10/22. (S4)
1.00 AM **The Equalizer** 4/10. (S1)
2.00 **The Good Doctor** (S6)
4.00 **The Real A&E**
5.00 **to 6.00** AM **Air Ambulance ER**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **The Sopranos** 3&4/13. (S5)
10.00 **Westworld** 3&4/10. (S2)
12.20 PM **Game of Thrones** (S6)
1.25 **Un Amore** 3&4/6. (S1)
3.35 **The Sopranos** 3/13. Johnny Sack rises to a new position of power in New York. **4.35** 4/13. Carmela and Tony discuss AJ's future. (S5)
5.35 **Westworld** 3/10. Dolores makes her next move. **6.35** 4/10. The Man in Black and Lawrence follow the path to Las Mudas. (S2)

5.35 Westworld

7.55 **Game of Thrones** *No One:* 8/10. As Jaime weighs up his options, Cersei answers a request, and Tyrion's plans bear fruit. (S6)

9.00 **Gomorrah** *100 Ways to Kill:* 11/12. The Savastanos' rivals rally around Conte to help exact revenge for Daniele's death.

10.05 **Gomorrah** *The Immortals:* 12/12. War breaks out on the streets of Naples and Ciro flees to Rome. Subtitled. (S1)
11.10 **Homicide: Life on the Street** 21/23. Bayliss is haunted by his first murder case. (S6)
12.10 AM **The Wire** 6/10. (S5)
1.20 **Mare of Easttown** 4/7. (S1)
2.25 **Mildred Pierce** 3/5. (S1)
3.45 **Game of Thrones** As 7.55pm.
4.55 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S8)
8.00 **The Flash** 18/20. (S8)
9.00 **Stargate SG-1** (S10)
11.00 **SEAL Team** 4/22. (S1)
12.00 NOON **The Flash** 19/20. (S8)
1.00 PM **Hawaii Five-0** (S8)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 8/18. Extremists carry out co-ordinated attacks against local businesses. (S4)
5.00 **SEAL Team** 3/22. A research ship is hijacked. (S1)
6.00 **Stargate SG-1** 11/20. Part two of two. The team race to help Merlin. (S10)

9.00 Joe Lycett's United States...

7.00 **Stargate SG-1** *Line in the Sand:* 12/20. An attack by the Ori puts Teal'c in grave danger. (S10)

8.00 **A League of Their Own** Sports-based comedy quiz, with Ollie Watkins, Kevin Bridges and Maisie Adam joining the regulars.

9.00 **Joe Lycett's United States of Birmingham** 2/4. Joe visits Ohio, the state with the highest number of Birminghams.

10.00 **Freddie Fries Again** 3/6. Andrew Flintoff and Rob Penn head to the south coast of England.
11.00 **Never Mind the Buzzcocks** With Hannah Waddingham, Ian Broudie and Melanie Blatt.
11.45 **Brassic** 6/8. The gang attend a murder mystery evening. (S4)
12.45 AM **The Force: North East**
1.40 **Road Wars** Double bill.
3.05 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 8/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.35 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.05 PM **Dinner Date**
1.05 **Olivia Marries Her Match**
2.05 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

10.05 Transaction

7.00 **Deal or No Deal** Stephen Mulhern hosts as Dori takes on the Banker for the chance to win a life-changing cash prize.

8.00 **Million Dollar Listing: LA** David and James host a barbecue for their new family-oriented estate in Santa Monica.

9.00 **Love Island** New edition Reality show in which singletons compete in the hopes of finding love and winning a £50,000 prize.

10.05 **Transaction** New episode 2/6. Liv is suspicious of Tom and Millie. (S1)
10.35 **Family Guy** 20/22. The Griffins are robbed. (S11)
11.05 **Family Guy** 15/22. (S11)
11.35 **American Dad!** 13&6/15. (S10)
12.30 AM **Bob's Burgers** (S13)
1.05 **Plebs** 2/8. (S2)
1.35 **Transaction** As 10.05pm.
2.05 **Totally Bonkers Guinness World Records**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
10.30 **The Royal** *Laura.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot** *The Plymouth Express:* An heiress has a disturbing train journey.
4.55 **Downton Abbey** 4/9. An old friend returns in unexpected circumstances. (S6)
6.00 **Heartbeat** *Bang to Rights:* A woman takes an overdose.

8.00 Agatha Christie's Poirot

7.00 **Heartbeat** *A Talent for Deception:* Kate's ex-boyfriend turns up in Aidensfield, and Bellamy finds himself in charge.

8.00 **Agatha Christie's Poirot** *Appointment with Death:* The Belgian sleuth attends an archaeological dig in north African and is left with a wealth of suspects after the wife of an aristocrat is stabbed to death. Guest stars Tim Curry and John Hannah.

10.00 **Grantchester** 5/6. Will and Geordie are given the run around when they attempt to track them down. (S7)
11.00 **Grantchester** 6/6. Geordie and Will realise they may have sent the wrong person to prison. (S7)
11.55 **Cracker** 6/7. Fitz receives an anonymous love letter. (S3)
1.00 AM **Agatha Christie's Poirot**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Roaming in the Wild** Andrew O'Donnell and Mark Taylor travel from John O'Groats to Cape Wrath on a tandem.
8.00 **Island Crossings** The MV *Hebridean Isles* goes in for repairs.
9.00 **The Firm** Series finale 3/3. Aamer Anwar approaches the climax of his decade-long fight for justice for Sheku Bayoh.
9.45 **Sacked in the Morning** With guest Alan Rough.
10.00 **Last Breath** The story of commercial diver Chris Lemons, who was stranded on the bottom of the North Sea with five minutes of oxygen, but no chance of rescue for more than 30 minutes.
11.25 **Martin Compston's Norwegian Fling**
11.55 PM **to 12.00** M'T **Loop**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Betty** (S1)
9.15 **The Conners** (S3&4)
10.15 **Entourage** (S6)
11.35 **Crashing** (S1&2)
12.45 PM **Eastbound & Down**
1.20 **Silicon Valley** 1/8. (S1)
1.55 **Entourage** (S6)
3.15 **Betty** 1&2/6. (S1)
4.25 **Crashing** (S1&2)
5.40 **The Franchise** (S1)
6.55 **The Conners** (S3&4)
7.45 **Silicon Valley** 5/8. Erlich hires a graffiti artist to design a logo. **8.20** 6/8. Richard employs a freelance consultant. (S1)
9.00 **And Just Like That...** 5/12. Comedy drama spin-off starring Sarah Jessica Parker. (S3)
10.00 **Upright** 3&4/8. (S1)
11.15 **Lucy Beaumont: Live from the Royal Court Theatre**
12.15 AM **Veep** 7&8/8. (S1)
1.25 **Intelligence** (S1)
2.25 **Somebody Somewhere**
3.40 **to 5.00** AM **Betty**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Pavarotti in the Park**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Anyone Can Sing**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of the Year** Stonehenge.
6.00 **Tales of the Unexpected**
7.00 **Opry Live**
8.00 NEW **A Sudden Glimpse to Deeper Things**
9.45 **How the Beatles Changed the World**
12.00 M'T **Johnny Cash: A Legend in Concert**
1.00 AM **Isle of Wight Festival** Highlights.
3.00 **David Hockney: A Celebration**
4.30 **Arts Uncovered**
4.40 **to 6.00** AM **National Trust: National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: The Next Generation** *Encounter at Farpoint – Part One:* 1/26. First episode of the sci-fi-drama. (S1)
8.00 **Star Trek: Deep Space Nine** *Rivals:* 11/26. Quark's business comes under threat. (S2)
9.00 **FBI: Most Wanted** (S4)
10.00 **FBI: International** (S2)
11.00 **Grimm** 5/22. (S4)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
2.00 PM **In with a Shout**
3.00 **Tenable** A team of five colleagues from Wales take part in the quiz. **4.00** A team called The Bright Sparks take part.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Gemma takes on the infamous Banker.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern as Mike gets his opportunity to take on the Banker for the chance to win life-changing money.
9.00 **Tipping Point** Triple bill of the quiz show hosted by Ben Shephard.
12.00 M'T **In with a Shout** Joel Dommett returns with the game show in which two families try to answer questions.
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S3)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 15/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 18/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 20/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 22-25/25. (S5)
9.00 **Randall and Hopkirk (Deceased)** *The House on Haunted Hill:* 9/26. A haunted house holds a sinister secret. (S1)
10.00 **The Avengers** *Dead Man's Treasure:* 20/24. Steed and Emma hunt for a dispatch box. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S5)
2.00 AM **Randall and...**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **The Professionals**
7.20 **Dempsey and Makepeace**
9.25 **Magnum, PI**
10.30 **Kojak**
11.35 **Giant Lobster Hunters**
12.35 PM **The Adventures of Sherlock Holmes**
1.40 **Dempsey and Makepeace**
2.45 **Magnum, PI**
3.45 **Kojak**
4.50 **Minder**
6.00 **Equals** New editions Double bill of the sports documentary.

9.00 Van Helsing

7.00 **Junk and Disorderly** Henry's team regroup and head to Newark autojumble in a final bid to afford the 1950s Buick.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 FILM **Van Helsing** Fantasy adventure starring Hugh Jackman, Kate Beckinsale and Richard Roxburgh. The Vatican sends vampire hunter Van Helsing to Transylvania to battle with Count Dracula. (2004, 12, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Wrestling: AEW Collision** Featuring FTR, Thunder Rosa, Jon Moxley, Jay White, Bryan Danielson and Miro.
1.30 AM **Auto Mundial**
1.55 **Motorsport Mundial**
2.20 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 25/26. (S6)
2.00 **Atlantis** 5/13. (S1)
3.00 **Stargate Atlantis** 16/20. (S1)
4.00 **Star Trek: Voyager** 8/26. (S6)
5.00 **Star Trek: The Next Generation** 25/26. The *Enterprise* is frozen in time. (S6)
6.00 **Star Trek: Enterprise** 10/24. Trip suffers a life-threatening injury. (S3)

9.00 Grimm

7.00 **Atlantis** *White Lies:* 5/13. A night-time messenger brings shocking news from outside the city for Ariadne. (S1)

8.00 **Stargate Atlantis** *The Brotherhood:* 16/20. The team set off to search the planet Dagan for a Zero Point Module. (S1)

9.00 **Grimm** *The End:* 13/13. The fantasy drama concludes as Nick faces off against Zerstorer in a climactic battle. (S6)

10.00 **The Walking Dead** *Evolution:* 8/16. Members of a rescue mission find themselves at risk. (S9)
11.00 **Wynonna Earp** 6/12. It's the holiday season in Purgatory. **12.00** M'T 7/12. Mama is party to Doc's secret. (S3)
1.00 AM **Lovecraft Country** 7/10. Hippolyta goes on a journey of self-discovery. **2.00** 8/10. Diana is in Captain Lancaster's crosshairs. (S1)
3.00 **Room 104** 9&10/12. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **Father Brown**
10.00 **WPC 56** 1/5. (S1)
11.00 **Hudson & Rex** 8/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 1/10. (S4)
1.00 PM **Beyond Paradise** (S1)
2.00 **Murdoch Mysteries** (S7)
4.00 **WPC 56** 1/5. (S1)
5.00 **Hudson & Rex** 8/16. (S3)
6.00 **Father Brown** *The Blood of the Anarchists:* Tensions rise when a performance troupe of anarchists arrive in Kembleford.

9.00 My Life Is Murder

7.00 **Shakespeare & Hathaway: Private Investigators** 1/10. The duo expose a mole within a tech company. (S4)

8.00 **Beyond Paradise** 1/6. *Death in Paradise* spin-off. Humphrey Goodman and his fiancée Martha Lloyd settle in Devon. (S1)

9.00 **My Life Is Murder** New episode *Location, Location, Location:* 3/8. An estate agent is found dead at an open home. (S4)

10.00 **Father Brown** *The Curse of Amenhotep:* The new wife of Sir Raleigh is found dead after seeing an Egyptian mummy.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 12/21. A dominatrix goes missing. (S6)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Highlights**
9.10 **Ever Decreasing Circles**
9.50 **Are You Being Served?**
10.30 **Open All Hours**
11.10 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.10 **Ever Decreasing Circles**
1.50 **Dad's Army**
2.30 **Open All Hours**
3.10 **Are You Being Served?**
3.50 **Last of the Summer Wine**
5.10 **The Vicar of Dibley**
5.50 **The Green Green Grass**
6.30 **Are You Being Served?**

8.30 The Vicar of Dibley

7.10 **Dad's Army** The platoon are sent on route marches to harden their feet.

7.50 **Open All Hours** Arkwright begins to feel neglected by Nurse Gladys Emmanuel.

8.30 **The Vicar of Dibley** Geraldine transforms the church into an ark and holds a service for the animals of the village. **9.10** Christmas special from 1997. Geraldine plays Cupid to bring Alice and Hugo together.

10.00 **The Royle Family** Denise and Dave reveal they are expecting their first baby.

10.40 **Billy Connolly Does...** How attitudes towards drinking have changed.

11.40 **Absolutely Fabulous**
12.20 AM **The Vicar of Dibley**
1.10 **The Royle Family**
1.55 **Billy Connolly Does...**
3.00 **Absolutely Fabulous**
3.30 **to 4.00** AM **Gavin & Stacey**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
8.00 **Border Force: America's Gatekeepers** Double bill.
9.00 **Guy Martin's D-Day Landing**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Storage Hunters UK**
1.30 PM **Guy Martin's Spitfire**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** A selection of sugar-rich sweets and desserts.
6.00 **Rick Stein's Road to Mexico** The chef visits Guadalajara, the city that gave the rest of the world Mariachis.

6.00 Rick Stein's Road to Mexico

7.00 **Would I Lie to You? The Unseen Bits** Previously unseen material.

7.40 **Richard Osman's House of Games** With Stephen Mangan and Ingrid Oliver. **8.20** With Hal Cruttenden, Ebony Rainford-Brent, Radzi Chinyanganya and Kerry Godliman.

9.00 **QI XL** Guests Zoe Lyons, Dan Tiernan and Josh Widdicombe join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** Clive Myrie hosts the current affairs quiz, with Helen Lewis and Munya Chawawa.
11.00 **8 Out of 10 Cats**
11.55 **Mock the Week**
12.35 AM **Would I Lie to You? The Best Bits** Compilation edition.
1.15 **Would I Lie to You? The Unseen Bits** As 7.00pm.
1.55 **Survivor South Africa**
3.20 **to 4.00** AM **QI**

+1 hour 211/212 327 74 259

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Sun, Sea and Selling Houses**
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From France.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Sun, Sea and Selling Houses** In Almería.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Dover 24/7: Britain's Busiest Port** The team rush to fix a ferry berth.
8.00 **Location, Location, Location** From Glasgow and Chelmsford.
9.00 FILM **Meet the Fockers** Comedy sequel. (2004, 12, 115min) ★★★
11.15 **Gogglebox**
12.15 AM **Celebrity Gogglebox**
1.20 **Crime Scene Cleaners**
2.20 **Britain's Most Expensive Houses**
3.20 **Our Yorkshire Shop: A Victorian Restoration**
4.20 **to 4.50** AM **A Place in the Sun**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
3.00 PM **Law & Order: Criminal Intent** (S1)
6.00 **NCIS** *Witness:* 14/23. A woman claims to have witnessed a murder. **7.00** *Caught on Tape:* 15/23. A US Marine is found dead at the foot of a cliff. **8.00** *Pop Life:* 16/23. A bartender wakes up next to a corpse. (S2)
9.00 **Law & Order: Special Victims Unit** *Prima Nocta:* 11/13. A runaway bride calls the team for help on her wedding day. (S25) **10.00** *Street Revenge:* 19/23. The detectives track down a rapist. (S13)
11.00 **Law & Order: Special Victims Unit** (S13)
1.50 AM **Person of Interest**
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Rogue Claimers**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** There is a shortage of porters.
9.00 **999: Critical Condition** A woman with a life-threatening aneurysm.
10.00 **A&E After Dark** At Birmingham's Queen Elizabeth Hospital, a fire alarm causes chaos.
11.00 **Skin A&E** Documentary.
12.00 M'T **My Boyfriend Made Me Do It**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Quantico** (S1)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.20 **Traffic Cops**
11.20 **Police Interceptors**
2.20 PM FILM **Decision at Sundown** Western. (1957, PG, 77min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Triple bill, including at: **8.00** The firearms squad approach a man suspected of having a crossbow in his flat.
9.00 **The Motorway** A 44-ton freight lorry crashes and overturns.
10.00 **Police: Night Shift 999** A busy Saturday for PC Hewer on patrol in Cheltenham town centre.
11.00 **Quantum Leap** (S1)
12.00 M'T **Motorway Cops: Catching Britain's Speeders** Documentary.
1.00 AM **Motorway: Hell on the Highway**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Don't Hate Your House with the Property Brothers** Double bill.
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E**
8.00 **DIY SOS: The Big Build** Nick Knowles and the team make over a house in Cumbria.
9.00 **First Responders** New edition A crash on a high-powered motorbike leaves a man in a critical condition.
10.00 **Killer Women with Piers Morgan**
12.00 M'T **Inside the Operating Theatre**
1.45 **to 3.00** AM **Interior Design Masters with Alan Carr**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Pie in the Sky**
8.30 **Doctors**
9.40 **Classic Holby City**
10.45 **Classic Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.05 **Pie in the Sky**
3.10 **Kingdom**
4.10 **Lovejoy**
5.20 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Scarlet and the Duke** 5/6. A famous writer is at the centre of Eliza's investigation. **9.00** 6/6. Private investigator Nash is shot just as Eliza agrees to work with him. (S2)
10.00 **New Tricks**
11.20 **Spooks** 5/6. (S1)
12.40 AM **Hope Street**
1.40 **The Bletchley Circle**
2.45 **Birds of a Feather**
3.15 **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

TUESDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Corfu.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **Long Lost Family: What Happened Next** The story of a man whose reunion with his birth mother took an unexpected turn.
10.00 **The Hotel Inspector** Alex Polizzi heads to Caer Beris Manor in the Builth Wells.
11.00 **Long Lost Family** Featuring a man and a woman, each looking for their birth mothers.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show.
10.00 **All Star Family Fortunes** Singer Suzanne Shaw takes on *Coronation Street's* William Roache.
10.40 **Richard Osman's House of Games**
12.00 M'T **Bullseye**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.50 **Battle Honours**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Return of the Seven** Western sequel. (1966, PG, 95min) ★★
3.05 **FILM Fort Ti** Western. (1953, U, 73min) ★★
4.55 **FILM Coroner Creek** Western adventure. (1948, PG, 89min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Kickboxer: Vengeance** Thriller. (2016, 15, 90min) ★★
11.05 **FILM Maximum Conviction** Thriller. (2012, 15, 93min) ★★
1.15 AM **FILM Deadly Voltage** Adventure. (2015, PG, 84min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**
+1hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Saving Lives at Sea**
10.00 **FILM Dangerous Attraction** Thriller. (2012, PG, 90min) ★★
12.00 NOON **Heathrow: Britain's Busiest Airport**
1.00 PM **FILM Staged Killer** Thriller with Jason Dolley. (2019, 12, 88min) ★★
3.00 **FILM A Killer in My Home** Crime thriller. (2020, 12, 90min) ★
5.00 **FILM Virtual Lies** Thriller. (2012, PG, 90min) ★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Father of the Bride** Comedy remake starring Steve Martin. (1991, PG, 105min) ★★
11.20 **FILM Garage Sale Mystery** Crime drama. (2013, PG, 90min) ★★
1.25 AM **FILM Her Final Bow** Thriller with Jordan Ladd. (2017, PG, 90min) ★★
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM Fatal Flatline** (2020, PG) ★★
+1hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Anything for Love** (2016, PG) ★★
10.05 **FILM Can't Buy My Love** Romantic comedy. (2017, PG, 90min) ★★
12.00 NOON **FILM Taking the Reins** Romantic comedy. (2021, PG, 84min) ★★
2.00 PM **FILM The Perfect Pairing** Romantic drama. (2022, U, 82min) ★★
4.00 **FILM Sweet Home Carolina** Drama. (2017, PG, 84min) ★★
5.55 **FILM Love at Sea** Romantic drama. (2018, PG, 90min) ★★
8.00 **FILM Love and Sunshine** Drama. (2019, PG, 100min) ★★
9.55 **FILM A Summer to Remember** Comedy. (2018, PG, 90min) ★★
11.50 **FILM A Midnight Kiss** Drama. (2018, PG) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Perfect Pairing** (2022)
+1hour 320 317

Rewind TV
182 81 141

6.00 AM **Highlights**
10.30 **Watching** 6/7. (S7)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Diff'rent Strokes**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 11/21. (S4)
1.30 **You're Only Young Twice**
2.00 **Don't Drink the Water**
2.30 **A Sharp Intake of...**
3.00 **Bramwell** 8/8. (S2)
4.00 **Bubblegum & Cheese**
5.00 **I Dream of Jeannie** (S1)
5.30 **The Monkees** (S1)
6.00 **Watching** 7/7. (S7)
6.30 **Don't Drink the Water**
7.00 **Haggard** 4/7. (S1)
7.30 **A Sharp Intake of Breath** 6/7. (S1)
8.00 **In Loving Memory** (S5)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S4)
9.30 **Soap** 25/25. (S1)
10.00 **Brass** 2/6. (S3)
10.30 **Stereo Underground**
11.30 **Bramwell** 8/8. (S2)
12.30 AM **Dark Skies** (S1)
1.30 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The *Northwestern* charges into the storm. **8.00** A typhoon puts livelihoods on the line.
9.00 **Gold Divers** Shawn attempts to track down a tricky paystreak. **10.00** Andy is under pressure to bring in gold as captain of the *Reaper*. **11.00** Shawn works overtime to cover for his exhausted crew.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Tom Kerridge Secrets of the Pub...**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick's Seafood Odyssey**
10.00 **The Hairy Bikers'...**
11.00 **Great British Bake Off**
1.00 PM **Tom Kerridge Secrets of the Pub Kitchen** Double bill.
2.00 **James Martin: Delicious**
2.30 **James Martin Digs Deep**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick's Seafood Odyssey**
6.00 **The Hairy Bikers' Comfort Food**
7.00 **Great British Bake Off**
9.00 **One-Pan Wonders**
10.00 **Money Saving Meals**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 17/22. (S6)
9.00 **The Fall Guy** 16/23. (S1)
10.00 **Knight Rider** 5/22. (S3)
11.00 **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
1.00 PM **FILM The Appaloosa** Western. (1966, PG, 98min) ★★★
3.00 **FILM September Gun** Western. (1983, PG, 92min) ★★
5.00 **Star Trek** 11/26. (S2)
6.00 **Knight Rider** 6/22. (S3)
7.00 **The Fall Guy** 17/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Rogue** Horror. (2020, 15, 105min) ★★
11.05 **FILM Hamburger Hill** Wartime drama. (1987, 18, 108min) ★★★★
1.15 AM **FILM Seal Team VI: Journey into Darkness** Fact-based drama sequel. (2008, 18, 99min) ★★
3.10 **to 5.00** AM **FILM Tales from the Lodge** Horror. (2019, 15, 93min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Asteroid-a-geddon** As 5.00pm.
8.00 **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
10.00 **The Lost World** (S2)
11.00 **FILM Charro!** Western. (1969, U, 98min) ★
1.00 PM **FILM 7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 11/25. (S3)
5.00 **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
7.00 **The Lost World** (S2)
8.00 **The A-Team** 12/25. (S3)
9.00 **FILM L.A. Confidential** Crime thriller starring Russell Crowe. (1997, 18, 138min) ★★★★★
11.40 **FILM Hannie Caulder** Revenge Western. (1971, 15, 85min) ★
1.25 **to 3.00** AM **FILM Aquaslash** Comedy. (2020, 15, 71min) ★★
+1hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle: Into Cursed Waters**
12.10 PM **What on Earth?**
1.05 **Pawn Stars** Double bill.
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Swamp People**
10.00 **When Big Things Go Wrong** A train crash.
11.00 **My Strange Arrest**
12.30 AM **Alien Disclosure Files**
1.00 **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest**
11.00 **Ben Fogle: New Lives in the Wild** From Wales.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **Britain's Greatest Bridges** Tower Bridge.
6.00 **Inside the Tower of London** Documentary.
7.00 **Big Antique Adventure with Susan Calman**
8.00 **Ben Fogle: New Lives in the Wild** From Devon.
9.00 **World War II: Secrets from Above** In 1942, the Nazis develop the first cruise missiles.
10.00 **Nazi Megastructures**
11.00 **Prisoner: Cell Block H**
1.00 AM **22 Kids & Counting at Christmas**
2.00 **22 Kids & Counting**
3.00 **Secret Life of the Forest**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Your Garden Made Perfect** In Wokingham.
3.00 **Fantasy Homes by the Sea** In Pembrokeshire.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Your Garden Made Perfect** A couple long for a beautiful garden outside their caravan.
9.00 **Married to Real Estate** New edition Almost-empty-nesters look for one-level living to enjoy in their golden years.
10.00 **Bargain Block**
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Addicted to Marriage**
8.00 **Jay & Pamela** New edition Tensions rise when Jay's parents question the wedding.
9.00 **Unbelievable Me**
10.00 **Awake Surgery**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **Awake Surgery**
3.00 **Sex Sent Me to the ER**
4.00 **Jay & Pamela**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Last Man Standing**
11.00 **Blockbusters**
12.00 NOON **Daria** (S3)
1.00 PM **Friends** (S6&7)
8.00 **Friends** 13/24. Phoebe spends a surreal first day as a telemarketer. **8.30** 14/24. The pals celebrate Rachel's 30th birthday. (S7)
9.00 **FILM Austin Powers: International Man of Mystery** Spy spoof written by and starring Mike Myers. (1997, 15, 95min) ★★★★
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **South Park** (S9)
1.30 AM **Beavis and Butt-Head** (S8)
2.30 **Stand Up Shorts**
3.00 **John Mulaney: New in Town** Stand-up show.
3.45 **Modern Horror Stories**
3.55 **Reno 911!** 10/11. (S8)
4.15 **to 5.00** AM **Friends**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Digman!** (S1)
10.00 **Daria** 4&5/13. (S4)
11.00 **Friends** (S3)
1.00 PM **Criminally Funny**
2.30 **Digman!** (S1)
3.00 **Daria** 6&7/13. (S4)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
9.00 **Friends** 22/25. Elizabeth sneaks away with Ross to her grandmother's cabin for the weekend. **9.30** 23/25. Phoebe helps Chandler choose an engagement ring. Guest stars Bruce Willis. **10.00** 24/25. Part one of two. Chandler plans a romantic proposal. **10.30** 25/25. Part two of two. Monica finds herself in demand. (S6)
11.00 **Friends**
2.00 AM **Criminally Funny**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Patrol**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Patrol**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Send in the Dogs**
8.00 **Customs UK** A sniffer dog detects cocaine. **8.30** Officers find a shipment of ammunition.
9.00 **Cop Squad**
10.00 **Stella** 3&4/10. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own: Mexican Road Trip**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** With Davina McCall.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **Teen Mom: Young & Pregnant**
6.45 **Teen Mom OG**
8.20 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Teams**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Scammed**
4.00 **Catfish: Teams**
5.00 **Catfish: The Dramatic**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **MTV Cribs** Double bill.
9.00 **Judge Geordie**
10.00 **Plastic Surgery Knifemares**
11.00 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Carly Aquilino have trouble with some lights.
12.30 AM **Ridiculousness**
1.00 **True Life Crime UK**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
10.00 **Marooned with Ed Stafford**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid**
6.00 **Border Control: Spain** At Madrid airport, the team raid a shipment of highly suspicious coconuts. **6.30** In Madrid, the Civil Guard inspect a suitcase containing suspicious bottle.

9.00 Gold Rush: White Water

7.00 **Wheeler Dealers** Mike finds a rare Land Rover Series 1 that may not be all it seems.
8.00 **Scrap Kings** An office block next to a railway line is demolished, and the turbine hall of Rugeley power station is blown up.
9.00 **Gold Rush: White Water** New edition Dustin battles equipment failure as tensions between him and Danielle boil over.
10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition Juan must pull off a masterclass in jig upgrades.
11.00 **Border Control: Spain** New editions Double bill.
12.00 M'T **Moonshiners**
1.00 AM **Gold Rush: White Water**
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Street Outlaws** Documentary.
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Wild Appalachia**
9.00 **The Aquarium** Documentary.
10.00 **Tanked** A giant aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat threatens a woman's livelihood. **4.00** A cat that is disrupting two women's friendship.
5.00 **Lone Star Law** A squirrel hunter is caught trespassing.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog goes into cardiac arrest after arriving at the clinic.

8.00 Guardians of the Glades

7.00 **Animal Cribs** Designer Antonio Ballatore and his team create a cats-only treehouse.
8.00 **Guardians of the Glades** Snake-hunter Dusty Crum is on the hunt for one of the five largest species of snakes.
9.00 **Alaska: The Last Frontier** Alaskan family the Kilchers struggle through a record-breaking harsh winter.
10.00 **Alaskan Bush People** The Wolfpack arrive at their new property in a remote frontier, but the long winter wreaks havoc.
11.00 **Pit Bulls & Parolees** The pit bull centre is relocated.
12.00 M'T **Crikey! It's the Irwins** Robert solo feeds the zoo's most notorious crocodile..
1.00 AM **Guardians of the Glades**
2.00 **Animal Cribs** As 7.00pm.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Destruction Decoded**
9.00 **Air Crash Investigation**
12.00 NOON **Mysterious Islands**
2.00 PM **Hitler's Last Stand**
4.00 **Raiders of the Civil War: Drain the Oceans** Submerged evidence of the American Civil War's forgotten battlegrounds.
5.00 **Car S.O.S** Tim and Fuzz rescue the rusting wreck of a rare Talbot Sunbeam Lotus.
6.00 **Colosseum: Rise and Fall** Archaeologists uncover the remains of ancient beasts.

10.00 Nazi Child Soldiers

7.00 **Air Crash Investigation** Investigating the death of Poland's President Lech Kaczynski, who was killed in a plane crash in 2010.
8.00 **Nazi Megastructures** As the war machine reaches the English Channel, Hitler forms a strategy to destroy Britain's air power.
9.00 **WW2 Wrecks: Draining the Ocean** Documentary examining shipwrecks from World War Two on the seabed.
10.00 **Nazi Child Soldiers** The history of the Hitler Youth, which absorbed all other organisations for young people.
11.00 **Air Crash Investigation** The case of Alitalia Flight 404.
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Pawn Stars Do America**
8.00 **American Pickers**
9.00 **Pawn Stars** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Dirty Old Cars**
2.00 **Mountain Men**
3.00 **Secrets in the Ice**
5.00 **What on Earth?** A structure shaped like a shark that suggests evidence of a Bahamian lost civilisation.
6.00 **American Pickers**

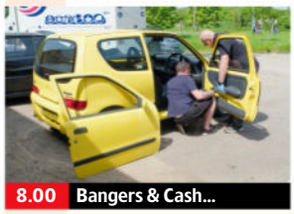
10.00 History's Greatest Mysteries

7.00 **Forged in Fire** An error sends one bladesmith home, and it heats up as the remaining three forge a historic hunting weapon.
8.00 **Walking Through History** A look into how Queen Victoria and Prince Albert helped shape Scottish traditions.
9.00 **Secrets Declassified with David Duchovny** New edition Declassified files reveal bizarre military weapons plans.
10.00 **History's Greatest Mysteries** New edition The aftermath of the death of notorious drug lord Pablo Escobar.
11.00 NEW SERIES **What on Earth?** Exploring anomalies appearing on satellite images.
12.00 M'T **Strange Evidence** How an entire roof of a building mysteriously detached itself.
1.00 AM **UFOs: The Lost Evidence**
2.00 **Secrets Declassified with David Duchovny** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash** Double bill.
10.00 **The World at War**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **The World at War** Examining the devastating legacy of World War Two.
5.00 **Nazi Hunters** Tracking down Gestapo officers.
6.00 **Antiques Roadshow** The experts visit Hampton Court Castle in Herefordshire.


8.00 Bangers & Cash...

7.00 **Great American Railroad Journeys** Michael Portillo discovers the secrets of backyard oil drilling in Los Angeles.
8.00 **Bangers & Cash: Restoring Classics** Derek picks out a low mileage MGC, but the team pay a little too much to secure it.
9.00 **Bangers & Cash: Restoring Classics** The team take on a three-wheeled wonder – the Reliant Robin.
10.00 **Bangers & Cash** A collection of Austin Mini Metros arrive for auction, and a Fiat 850 goes under the hammer.
11.00 **Bangers & Cash** Derek collects five beautiful veteran motorbikes from an enthusiast.
12.00 M'T **Abandoned Engineering** A village ruin that is now pitted and scarred, and a ghostly fleet of ships.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

Tuesday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** A 19th-century clock, a typewriter and a World War Two pilot's bomber jacket are restored.
8.00 **Wheeler Dealers World Tour** Mike and Elvis find a 1970s classic VW camper.
9.00 **Shed and Buried** New editions Double bill.
10.00 **Shed and Buried**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Darrell Simester.
8.00 **Murder on CCTV**
9.00 NEW SERIES **Road Rage** A driver shoots at another motorist.
9.30 NEW SERIES **Exposed: Naked Crimes**
10.00 **Bloodline Detectives**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A complicated love affair fuelled by obsession and jealousy.
8.00 **Fatal Frontier: Evil in Alaska** When a nurse is missing, her loved ones worry something is terribly wrong.
9.00 **World's Most Evil Killers** A profile of Belgian serial killer Marc Dutroux, who was convicted of torturing and sexually abusing six victims.
10.00 **The Killer You Know** New edition Three chilling newlywed cases.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Fatal Frontier: Evil in Alaska** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** Investigators must determine what caused a fire that killed a couple. **4.30** Investigators close in on a killer 20 years after the murder. **5.00** Hunters make a grisly find in a Texas canyon – a human skull. **5.30** A wife goes missing in Key West. **6.00** A woman is found dead in bed with a gun in hand and suicide notes close by. **6.30** Investigators piece together fragments of a disc to find a murderer.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Send in the Dogs**
8.00 **The Force: Manchester**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **The Real Manhunter**
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **The Killer Within**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Real Manhunter**
6.00 **The Killer Within**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Ireland's Most Evil Killers** Eric Locke.
10.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **An Unexpected Killer**
3.00 **Snapped** Judy Naylor.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Russia's Wars**
9.50 **Treasures Decoded**
10.50 **War Machine: World War II** Documentary.
11.55 **Battlefield America**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Russia's Wars**
2.50 **Treasures Decoded**
3.50 **War Machine: World War II** Documentary.
4.55 **Grand Tours of the Scottish Islands**
5.35 **Battlefield America**
6.40 **Russia's Wars**
7.50 NEW SERIES **Treasures Decoded** The purpose of treasures within Tutankhamun's tomb.
8.50 **War Machine: World War II** Documentary.
9.55 **Battlefield America**
11.00 **Treasures Decoded**
12.00 M'T **War Machine: World War II**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Documentaries

121/122 111/112 188 352 367

- 6.00 AM **The Civil War**
- 7.00 **Discovering: Jean Simmons**
- 8.00 **The Directors**
- 9.00 **The Story of Late Night**
- 9.50 **Edge of the Earth**
- 11.00 **The Great Rhino Robbery**
- 12.00 NOON **I Am Alfred Hitchcock**
- 1.45 PM **My Icon: Kate and Helen Richardson-Walsh**
- 2.00 **Quant** Documentary.
- 3.50 **My Icon: Kadeena Cox**
- 4.00 **The Directors**
- 5.00 **Discovering: Jean Simmons**
- 6.00 **Italia 90: Four Weeks That Changed the World**
- 7.00 **McLaren** The life of Bruce McLaren, who founded the McLaren motor racing team.
- 8.50 **My Icon: Anthony Joshua**
- 9.00 **Ferrari: Race to Immortality**
- 10.50 FILM **Bowling for Columbine** Michael Moore's documentary. (2002, 15, 114min) ★★★★
- 1.10 AM **38 At the Garden**
- 2.00 NEW **Hill** Profile of ex-Formula One driver Damon Hill.
- 3.50 **Adam Hills: Foot Fault**
- 5.00 **to 6.00** AM **Discovering: Jean Simmons**

Sky Nature

124/125 113/114 189 354 369

- 6.00 AM **Arctic Secrets**
- 7.00 **Monkey Life**
- 8.00 **Wildlife ER**
- 9.00 **Coastal Africa**
- 10.00 **Australia's Hidden Islands**
- 11.00 **Malawi Wildlife Rescue**
- 12.00 NOON **Wild Survivors**
- 1.00 PM **Monkey Life**
- 2.00 **Wildlife ER**
- 3.00 **Coastal Africa**
- 4.00 **Australia's Hidden Islands**
- 5.00 **Secrets of the Enchanted Forests** Documentary.
- 6.00 **Wild Survivors**
- 7.00 **Monkey Life** Double bill.
- 8.00 **The Wild Wild East**
- 9.00 **Bugs That Ruled the World** How the praying mantis has the agility of a martial artist.
- 10.00 **Wild Survivors**
- 11.00 **Secrets of the Enchanted Forests** Documentary.
- 12.00 M'T **Malawi Wildlife Rescue**
- 1.00 AM **Wildlife Icons**
- 2.00 **The Wild Wild East**
- 3.00 **Bugs That Ruled the World**
- 4.00 **Wildlife ER**
- 5.00 **to 6.00** AM **Coastal Africa**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Deadman's Curse**
- 9.00 **Weird Britain**
- 10.00 **River Hunters**
- 11.00 **Ancient Aliens**
- 1.00 PM **Deadman's Curse**
- 2.00 **Weird Britain**
- 3.00 **Truthseekers**
- 4.00 **Secrets of the Lost Liners**
- 5.00 **Cracking the Code**
- 6.00 **Celts: The Untold Story**
- 7.00 **What on Earth?** A structure shaped like a shark that suggests evidence of a Bahamian lost civilisation.
- 8.00 **Alien Files Reopened** An alien race encountered at Nellis Air Force base in Nevada.
- 9.00 **Footprints of Civilisation** The legacy of earlier civilisations on modern life.
- 10.00 **Evidence of the Unexplained**
- 11.00 **History's Crazy Rich Ancients**
- 12.00 M'T **Ancient Aliens**
- 2.00 AM **Royal Autopsy**
- 3.00 **Secrets of Great British Castles** Cardiff Castle.
- 4.00 **Secrets of the Lost Liners**
- 5.00 **to 6.00** AM **Cracking the Code**

Crime+Investigation

156 142 133

- 6.00 AM **Cold Case Files**
- 7.00 **Homicide Hunter**
- 8.00 **Interrogation Raw**
- 9.00 **Murdertown**
- 10.00 **Spring Break Murders**
- 11.00 **Imperfect Murder**
- 12.00 NOON **Criminal Confessions**
- 1.00 PM **Murder By Medic**
- 2.00 **Killer Britain with Dermot Murnaghan** Shafilea Ahmed.
- 3.00 **Murdertown**
- 4.00 **Cops Who Kill with Will Mellor**
- 5.00 **When Missing Turns to Murder**
- 6.00 **Cold Case Files**
- 7.00 **The First 48 Presents: Critical Minutes** Documentary.
- 8.00 **Murder By Medic** New edition
- 9.00 **A Perfect Scam** Series finale
- 10.00 **Mastermind of Murder**
- 11.00 **Accused: Did I Do It?**
- 12.00 M'T **Murder By Medic**
- 1.00 AM **A Perfect Scam**
- 2.00 **Mastermind of Murder**
- 3.00 **Criminal Confessions**
- 4.00 **Murdertown**
- 5.00 **to 6.00** AM **Spring Break Murders**

+1 hour 256 333

WILD

165 145/133 182

- 8.00 AM **Secrets of the Zoo: Tampa Wild Sides**
- 9.00 **Monster Fish**
- 10.00 **Savage Kingdom**
- 11.00 **Fish Tank Kings**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **America's National Parks**
- 3.00 **Austria's Wild Heritage**
- 4.00 **Secrets of the Zoo: Tampa**
- 5.00 **The Incredible Dr Pol**
- 6.00 **Snakes in the City**
- 7.00 **Critter Fixers: Country Vets** Dr Hodges comes face-to-face with an albino Chinese cobra.
- 8.00 **Fish Tank Kings** Francis juggles a challenging project with making a gift for his girlfriend.
- 9.00 **Komodo Dragons** Featuring footage of the large reptiles.
- 10.00 **Alaska: The Next Generation** The dark winter turns to spring.
- 11.00 **Ice Road Rescue**
- 12.00 M'T **When Sharks Attack**
- 1.00 AM **Monster Fish**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Secrets of the Zoo: Tampa**
- 4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

- 7.00 AM **America's Most Secret: Structures** As 8.00pm.
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **Expedition Unknown**
- 2.00 PM **NASA's Unexplained Files**
- 3.00 **How the Universe Works**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works** The truth behind supernovas.
- 8.00 **America's Most Secret: Structures** Behind the scenes of America's most classified sites and their activities.
- 9.00 **Ancient Unexplained Files** New digital technology reveals secrets about the origins of Machu Picchu.
- 10.00 **How Do They Do It?**
- 11.00 **Massive Engineering Mistakes**
- 12.00 M'T **Forensic Detectives**
- 1.00 AM **Blowing Up History**
- 2.00 **How the Universe Works**
- 3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

- 9.00 AM **The Dick Emery Show**
- 10.55 **Secret Army**
- 1.20 PM **Oliver Twist**
- 2.35 **The Dick Emery Show**
- 4.35 **Secret Army**
- 7.00 **Oliver Twist** 3/12. Oliver rebels against his harsh treatment at Mr Sowerberry's, and runs away to London. **7.40** 4/12. Oliver runs into the Artful Dodger, who persuades him to join Fagan's gang. (S1)
- 8.20 **The Dick Emery Show** Triple bill of editions. Comic sketches featuring a bizarre cast of characters.
- 10.20 **Secret Army** *Weekend*: 7/13. Two American invaders start to take hostages, unaware that one of their captives is the Chief of Gestapo. (S2)
- 11.35 **Louis Theroux: America's Most Dangerous Pets** Wild animals being kept by homeowners in America.
- 12.35 AM **Oliver Twist**
- 1.55 **The Dick Emery Show**
- 3.45 **to 6.00** AM **Secret Army**

+1 hour 266 376

ID

154 141 166

- 8.00 AM **Betrayed**
- 9.00 **Evil Online**
- 11.00 **Grave Mysteries**
- 1.00 PM **Evil Stepmothers**
- 3.00 **The Killer Beside Me**
- 5.00 **Married with Secrets** A case in which a police officer was found dead in Illinois. **6.00** The story of how the hunt for a boat thief lead to something much deeper.
- 7.00 **Still a Mystery** Two young women who vanished after venturing out alone at night. **8.00** After a young athlete is shot dead, his family begin a relentless hunt for justice.
- 9.00 **Evil Lives Here** Heather terrorises her siblings David and Crystal from a young age. Later, they hope she'll change when she becomes a mother, but she only gets worse.
- 10.00 **Signs of a Psychopath**
- 11.00 **A Crime to Remember**
- 12.00 M'T **Deadly Sins**
- 2.00 AM **Married with Secrets**
- 4.00 **to 6.00** AM **Still a Mystery**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

- 6.00 AM **Extreme RVs**
- 7.00 **Kindig Customs**
- 8.00 **Mega Shippers**
- 9.00 **Big, Big Bikes**
- 10.00 **Salvage Hunters: Classic Cars**
- 11.00 **Shed and Buried**
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **Junkyard Empire**
- 2.00 **Wheeler Dealers**
- 3.00 **World's Greatest Motorcycle...**
- 4.00 **Custom Carolina**
- 5.00 **Richard Hammond's Workshop** Richard threatens to ditch the whole project.
- 6.00 **Salvage Hunters: Classic Cars**
- 7.00 **Shed and Buried**
- 8.00 **Custom Carolina**
- 9.00 **Car Fix** Double bill.
- 10.00 **World's Greatest Motorcycle Rides** Henry heads to Giant's Causeway in Ireland.
- 11.00 **Shed and Buried**
- 12.00 M'T **Custom Carolina**
- 1.00 AM **Roadworthy Rescues**
- 2.00 **Iron Resurrection**
- 3.00 **Wheeler Dealers**
- 4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.30 AM **Piece By Piece** Animation. (2024, PG, 94min)
- 8.10 **Your Monster** Comedy. (2024, 15, 104min) ★★★★
- 10.00 **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
- 12.05 PM **Gladiator II** As 8.00pm.
- 2.45 **Empire Waist** Teen comedy drama. (2024, 12, 94min)
- 4.25 **Venom: The Last Dance** Fantasy. (2024, 15) ★★★
- 6.15 **The Luckiest Man in America** Drama. (2024, 15) ★★★★

6.15 Luckiest Man in America

8.00 Gladiator II Ridley Scott's historical drama sequel starring Paul Mescal, Pedro Pascal and Denzel Washington. The son of Maximus Decimus Meridius enters the Colosseum in an attempt to bring glory back to Rome. With Connie Nielsen and Derek Jacobi. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 Sharp Corner Thriller starring Ben Foster. A family man becomes obsessed with saving car accident victims on the sharp corner in front of his house. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.40 AM **Salem's Lot** Horror. (2024, 15, 109min) ★★★
- 2.45 **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
- 5.15 **to 7.00** AM **Home Delivery** Comedy. (2023, 15, 86min)

Sky Cinema Epic Worlds

303 303 403 503 517

- 6.05 AM **Robin and the Hoods** Comedy. (2024, PG) ★★
- 7.50 **The Portable Door** (2023)
- 9.50 **Jack the Giant Slayer** (2013)
- 11.50 **Dune: Part Two** Sci-fi drama. (2024, 12, 166min) ★★★★★
- 2.35 PM **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
- 4.10 **The NeverEnding Story** Fantasy. (1984, U) ★★★
- 6.00 **Ghostbusters: Frozen Empire** Supernatural comedy. (2023, 12, 115min) ★★★

8.00 Beetlejuice Beetlejuice

8.00 Beetlejuice Beetlejuice Horror comedy sequel starring Michael Keaton, Winona Ryder and Jenna Ortega. The mischievous demon is summoned once more when Delia Deetz returns to the community of Winter River. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Witches Fantasy based on Roald Dahl's story, starring Anjelica Huston and Mai Zetterling. (1989, PG, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.35 **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
- 1.50 AM **The Scorpion King** Fantasy with Dwayne Johnson. (2002, 12, 91min) ★★★
- 3.35 **Jack the Giant Slayer** Fantasy starring Nicholas Hoult. (2013, 12, 114min) ★★★
- 5.40 **to 7.45** AM **The Portable Door** Fantasy adventure. (2023, PG, 130min) ★★★

Sky Cinema Drama

310 310 410 510 524

- 6.00 AM **Boy Meets Boy** As 2.15pm.
- 7.15 **Funny Face** As 8.00pm.
- 9.00 **Breakfast at Tiffany's** (1961)
- 11.00 **Sabrina** As shown at 11.45pm.
- 12.55 PM **My First Summer** Drama. (2020, 15, 80min) ★★★
- 2.15 **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
- 3.30 **The Bridge on the River Kwai** Classic World War Two drama. (1957, PG, 161min) ★★★★★
- 6.10 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir. (2023, 12, 104min) ★★★
- 8.00 **Funny Face** Romantic musical starring Fred Astaire and Audrey Hepburn. A fashion photographer falls for a model while working in Paris. (1956, U, 103min) ★★★★
- 9.45 **Breakfast at Tiffany's** Romantic comedy with Audrey Hepburn and George Peppard. A struggling writer slowly falls for his eccentric neighbour. (1961, PG, 106min) ★★★★★
- 11.45 **Sabrina** Billy Wilder's comedy. (1954, b/w, U, 113min) ★★★★
- 1.40 AM **Rent** Screen version of the musical. (2005, 12, 135min) ★★
- 4.05 **Sky Cinema Preview**
- 5.05 **to 7.10** AM **All That Jazz** Musical fantasy from Bob Fosse. (1979, 15, 123min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 6.45 AM **Lovely, Dark, and Deep**
- 8.20 **Little Bone Lodge** As 3.25am.
- 10.00 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
- 11.45 **The First Purge** As 12.05am.
- 1.30 PM **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
- 4.20 **The Ring Two** Horror sequel. (2004, 15, 110min) ★★★
- 6.15 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
- 8.00 **Star Trek Beyond** Sci-fi adventure starring Chris Pine, Zachary Quinto and Idris Elba. (2016, 12, 122min) ★★★★
- 10.05 **The Ring** US remake of the cult Japanese chiller, starring Naomi Watts and Martin Henderson. A newspaper reporter watches a videotape that reputedly kills the viewer a week after it has been watched. She realises she has just seven days to discover its origins before she herself dies. (2002, 15, 115min) ★★★
- 12.05 AM **The First Purge** Thriller prequel. (2018, 15, 98min) ★★
- 1.50 **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
- 3.25 **Little Bone Lodge** Horror. (2023, 15, 93min) ★★★
- 5.05 **to 6.45** AM **The Front Room** Horror. (2024, 15, 94min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.45 AM **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
8.35 **Peter Pan** As 5.35pm.
10.40 **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★
12.25 PM **Mr Bean's Holiday** Comedy. (2007, PG) ★★★
2.05 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
4.00 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
5.35 **Peter Pan** Fantasy adventure. (2003, PG, 113min) ★★★★

7.35 Peter Rabbit 2

7.35 **Peter Rabbit 2: The Runaway** Adventure sequel featuring the voice of James Corden. (2021, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **The Wiz** Motown musical updating of *The Wizard of Oz* based on the hit Broadway show, starring Diana Ross as a Harlem schoolteacher spirited to a fantasy New York City. With Michael Jackson and Richard Pryor. (1978, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Ella Enchanted** Comic fantasy adventure starring Anne Hathaway and Hugh Dancy. (2004, PG, 96min) ★★★
1.20 AM **Bookworm** Comedy with Elijah Wood and Nell Fisher. (2024, 12, 103min) ★★★★
3.10 **Beethoven's 2nd** Comedy sequel starring Charles Grodin. (1993, U, 89min) ★★
4.45 **to 6.25** AM **Paul Blart: Mall Cop 2** Crime comedy sequel. (2015, PG, 92min) ★★

Sky Cinema Action

307 307 407 507 521

7.15 AM **Iron Monkey** Thriller. (1993, 12, 90min) ★★★
8.50 **Shane** Classic Western. (1953, PG, 118min) ★★★★★
10.55 **Twisters** Disaster drama sequel with Daisy Edgar-Jones. (2024, 12, 122min) ★★★★
1.10 PM **Fast & Furious 5** Thriller. (2011, 12, 130min) ★★★
3.25 **Meg 2: The Trench** Thriller. (2023, 12, 115min) ★★★
5.35 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★

5.35 Man of Steel

8.00 **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a five-year absence, Superman returns and finds that old flame Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. With James Marsden. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Pompeii** Disaster movie starring Kit Harington. A gladiator fights to save the woman he loves as the ancient Roman city faces destruction from a volcanic eruption. (2014, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Crank** Action thriller. (2006, 18, 88min) ★★★★
2.00 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
3.50 **to 6.00** AM **Meg 2: The Trench** As shown at 3.25pm.

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Relax, I'm from the Future**
8.40 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
11.05 **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
1.05 PM **I'll Be Right There** Comedy. (2023, 12) ★★★
2.50 **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
4.30 **Daddy's Home 2** Comedy. (2017, 12, 100min) ★★★
6.20 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★

8.00 Mean Girls

8.00 **Mean Girls** Musical adaptation of the 2004 cult teen comedy, starring Angourie Rice and Tina Fey. Teenager Cady Heron is a hit with a school clique when she makes the mistake of falling for Aaron Samuels. (2023, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Happy Gilmore** Comedy starring Adam Sandler, Christopher McDonald and Julie Bowen. (1996, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Relax, I'm from the Future** Comedy starring Rhys Darby. (2023, 15, 94min) ★★★
1.40 AM **A Night at the Roxbury** Spin-off comedy from US TV series *Saturday Night Live*. (1998, 15, 82min) ★
3.10 **Girls Trip** Comedy with Regina Hall. (2017, 15, 122min) ★★
5.15 **Sky Cinema Preview**
5.40 **to 7.20** AM **The Cable Guy** Black comedy with Jim Carrey. (1996, 12, 96min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
9.05 **Gloria** As shown at 4.25am.
11.05 **Sherlock Holmes** As 8pm.
1.25 PM **The Island** Sci-fi thriller starring Ewan McGregor. (2005, 12, 136min) ★★★
3.45 **K-19: The Widowmaker** Cold War thriller starring Harrison Ford. (2002, 12, 138min) ★★★
6.05 **Layer Cake** British gangster thriller starring Daniel Craig. (2004, 15, 105min) ★★★★

8.00 Sherlock Holmes

8.00 **Sherlock Holmes** Guy Ritchie's rollicking action adventure starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to foil a plot by a Satan-worshipping aristocrat to bring down Parliament and seize power. (2009, 12, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Sherlock Holmes: A Game of Shadows** Guy Ritchie's rollicking action adventure sequel starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to thwart evil genius Professor Moriarty. (2011, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Dirty Harry** Crime thriller. (1971, 15, 103min) ★★★★★
2.15 **The Punisher** Action thriller. (2004, 18, 123min) ★★★
4.25 **to 6.25** AM **Gloria** Gangster thriller. (1999, 15, 107min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Destroyer** War drama. (1943, b/w, U, 99min) ★★
1.05 PM **Father Brown** Comedy drama. (1954, U, 91min) ★★★
2.50 **All the King's Men** Oscar-winning drama. (1949, b/w, PG, 109min) ★★★★★
5.00 **The Black Swan** Swashbuckling adventure. (1942, PG, 85min) ★★★
6.45 **Charlie's Angels** Comedy thriller. (2019, 12, 118min) ★★

9.00 Mrs Harris Goes to Paris

8 PM **Charlie's Angels** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Mrs Harris Goes to Paris** Comedy drama with Lesley Manville and Isabelle Huppert. A widowed cleaning lady embarks on an extraordinary adventure in Paris after becoming obsessed with a designer dress. (2022, PG, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.20** **The Quiet Girl** Irish drama starring Catherine Clinch. A neglected youngster is sent away from her dysfunctional family to live with relatives for the summer. Partly subtitled. (2022, 12, 95min) ★★★★
1.10 **to 3.35** AM **Escape from Mogadishu** South Korean fact-based thriller. Subtitled. (2021, 15, 121min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 2025 Recap

302 302 402 502 516

7.00 AM **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
8.50 **Parachute** As 4.00am.
10.40 **The Watched** As 10.00pm.
12.30 PM **The Line** Drama with Alex Wolff. (2023, 15, 100min) ★★★
2.20 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
4.00 **A Different Man** Psychological thriller starring Sebastian Stan. (2024, 15, 112min) ★★★★

6.00 **Greedy People** Comedy thriller starring Himesh Patel, Joseph Gordon-Levitt and Lily James. (2024, 15, 113min) ★★★★
8.00 **The Bikeriders** Crime drama starring Tom Hardy, Jodie Comer and Austin Butler. Over a decade, a motorcycle club evolves from a gathering of local outsiders to a sinister gang. (2023, 15, 116min) ★★★★
10.00 **The Watched** Horror thriller starring Dakota Fanning. (2024, 15, 102min) ★★★

11.45 **Anora** Comedy drama with Mikey Madison and Mark Eyldelshteyn. (2024, 18, 139min) ★★★★★
2.10 AM **Skincare** Black comedy thriller. (2024, 18, 86min) ★★★
4.00 **to 6.00** AM **Parachute** Comedy drama starring Courtney Eaton. (2023, 15, 108min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.20 AM **Dragon Lord** As 5.20am.
8.20 **Vertigo** As shown at 3.25pm.
10.35 **Anatomy of a Murder** (1959)
1.20 PM **True Romance** As 12.35am.
3.25 **Vertigo** Hitchcock thriller with James Stewart and Kim Novak. (1958, PG, 128min) ★★★★★
5.35 **The Day of the Jackal** Thriller based on the novel by Frederick Forsyth, starring Edward Fox. (1973, 15, 142min) ★★★★★

8.00 **In the Line of Fire** Crime thriller starring Clint Eastwood as a veteran secret service agent trying to stop a killer assassinating the US president. With John Malkovich, Rene Russo and Dylan McDermott. (1993, 15, 127min) ★★★★
10.10 **GoodFellas** Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood. Stars Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★

12.35 AM **True Romance** Thriller. (1993, 18, 118min) ★★★★
2.40 **Anatomy of a Murder** Drama. (1959, b/w, 12, 160min) ★★★★★
5.20 **to 7.05** AM **Dragon Lord** Hong Kong martial arts comedy starring Jackie Chan. Subtitled. (1982, 15, 102min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Captain Underpants** Animation. (2017, U) ★★★★
8.00 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
9.40 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
11.15 **Rock Dog 3: Battle the Beat**
12.55 PM **Turbo** Animated comedy. (2013, U, 92min) ★★★★

2.35 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
4.00 **Smurfs: The Lost Village** Animation. (2017, U) ★★★
5.35 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
7.20 **Two by Two** Animated adventure. (2015, U, 85min) ★★
8.55 **The Inventor** Animation. (2023, PG, 100min) ★★★
10.40 **Rock Dog 3: Battle the Beat** Animated sequel. (2022, U) ★★
12.15 AM **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★

1.50 **Tad the Lost Explorer and the Secret of King Midas** Animated adventure. (2017, U, 85min) ★★★
3.20 **Open Season: Scared Silly** Animation. (2015, PG) ★★★
4.50 **to 6.20** AM **Batman: Return of the Caped Crusaders** Animation. (2016, PG) ★★★★

Movies 24

312 313 419

7.00 AM **A Christmas for the Ages** Comedy. (2023, PG, 85min) ★★
9.00 **Mystery on Mistletoe Lane** Drama. (2023, PG, 90min) ★★
11.00 **Season's Greetings from Cherry Lane** Festive drama sequel. (2024, PG, 84min) ★★
1.00 PM **A Lot Like Christmas** Comedy. (2021, PG, 86min) ★★
3.00 **A Novel Noel** Festive romantic drama. (2024, PG, 90min) ★★

5.00 **The Christmas Toy Maker** Drama. (2021, PG, 84min) ★★
7.00 **Three Wise Men and a Baby** Comedy starring Paul Campbell, Tyler Hynes and Andrew W Walker. (2022, PG, 120min) ★★
9.00 **A Cowboy Christmas Romance** Festive romantic drama starring Jana Kramer and Adam Senn. A real-estate agent reconnects with her estranged family while trying to persuade a farmer to sell his land. (2023, PG, 85min) ★★

11.00 **The Winter Palace** Romantic drama. (2022, PG, 85min) ★★
1.00 AM **Love at the Christmas Market** Drama. (2023, PG) ★★
3.00 **to 5.00** AM **Joy For Christmas** Comedy. (2021, PG, 86min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Time of His Life** Comedy. (1955, b/w, U) ★★★
7.30 **Three Steps to the Gallows** Drama. (1953, b/w, PG) ★★★
9.10 **The Monkey's Paw** Horror. (1948, b/w, PG, 64min) ★★★
10.25 **Sunny Sunday by the Sea 1951**
10.40 **Radio Cab Murder** Thriller. (1954, b/w, PG, 70min) ★★
12.10 PM **The Hi-Jackers** Crime drama. (1963, b/w, U, 63min) ★★

1.30 **White Corridors** Medical drama. (1951, b/w, U, 95min) ★★
3.20 **Night Call with the Brighton Police** Training film from 1953.
3.40 **The Dark Man** Crime thriller. (1950, b/w, U, 91min) ★★★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Four Star Theatre**
7.05 **Batman** 15/60. (S2)
7.35 **Dial 999** 36/39. (S1)
8.10 **Pickup Alley** Crime thriller. (1957, b/w, PG, 92min) ★★★
10.05 **Dr Phibes Rises Again** Horror sequel. (1972, 15, 89min) ★★★

12.00 M'T **The Food of the Gods** Sci-fi chiller starring Marjoe Gortner. (1976, 18, 88min) ★★
1.55 AM **Hammer House of Mystery and Suspense** (S1)
3.30 **Dreamland** Documentary.
5.30 **to 6.00** AM **The Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** Including news on today's stories and a look at the back pages.
10.00 **Sky Sports News** Round-up of the sports news, with live analysis, comment and extended interviews.
12.00 NOON **Lunchtime Live**
2.00 PM **LIVE Disability T20 Cricket England Men's Mixed Disability v India Men's Mixed Disability.** Coverage of the match at Seat Unique Stadium in Bristol.
5.30 **Sports Centre**
6.00 **LIVE Women's International T20 Cricket England v India.** Coverage of the second T20 in the five-match series from Seat Unique Stadium. The hosts have won the last three T20 series against their visitors 2-1 and are looking to remain unbeaten against India when it comes to series in this format. The last time these two teams met the visitors ended their run of four consecutive T20 losses against England thanks to a five-wicket victory in India in December 2023.
10.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Chelsea v Burnley from the 2017/18 season.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Leicester City v Aston Villa. **5.30** Highlights from Leicester City v Bournemouth. **6.00** Leicester City v Everton. **6.30** Leicester City v Fulham. **7.00** Liverpool v Bournemouth. **7.30** Action from Liverpool v Brighton & Hove Albion.
8.00 **Gary Neville's Soccerbox**
9.00 **Outraged: Football's Discrimination** Documentary.
10.00 **Class of '92: Full Time** Salford City embark on their first season in the Football League.
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** Play-off highlights.
9.00 **EFL Greatest Games**
10.00 **Retro League One**
12.00 NOON **EFL Cup Retro**
2.00 PM **Best Scottish Premiership Goals 2014/15**
2.30 **Best Scottish Premiership Goals 2021/22** Top strikes from the Scottish top flight.
3.00 **EFL Greatest Games**
4.00 **Championship Season Review** A look at the 2016/17 campaign.
5.00 **EFL Rivalries** A look at the heated rivalry between Derby County and Nottingham Forest.
5.30 **Jimmy Glass: The Great Escape** Carlisle United's hero looks back at their escape from relegation in 1999.
6.00 **EFL Cup Retro** Liverpool v Cardiff City in the 2012 final.
8.45 **EFL Greatest Games**
10.00 **Championship Season Review** A look at the 2017/18 season.
11.00 **EFL Rivalries** Archive action.
12.00 M'T **Championship Retro**
2.45 AM **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2014 final.
5.00 **Craig Brown: My Scotland**
5.30 **to 6.00** AM **Jimmy Glass: The Great Escape**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v India**
6.30 **Best of England v Windies**
7.00 **Best of England v India**
8.00 **Talking Cricket** Sachin Tendulkar.
8.30 **Made in Yorkshire: Joe Root**
9.00 **Women's International T20 Cricket** England v India.
1.00 PM **Made in Yorkshire: Joe Root** Profile of the England star.
1.30 **Best of ICC WT20**
1.45 **Ashes Greats** Adam Gilchrist.
1.55 **LIVE Disability T20 Cricket England Men's Mixed Disability v India Men's Mixed Disability.** Coverage of the match at Seat Unique Stadium in Bristol.
5.30 **Best of ICC WT20**
5.45 **Best of England v India**
6.00 **LIVE Women's International T20 Cricket England v India.** Coverage of the second T20 in the five-match series staged at Seat Unique Stadium in Bristol.
10.00 **Best of ICC WT20**
10.45 **Best of England v India**
11.30 **Best of England v Windies**
12.00 M'T **Women's International T20 Cricket** England v India.
4.00 AM **Best of ICC WT20**
4.45 **Best of England v India**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons**
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **Best of the Open Zone 2016**
10.00 **DP World Tour Golf**
10.30 **PGA Tour Golf** Rocket Classic.
11.30 **Rose Ladies Series**
12.00 NOON **Golf Academy**
1.00 PM **Playing Lessons**
2.00 **Nick Dougherty's Tee Time Tips**
3.00 **Best of the Open Zone 2017**
4.00 **Golf Academy** Expert advice.
5.00 **Playing Lessons** Mina Harigae.
5.30 **DP World Tour Golf**
6.00 **Ladies European Tour Golf**
7.00 **Ryder Cup 2008 Official Film**
8.30 **DP World Tour Golf** Action from all four days of the Italian Open.
9.00 **PGA Tour Golf** Rocket Classic.
10.00 **Rose Ladies Series**
10.30 **Golf Academy** Expert advice.
11.30 **Playing Lessons**
12.30 AM **Nick Dougherty's Tee Time Tips** From Wentworth Club.
1.00 **Best of the Open Zone 2018**
2.00 **Golf Academy** Expert advice.
3.00 **Playing Lessons**
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **Best of the Open Zone 2024**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA & ATP Tennis** Highlights.
10.45 **Bitesize Tennis** Vienna Open.
11.00 **WTA & ATP Tennis** Highlights.
4.45 PM **Bitesize Tennis**
5.00 **WTA Tennis** Merida Open final.
6.00 **WTA Tennis** Indian Wells Open.
7.00 **ATP Tennis** S-Hertogenbosch Open final from the Netherlands.
8.00 **WTA & ATP Tennis** Highlights of day six of the Indian Wells Open.
10.00 **WTA & ATP Tennis** The Madrid Open at Park Manzanares.
12.00 M'T **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **WNBA** Sparks v Sky.
7.00 **IFSC Climbing World Cup Highlights** From Innsbruck.
8.00 **Wimbledon** The opening day.
9.30 **WRC Review** Rally Greece.
10.30 **V8 Supercars Highlights**
12.30 PM **Under the Lights**
1.00 **MLB Highlights** Recent action.
2.00 **IFSC Climbing World Cup Highlights** From Innsbruck.
3.00 **WNBA** LA Sparks v Chicago Sky.
4.00 **Fishing: On the Bank**
5.00 **The Gruppetto** Cycling action.
5.15 **WRC Review** Rally Greece.
6.15 **No Filter Football**
6.30 **MLB: Off the Bat**
7.00 **MLB Highlights** Recent action.
8.00 **LIVE MLB Toronto Blue Jays v New York Yankees.** Coverage of the American League match from Rogers Centre. Start-time **8.07pm**.
11.15 **MotoGP Rewind**
11.30 **Premiership Rugby Union**
12.00 M'T **MLB: Off the Bat**
12.30 AM **MLB Lead Off**
1.00 **LIVE MLB Chicago Cubs v Cleveland Guardians.** Coverage of the inter-league match from Wrigley Field. Start-time **1.05am**.
4.00 **MLB Closer** News and action.
4.30 **to 6.00** AM **Wimbledon**

TNT Sports 2

411 414 522 409 431

6.00 AM **Test Cricket Highlights** A review of the first Test between Sri Lanka and Bangladesh. **8.00** A look back at Sri Lanka v Bangladesh in the second and final Test of the series.
10.00 **A-League** The Grand Final.
11.00 **MotoGP** Action from the Grand Prix of Netherlands.
2.30 PM **MotoGP Chequered Flag**
3.30 **Porsche Supercup** The Austrian Grand Prix, the fourth round of the season from Red Bull Ring.
4.30 **Classic Premier League**
6.30 **Premier League Stories** A look back at some of the top-flight's most iconic managerial rivalries.
7.00 **Classic Premier League** A look back at the 2019/20 season. **8.00** The 2020/21 campaign. **9.00** The 2021/22 season.
10.00 **Premier League Stories** A look back at some of the top-flight's most iconic managerial rivalries.
10.30 **Fight Week** UFC 317 review.
11.00 **UFC Reloaded** UFC 224.
1.30 AM **UFC Fight Flashback**
2.00 **Wimbledon** The second day.
3.30 **Premiership Rugby Union**
5.00 **Fight Week** UFC 317 review.
5.30 **to 6.00** AM **UEFA Champions League – Classics**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship**
8.00 **British and Irish Lions Tour**
11.45 **The Rugby Championship**
1.45 PM **Lions Legends**
3.00 **The Rugby Championship** Australia v South Africa at Suncorp Stadium from 2024.
5.00 **Lions Legends** Profiles.
6.00 **British and Irish Lions Tour** Western Force v British & Irish Lions at Optus Stadium in Perth.
7.00 **Lions Legends** A profile of Welsh legendary number eight Mervyn Davies, who toured with the Lions in 1971 and 1974.
7.15 **British and Irish Lions Tour** Highlights of New Zealand v British & Irish Lions staged at Jade Stadium in Christchurch in 2005. **8.15** New Zealand v British & Irish Lions staged at Westpac Stadium in Wellington in 2005. **10.00** Highlights of the third Test between New Zealand and British & Irish Lions staged at Eden Park in Auckland in 2005.
11.00 **Lions Legends** Profiles.
12.00 M'T **British and Irish Lions Tour**
3.45 AM **Lions Legends**
4.00 **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Sheffield United v Bristol City in the first Championship play-off semi-final second-leg from Bramall Lane. **6.30** Sunderland v Coventry City in the second Championship play-off semi-final second-leg.
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** A look at this afternoon's leading stories from the world of sport, including a review of yesterday's action and a round-up of the latest transfers.
5.00 **Sports Centre** The main stories from the day's sport, plus interviews with headline makers.
7.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see night 12 at M&S Bank Arena, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals were Luke Humphries v Nathan Aspinall, Michael van Gerwen v Luke Littler, Rob Cross v Stephen Bunting, and Gerwyn Price v Chris Dobey.
4.00 **to 6.00** AM **EFL Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Playing Lessons**
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **WTA Tennis** Bad Homburg Open.
10.00 **DP World Tour Golf**
10.30 **PGA Tour Golf** Rocket Classic.
11.30 **Rose Ladies Series**
12.00 NOON **Formula 1** From Austria.
1.00 PM **ATP Tennis** A recent final.
2.00 **PL Greatest Games**
3.00 **Playing Lessons** Golf advice.
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **Formula 1** Race highlights.
7.00 **DP World Tour Golf**
7.30 **PGA Tour Golf** Rocket Classic.
8.30 **Rose Ladies Series**
9.00 **Ladies European Tour Golf**
10.00 **Playing Lessons** Golf advice.
11.00 **Formula 1** Austrian Grand Prix.
12.00 M'T **PL Greatest Games**
1.00 AM **WTA Tennis** Merida Open.
3.00 **EFL Greatest Games**
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **Best of the Open Zone 2024**

TNT Sports 3

413 415 523 410 432

6.00 AM **Premier League** A replay of Arsenal v Nottingham Forest. **7.30** Man City v Newcastle Utd.
9.00 **AFL** Port Adelaide v Carlton. **10.30** Another chance to see Sydney Swans v Western Bulldogs. **12.00** NOON A replay of Gold Coast Suns v Melbourne Demons. **1.30** PM Hawthorn Hawks v North Melbourne Kangaroos.
3.00 **Test Cricket Highlights** A review of the first Test between Sri Lanka and Bangladesh. **5.00** A look back at Sri Lanka v Bangladesh in the second and final Test of the series.
7.00 **Test Cricket Highlights** A look back at West Indies v Australia in the first Test of the series.
9.00 **IFSC Climbing World Cup Highlights** From Innsbruck.
10.00 **Wimbledon** The second day.
11.30 **V8 Supercars Highlights**
1.30 AM **MotoGP** GP of Netherlands.
5.00 **to 6.00** AM **MotoGP Chequered Flag**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Genoa v Inter Milan. **7.00** Cagliari v AS Roma. **8.00** Napoli v Bologna. **9.00** Hellas Verona v Juventus. **10.00** Lazio v AC Milan.
11.00 **Serie A** Juventus v AS Roma. **12.00** NOON Cagliari v Napoli. **1.00** PM Monza v Inter Milan. **2.00** Juventus v Napoli. **3.00** Inter Milan v AC Milan.
4.00 **A-League Women** A chance to see Melbourne Victory v Central Coast Mariners in the Grand Final.
5.30 **SailGP – Racing on the Edge**
6.00 **MotoGP** Action from the Grand Prix of Netherlands.
9.30 **MotoGP Chequered Flag** Post-race show featuring analysis, highlights and interviews.
10.30 **UEFA Champions League** Paris Saint-Germain v Inter Milan in the final at Allianz Arena in Munich.
11.00 **WNBA** Highlights from Los Angeles Sparks v Chicago Sky.
12.00 M'T **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **FIA World Endurance Championship** From Le Mans.
7.00 **Transworld Sport** Magazine.
8.00 **World Surf League**
9.00 **British Minibikes** Round three.
11.00 **Motorsport** Le Mans 24 Hours.
11.30 **Scottish Rally Championship**
12.00 NOON **FIM Sidecarcross**
1.00 PM **UK Independent Kart Racing**
2.30 **FIA World Endurance Championship** From Le Mans.
3.30 **Transworld Sport** Magazine.
4.30 **NASCAR Highlights**
5.25 **Motorsport** Le Mans 24 Hours.
5.55 **LIVE Swedish Speedway Piraterna v Dackarna.**
8.00 **Bike World** Magazine.
8.30 **British Minibikes** Action from the third round of the season.
10.30 **Swedish Speedway**
12.30 AM **Scottish Rally Championship**
1.00 **World Surf League**
2.00 **FIM Sidecarcross** From Gdansk.
3.00 **UK Independent Kart Racing**
4.30 **to 6.00** AM **Motorsport**

Premier Sports 2

420 552

6.00 AM **NASCAR Trucks**
9.00 **Bike World** Magazine.
9.30 **German Cup** Arminia Bielefeld v VfB Stuttgart in the final.
11.50 **LaLiga Match Highlights** Barcelona v Real Madrid.
12.00 NOON **EPCR Challenge Cup** A replay of Bath v Lyon in the final.
2.20 PM **LaLiga Match Highlights** Girona v Atlético Madrid.
2.30 **Champions Cup** Northampton Saints v Bordeaux Begles.
4.50 **LaLiga Match Highlights** Athletic Bilbao v Barcelona.
5.00 **Top 14 Rugby Union** The final.
7.00 **Temples of Sport**
8.00 **United Rugby Championship** Action from the Grand Final.
10.00 **Temples of Sport** Iconic venues.
11.00 **Coppa Italia** A chance to see Bologna v AC Milan in the final.
1.00 AM **NASCAR Trucks**
4.00 **Bike World** Magazine.
4.30 **Football's Greatest**
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
1.00 PM **Ted's Notebook**
1.30 **Formula 1** Austrian Grand Prix.
6.00 **Ted's Notebook**
6.30 **Formula 1** Brief highlights.
7.00 **Formula 1** Action from the 2014 British Grand Prix at Silverstone. **8.00** Highlights of the 2015 British Grand Prix at Silverstone.
9.00 **Formula 1** The 2016 British Grand Prix from Silverstone. **10.00** Action from the 2017 British Grand Prix at Silverstone.
11.00 **Formula 1** British Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday

2 July

Evening Planner

Football

Women's Euro 2025
BBC1 & ITV1
The tournament kicks off with Iceland v Finland (ITV1, k-o 5pm), and hosts Switzerland v Norway (BBC1, 8pm).

Documentary

Hill
Sky Documentaries & Sky Showcase, 9pm
Feature-length documentary looking at the career of Damon Hill (right), who won the F1 World Championship in 1996 .

OnDemand

prime

Heads of State
Available today
Idris Elba plays the UK Prime Minister against John Cena's US President in this entertaining action comedy.

OnDemand

NETFLIX

The Old Guard 2
Available today
A now-mortal Charlize Theron and her team of invincibles return to save the world from a new threat.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Football: Women's Euro 2025 – Live: Switzerland v Norway (Kick-off 8.00)						10.05 News; Local News	
	102 BBC2	7.00 Wimbledon – Live: Continued coverage of day three						10.00 Inside No. 9	10.30 Newsnight
	103 ITV1	◂ 4.00 Football...	7.30 Emmerdale	8.00 Coronation Street		9.00 Long Lost Family: Born Without Trace		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Can't Sell, Must Sell		9.00 Britain's Most Expensive Houses		10.00 Celebrity Gogglebox	
	105 5	7.00 Celebrity Puzzling		8.00 Air India Disaster: What Really...		9.00 Casualty 24/7: Every Second Counts		10.00 The Hospital: Life on the Line	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs F1		9.00 Hill			
ENTERTAINMENT	115 BBC3	7.00 Interior Design Masters with Alan Carr		8.00 The Traitors NZ		9.00 Ghosts US		10.00 Suits	
	116 BBC4	7.00 Today at the Test		8.00 Meet the Romans with Mary Beard		9.00 7/7: One Day in London			10.30 Frank...
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Extraordinary	10.40 Family...
	136 MORE4	◂ 6.55 Kirstie and Phil's Love It or List It		8.00 PopMaster TV		9.00 Suranne Jones: Investigating Witch Trials		10.00 Location, Location, Location Australia	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox		10.00 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 Fire Country			
	108 SKY ATLANTIC	◂ 6.50 Westworld		7.55 Game of Thrones		9.00 The White Lotus		10.10 True Detective	
	110 U&GOLD		7.10 Dad's Army	7.50 Open All Hours	8.30 The Vicar of Dibley			10.00 The Royle Family	10.40 Fast...
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	7.00 Junk and Disorderly		8.00 Film: Rocky					
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 8 Out of 10 Cats	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Atlantis		9.00 From the Earth to the Moon		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs F1		9.00 Agatha Raisin			
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Beyond Paradise		9.00 Death in Paradise		10.00 Catch Me a Killer	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Wonderland: From JM Barrie to JRR...		9.00 Stories from the National Gallery		10.00 Welcome to the Eighties	
	132 U&W	7.00 Ski A&E		8.00 Side Hustlers		9.00 Kathy Burke's All Woman		10.00 Louis Theroux: Miami Mega Jail	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Street Outlaws: Locals Only		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 Animal Cribs		8.00 Alone in the Wild		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Secret Nazi Science		9.00 Nazi Megastructures		10.00 Hitler's Last Stand	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Walking Through History		9.00 The Curse of Oak Island		10.00 Hunting History with Steven Rinella	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Secret Nazi Bases		9.00 Sacred Rivers with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Williams & Mansell: Red 5				9.00 Hill			
FILMS - Sky Cinema	301 PREMIERE	◂ 6.00 Sharp Corner		8.00 Gladiator II					10.30 Venom: The...
	302 2025 RECAP	◂ 6.15 A Mistake		8.00 Horizon: An American Saga – Chapter 1					
	303 EPIC WORLDS	◂ 5.55 Jurassic World		8.00 Jurassic World: Fallen Kingdom				10.10 Aquaman and the Lost Kingdom	
	304 GREATS	◂ 6.00 Patriot Games		8.00 Chinatown				10.15 Serpico	
	305 ANIMATION	◂ 5.35 Adventures...	7.30 Dr Seuss' The Lorax			9.00 The Wild Thornberrys Movie			10.30 Open Season...
	306 FAMILY		7.15 The Spiderwick Chronicles			9.00 The Smurfs			
	307 ACTION	◂ 6.20 Hancock		8.00 Bad Boys for Life				10.05 Blue Beetle	
	308 COMEDY	◂ 6.15 See No Evil, Hear No Evil		8.00 The Nutty Professor			9.45 Nutty Professor II: The Klumps		
	309 THRILLER	◂ 5.50 Sherlock Holmes: A Game of...		8.00 Split				10.10 Jason Bourne	
	310 DRAMA	◂ 5.00 Meet Joe Black		8.00 Oppenheimer					
	311 SCI-FI	◂ 6.00 The Meg		8.00 Terminator Salvation				10.00 Event Horizon	
	313 FILM4	◂ 6.45 G.I. Joe: The Rise of Cobra				9.00 Public Enemies			
SPORT	401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL Highlights	8.00 Gary Neville's...	8.30 PL Stories	9.00 Tackling the Stigma		10.00 Class of '92: Full Time	
	403 FOOTBALL	◂ 6.00 EFL Cup Retro		8.00 Best Scottish...	8.30 Best Scottish...	9.00 EFL Greatest Games		10.00 Championship Season Review	
	404 CRICKET	7.00 Made In Yorkshire		8.00 Test Cricket		9.00 Made in Yorkshire		10.00 Test Cricket	
	410 TNT SPORTS 1	7.00 Discovery Golf	7.30 Manchester...	8.00 Champions...	8.30 MotoGP Highlights		9.30 MotoE Highlights	10.00 Test Cricket Highlights	
	411 TNT SPORTS 2	◂ 6.00 MLB – Live: Philadelphia Phillies v San Diego Padres (Start-time 6.05)					9.15 WNBA		10.30 UFC

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 LIVE **Wimbledon** Isa Guha presents coverage of day three of the Grand Slam tournament, held at the All England Club, where the second-round matches in the men's and ladies' singles are scheduled to get under way. (S)
1.00 PM **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 LIVE **Wimbledon** Clare Balding presents further coverage of day three of the Grand Slam tournament, held at the All England Club, where second-round matches in the men's and ladies' singles are set to take place. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.00 Football: Women's Euro 2025

7 PM **7.00** LIVE **Football: Women's Euro 2025** Switzerland v Norway: Gabby Logan presents coverage of the both teams' opening Group A match, held at St Jakob-Park in Basel, Switzerland. With analysis from Ellen White, Fara Williams and Nedum Onuoha, and commentary by Robyn Cowen and Rachel Brown-Finnis. Kick-off is at 8.00. *See feature, pages 29-37.* (S)

8 PM

9 PM

10 PM **10.05** **BBC News** (S)
10.35 **Local News** (S)
10.45 NEW **Mary Earps: Queen of Stops** The goalkeeper, who recently announced her retirement from international football, offers an insight into her journey to the pinnacle of her sport. (S)(AD)
11.30 **Apples Never Fall** 3/7. As the mystery surrounding Joy's disappearance deepens, Amy gets the community together, hoping to bring her mother home. (S)(R)(AD) **12.15** AM 4/7. During a hurricane, Brooke confronts her personal issues and the detectives pursue a surprising new lead in Joy's disappearance. (S1) (S)(R)(AD)
1.05 **Weather for the Week Ahead** (S)
1.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **The Moment of Proof** The case of a man suspected of murdering his girlfriend. (S)(R)(AD)
7.15 **Bargain Hunt** From the Royal Bath & West Showground. (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** With guests Sinitta and Samantha Fox. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM LIVE **Wimbledon** Isa Guha presents coverage of day three of the Grand Slam tournament from the All England Club. (S)
3.00 LIVE **Wimbledon** Clare Balding presents further coverage of day three of the Grand Slam tournament, held at the All England Club, where second-round matches in the men's and ladies' singles are set to take place. (S)

7.00 Wimbledon

7.00 LIVE **Wimbledon** Clare Balding presents continued coverage of day three of the Grand Slam tournament, held at the All England Club, where second-round matches in the men's and ladies' singles are scheduled to continue. Home favourite Emma Raducanu dropped just three games when defeating Elise Mertens at this stage last year, showing the form that saw her win the US Open in 2021. The attritional first-round match between Thanasi Kokkinakis and Félix Auger-Aliassime also finally reached a conclusion on No. 2 Court, with the former taking the honours. (S)

10.00 **Inside No. 9** *The Curse of the Ninth:* 5/6. A piano-tuner must confront a centuries-old curse. Guest stars Eddie Marsan. (S9) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** Reflecting on the week's major global news stories. (S)
11.30 **Today at Wimbledon** Highlights of the third day's play of the Grand Slam tournament. (S)
12.30 AM **Today at the Test** Action from England v India at Edgbaston. (S)(R)
1.30 **Sign Zone: Walking with Dinosaurs** 5/6. (S)(R)(AD)
2.20 **Sign Zone: The Gold** (S)(R)(AD)
3.20 **Sign Zone: Murder 24/7** (S)(R)(AD)
4.20 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James serves a sea bass ceviche using a variety of herbs, and Lesley Waters shares her beef stroganoff recipe. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 LIVE **Football: Women's Euro 2025** Iceland v Finland: Laura Woods presents all the action from the opening match of the tournament, as the Group A rivals meet at Arena Thun in Switzerland. Kick-off is at 5.00. *See feature, pages 29-37.* (S)

9.00 Long Lost Family

7.15 **Local News** (S)
7.25 **ITV News** (S)
7.30 **Emmerdale** Marlon tells Paddy he needs to face up to reality, Vinny acts awkwardly around Kammy, and Jacob comforts Sarah. (S)(AD)
8.00 **Coronation Street** Kevin heads to the hospital for his results without Abi, Maria frets when Gary misses Liam's birthday celebration, Alya gets wind of Dee-Dee's plan, and Bernie orders Brody to make amends with his mum. (S)(AD)
9.00 **Long Lost Family: Born Without Trace** New edition Davina McCall and Nicky Campbell host as foundlings Sarah and Chris try to find out about their respective parents. (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Casino Royale** James Bond thriller portraying the early career of Ian Fleming's celebrated spy, starring Daniel Craig. James Bond seeks to bankrupt a terrorist banker by beating him in a high-stakes poker game. With Eva Green and Mads Mikkelsen. (S)(AD) (2006, 12, 155min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.20 AM **Telehopping**
3.00 **The Reunion** 6/6. The truth about what happened to Vinca is revealed. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 5-8/28. (S11) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 19-22/24. (S3) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** The chef visits Social in Costa Mesa, California. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Jack and Gabby take a break from the DIY to have an al fresco lunch. (S)(R)(AD)
5.00 **Chateau DIY** Tim and Sasha create a bridal suite by connecting two rooms via a wardrobe. (S)(R)
6.00 **Sun, Sea and Selling Houses** New edition An Essex couple want the perfect home in Almería for a permanent move to Spain. (S)

8.00 Can't Sell, Must Sell

7.00 **News** (S)
8.00 NEW SERIES **Can't Sell, Must Sell** Stuart and Scarlette Douglas transform unsellable properties, starting with a quaint cottage drowning in clutter and a pink property that even Barbie would find too much. (S)(AD)
9.00 **Britain's Most Expensive Houses** New edition The agents showcase high-end manor houses in Glamorgan and Jersey, while Constance Cunningham presents three apartments in London to her client. (S)(AD)
10.00 **Celebrity Gogglebox** Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, critiquing recent TV shows. (S)(R)(AD)
11.00 **Celebrity Gogglebox for Stand Up to Cancer** Celebrities join the *Gogglebox* regulars to react to the week's TV shows. (S)(R)(AD)
12.05 AM **Crime Scene Cleaners** (S)(R)
1.05 **Ramsay's Hotel Hell** (S)(SL)(R)
1.55 FILM **American Woman** Drama starring Sienna Miller and Christina Hendricks. (S)(SL)(AD) (2018, 15, 110min) ★★★★
3.45 NEW **Iris Prize Best British Shorts** *Making Up.* (S)(AD)
4.00 **Ireland: Coast and Country** (S)(R)
4.50 **George Clarke's Amazing Spaces**
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **The Perfect Killer** Thriller starring JaNae Armogan and Laura Provenzano. (S) (2025, 12, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Karen and husband Rob go hunting for antiques in Benidorm. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall meets a couple who are struggling to walk their dogs on and off the lead. (S)(R)
6.55 **News** (S)

9.00 Casualty 24/7

7.00 **Celebrity Puzzling** New edition 7/8. David James and Les Dennis join Carol Vorderman, Sally Lindsay and Jeremy Vine. (S) ■ Concludes tomorrow
7.55 **News** (S)
8.00 NEW **Air India Disaster: What Really Happened** A look at the Air India Flight 171 crash, in which the plane exploded less than a minute after take-off, killing all passengers and crew – except for one man. (S)
9.00 **Casualty 24/7: Every Second Counts** Series finale Sister Rachel battles a packed resus, and Dr Mullen works his final shift – treating everything from infected ulcers to chemical ingestion. (S)(AD)
10.00 **The Hospital: Life on the Line** Daily life at Clydebank's NHS Golden Jubilee University National Hospital, beginning as 54-year-old Andy waits for a suitable donor heart to become available. (S)(R)
11.05 **A&E After Dark** An ambulance crew bring in a patient who is acting aggressively and is a regular at the hospital. (S)(R)
12.05 AM **Traffic Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S7) (S)(R)(AD)
3.50 **Carol Drinkwater's Secret Provence** (S)(R)
4.40 **Me & My 10 Kids** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **Big Cats Small World** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 9/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *Dad Behaviour:* Grampa discovers he is about to become a father again. (S)(R)
5.30 *Orange Is the New Yellow:* Marge receives a jail sentence for child neglect. (S)(R)
6.00 *The Last Traction Hero:* An accident at work leaves Homer in a cast. (S)(R)
6.30 *The Nightmare After Krustmas:* Krusty and his daughter spend Christmas with the Simpsons. (S)(R)

9.00 Hill

7.00 **The Simpsons** *Pork and Burns:* Marge becomes obsessed with a Japanese style of living. (S)(R) **7.30** *Looking for Mr Goodbart:* Bart is forced to spend time with Principal Skinner's mother. (S)(R)
8.00 **Rob & Romesh vs F1** 1/2. Rob Beckett and Romesh Ranganathan enter the world of Formula One, with Mercedes team principal Toto Wolff putting them through their paces. (S)(R)
9.00 NEW **Hill** A profile of ex-Formula 1 driver Damon Hill, revealing how he overcame the adversity of losing his father Graham to follow in his footsteps and become world champion himself. *See feature, page 13.* (S)(AD)
11.00 **A League of Their Own** With Ollie Watkins, Kevin Bridges and Maisie Adam. (S)(R)(AD)
12.00 M'T **The Force: North East** A high-speed chase ends with a sinister discovery in the fugitive's abandoned car. (S)(R)
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 9/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Ralio: Pencampwriaeth Rali'r Byd **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Stori'r Iaith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Hafiach New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Taith y Llewod **10.00** Trysorau'r Teulu **11.00-11.35pm** Mwy Na Daffs a Taffs

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Interior Design Masters with Alan Carr** 1/8. Ten interior designers compete in a London-based makeover challenge.
7.55 **The Catch Up**
8.00 **The Traitors NZ** Series finale 12/12. The remaining players face the ultimate challenge in the final showdown.
9.00 NEW SERIES **Ghosts US** 1/22. Return of the American comedy. Sam and the ghosts race to find Isaac. **9.20** New episodes 2/22. Sam's father visits, straining her bond with Patience. **9.40** 3/22. The ghosts join Patience in putting Sam on trial for being a witch. (S4) ■ Entire series on BBC iPlayer
10.00 **Suits** 13&14/16. (S6)
11.25 **To Catch a Stalker**
1.00 AM **Drugs Map of Britain**
1.30 **Lazy Susan**
1.45 **What It Feels Like for a Girl** 2/8. Drama. (S1)
2.30 **Ruck Stars** Documentary.
3.00 **to 4.00** AM **Squad Goals: Dorking 'Til I Die**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Today at the Test** England v India: Action from day one of the second Test in the five-match series, staged at Edgbaston.
8.00 **Meet the Romans with Mary Beard** 1/3. A look at ancient Rome and its people.
9.00 **7/7: One Day in London** The stories of people affected by the London bombings of 7 July 2005.
10.30 NEW **Frank McGuinness and Julie Nicholson Remember... A Song for Jenny** A look back at the 2015 drama.
10.45 **A Song for Jenny** An exploration of Julie Nicholson's reaction to her daughter's death in the 7 July bombings in London. Adapted by Frank McGuinness from Nicholson's book, and starring Emily Watson.
12.05 AM **Meet the Romans with Mary Beard**
1.05 **Albert Speer: The Unseen Interrogation**
2.20 **to 3.50** AM **7/7: One Day in London**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Perth.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help a couple in Bury St Edmunds. **6.55** A couple in Croydon try to decide whether to sell or upgrade their home.
8.00 **PopMaster TV** New edition 8/9. Ken Bruce hosts the eighth heat, the last chance for players to secure a place in the final.
9.00 **Suranne Jones: Investigating Witch Trials** 2/2. Suranne looks into the infamous Salem witch trials, and discovers how the legacy of those events continues to impact the rights of women today.
10.00 NEW SERIES **Location, Location, Location Australia** Property experts Mitch Edwards and Mark McKie help house-hunters to find their perfect home, beginning in Brisbane.
11.05 **999: On the Front Line**
12.10 AM **Suranne Jones: Investigating Witch Trials**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Ned 'n' Edna's Blend Agenda.*
7.00 **Hollyoaks** Pearl reaches her breaking point.
7.30 **The Simpsons** *Covercraft:* Homer forms a band.
8.00 **Below Deck: Mediterranean** New edition The stews face an ultimatum given to them by Captain Sandy.
9.00 **Gogglebox** Opinions on *Antiques Roadshow, Frozen Planet II* and *Kings of Pain.*
10.00 **First Dates** A cheeky charmer tries to win over a high-society make-up artist.
11.05 **Naked Attraction**
12.05 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
3.20 **Below Deck: Mediterranean**
4.10 **Ramsay's Kitchen Nightmares USA**
5.00 **Modern Family**
5.25 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Wednesday primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Send in the Dogs**
10.00 **UK Border Force**
11.00 **Bondi Rescue** Double bill.
12.00 NOON **The Good Doctor** (S6)
1.00 PM **FBI** 2/15. Three bodies are discovered in a lake. (S3)
2.00 **FBI: Most Wanted** 2/15. A family are killed in a car crash triggered by a hacker. (S2)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

8.00 The Equalizer

7 PM
7.00 **Nothing to Declare** A nervous passenger arouses suspicion. **7.30** An unusual travel itinerary is questioned.

8 PM
8.00 **The Equalizer** *Hunting Grounds:* 7/10. McCall races to find a woman snatched by a killer. (S1)

9 PM
9.00 **Fire Country** *Off the Rails:* 18/22. The crew respond to a derailed train but the rescue becomes complicated.

10 PM
10.00 **Fire Country** *Watch Your Step:* 19/22. The crew respond to an out-of-control blaze at a wellness retreat. (S1)
11.00 **Bull** 14/16. (S5)
12.00 M'T **FBI** 11/22. (S4)
1.00 AM **The Equalizer** 5/10. (S1)
2.00 **Law & Order: Special Victims Unit** New episode 14/20. (S26)
3.00 **The Good Doctor** 8/22. (S6)
4.00 **The Real A&E**
5.00 **to 6.00** AM **Air Ambulance ER**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **The Sopranos** 5&6/13. (S5)
10.00 **Westworld** 5&6/10. (S2)
12.15 PM **Game of Thrones** (S6)
1.20 **Un Amore** 5&6/6. (S1)
3.35 **The Sopranos** 5/13. Tony fears he has skin cancer. **4.35** 6/13. Carmela starts a new relationship. (S5)
5.40 **Westworld** 5/10. Maeve and her allies discover a new world. **6.50** 6/10. Elsie gets closer to uncovering the truth about Delos, and Dolores calculates her next move. (S2)

9.00 The White Lotus

7.55 **Game of Thrones** *Battle of the B*******:* 9/10. As the Starks prepare to fight, Davos loses something dear, while Ramsay plays a game and Daenerys faces a choice. (S6)

9.00 **The White Lotus** *The Lotus-Eaters:* 5/6. Belinda tries to redirect Tanya's focus to her business proposal. (S1)

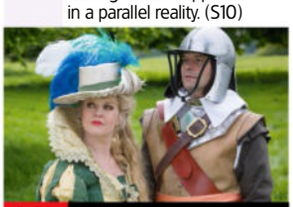
10.10 **True Detective** *After You've Gone:* 7/8. Cohle persuades Hart to help him reinvestigate the Dora Lange case. (S1)
11.10 **Homicide: Life on the Street** 22/23. Pembleton and Bayliss investigate the murder of a prominent judge. (S6)
12.10 AM **Succession** 10/10. (S1)
1.30 **The Night Of** 2/8. (S1)
2.45 **Game of Thrones** As 7.55pm.
3.50 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S8)
8.00 **The Flash** 19/20. (S8)
9.00 **Stargate SG-1** (S10)
11.00 **SEAL Team** 5/22. (S1)
12.00 NOON **The Flash** 20/20. (S8)
1.00 PM **Hawaii Five-0** (S8)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 9/18. (S4)
5.00 **SEAL Team** 4/22. The bodyguard of the team's target recognises Jason. (S1)
6.00 **Stargate SG-1** 13/20. An experiment goes wrong, leaving Carter trapped in a parallel reality. (S10)


9.00 Agatha Raisin

7.00 **Stargate SG-1** *The Shroud:* 14/20. The team members set out to learn the identity of a new prior of the Ori. (S10)

8.00 **Rob & Romesh vs F1** 1/2. The duo enter the world of Formula One, with Toto Wolff putting them through their paces.

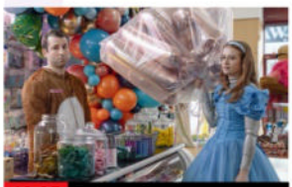
9.00 **Agatha Raisin** *The Haunted House:* 1/4. Mystery drama starring Ashley Jensen. The detective opens her own agency, but with business slow she goes to a haunted house in search of work. (S3)

11.00 **A League of Their Own** With guest Ollie Watkins.
12.00 M'T **Resident Alien** 5/8. Asta and D'arcy take a drastic step. **1.00** AM 6/8. Mike helps Liv face her biggest fear. (S3)
2.00 **Road Wars** Vehicle crime.
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 9/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.35 **Olivia Marries Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.15 PM **Dinner Date**
1.15 **Olivia Marries Her Match**
2.10 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**


10.05 Extraordinary

7.00 **Deal or No Deal** Stephen Mulhern hosts as James takes on the Banker for the chance to win life-changing money.

8.00 **Million Dollar Listing: LA** Tracy makes big plans to expand her territory, while James and David experience difficulties.

9.00 **Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.05 **Extraordinary** New episode 4/8. Nora's book launch provides a chance for sabotage. (S2)
10.40 **Family Guy** 21/22. (S11)
11.10 **Family Guy** 16/22. (S11)
11.40 **American Dad!** (S10)
12.35 AM **Bob's Burgers** (S13)
1.10 **Olivia Attwood: The Price of Perfection** Documentary.
2.10 **Totally Bonkers Guinness World Records**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
10.30 **The Royal** *Can't Buy Me Love.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 5/9. Neville Chamberlain visits Downton for dinner. (S6)
6.00 **Heartbeat** *Baby Blues:* A grandmother is suspected of snatching a baby from outside a shop after a family quarrel.

10.00 Grantchester

7.00 **Heartbeat** *Wall of Silence:* Blaketon is eager to halt a crimewave in the village before the Assistant Chief Constable arrives.

8.00 **Vera** *Telling Tales:* DCI Vera Stanhope sets out to solve the murder of a teenage girl 11 years earlier, exposing the secrets and lies of a close-knit community. Guest stars Hugo Speer.

10.00 **Grantchester** 1/6. The body of a 19-year-old biker is found in a field the day after a charity motorbike race. (S8)
11.00 **Grantchester** 2/6. Will is accused of manslaughter. (S8)
11.55 **Cracker** 7/7. Part two of two. Fitz takes a desperate gamble by confronting the murderous Janice. (S3)
1.00 AM **Agatha Christie's Poirot**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year 2024** Properties in central Scotland.
8.00 **This Farming Life** Fraser and Carianne head to the mainland to buy some new rams.
9.00 **Rebus** 1/6. DS John Rebus investigates a violent street attack. Stars Richard Rankin. **9.45** 2/6. John and Siobhan track down a witness to the assault on Jimmy McJagger. (S1)
10.35 **River City** New episode Lenny's recovery is jeopardised when another patient sparks newfound paranoia.
11.05 **Martin Compston's Norwegian Fling** 5/6. A drive to Trondheim.
11.35 PM **to 12.00** M'T **Stevens & McCarthy** Comedy sketches.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Betty** 3&4/6. (S1)
9.15 **The Conners** (S4)
10.15 **Entourage** 1&2/10. (S7)
11.25 **Crashing** 2&3/8. (S2)
12.45 PM **Silicon Valley** (S1)
2.05 **Entourage** 1&2/10. (S7)
3.05 **Betty** 3&4/6. (S1)
4.15 **Crashing** 2&3/8. (S2)
5.25 **The Franchise** (S1)
6.45 **The Conners** (S4)
7.45 **Silicon Valley** 7/8. Richard learns an ex has been spreading rumours about him. **8.20** 8/8. Richard is forced to make wholesale changes to his Pied Piper software. (S1)
9.00 **Intelligence** 5/6. Jerry makes a confession that devastates Joseph. **9.30** 6/6. The truth about Jerry's NSA past comes out. (S1)
10.00 **Upright** 5&6/8. (S1)
11.10 **Sex and the City** (S6)
12.30 AM **Girls** 1&2/10. (S4)
1.50 **Hello Ladies** (S1)
3.10 **to 5.00** AM **Betty**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Gilbert and Sullivan**
6.30 **Cirque du Soleil: Luzia**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Art Traffickers**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of the Year** The winner's story.
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Wonderland: From JM Barrie to JRR Tolkien**
9.00 **Stories from the National Gallery**
10.00 **Welcome to the Eighties**
11.00 **Comedy Legends**
12.00 M'T **Spike Milligan: The Unseen Archive**
1.35 AM **Life & Rhymes**
2.45 **Statues Redressed**
4.45 **to 6.00** AM **National Trust: National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: The Next Generation** *Encounter at Farpoint – Part Two:* 2/26. The crew's trial continues. (S1)
8.00 **Star Trek: Deep Space Nine** *The Alternate:* 12/26. Odo's mentor arrives at the station, determined to find his protégé's origins. (S2)
9.00 **The Rookie** (S4)
11.00 **Grimm** 6/22. (S4)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Word-based quiz hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the game show.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout** Game show hosted by Joel Dommett.
3.00 **Tenable** Double bill of the game show hosted by Warwick Davis.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show in which a contestant takes on the ruthless Banker.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **In with a Shout** Game show hosted by Joel Dommett.
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S3)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 16/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 19/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 21/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 1-4/25. (S6)
9.00 **Randall and Hopkirk (Deceased)** *When Did You Start to Stop Seeing Things?* 10/26. (S1)
10.00 **The Avengers** *The £50,000 Breakfast:* 19/25. A ventriloquist is found dead. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S6)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

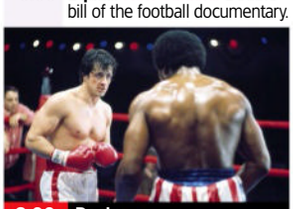
+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Derby Through the Years**
6.20 **Minder**
7.20 **The Professionals**
8.25 **Dempsey and Makepeace**
9.30 **Magnum, PI**
10.30 **Kojak**
11.35 **Giant Lobster Hunters**
12.35 PM **The Adventures of Sherlock Holmes** Mystery.
1.40 **Dempsey and Makepeace**
2.45 **Magnum, PI**
3.45 **Kojak**
4.50 **Minder**
6.00 **Equals** New editions Double bill of the football documentary.


8.00 Rocky

7.00 Junk and Disorderly Henry, Allen and Guy finally take possession of the Buick Roadmaster they worked so hard to own.

8.00 FILM Rocky Oscar-winning drama starring Sylvester Stallone as a struggling boxer who gets a shot at the heavyweight championship. With Talia Shire, Burt Young and Carl Weathers. (1976, PG, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 FILM Double Jeopardy Thriller starring Ashley Judd. Framed for her husband's murder, a woman discovers that her spouse is alive and has absconded with their son. (1999, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **LIV Golf Highlights**
1.35 **Minder**
2.30 **Motorsport Mundial**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 26/26. (S6)
2.00 **Atlantis** 6/13. (S1)
3.00 **Stargate Atlantis** 17/20. (S1)
4.00 **Star Trek: Voyager** 9/26. (S6)
5.00 **Star Trek: The Next Generation** 26/26. Data experiences rage. (S6)
6.00 **Star Trek: Enterprise** 11/24. Archer takes action against a Xindi plot. (S3)

9.00 From the Earth to the Moon

7.00 Atlantis *The Song of the Sirens:* 6/13. Hercules visits a witch in an attempt to win Medusa's heart. (S1)

8.00 Stargate Atlantis *Letters from Pegasus:* 17/20. The crew are allowed to send video messages to Earth. (S1)

9.00 From the Earth to the Moon *Can We Do This?* 1/12. Dramatised account of the Apollo space programme. (S1)

10.00 The Walking Dead *Adaptation:* 9/16. The loss of one of their own drives the communities to band together. (S9)

11.00 FILM DC Down Action thriller starring Sean Young. After an earthquake rocks the capital, the Army Corps race against time to rescue the president, who is trapped in the White House. (2023, 15, 82min) ★★
12.50 AM **Train** 1&2/12. (S1)
3.15 **Room 104** 11&12/12. (S1)
4.10 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **Father Brown**
10.00 **WPC 56** 2/5. (S1)
11.00 **Hudson & Rex** 9/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 2/10. (S4)
1.00 PM **Beyond Paradise** (S1)
2.00 **Murdoch Mysteries** (S7)
4.00 **WPC 56** 2/5. (S1)
5.00 **Hudson & Rex** 9/16. (S3)
6.00 **Father Brown** *The Honourable Thief:* Father Brown seeks help when Lady Felicia's home comes under threat.

10.00 Catch Me a Killer

7.00 Shakespeare & Hathaway: Private Investigators 2/10. The duo enter the world of ballroom dancing. (S4)

8.00 Beyond Paradise 2/6. Humphrey investigates an entire family's sudden disappearance. Guest stars Ruth Madoc. (S1)

9.00 Death in Paradise *I'll Never Let You Go:* 8/9. A man confesses to murder – but can't recall what happened. (S10)

10.00 Catch Me a Killer *The Saloon Killer – Part One:* 10/11. An exhausted Micki faces her toughest case yet. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Elementary** 13/21. A murder victim turns out to have been a contract killer. (S6)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Highlights**
9.10 **Ever Decreasing Circles**
9.50 **Are You Being Served?**
10.30 **Open All Hours**
11.10 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.10 **Ever Decreasing Circles**
1.50 **Dad's Army**
2.30 **Open All Hours**
3.10 **Are You Being Served?**
3.50 **Last of the Summer Wine**
5.10 **Ever Decreasing Circles**
5.50 **The Green Green Grass**
6.30 **Are You Being Served?**

7.50 Open All Hours

7.10 Dad's Army Pike becomes trapped in the middle of a minefield.

7.50 Open All Hours Following a break-in, Arkwright decides to buy himself a guard dog.

8.30 The Vicar of Dibley Christmas special from 1997. Geraldine plays Cupid to bring Alice and Hugo together. **9.20** The villagers set up a radio station, and Frank makes a startling admission on his show.

10.00 The Royle Family The relatives gather for Sunday lunch.

10.40 The Fast Show Bob Fleming visits a gypsy fair.
11.20 **Not Going Out**
12.00 M'T **Absolutely Fabulous**
12.40 AM **The Vicar of Dibley**
1.20 **The Royle Family**
2.00 **The Fast Show**
2.30 **Not Going Out**
3.00 **to 4.00** AM **Last of the Summer Wine**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.00 AM **Travel Man: 48 Hours in New York** With Katherine Ryan.
7.35 **Border Force: America's Gatekeepers** Double bill.
9.30 **Guy Martin's Spitfire**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Storage Hunters UK**
2.00 PM **The Boat That Guy Built**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Dave Myers and Si King celebrate British food festivals.
6.00 **Rick Stein's Road to Mexico** Rick travels through Mexico City, Puebla and Oaxaca.

2.00 The Boat That Guy Built

7.00 Would I Lie to You? At Christmas With Bill Bailey, Ruth Jones, Jo Brand and Kelly Holmes.

7.40 Richard Osman's House of Games With Yasmine Akram and Ingrid Oliver. **8.20** Guests include Hal Cruttenden and Ebony Rainford-Brent.

9.00 QI XL Rosie Jones, Bridget Christie and Cariad Lloyd join regular panellist Alan Davies and host Sandi Toksvig.

10.00 Have I Got a Bit More News for You Alexander Armstrong hosts the satirical quiz, with Phil Wang and Hannah Fry.
11.00 **8 Out of 10 Cats** With Stacey Solomon and Liam Charles.
11.55 **Mock the Week**
12.35 AM **Would I Lie to You?**
1.15 **Would I Lie to You? At Christmas** As 7.00pm.
1.55 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

Wednesday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Sun, Sea and Selling Houses**
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** Documentary.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Sun, Sea and Selling Houses** From Alicante.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Location, Location, Location** From Glasgow and Chelmsford.
8.00 **Dover 24/7: Britain's Busiest Port**
9.00 **24 Hours in Police Custody: The Butcher of Suburbia** 1/2.
11.05 **Crime Scene Cleaners**
12.05 AM **24 Hours in A&E**
1.10 **Celebrity Gogglebox**
2.10 **Celebrity Gogglebox for Stand Up to Cancer**
3.10 **Britain's Most Expensive Houses**
4.05 **to 5.00** AM **Millionaire Hoarders**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
3.00 PM **Law & Order: Criminal Intent** (S1)
6.00 **NCIS** *An Eye for an Eye:* 17/23. Two human eyeballs are sent to a petty officer's home. **7.00** *Bikini Wax:* 18/23. A swimsuit contest leads to murder. **8.00** *Conspiracy Theory:* 19/23. An officer's apparent suicide is investigated. (S2)
9.00 **Criminal Minds** *Alpha Male:* 15/22. A series of acid attacks draws the BAU to Philadelphia. **10.00** *Assistance Is Futile:* 16/22. The team search for a subject known as the Bone Crusher. (S12)
11.00 **Law & Order: Special Victims Unit** (S13)
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Rogue Claimers**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A man arrives with a 13cm-long laceration on his thigh from a DIY accident.
9.00 **Vigilante & Proud: Catching the Street Thieves** Documentary.
10.00 **Murder Scene: The Incident Room**
11.00 **Skin A&E** A football fan with a large head cyst.
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **My Lover, My Killer**
2.00 **Quantico** 21&22/22. (S1)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Trucking Hell**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
2.15 PM **FILM Gunpoint** Western starring Audie Murphy and Joan Staley. (1966, U, 86min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Triple bill of editions.
9.00 **Traffic Cops** Derbyshire officers embark on the high-speed pursuit of a suspected cloned van.
10.00 **Police: Suspect No 1** Humberside detectives interview four men suspected of attacking a man on his doorstep.
11.00 **Quantum Leap** (S1)
12.00 M'T **Motorway Cops: Catching Britain's Speeders** Documentary.
1.00 AM **Motorway: Hell on the Highway**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **MasterChef Australia** Culinary show.
7.20 **Simply Nigella**
8.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Don't Hate Your House**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E**
8.00 **Side Hustlers** New edition Some Hustlers begin making changes immediately.
9.00 **Kathy Burke's All Woman** Documentary.
10.00 **Louis Theroux: Miami Mega Jail**
11.00 **Stacey Dooley Investigates: Second Chance Sex Offenders**
12.00 M'T **Inside the Operating Theatre**
1.50 AM **Inside the Ambulance**
2.25 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.20 AM **Pie in the Sky**
8.15 **Doctors**
9.25 **Classic Holby City**
10.30 **Classic Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **Pie in the Sky**
3.10 **Kingdom**
4.10 **Lovejoy**
5.20 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **NEW SERIES Darby and Joan** 1/6. The search for answers about Jack's past leads him and Joan to two warring brothers. (S2) ■ Entire series on U
9.00 **Sister Boniface Mysteries** 7/10. (S1)
10.00 **New Tricks**
11.20 **Spooks** 6/6. (S1)
12.40 AM **Hope Street**
1.40 **The Bletchley Circle**
2.40 **Birds of a Feather**
3.10 **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** Angus Ashworth travels over the sea to the island of Lindisfarne. **8.00** Catherine Southon and James Braxton visit the Home Counties.
9.00 NEW **1000-lb Sisters: We Be Trippin'** The family take a trip down memory lane.
10.00 **Quarter Ton Teen** New edition A father fears he's contributing to his daughter's bad habits.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **All Star Family Fortunes** With John Barnes and Natasha Hamilton.
10.40 **Richard Osman's House of Games**
12.00 M'T **Bullseye**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.50 **Battle Honours**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM FILM **Apache Ambush** Western. (1955, U, 68min) ★★
2.30 FILM **A Reason to Live, A Reason to Die** Drama. (1972, PG, 92min) ★★★
5.00 FILM **Apache Territory** Western. (1958, U) ★★
6.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 FILM **The Commando** Crime action thriller. (2022, 15, 89min) ★★
11.00 FILM **Stratton** Thriller. (2017, 15, 94min) ★★
1.05 AM FILM **NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Saving Lives at Sea**
10.00 FILM **Presumed Guilty** Drama. (2016, 15) ★★
12.00 NOON **Heathrow: Britain's Busiest Airport**
1.00 PM FILM **A Wedding to Die For** Thriller. (2019, 12, 85min) ★★
2.55 FILM **Stalked by My Mother** Crime thriller. (2016, 12, 90min) ★★
5.00 FILM **Seduced by Lies** Thriller. (2010, PG) ★
7.00 **Sue Thomas: F.B.Eye**
9.00 FILM **Father of the Bride Part II** Comedy sequel with Steve Martin. (1995, PG, 106min) ★★
11.20 FILM **Garage Sale Mystery: All That Glitters** (2014, PG) ★
1.25 AM FILM **Target: My Daughter** Thriller. (2017, 12, 92min) ★★
3.20 **Air Rescue**
4.00 **to 6.00** AM FILM **Retribution** Drama. (2012, PG, 80min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM FILM **Love Off the Page** Romantic drama. (2022, PG, 87min) ★★
10.05 FILM **Romantic Rewrite** Comedy. (2022, PG) ★★
12.00 NOON FILM **Love By Accident** Drama. (2020, PG, 84min) ★★
2.00 PM FILM **Season for Love** Romantic drama. (2018, PG, 84min) ★★
3.55 FILM **Love at Mariposa Beach** Romantic drama. (2022, PG, 90min) ★★
5.55 FILM **Love Afloat** Drama. (2022, PG, 95min) ★★
8.00 FILM **One Summer** Drama with Sam Page. (2021, PG, 84min) ★★
9.55 FILM **When Love Blooms** Comedy. (2021, PG, 90min) ★★
11.50 FILM **All of My Heart** Romantic drama. (2015, PG, 81min) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM FILM **Season for Love** (2018)
+1 hour 320 317

Rewind TV
182 81 141

6.00 AM **Highlights**
10.30 **I Dream of Jeannie**
11.00 **Jokers Wild**
11.30 **Please Sir!** (S4)
12.00 NOON **Carry On Laughing** 7/7. (S2)
12.30 PM **You're Only Young...**
1.00 **Born Free** 1/13. (S1)
2.00 FILM **The Bulldog Breed** (1960, PG) ★★
4.00 **Fantasy Island** (S1)
5.00 **A Sharp Intake of...**
5.30 **I Dream of Jeannie**
6.00 **The Monkees** (S1)
6.30 **Don't Drink the Water**
7.00 **Jokers Wild**
7.30 **You're Only Young Twice**
8.00 **Please Sir!** (S4)
8.30 **A Sharp Intake of Breath** 7/7. (S1)
9.00 **Bramwell** 1/10. (S3)
10.00 **Brass** 3/6. (S3)
10.30 **Stereo Underground**
11.30 **The Monkees** (S1)
12.00 M'T **Diff'rent Strokes**
12.30 AM **In Loving Memory**
1.00 **Dark Skies** (S1)
2.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Elliot Neese leaves the crab-fishing fleet. **8.00** Sig gives Jack a captaining lesson on the *Northwestern*.
9.00 **Barnwood Builders** New editions The crew salvage a cabin built by settlers from Finland. **10.00** Mark challenges the guys to create a new system to build a frame.
11.00 **Gold Divers**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **One-Pan Wonders**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Seafood Odyssey**
10.00 **Comfort Food**
11.00 **Great British Bake Off**
12.00 NOON **Fruits of the Sea**
1.00 PM **One-Pan Wonders**
2.00 **Islands to Highlands**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Seafood Odyssey**
6.00 **Comfort Food**
7.00 **Great British Bake Off**
8.00 NEW SERIES **Summer Baking Championship**
9.00 **The Hairy Bikers' Northern Exposure**
10.00 **Comfort Food**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food with Casey Webb**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 18/22. (S6)
9.00 **The Fall Guy** 17/23. (S1)
10.00 **Knight Rider** 6/22. (S3)
11.00 FILM **Tornado Warning** Sci-fi action thriller. (2012, PG, 90min) ★★
1.00 PM FILM **Treasure Island** Adventure. (1971, U, 95min) ★★★
3.00 FILM **Doctor Faustus** Fantasy drama. (1968, PG, 93min) ★★★
5.00 **Star Trek** 12/26. (S2)
6.00 **Knight Rider** 7/22. (S3)
7.00 **The Fall Guy** 18/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 FILM **Street Kings** Crime thriller. (2008, 15, 105min) ★★★
11.10 FILM **Basic Instinct** Erotic thriller. (1992, 18, 128min) ★★★
1.40 AM FILM **The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
3.30 **to 5.00** AM FILM **Black Rock** Horror thriller. (2012, 15, 78min) ★★★

Legend Xtra
317 316 171 69 138 51

6.00 AM FILM **The Pledge** As shown at 5.00pm.
8.00 FILM **7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
10.00 **The Lost World** (S2)
11.00 FILM **Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
1.00 PM FILM **A Study in Terror** Crime thriller. (1965, 15, 91min) ★★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 12/25. (S3)
5.00 FILM **The Pledge** Western. (2008, PG, 79min) ★★★
7.00 **The Lost World** (S2)
8.00 **The A-Team** 13/25. (S3)
9.00 FILM **USS Indianapolis: Men of Courage** Drama. (2016, 15, 125min) ★★
11.35 FILM **POW: The Escape** Action adventure. (1986, 15, 90min) ★★
1.25 **to 3.00** AM FILM **Book of Monsters** Horror. (2018, 18, 84min) ★★★
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Close Encounters**
7.05 **Alien Files: Unsealed**
8.20 **Alien Corridors**
10.10 **Accidental Truth: UFO Revelations**
12.10 PM **UFOs: The Lost Evidence** Double bil.
2.05 **UFO Encounters UK**
4.00 **Ancient Aliens**
6.00 **Alien Disclosure Files**
7.00 **Alien Files Reopened** An unexplained sighting in rural Zimbabwe.
8.00 **Evidence of the Unexplained** Sightings of aerial phenomena.
9.00 NEW **UFOs: Why Are They Here?** Addressing the notion that mankind is alone in the Universe.
10.00 **Top 25 Alien Encounters: UFO Case Files Exposed**
11.20 **Encounter: UFO**
2.00 AM **Close Encounters Down Under**
3.45 **Alien Disclosure Files**
4.35 **to 6.00** AM **Alien Files: Unsealed**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest**
11.00 **Ben Fogle: New Lives in the Wild** From Devon.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Big Antique Adventure with Susan Calman**
8.00 **Ben Fogle: New Lives in the Wild** Ben visits Fair Isle, the UK's most remote inhabited island.
9.00 **Michael Palin in Nigeria** 3/3. Ending his journey, Michael visits the city of Benin and the River Ethiope.
10.00 **Arabia with Levison Wood** Exploring Saudi Arabia and Jordan.
11.05 **Prisoner: Cell Block H**
1.10 AM **22 Kids & Counting**
3.10 **to 4.00** AM **Secret Life of the Forest**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Your Garden Made Perfect** From Scotland.
3.00 **Fantasy Homes by the Sea** From Devon.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Your Garden Made Perfect** In Whitley Bay.
9.00 **Home Town** Ben and Erin come to the aid of a family whose house was destroyed by a tornado.
10.00 **Home Town** New edition Ben and Erin Napier help a couple find a house and make it a home.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
9.00 **You, Me & My Ex** Things heat up with April and Roy in the hot tub.
10.00 **Dr Pimple Popper** Ravon has a unique growth on his leg.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **Dr Pimple Popper**
3.00 **Sex Sent Me to the ER**
4.00 **Sister Wives**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Last Man Standing**
11.00 **Blockbusters**
12.00 NOON **Daria** (S3)
1.00 PM **Friends** (S7)
9.00 **Bradley & Barney Walsh: Breaking Dad** Barney celebrates his birthday with a trip to the iconic Niagara Falls. **9.30** On the final leg of their journey, the pair continue through the snow to New Hampshire.
10.00 **8 Out of 10 Cats**
11.00 **8 Out of 10 Cats: Best Bits** Extended highlights.
11.30 **Reno 911!** Series finale 11/11. Dangle's mysterious past comes back to haunt him. (S8)
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park** (S9)
2.00 **Beavis and Butt-Head**
3.00 **Kiri Pritchard-McLean: Home Truths**
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Digman!** (S1)
10.00 **Daria** 6&7/13. (S4)
11.00 **Friends** 17-20/25. (S3)
1.00 PM **Criminally Funny**
2.30 **Digman!** (S1)
3.00 **Daria** 8&9/13. (S4)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing** Six episodes, including at: **7.30** 9/21. Mike and Kristin are forced to make some tough business decisions. (S9) **8.00** 16/22. Chuck is not happy when his dog is impregnated by the Baxters' pet pooch. **8.30** 17/22. Eve and her new boyfriend attend the same overnight camping trip. (S3)
9.00 **South Park** (S1&3)
12.00 M'T **Friends** (S6,7&8)
2.00 AM **Criminally Funny**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Patrol**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Customs UK**
4.00 **Highway Patrol**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Send in the Dogs**
8.00 **Customs UK**
9.00 **Cop Squad** The work of police officers in Cambridgeshire.
10.00 **Stella** 5&6/10. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own: Mexican Road Trip** Series highlights.
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Teen Mom UK: Next Generation**
9.00 **Catfish: The TV Show** Nev and Kamie receive an anonymous email from a whistleblower.
10.00 **Caught in the Act: Unfaithful** Reality series.
11.00 **Billionaire Babies: 24 Carat Kids**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Carly Aquilino take the game too seriously.
12.30 AM **Ridiculousness**
1.00 **True Life Crime UK**
2.00 **Ink Master**
2.50 **to 4.00** AM **True Love or True Lies?**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Marooned with Ed Stafford**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** A couple race to finish an off-grid lodge overlooking Wisconsin's Lake Superior.
6.00 **Border Control: Spain** At the Port of Algeciras, a sniffer dog alerts officers to a truck. **6.30** A traveller reacts angrily when staff inspect her luggage.

9.00 Street Outlaws: Locals...

7.00 **Wheeler Dealers** Mike Brewer snaps up a Jaguar S-Type with 195,000 miles for just £3,000.

8.00 **Scrap Kings** A house untouched since the 1970s offers up televisions and architectural salvage before it's flattened.

9.00 **Street Outlaws: Locals Only** New edition The fastest small-tyre racers in VA come to show off their skills.

10.00 **Wheeler Dealers World Tour** Mike and Elvis offer their expertise to a Youtuber on his ambitious McLaren P1 build.

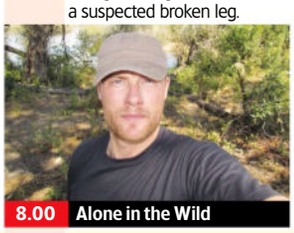
11.00 **Border Control: Spain** New editions Double bill.
12.00 M'T **Moonshiners**
1.00 AM **Street Outlaws: Locals Only** As shown at 9.00pm.
2.00 **Wheeler Dealers World Tour**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **The Aquarium**
10.00 **Tanked** An aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees** Tia and her daughter head into New Orleans's infamous ninth ward.
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** The wardens go undercover to catch someone selling alligator parts.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog is brought in with a suspected broken leg.



8.00 Alone in the Wild

7.00 **Animal Cribs** Antonio Ballatore's team build personalised spaces into a condo's furniture and install a 20ft climbing wall.

8.00 **Alone in the Wild** Celebrity challenge set in remote locations, beginning with Andrew Flintoff in Botswana.

9.00 **Alaska: The Last Frontier** Atz and the family head out on a black bear hunt, and Jane's confidence grows.

10.00 **Alaskan Bush People** The Browns begin an ambitious barn build, the key to Billy's grand vision, while Noah returns.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Crikey! It's the Irwins** Bindi puts on a birthday party for Minibus, Australia Zoo's oldest wombat.
1.00 AM **Alone in the Wild**
2.00 **Animal Cribs** As 7.00pm.
3.00 **to 5.00** AM **Animal Cops Houston**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Destruction Decoded**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Lost Treasures of the Bible** Double bill.
2.00 PM **WW2 Heroes of the Sky**
4.00 **Pirate Ships of the Caribbean: Drain the Oceans**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a tired 1991 VW T4 Campervan.
6.00 **Nazi Megastructures** The German campaign across Tunisia, Libya and Egypt.

8.00 Secret Nazi Science

7.00 **Air Crash Investigation** A look at the crash of Ethiopian Airlines Flight 409, which plunged into the Mediterranean.

8.00 **Secret Nazi Science** New edition A look into how Nazi Germany fostered air clubs to gain aerial supremacy.

9.00 **Nazi Megastructures** The German air force during World War Two, exploring the world's most advanced jet bomber.

10.00 **Hitler's Last Stand** In 1944, resistance fighters declare a Free French Republic in Eastern France, and the Nazis respond.

11.00 **Air Crash Investigation**
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **To Catch a Smuggler** CBP finds fentanyl in a bathroom.
2.00 **Bid & Destroy**
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Dirty Old Cars**
7.00 **Pawn Stars Do America**
8.00 **American Pickers**
9.00 **Pawn Stars** Action figures.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Dirty Old Cars**
2.00 **Mountain Men**
3.00 **Secrets in the Ice**
5.00 **What on Earth?** New edition Exploring anomalies appearing on satellite images.
6.00 **American Pickers** An appraiser has both good and bad news.

10.00 Hunting History

7.00 **Forged in Fire** The bladesmiths attempt to recreate the famous battle sword wielded by Napoleon.

8.00 **Walking Through History** Tony Robinson hikes up from Lyme Regis in Dorset to the Somerset Levels.

9.00 **The Curse of Oak Island** New edition The Fellowship's members feel they are closer than ever to solving the mystery.

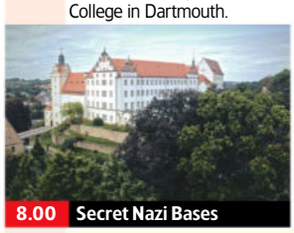
10.00 **Hunting History with Steven Rinella** New edition Pioneers trapped by storms in the Sierra Nevada Mountains.

11.00 **What on Earth?** As 5.00pm.
12.00 M'T **Strange Evidence** A Vermont woman films a Loch Ness Monster-esque creature in Lake Champlain.
1.00 AM **The UnXplained with William Shatner** The search for extraterrestrial life.
2.00 **The Curse of Oak Island**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Churchill: Winning the War, Losing the Peace**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Churchill: Winning the War, Losing the Peace**
5.00 **Nazi Hunters** Attempts to capture Joachim Peiper.
6.00 **Antiques Roadshow** From the Britannia Royal Naval College in Dartmouth.



8.00 Secret Nazi Bases

7.00 **Great American Railroad Journeys** Michael Portillo visits Massachusetts General Hospital in Boston.

8.00 **Secret Nazi Bases** New edition As Hitler's shadow engulfs Europe, ancient castles fall under Nazi control.

9.00 **Sacred Rivers with Simon Reeve** The adventurer travels along the Yangtze before arriving in Shanghai.

10.00 **Bangers & Cash** An Argentinian Army Mercedes G wagon arrives at the North Yorkshire car auction.

11.00 **Bangers & Cash** A rare 1964 Ford Capri Consul coupe comes up for auction.
12.00 M'T **Abandoned Engineering** Featuring a mysterious tower and a disused railway deep beneath the streets of a city.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1hour 255 329

Wednesday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** The team restore a beloved rocking horse, a Royal Doulton plaque and a Victorian stereoscope.
8.00 **The Yorkshire Auction House** Double bill.
10.00 **Celebrity Yorkshire Auction House** Angus helps Phil Daniels with 1960s and 70s goodies in his Yorkshire home.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Reality series.
8.00 **Say Yes to the Dress**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Real-life cases.
8.00 **Murder on CCTV**
9.00 **American Monster: Abuse of Power** New edition A stricken-off doctor launches a plot to regain power.
10.00 **The Killer in My Family**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Terri Ann McCoy.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A beloved schoolteacher is violently assaulted outside her home.
8.00 **Fatal Frontier: Evil in Alaska** When a national guardsman is killed in an explosion, investigators discover a complex past.
9.00 **World's Most Evil Killers** Looking at the crimes of German serial killer Fritz Honka.
10.00 **The Killer You Know** New edition Investigators dive into cases of love and betrayal.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Fatal Frontier: Evil in Alaska** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** Investigators sift through shards of evidence when a man is murdered by a bomb blast. **4.30** Investigating a murder staged to look like an accident. **5.00** Police search for a missing boy. **5.30** A murder staged as a car accident. **6.00** Evidence is washed away from two victims found in an irrigation canal. **6.30** Police discover the downside to behavioural profiling.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highlights**
8.00 **The Force: Manchester**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **The Real Manhunter**
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **The Killer Within**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Real Manhunter**
6.00 **The Killer Within**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Murder on the Doorstep: The Killer Clown** New edition 2/3. ■ Full series on Box Sets
10.00 **How I Caught the Killer**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **An Unexpected Killer**
3.00 **Snapped** Purdie Clark.
4.00 **Road Wars**
5.00 **to 6.00** AM **Highlights**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Russia's Wars**
9.50 **Treasures Decoded**
10.50 **War Machine: World War II** Documentary.
11.55 **Battlefield America**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Russia's Wars**
2.50 **Treasures Decoded**
3.50 **War Machine: World War II** Documentary.
4.55 **Grand Tours of the Scottish Islands**
5.35 **Battlefield America**
6.40 **Russia's Wars**
7.50 **Treasures Decoded** New edition The warrior tribe brutally murdered.
8.50 **War Machine: World War II** Documentary.
9.55 **Battlefield America**
11.00 **Treasures Decoded**
12.00 M'T **War Machine: World War II**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Great Rhino Robbery**
7.00 **Discovering: Susan Sarandon**
8.00 **The Directors**
9.00 **The Story of Late Night**
9.50 **Edge of the Earth**
11.00 **The Great Rhino Robbery**
12.00 NOON **Rise of the Superheroes** Documentary.
2.15 PM **Gabon: Earth's Last Chance**
4.00 **The Directors**
5.00 **Discovering: Susan Sarandon**
6.00 **Italia 90: Four Weeks That Changed the World**
7.00 **Williams & Mansell: Red 5**
8.50 **My Icon: Linford Christie**
9.00 NEW **Hill** A profile of ex-Formula One driver Damon Hill, revealing how he overcame the adversity of losing his father Graham to follow in his footsteps and become world champion himself. *See feature, page13.*
10.50 **Jackie Stewart**
12.45 AM **Quad Gods** Documentary.
2.30 **Inventing Truth: The Relotius Affair** Documentary.
4.30 **Chernobyl: My Promised Land**
5.00 **to 6.00** AM **Discovering: Susan Sarandon**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Coastal Africa**
10.00 **Australia's Hidden Islands**
11.00 **Big Cats Small World**
12.00 NOON **Wild Survivors**
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Coastal Africa**
4.00 **Australia's Hidden Islands**
5.00 **Secrets of the Enchanted Forests** Exploring the planet's most diverse woodlands.
6.00 **Wild Survivors**
7.00 **Monkey Life** Double bill.
8.00 **Wild Canary Islands** The wildlife on the Canary Islands.
9.00 **A Wild Year on Earth**
10.00 **Wild Survivors**
11.00 **Secrets of the Enchanted Forests** As 5.00pm.
12.00 M'T **Big Cats Small World**
1.00 AM **Wildlife Icons**
2.00 **Wild Canary Islands**
3.00 **A Wild Year on Earth**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Coastal Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Deadman's Curse**
9.00 **Weird Britain**
10.00 **River Hunters**
11.00 **Ancient Aliens**
1.00 PM **Deadman's Curse**
2.00 **Weird Britain**
3.00 **Truthseekers**
4.00 **Shipwrecks: When History Resurfaces** The Roman Empire.
5.00 **Cracking the Code**
6.00 **Dirty Old Cars**
7.00 **What on Earth?** A lake in Canada that may hold the key to whether life exists on Mars.
8.00 **The UnXplained with William Shatner** A look at whether time travel has already occurred, on purpose or by accident. **9.00** An exploration of tales of inexplicable maladies.
10.00 **Royal Autopsy**
11.00 **Alien Files: Unsealed**
12.00 M'T **Ancient Aliens**
2.00 AM **Ghost Ships**
3.00 **Secrets of Great British Castles** York Castle.
4.00 **Mission Unexplained**
5.00 **to 6.00** AM **Cracking the Code**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Spring Break Murders**
11.00 **Imperfect Murder**
12.00 NOON **Criminal Confessions**
1.00 PM **Murder By Medic**
2.00 **Killer Britain with Dermot Murnaghan** Michael Sams.
3.00 **Murdertown**
4.00 **Cops Who Kill with Will Mellor**
5.00 **When Missing Turns to Murder**
6.00 **Cold Case Files**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Murder By Medic** New edition
9.00 **Accused: Did I Do It?** New edition Documentary.
10.00 **Secrets of the Bunny Ranch** New edition Documentary.
11.00 **Secrets of Polygamy**
12.00 M'T **Murder By Medic**
1.00 AM **Accused: Did I Do It?**
2.00 **Secrets of the Bunny Ranch**
3.00 **Criminal Confessions**
4.00 **to 6.00** AM **Highlights**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Out There with Jack Randall**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's National Parks**
3.00 **Austria's Wild Heritage**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets**
8.00 **Ocean's Weirdest**
9.00 **Underdogs** New edition The most ingenious con artists in the animal kingdom.
9.45 **Alaska: The Next Generation** Temperatures rise across the melting Arctic landscape.
10.45 **Ice Road Rescue** Thord rescues a truck that is blocking a tunnel.
11.45 **When Sharks Attack**
12.45 AM **Monster Fish**
1.45 **The Incredible Dr Pol**
2.40 **Secrets of the Zoo: Tampa**
3.35 **Secrets of the Zoo: Keeper Tales** Documentary.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **One Giant Leap: A Neil Armstrong Tribute**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** New discoveries reveal the importance of black holes within the universe.
8.00 **One Giant Leap: A Neil Armstrong Tribute** Exploring the impact made on the world by the astronaut and his legacy to space exploration.
9.00 **Ancient Unexplained Files**
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **The Dick Emery Show**
10.55 **Secret Army**
1.20 PM **Oliver Twist**
2.35 **The Dick Emery Show**
4.35 **Secret Army**
7.00 **Oliver Twist** 5/12. Mr Brownlow gets Oliver freed, but Fagin kidnaps him again. **7.40** 6/12. Oliver refuses to become a pickpocket, so Fagin forces him to join Bill Sikes in a burglary. (S1)
8.20 **The Dick Emery Show** Triple bill featuring comic sketches
10.20 **Secret Army** *Little Old Lady:* 9/13. The Lifeline team are forced to don disguises in order to run the escape lines. (S2)
11.30 **Louis Theroux: Dark States – Heroin Town** In Huntington, West Virginia, Louis embeds himself in an Appalachian community that is being devastated and stretched to its limits by widespread heroin use.
12.30 AM **Oliver Twist**
1.50 **The Dick Emery Show**
3.40 **to 6.00** AM **Secret Army**

+1 hour 266 376

ID

154 141 166

8.00 AM **Married with Secrets**
9.00 **Evil Stepmothers**
11.00 **The Killer Beside Me**
1.00 PM **American Monster**
3.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
5.00 **Cold Hearted**
6.00 **Someone You Thought You Knew** The case of Gary and Jan Tyrrell, who were murdered in their Missouri home.
7.00 **On the Case with Paula Zahn** Police find a giant sword bent in half and a victim who has been savagely murdered. **8.00** After a loving mother is murdered inside her home, police focus on a blood-stained hammer and a dusty footprint.
9.00 **Hostage 911**
10.00 **Real Time Crime**
11.00 **American Monster**
12.00 M'T **Pandora's Box: Unleashing Evil**
2.00 AM **Cold Hearted**
3.00 **Someone You Thought You...**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Custom Carolina**
5.00 **Richard Hammond's Workshop** The Cogs restore an iconic 1970s motorbike.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Custom Carolina**
9.00 **Car Fix** Double bill.
10.00 **World's Greatest Motorcycle Rides** The world's most famous road race – the Isle of Man TT.
11.00 **Shed and Buried**
12.00 M'T **Custom Carolina**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Sky Cinema Preview**
8.00 **Empire Waist** As 4.20pm.
9.40 **Sharp Corner** As 6.00pm.
11.40 **Gladiator II** As 8.00pm.
2.20 PM **Salem's Lot** Horror starring Alfre Woodard. (2024, 15, 109min) ★★★
4.20 **Empire Waist** Comedy drama with Mia Kaplan and Jemima Yevu. (2024, 12, 94min)
6.00 **Sharp Corner** Thriller with Ben Foster and Cobie Smulders. (2024, 15, 110min) ★★★★

2.20 Salem's Lot

8.00 Gladiator II Ridley Scott's historical drama sequel starring Paul Mescal, Pedro Pascal and Denzel Washington. The son of Maximus Decimus Meridius enters the Colosseum in an attempt to bring glory back to Rome. With Connie Nielsen and Derek Jacobi. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
2.25 **Home Delivery** Thom Harp's comedy. (2023, 15, 86min)
4.05 **to 6.05** AM **Your Monster** Comedy with Melissa Barrera. (2024, 15, 104min) ★★★★

Sky Cinema Epic Worlds

303 303 403 503 517

7.45 AM **Transformers One**
9.45 **The Cinema List: Jurassic**
10.05 **The Amazing Maurice** Animation. (2022, PG) ★★★★
11.50 **The Lego Movie 2: The Second Part** As 3.45am.
1.50 PM **Ghostbusters: Frozen Empire** Supernatural comedy. (2023, 12, 115min) ★★★
3.55 **Beetlejuice Beetlejuice** Comedy. (2024, 12) ★★★★
5.55 **Jurassic World** Adventure. (2015, 12, 124min) ★★★★

8.00 Jurassic World: Fallen...

8.00 Jurassic World: Fallen Kingdom Adventure thriller sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Aquaman and the Lost Kingdom Fantasy starring Jason Momoa and Yahya Abdul-Mateen II. (2023, 12, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Scorpion King** Fantasy adventure. (2002, 12, 91min) ★★★
1.55 **Transformers One** Animated sci-fi adventure. (2024, PG, 104min) ★★★★
3.45 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
5.40 **to 6.10** AM **Jurassic World Rebirth: The Making of a New Era**

Sky Cinema Drama

310 310 410 510 524

7.10 AM **The Bridge on the River Kwai** World War Two drama. (1957, PG, 161min) ★★★★★
9.55 **Oppenheimer** As 8.00pm.
1.05 PM **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
2.55 **All That Jazz** Musical fantasy. (1979, 15, 123min) ★★★
5.00 **Meet Joe Black** Supernatural romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★

8.00 Oppenheimer Christopher Nolan's biopic starring Cillian Murphy. J Robert Oppenheimer leads the Manhattan Project to develop an atomic weapon before Hitler and end World War Two. (2023, 15, 180min) ★★★★★
11.00 Rent Screen version of the hit Broadway musical by Jonathan Larson, a rock opera inspired by Puccini's *La Boheme*. Stars Rosario Dawson, Adam Pascal, Anthony Rapp and Idina Menzel. (2005, 12, 135min) ★★

1.20 AM **The Great Gatsby** Romantic drama based on F Scott Fitzgerald's classic novel, starring Robert Redford and Mia Farrow. (1974, 12, 146min) ★★★
3.45 **to 6.10** AM **Oh! What a Lovely War** Satirical anti-war musical. (1969, PG, 144min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **Lisa Frankenstein** (2024)
8.30 **The Ring Two** Horror sequel. (2004, 15, 110min) ★★★
10.25 **The Ring** Chiller remake. (2002, 15, 115min) ★★★
12.25 PM **Star Trek Beyond** Sci-fi. (2016, 12, 122min) ★★★★
2.30 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
4.15 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★

6.00 The Meg Thriller starring Jason Statham. (2018, 12, 113min) ★★★
8.00 Terminator Salvation Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
10.00 Event Horizon Sci-fi horror thriller starring Laurence Fishburne and Sam Neill. (1997, 18, 96min) ★★★

11.40 **The Front Room** Horror. (2024, 15, 94min) ★★
1.20 AM **Lisa Frankenstein** Comedy horror. (2024, 15, 101min) ★★★
3.05 **Chappie** Sci-fi thriller with Dev Patel. (2015, 15, 120min) ★★
5.15 **to 6.45** AM **Sick** Horror. (2022, 18, 83min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.25 AM **Friend or Foe** As 2.40pm.
7.45 **Ella Enchanted** Fantasy. (2004, PG, 96min) ★★★
9.35 **Bookworm** (2024, 12) ★★★★
11.25 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
1.00 PM **Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG) ★★
2.40 **Friend or Foe** (1981, U) ★★★
4.00 **Peter Rabbit 2: The Runaway** Adventure. (2021, U) ★★★
5.40 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★

7.15 The Spiderwick Chronicles

7.15 The Spiderwick Chronicles Fantasy with Freddie Highmore. (2008, PG, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Smurfs Adventure starring Neil Patrick Harris and Jayma Mays. The Smurfs are sucked into a magic portal that takes them from their hidden world and lands them in Manhattan. (2011, U, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 The Smurfs 2 Adventure sequel with Hank Azaria. (2013, U, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **My Penguin Friend** Drama. (2024, PG, 105min) ★★★★
2.30 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
4.05 **Reuniting the Rubins** Comedy drama. (2010, PG, 98min) ★
5.50 **to 7.30** AM **Daddy Day Camp** Family comedy sequel. (2007, PG, 88min) ★★

Sky Cinema Action

307 307 407 507 521

6.00 AM **Iron Monkey** Thriller. (1993, 12, 90min) ★★★
7.35 **Shane** Classic Western. (1953, PG, 118min) ★★★★★
9.40 **300: Rise of an Empire**
11.35 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
2.00 PM **Superman Returns** Fantasy. (2006, 12) ★★★
4.40 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
6.20 **Hancock** Action comedy. (2008, 12, 92min) ★★★

4.40 The Mechanic

8.00 Bad Boys for Life Action comedy sequel starring Will Smith and Martin Lawrence. Miami detective Mike Lowrey is targeted for assassination by a crime lord's widow. With Paola Nunez and Vanessa Hudgens. (2020, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Blue Beetle Fantasy adventure, starring Xolo Maridueña. An ancient relic of alien biotechnology chooses a college graduate as its symbiotic host. (2023, 12, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **High Plains Drifter** Western. (1972, 18) ★★★★
2.05 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
3.50 **Money Train** Action comedy. (1995, 18, 110min) ★★
5.45 **to 7.25** AM **Police Story 3: Supercop** Action thriller sequel. (1992, 15, 91min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Weird Science** As 1.25am.
8.55 **Girls Trip** (2017, 15) ★★
11.00 **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
12.45 PM **Mean Girls** Musical comedy remake. (2023, 12) ★★★
2.45 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
4.25 **Role Models** Comedy. (2008, 15, 99min) ★★★★
6.15 **See No Evil, Hear No Evil** Comedy thriller with Richard Pryor. (1989, 15, 107min) ★★★

8.00 The Nutty Professor

8.00 The Nutty Professor Comedy starring Eddie Murphy as a shy, obese college professor who is transformed into a slim, sharp-tongued ladykiller. With Jada Pinkett. (1996, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Nutty Professor II: The Klumps Comedy sequel starring Eddie Murphy. Overweight college professor Sherman Klump decides to rid himself of his troublesome alter ego, Buddy Love, by altering his DNA. (2000, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Cable Guy** Black comedy. (1996, 12, 96min) ★★★★
1.25 AM **Weird Science** Comedy. (1985, 12, 94min) ★★★
3.10 **Problemista** Comedy. (2024, 15, 104min) ★★★
5.05 **to 7.05** AM **The Persian Version** Comedy drama. (2023, 15, 107min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.25 AM **K-19: The Widowmaker** Thriller. (2002, 12) ★★★
8.45 **Hotel Mumbai** As 12.45am.
10.55 **Dead Shot** (2023, 15) ★★★
12.35 PM **Into the Deep** Thriller. (2022, 15, 90min) ★★★
2.10 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
4.00 **Dirty Harry** Crime thriller. (1971, 15, 103min) ★★★★★
5.50 **Sherlock Holmes: A Game of Shadows** Action adventure sequel. (2011, 12, 128min) ★★★

8.00 Split

8.00 Split Director M Night Shyamalan's thriller starring James McAvoy and Anya Taylor-Joy. After being abducted by a kidnapper with multiple personalities, three young women are engaged in a fight for survival. With Betty Buckley. (2016, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Jason Bourne Action thriller starring Matt Damon. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Cinema List: Thrillers**
12.45 **Hotel Mumbai** Thriller. (2018, 15, 123min) ★★★★
3.00 **Eileen** Mystery thriller. (2023, 15, 97min) ★★★★
4.50 **to 6.35** AM **Eye in the Sky** Thriller starring Helen Mirren. (2015, 15, 112min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Bravados** Western. (1958, PG, 98min) ★★★
1.00 PM **The Caine Mutiny** Naval drama with Humphrey Bogart. (1954, U, 119min) ★★★★
3.30 **Far from the Madding Crowd** Romantic drama. (1967, U, 156min) ★★★
6.45 **G.I. Joe: The Rise of Cobra** Adventure with Dennis Quaid and Christopher Eccleston. (2009, 12, 113min) ★★★

9.00 Public Enemies

8 PM **G.I. Joe: The Rise of Cobra** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00 Public Enemies** Biopic starring Johnny Depp as 1930s bank robber John Dillinger, whose freewheeling crime spree across America's Midwest during the Depression turned him into a folk hero. With Christian Bale and Marion Cotillard. (2009, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.45 The Last of the Mohicans** Epic adventure starring Daniel Day-Lewis. In 1757, during the Anglo-French war in America, a frontiersman tries to rescue two kidnapped women. (1992, 15, 122min) ★★★★
1.55 **to 4.00** AM **Les Misérables** French thriller. Subtitled. (2019, 15, 103min) ★★★

+1hour 314 430 47 301 257

Sky Cinema 2025 Recap

302 302 402 502 516

6.00 AM **A Mistake** As 6.15pm.
7.45 **Turn Me On** Fantasy comedy. (2024, 15, 99min) ★★★
9.30 **I'll Be Right There** Comedy drama. (2023, 12, 93min) ★★★
11.10 **The 4:30 Movie** Comedy drama. (2024, 15, 88min) ★★★
12.40 PM **Greedy People** Comedy thriller. (2024, 15, 113min) ★★★★
2.35 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
4.35 **Black Dog** British drama. (2023, 15, 96min) ★★★
6.15 **A Mistake** Medical drama. (2024, 15, 101min) ★★★
8.00 **Horizon: An American Saga – Chapter 1** Western starring Kevin Costner, who also co-wrote and directed. A seasoned cowboy goes on the run with a prostitute and a young boy after killing a fellow gunman. (2024, 15, 181min) ★★★★
11.05 **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
1.35 AM **Cuckoo** Horror with Hunter Schafer and Jan Bluthardt. (2024, 15, 102min) ★★★
3.25 **The Convert** Action drama. (2024, 15, 119min) ★★★★
5.35 **to 7.40** AM **Sharp Corner** Thriller starring Ben Foster. (2024, 15, 110min) ★★★★

Sky Cinema Greats

304 304 404 504 518

7.05 AM **Chinatown** As 8.00pm.
9.20 **Gloria** As shown at 12.25am.
11.25 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
1.35 PM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
4.00 **...And Justice for All** Satirical comedy. (1979, 15, 119min) ★★★
6.00 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
8.00 **Chinatown** Roman Polanski's thriller starring Jack Nicholson and Faye Dunaway. A private investigator takes a routine matrimonial case and stumbles into a web of deceit and murder. (1974, 15, 131min) ★★★★★
10.15 **Serpico** Fact-based crime drama starring Al Pacino as an idealistic New York cop who blows the whistle on his corrupt police colleagues. With John Randolph and Jack Kehoe. (1973, 18, 130min) ★★★★
12.25 AM **Gloria** Drama starring Gena Rowlands and John Adames. A tough ex-chorus girl and a young boy go on the run from the Mafia. With Buck Henry. (1980, 15, 121min) ★★★★
2.30 **...And Justice for All** As 4pm.
4.35 **to 6.45** AM **Patriot Games**

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Two by Two** Animated adventure. (2015, U, 85min) ★★
7.55 **Fireheart** Animated adventure. (2022, U, 92min) ★★★
9.35 **How to Train Your Dragon** Animated fantasy adventure. (2010, PG, 98min) ★★★★
11.20 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
12.50 PM **Smurfs: The Lost Village** Animation. (2017, U) ★★★
2.25 **Home** Animated adventure. (2014, U, 94min) ★★★
4.00 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
5.35 **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★
7.30 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
9.00 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
10.30 **Open Season: Scared Silly** Animation. (2015, PG) ★★★
12.05 AM **Batman: Return of the Caped Crusaders** Animation. (2016, PG, 78min) ★★★★
1.30 **Deep Sea** (2023, PG) ★★★
3.25 **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
4.45 **to 6.10** AM **DC Super Hero Girls – Legends of Atlantis** (2018)

Movies 24

312 313 419

7.00 AM **Believe in Christmas** Comedy. (2024, PG, 90min) ★★
9.00 **Merry Exmas** Family drama. (2014, PG, 90min) ★★
11.00 **12 Dares of Christmas** Drama. (2023, PG, 90min) ★★
1.00 PM **Hanukkah on Rye** Comedy. (2022, PG, 90min) ★★
3.00 **The Christmas Quest** Festive adventure with Lacey Chabert. (2024, PG, 90min) ★★
5.00 **#Xmas** Comedy starring Clare Bowen and Brant Daugherty. (2022, PG, 90min) ★★
7.00 **Sealed with a List** Festive romantic drama starring Katie Findlay and Evan Roderick. (2023, PG, 84min) ★★
9.00 **A Merry Scottish Christmas** Drama starring Lacey Chabert and Scott Wolf. An estranged brother and sister are reunited as they travel to Scotland to spend Christmas with their mother. (2023, PG, 90min) ★★
11.00 **Holiday Heritage** Festive drama. (2023, PG, 84min) ★★
1.00 AM **Where Are You, Christmas?** Fantasy. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Mystery on Mistletoe Lane** (2023, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.00 **No Way Back** Crime drama. (1949, b/w, PG, 75min) ★★★
8.30 **Part-Time Wife** Comedy. (1961, b/w, PG, 70min) ★★★
9.50 **You Were Never Lovelier** Musical starring Fred Astaire. (1942, b/w, U, 95min) ★★
11.50 **Melody** Romantic drama. (1971, PG, 103min) ★★
1.55 PM **The Brothers** 3/13. (S5)
3.00 **The Kansan** Western. (1943, U, 80min) ★★★
4.40 **1960s Torquay: The Perfect Holiday Destination**
5.00 **The House in Marsh Road** Horror starring Tony Wright. (1960, b/w, PG, 70min) ★★★
6.25 **Strange But True** 1/10. (S2)
7.00 **Z Cars** 13/13. Final episode. (S13)
8.10 **Danger UXB** 2/13. (S1)
9.15 **Maigret** 4/4. (S11)
11.10 **Sex (Re)education** 4/10. (S1)
11.40 **Traffic** Jacques Tati's comedy. (1970, PG, 96min) ★★★
1.30 AM **Let No Man Write My Epitaph** Crime drama starring Burl Ives and Shelley Winters. (1961, b/w, 18, 105min) ★★★
3.40 **The Boy and the Pirates** Fantasy with Charles Herbert. (1960, b/w, U, 84min) ★★
5.20 **to 6.00** AM **Dollars for Sale**

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE British and Irish Lions Tour Queensland Reds v British & Irish Lions.** Coverage of the warm-up match at Suncorp Stadium in Brisbane, which sees Andy Farrell's men in action for the second time in five days. With a 38-player squad at his disposal, expect Farrell to rest those who were in action at the weekend as he runs the rule over the rest of his side. Kick-off **11.00am**.
1.45 PM **LIVE Test Cricket England v India.** Coverage of the first day of the second Test in the five-match series from Edgbaston in Birmingham. These two sides last met at this ground in July 2022 in a rearranged Test from the previous summer. England chased down an unlikely 377 runs to win, as Joe Root and Jonny Bairstow both hit unbeaten hundreds to lead England to victory.
7.00 **Sky Sports News** A round-up of the evening's sports news.
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** A chance to see Arsenal v Everton from 1998.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Manchester City v Fulham.
5.30 Manchester City v Ipswich.
6.00 Highlights of Manchester City v Newcastle United.
6.30 Action from Manchester City v Southampton.
7.00 **Premier League Stories**
7.30 **Premier League Highlights** Manchester Utd v Bournemouth.
8.00 **Gary Neville's Soccerbox**
8.30 **Premier League Stories**
9.00 **Tackling the Stigma**
10.00 **Class of '92: Full Time**
11.00 **Premier League Stories**
11.30 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
7.00 **EFL** Sunderland v Wycombe.
8.00 **EFL Highlights**
9.00 **EFL Greatest Games**
10.00 **Retro League One**
12.00 NOON **EFL Cup Retro**
2.45 PM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Rivalries** Archive action.
6.00 **EFL Cup Retro** Swansea City v Bradford City in the 2013 final.
8.00 **Best Scottish Premiership Goals 2022/23** Highlights.
8.30 **Best Scottish Premiership Goals 2023/24**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Cup Highlights**
11.30 **EFL** Goals from 2017/18.
12.00 M'T **Championship Retro** Blackpool v Cardiff City in the 2010 play-off final at Wembley.
2.00 AM **Best Moments from the Championship Play-Off Final**
2.30 **Best Moments from the League 1 & 2 Play-Off Final**
3.00 **EFL Greatest Games**
4.00 **EFL Cup Retro** Chelsea v Tottenham Hotspur from 2015.
5.00 **There's Only One Sauzee**
5.30 **to 6.00** AM **Dundee United – Champions 83**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** The first Test between England and India at Headingley Cricket Stadium.
10.00 **LIVE Test Cricket England v India.** Coverage of the opening day of the second Test in the five-match series staged at Edgbaston in Birmingham. These two sides last met at this ground in 2022 in a rearranged Test from the previous summer. England produced a stunning display to chase down 377 runs to win, as Joe Root and Jonny Bairstow both hit unbeaten hundreds to lead England to victory.
7.00 PM **Made in Yorkshire: Harry Brook** England's white-ball captain.
7.30 **Made in Yorkshire: Joe Root**
8.00 **Test Cricket** England v India.
9.00 **Made in Yorkshire: Joe Root**
9.30 **Made in Yorkshire: Harry Brook**
10.00 **Test Cricket** England v India.
11.00 **Test Cricket Bitesize**
11.15 **Best of ICC WT20**
11.45 **Best of England v India**
12.00 M'T **Women's International T20 Cricket** England v India.
4.00 AM **Best of ICC WT20**
4.45 **Best of England v India**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Ladies European Tour Golf**
8.30 **The Open Zone** Women's Open.
9.00 **Ladies European Tour Golf**
7.00 PM **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf Highlights** Action from the Le Vaudreuil Golf Challenge.
8.00 **US Seniors Tour Golf** The US Senior Open Championship.
10.00 **DP World Tour Golf** Action from all four days of the Italian Open.
10.30 **HotelPlanner Tour Golf Highlights** Action from the Le Vaudreuil Golf Challenge.
11.00 **PGA Tour: The Cut**
11.30 **Ladies European Tour Golf**
12.30 AM **HotelPlanner Tour Golf Highlights** Recent action.
1.00 **PGA Tour: The Cut**
1.30 **DP World Tour Golf**
2.00 **PGA Tour Golf**
5.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA Tennis** Miami Open final.
8.00 **ATP Tennis** Stuttgart Open final.
9.00 **WTA & ATP Tennis**
10.30 **ATP Tour This Week**
11.00 **WTA Tennis** Event highlights.
1.00 PM **WTA & ATP Tennis**
2.30 **ATP Tour This Week**
3.00 **WTA & ATP Tennis**
4.30 **WTA Tennis** Recent action.
6.30 **ATP Tennis** Stuttgart Open final.
7.30 **ATP Tour This Week**
8.00 **WTA & ATP Tennis** Highlights of day eight of the Indian Wells Open.
9.30 **ATP Tour This Week** Highlights from the men's tour.
10.00 **WTA & ATP Tennis** Action from day nine of the Madrid Open.
11.30 **US Open Classic Matches**
12.00 M'T **WTA & ATP Tennis**
4.30 AM **ATP Tour This Week**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **WRC Review** Recent action.
7.00 **SailGP – Racing on the Edge**
7.30 **MotoGP Rewind**
7.45 **Test Cricket Highlights** A look back at West Indies v Australia in the first Test of the series.
9.45 **LIVE One Day International Cricket Sri Lanka v India.** Coverage of the first ODI in the three-match series from R Premadasa International Stadium. The hosts will be looking to make it back-to-back series wins against India after they won 2-0 last year thanks to wins by 32 and 110 runs.
6.30 PM **TNT Sports Reload**
7.00 **Discovery Golf** The latest news.
7.30 **Manchester City v Tottenham**
8.00 **UEFA Champions League**
8.30 **MotoGP Highlights**
9.30 **MotoE Highlights**
10.00 **Test Cricket Highlights** Action from West Indies v Australia.
12.00 M'T **MLB Highlights**
1.00 AM **LIVE MLB Chicago Cubs v Cleveland Guardians.** Coverage of the inter-league match from Wrigley Field. Start-time **1.05am**.
4.15 **MLB Plays of the Week**
4.45 **MLB Classic** Archive action.
5.45 **to 6.00** AM **MotoGP Rewind**

TNT Sports 2

411 414 522 409 431

6.00 AM **UEFA Champions League – Classics** Archive action.
8.00 **Wimbledon** The second day.
9.30 **Fishing: On the Bank**
10.30 **Porsche Supercup**
11.30 **SailGP – Racing on the Edge**
12.00 NOON **WRC Review**
1.00 PM **MLB Highlights**
2.00 **Gallagher Premiership Rugby Union** Season review.
3.30 **Gallagher Premiership Rugby Union** The best tries.
4.00 **MLB Classic** Action from the 1971 All-Star game in Detroit.
4.30 **MLB Highlights**
5.30 **MLB Plays of the Week**
6.00 **LIVE MLB Philadelphia Phillies v San Diego Padres.** Coverage of the National League match staged at Citizens Bank Park. Start-time **6.05pm**.
9.15 **WNBA** Highlights from Los Angeles Sparks v Chicago Sky.
10.15 **TNT Sports Reload**
10.30 **UFC** Another chance to see Ilia Topuria v Charles Oliveira from T-Mobile Arena in Las Vegas.
1.30 AM **UFC Reloaded**
5.00 **Fight Week** UFC 317 review.
5.30 **to 6.00** AM **UEFA Champions League – Classics**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **British and Irish Lions Tour**
9.45 **Lions Legends** A profile of Willie John McBride.
10.00 **LIVE British and Irish Lions Tour Queensland Reds v British & Irish Lions.** Coverage of the warm-up match at Suncorp Stadium in Brisbane, which sees Andy Farrell's men in action for the second time in five days. With a 38-player squad at his disposal, expect Farrell to rest those who were in action at the weekend as he runs the rule over the rest of his side. Kick-off **11.00am**.
1.45 PM **Lions Legends**
3.00 **The Rugby Championship** Argentina v South Africa.
5.00 **British and Irish Lions Tour**
6.00 **Lions Legends** Martin Johnson.
6.15 **British and Irish Lions Tour** Queensland Reds v British & Irish Lions staged at Suncorp Stadium.
10.00 **British and Irish Lions Tour**
11.00 **Lions Legends** Profiles.
1.00 AM **British and Irish Lions Tour**
2.00 **Rugby Union Retro**
2.45 **Lions Legends** Martin Johnson.
3.00 **British and Irish Lions Tour**
4.00 **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL** Sheffield United v Sunderland: Highlights from the Championship play-off final.
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live** A round-up of all the leading stories making the headlines.
2.00 PM **Sports Desk** A look at this afternoon's leading stories, including a review of yesterday's action and a round-up of the latest transfer rumours.
5.00 **Sports Centre** The main stories from the day's sport, plus interviews with headline makers.
7.00 **Sky Sports News** Round-up of tonight's leading stories, featuring a look at the day's main events and a preview of upcoming action.
12.00 M'T **Premier League Darts** Another chance to see night 13 of the tournament staged at Utilita Arena Birmingham, with a format featuring quarter-finals, semi-finals and a final all in one night.
4.15 AM **EFL** Sheffield United v Sunderland: Highlights from the Championship play-off final staged at Wembley Stadium.
5.15 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Women's International T20 Cricket** England v India.
11.00 **Test Cricket** England v India.
12.00 NOON **Ladies European Tour Golf** Amundi German Masters.
1.00 PM **PGA Tour Golf**
2.00 **PL Greatest Games**
3.00 **Women's International T20 Cricket** England v India.
7.00 **Ladies European Tour Golf**
9.00 **PGA Tour Golf** Rocket Classic.
10.00 **Formula 1** Highlights of the Austrian Grand Prix staged at Red Bull Ring in Spielberg.
11.00 **Test Cricket** England v India.
12.00 M'T **PL Greatest Games**
1.00 AM **PGA Tour Golf**
2.00 **Test Cricket** England v India.
3.00 **EFL Greatest Games**
4.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **DP World Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Premier League**
9.00 **MotoGP** Action from the Grand Prix of Netherlands.
12.30 PM **MotoGP Chequered Flag**
1.30 **AFL** A replay of Collingwood Magpies v West Coast Eagles. **3.00** A chance to see Fremantle Dockers v St Kilda Saints. **4.30** A chance to see Richmond Tigers v Adelaide Crows.
6.00 **Ultimate Pool** Action from Group Five of the Pairs Cup.
7.30 **TCR World Tour Review**
8.00 **Porsche Supercup** The Austrian Grand Prix at Red Bull Ring.
9.00 **UEFA Europa League** Action from Tottenham Hotspur v Manchester United in the final.
9.30 **UEFA Conference League** Real Betis v Chelsea in the final.
10.00 **Wimbledon** The third day.
11.30 **SailGP – Racing on the Edge**
12.00 M'T **IFSC Climbing World Cup Highlights** In Innsbruck, Austria.
1.00 AM **Discovery Golf**
1.30 **to 6.00** AM **AFL**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Action from Italy.
2.00 PM **Serie A** Napoli v Atalanta. **3.00** Inter Milan v Venezia.
4.00 **Test Cricket Highlights** West Indies v Australia in the first Test.
6.00 **Classic Premier League** A look back at the 2017/18 campaign. **7.00** The 2018/19 season. **8.00** The 2019/20 campaign. **9.00** A look back at the best moments of the 2020/21 season. **10.00** The best moments of the 2021/22 campaign.
11.00 **Fishing: On the Bank** Highlights of the 2017 British Carp Angling Championships at Wraysbury.
12.00 M'T **V8 Supercars Highlights** Action from the Darwin Triple Crown staged at Hidden Valley Raceway in Darwin, Australia.
2.00 AM **Wimbledon** Action from the third day of the tournament.
3.30 **Born Racers** Rookies Cup.
4.45 **The Gruppetto** Cycling action.
5.00 **to 6.00** AM **WNBA**

Premier Sports 1

419 551

6.00 AM **World Surf League**
7.00 **Ultimate Karting Championship**
8.00 **Transworld Sport** Magazine.
9.00 **PSA Squash Highlights**
10.00 **Ultimate Karting Championship**
11.00 **Motorsport** Le Tour Auto.
11.30 **British Minibikes**
1.30 PM **NASCAR Highlights**
2.30 **UK Independent Kart Racing**
4.00 **Motorsport** Drew Gibson.
5.00 **LaLiga Specials**
6.00 **World Surf League**
7.00 **Transworld Sport** Magazine.
8.00 **Women's Football Weekly**
8.30 **Motorsport** Le Mans 24 Hours.
9.00 **NASCAR Highlights**
10.00 **PSA Squash Highlights**
11.00 **British Minibikes** Round three.
1.00 AM **Women's Football Weekly**
1.30 **Scottish Rally Championship**
2.00 **World Surf League**
3.00 **FIM Sidecarcross**
4.00 **Motorsport** Le Mans 24 Hours.
4.30 **to 6.00** AM **UK Independent Kart Racing**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **Football's Greatest**
9.30 **FastZone** Motorsports highlights.
10.00 **Major League Cricket** Another chance to see San Francisco Unicorns v Seattle Orcas.
2.30 PM **Bike World** Magazine.
3.00 **Top 14 Rugby Union** Another chance to see the final.
5.00 **Temples of Sport** Iconic sporting venues from around the globe.
5.30 **Football's Greatest**
6.00 **LaLiga Specials**
7.00 **CONCACAF Gold Cup** A chance to see the first quarter-final.
9.00 **Football's Greatest**
9.30 **CONCACAF Gold Cup** A chance to see the second quarter-final.
11.30 **Football's Greatest**
12.00 M'T **LIVE CONCACAF Gold Cup** The first semi-final from Energizer Park in St. Louis.
3.00 **to 6.00** AM **LIVE CONCACAF Gold Cup** The second semi-final from Levi's Stadium, Santa Clara.

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** The British Grand Prix from 2017 to 2021.
11.00 **Formula 3** The Austrian Grand Prix sprint race at Red Bull Ring. **12.00** NOON The Austrian Grand Prix feature race.
1.00 PM **Formula 2** Action from the Austrian Grand Prix sprint race. **2.00** The Austrian Grand Prix feature race at Red Bull Ring.
3.20 **Formula 1** Season highlights.
3.30 **Formula 1** Another chance to see the Austrian Grand Prix.
5.45 **Formula 1** Season highlights.
6.00 **Formula 1** Austrian Grand Prix at Red Bull Ring in Spielberg.
7.00 **Formula 1** The British Grand Prix from 2017 to 2022.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

Thursday

3 July

Evening Planner

Comedy

Such Brave Girls
BBC3, 10.05pm & 10.30pm (box set, BBC iPlayer)
The BAFTA-winning dark comedy written by and starring Kat Sadler (above) returns.

Documentary

Euro 2025: Together Stronger
BBC1, 10.40pm (times vary)
The journey of Wales's women as they qualified for their first major tournament.

OnDemand

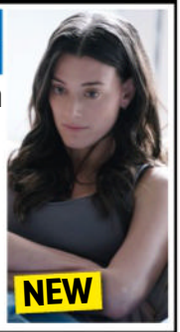
NETFLIX

The Sandman
Available today
The series based on Neil Gaiman's fantasy comic book returns for an epic finale. Stars Tom Sturridge.

OnDemand

Paramount+

Sight Unseen
Available today
A former homicide detective (Dolly Lewis) returns to work for the police after going blind, with a virtual guide to help her.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES									
101	BBC1	7.00 News; Local News		8.00 Wimbledon – Live: The conclusion of day four of the Grand Slam tournament				10.00 News; Local News	10.40 Euro... †
102	BBC2	7.00 Wimbledon – Live: Continued coverage		8.00 Celebrity Antiques Road Trip		9.00 Saving Lives at Sea		10.00 Detectorists	10.30 Newsnight
103	ITV1		7.15 Football: Women's Euro 2025 – Live: Spain v Portugal (Kick-off 8.00)						10.20 News; Local News
104	CHANNEL 4	7.00 News		8.00 Supercruising: Life at Sea		9.00 Taskmaster – The Final		10.00 Pushers	
105	5	7.00 Celebrity Puzzling		8.00 Murder Most Puzzling				10.00 A&E After Dark	
106	SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs F1		9.00 Poker Face		10.00 The Walking Dead: Dead City	
ENTERTAINMENT									
115	BBC3	7.00 Interior Design Masters with Alan Carr		8.00 Top Gear		9.00 Ghosts US		10.05 Such Brave Girls	
116	BBC4	7.00 Today at the Test		8.00 Prost		9.00 Williams: Formula 1 in the Blood			
118	ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Olivia Attwood: The Price of...	
136	MORE4	◂ 6.55 Kirstie and Phil's Love It or List It		8.00 PopMaster TV: Grand Final		9.00 24 Hours in A&E			
135	E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Gogglebox			
107	SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
108	SKY ATLANTIC	◂ 6.35 Westworld	7.40 Game of Thrones			9.00 The Gilded Age		10.05 Big Little Lies	
110	U&GOLD	◂ 6.40 Are...	7.20 Dad's Army	8.00 Open All Hours	8.40 The Vicar of Dibley			10.00 The Royle Family	10.40 Fast...
111	U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
119	ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
120	ITV4	7.00 Junk and Disorderly		8.00 Film: Police Academy 5: Assignment Miami Beach				9.55 Film: Olympus Has Fallen	
112	COMEDY CENTRAL	7.00 Friends				9.00 Film: Big Trouble in Little China			
139	SKY SCI-FI	7.00 Atlantis		8.00 Stargate Atlantis		9.00 From the Earth to the Moon		10.00 The Walking Dead	
113	SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs F1		9.00 Poker Face		10.00 The Walking Dead: Dead City	
109	U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Beyond Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
130	SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Michael Caine		9.00 The Directors		10.00 Dr Jack and Mr Nicholson	
132	U&W	7.00 Ski A&E		8.00 One Born Every Minute				10.00 Louis Theroux: Miami Mega Jail	
DOCUMENTARY									
125	DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Naked and Afraid: Last One Standing			
162	ANIMAL PLANET	7.00 Animal Cribs		8.00 Alaska: Surviving the Last Frontier		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
129	NAT GEO	7.00 Air Crash Investigation		8.00 Inside Airport Lost & Found		9.00 Car S.O.S.		10.00 Lawless Island	
123	SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 The UnBelievable with Dan Aykroyd		10.00 Alien Corridors	
155	U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
121	SKY DOCS	7.00 I Am Burt Reynolds				9.00 7/7: Homegrown Terror			
FILMS – Sky Cinema									
301	PREMIERE	◂ 6.00 Venom: The Last Dance		8.00 Gladiator II					10.30 Joker: Folie à...
302	2025 RECAP	◂ 6.05 Cuckoo		8.00 Blood for Dust			9.45 The Last Stop in Yuma County		
303	EPIC WORLDS	◂ 6.00 Charlie and the Chocolate Factory		8.00 Wonka				10.00 Ready Player One	
304	GREATS	◂ 6.35 Fords on Water		8.00 The Money Pit			9.35 Twins		
305	ANIMATION		7.15 Trolls Band Together			9.00 Deep Sea			
306	FAMILY	◂ 5.50 The Smurfs 2	7.40 Stuart Little			9.10 Stuart Little 2			10.35 Reuniting...
307	ACTION	◂ 5.40 Fury		8.00 300				10.00 Baby Driver	
308	COMEDY	◂ 6.10 HouseSitter		8.00 Beetlejuice Beetlejuice				9.55 Problemista	
309	THRILLER	◂ 6.00 Trap		8.00 Ocean's Eleven					10.10 Marlowe
310	DRAMA	◂ 6.10 Dunkirk		8.00 Lost in Translation			9.45 To Olivia		
311	SCI-FI	◂ 6.05 Five Nights at Freddy's		8.00 The Nun			9.40 The Nun II		
313	FILM4	◂ 6.40 Steel Magnolias				9.00 The Equalizer 2			
SPORT									
401	MAIN EVENT	7.00 The F1 Show		8.00 PGA Tour Golf – Live: The John Deere Classic					
402	PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 City: PL Champions Again		10.00 Class of '92: Full Time	
403	FOOTBALL	◂ 6.00 EFL Cup Retro		8.00 SPFL: Old...	8.30 SPFL...	9.00 EFL Greatest Games		10.00 Championship Season Review	
404	CRICKET	7.00 Ashes Greats	7.30 Best of...	8.00 Test Cricket		9.00 Made In Yorkshire		10.00 Test Cricket	
410	TNT SPORTS 1	7.00 Manchester...	7.30 UEFA...	8.00 MLB – Live: Colorado Rockies v Houston Astros (Start-time 8.10)					
411	TNT SPORTS 2	◂ 2.45 Test Cricket – Live: West Indies v Australia							

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** Series finale The discovery of a woman's body by a dog walker. (S)(AD)
11.15 **Homes Under the Hammer** New edition Properties in east London, Kent and Nottingham. (S)
12.15 PM **Bargain Hunt** From the National Botanic Garden of Wales in Carmarthenshire. (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 LIVE **Wimbledon** Coverage of the fourth day's play of the Grand Slam tournament, held at the All England Club, where the second-round matches in the men's and ladies' singles are scheduled to continue. (S)

8.00 Wimbledon

7.00 **BBC News** (S)
7.30 **Local News** (S)

8.00 LIVE **Wimbledon** Clare Balding presents coverage of the conclusion of day four of the Grand Slam tournament, held at the All England Club, where the second-round matches in the men's and ladies' singles are scheduled to continue. Former world number one and 2018 Australian Open champion Caroline Wozniacki played in her first Wimbledon since 2019 last year and she enjoyed a 6-3, 2-6, 7-5 victory over 30th seed Leylah Fernandez at this stage. (S)

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW **Euro 2025: Together Stronger** A look at the progression of Welsh women's football, culminating in the national team's historic qualification for Euro 2025 in Switzerland. (S)
11.40 NEW TO BBC1 **Such Brave Girls** 1/6. Return of the comedy. Josie has found love. (S)(AD)
12.05 AM New episode 2/6. Deb takes a gamble on an old flame. *Previously on BBC3*. (S2) (S)(AD)
12.35 **Celebrity Bridge of Lies** With guests Steve Backshall, Jason Mohammad, Natasha Raskin Sharp and Sunetra Sarker. (S)(R)
1.20 **Weather for the Week Ahead** (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **The Moment of Proof** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
10.15 **Politics Live** (S)
11.00 LIVE **Wimbledon** Isa Guha presents coverage of day four of the Grand Slam tournament, staged at the All England Club. (S)
3.00 PM LIVE **Wimbledon** Clare Balding presents further coverage of the fourth day's play of the Grand Slam tournament, featuring second-round matches in the men's and ladies' singles. (S)
4.30 LIVE **Football: Women's Euro 2025** Belgium v Italy: Jeanette Kwakye presents coverage of both teams' opening Group B match, held at Stade de Tourbillon in Sion, Switzerland. Kick-off is at 5.00. (S)

4.30 Football: Women's Euro 2025

7.00 LIVE **Wimbledon** Clare Balding presents further coverage of day four of the Grand Slam tournament, staged at the All England Club, where the second-round matches in the men's and ladies' singles are scheduled to continue. (S)

8.00 **Celebrity Antiques Road Trip** Travelling through Yorkshire, David Blunkett and soprano Lesley Garrett hunt for the best bargain on antiques, joined by experts Natasha Raskin Sharp and Margie Cooper. (S)(R)

9.00 **Saving Lives at Sea** The North Berwick crew race to save a windsurfer battling the seas, while in Carrybridge, Northern Ireland, the crew try to help a man who has become trapped under a digger. (S)(R)

10.00 **Detectorists** 6/6. Andy and Lance have one last day on the farm to find the gold. (S3) (S)(R)(AD)
10.30 **Newsnight** (S)

11.00 **Today at Wimbledon** Highlights of the fourth day's play from the All England Club. (S)
12.00 M'T **Today at the Test** England v India: Action from day two of the second Test at Edgbaston. (S)(R)
1.00 AM **Sign Zone: Murder 24/7** (S)(R)
2.00 **Sign Zone: Why Cities Flood – Spain's Deadly Disaster** (S)(R)
3.00 **Sign Zone: The Power of Parker** 5/6. The day of Alison's 18th proves eventful. (S2) (S)(R)(AD)
3.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition Chef Asma Khan serves up authentic Indian dishes, while Lorraine Kelly and Marti Pellow are treated to an Arbroath smoked haddock omelette. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.15 Football: Women's Euro 2025

7.15 LIVE **Football: Women's Euro 2025** Spain v Portugal: All the action from both teams' opening match in Group B, held at Stadion Wankdorf in Bern, Switzerland. These rivals met twice this year in April in the Nations League and world champions Spain won 4-2 at home and 7-1 away to demonstrate why they were the pre-tournament favourites to win this trophy. However, they were eliminated by hosts England in the quarter-finals three years ago and their best showing in the competition remains a third-place finish in 1997. Portugal are making their third consecutive appearance in the finals having never previously qualified, but were eliminated in the group stage in both 2017 and 2022. Kick-off is at 8.00. (S)

10.20 **ITV News** (S)
10.55 **Local News** (S)

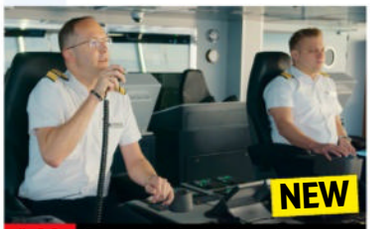
11.10 FILM **Live and Let Die** James Bond adventure starring Roger Moore. Agent 007 tackles a criminal mastermind who is planning to flood the US with heroin. (S)(AD) (1973, PG, 120min) ★★★★
1.10 AM **Teleshopping**
3.00 **Long Lost Family: Born Without Trace** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 9-12/28. (S11) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** (S3&4) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Virginia. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Peter and Noni make a long-awaited trip to the National Memorial Arboretum in Alrewas, Staffordshire. (S)(R)(AD)
5.00 **Chateau DIY** In the Limousin region of France, Debbie and Nigel create a gravel garden. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** New edition A woman from Devon hopes to find her perfect property in the Spanish Costas. (S)



8.00 Supercruising: Life at Sea

7.00 **News** (S)

8.00 NEW SERIES **Supercruising: Life at Sea** 1/8. Documentary following life on two luxury cruise ships. Security officer Rich oversees nearly 3,000 passengers passing through stringent checks as they board. (S)(AD)

9.00 **Taskmaster: The Final** Series finale 10/10. The Grand Final finds each contestant choosing to celebrate in their own unique way, prior to Greg Davies crowning one of them as the champion. (S)(AD)

10.00 **Pushers** New episode 5/6. Emily encounters a rival drug dealer out to destroy her. (S)(AD)
10.30 Series finale 6/6. Emily and Ewen realise that the net is closing in. (S1) (S)(AD)
■ Entire series on C4 Streaming

11.05 **24 Hours in A&E** A 45-year-old woman is rushed in after an accident at a fun run. (S)(R)(AD)
12.05 AM **Sky Coppers** (S)(R)(AD)
1.00 **Dover 24/7: Britain's Busiest Port** 5/6. Documentary. (S)(SL)(R)(AD)
1.55 FILM **Riders of Justice** Danish action comedy drama. Subtitled. (S) (2021, 15, 115min) ★★★★
3.50 **Ireland: Coast and Country** (S)(R)
4.40 **George Clarke's Amazing Spaces**
5.35 **to 6.15** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **The Truth Ends in Murder** Thriller starring Dylan Raine and Amelie Anstett. (S) (2024, 12, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition John 'the fish' teaches son Marco how to sell at Fuengirola's market. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Dog trainer Graeme Hall meets a Border collie that has serious socialisation issues. (S)(R)
6.55 **News** (S)

8.00 Murder Most Puzzling

7.00 Celebrity Puzzling Series finale 8/8. In the Grand Final, Paul Sinha and Shaun Williamson join Carol Vorderman, Sally Lindsay and host Jeremy Vine. (S)
7.55 News (S)

8.00 Murder Most Puzzling Series finale 3/3. A rock star's arrival in Bakerbury sets off a dramatic chain of events that tests loyalties, unearths buried secrets, and shakes the town to its core. While Anton follows a headline-grabbing story, Sherry faces unexpected emotional turmoil, and the Puzzle Lady finds herself swept up in a mysterious new romance. (S)(AD)

10.00 A&E After Dark Nurse Simone helps a drunk patient and his equally drunk friend who have passed out in a cubicle, and nurse Sheena examines a 50-year-old man's puncture wounds from a dog attack. (S)(R)

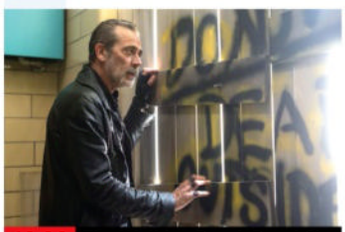
11.05 **Trauma Room One** A patient is treated following a stroke. (S)(R)
12.05 AM **Ambulance: Code Red** (R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S7) (S)(R)(AD)
3.50 **The World's Most Expensive Hotels** Claridge's, Mayfair. (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **Big Cats Small World** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 10/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *Moho House:* Moe helps Homer and Marge work on their marriage. (S)(R)
5.30 *Monty Burns' Fleeing Circus:* Mr Burns puts on a variety show at the Springfield Bowl in exchange for rebuilding the town. With the guest voice of Amy Schumer. (S)(R)
6.00 **The F1 Show** A look ahead to this weekend's British Grand Prix, the 12th round of the season, held at Silverstone.


10.00 The Walking Dead: Dead City

7.00 The Simpsons *Fatzcarraldo:* Lisa must find a big news story when the future of her school radio station is in jeopardy. (S)(R)
7.30 *The Cad and the Hat:* Bart has to deal with his guilt after he betrays Lisa. (S)(R)

8.00 Rob & Romesh vs F1 2/2. Comedians Rob Beckett and Romesh Ranganathan continue their F1 journey in Monaco, hanging out with driver George Russell, before Rob finally takes his manual driving test. (S)(R)(AD)

9.00 Poker Face *Day of the Iguana:* 11/12. Charlie helps out a friend who is suspected of murder at a wedding. Guest stars Justin Theroux. (S2) (R)

10.00 The Walking Dead: Dead City *Stories We Tell Ourselves:* 5/6. Maggie, Ginny, Amaia and Tommaso escape from the Croat and the Burazi, and venture through the city's sewer system. (S1) (S)(R)(AD)

11.00 **The Walking Dead: Dead City** 6/6. The tension between Maggie and Negan finally comes to a head. (S1) (S)(R)(AD)
11.55 **Curb Your Enthusiasm** 7&8/10. Double bill. (S2) (S)(R)
1.10 AM **The Flash** 2/13. (S9) (S)(R)
2.05 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 10/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.40pm River City (S)(R) (AD) **11.10** NEW Euro 2025: Together Stronger (S)(AD) **12.10am** Such Brave Girls (S)(R)(AD) **1.05** Celebrity Bridge of Lies (S)(R) **1.50** Weather for the Week Ahead (S) **1.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm House of the Year (S)(R) **11.10** NEW Euro 2025: Together Stronger (S)(AD) **12.10am** Such Brave Girls (S)(R)(AD) **1.10** Celebrity Bridge of Lies (S)(R) **1.55-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Hardy Bucks New episode (S) **10.25-10.30pm** Barra on the Foyle (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cysgu O Gwmpas (AD) **12.30** Heno **1.00** Ffasiwn Drefn (AD) **1.30** Y Byd ar Bedwar **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Gronyn Gobaith: Cymry Cern **4.00** Awr Fawr **5.00** Stwnsh **6.00** 24 Awr Newidiodd Gymru New edition **6.05** Taith y Llewod **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Geraint Thomas: Vive Le Tour! **10.00** Iaith ar Daith **11.00-11.50pm** 24 Awr Newidiodd Gymru

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Interior Design Masters with Alan Carr** 2/8. The teams make over classrooms at a nursery.
7.55 **The Catch Up**
8.00 **Top Gear**
9.00 **Ghosts US** New episodes 4/22. Trevor is summoned to an in-person work retreat. **9.20** 5/22. Sass tries to interfere in Jay's dreams. **9.40** 6/22. Sam and Jay take a field trip. (S4)
■ Entire series on BBC iPlayer
10.05 NEW SERIES **Such Brave Girls** 1/6. Return of the comedy series. Josie attends art school and finds love. **10.30** New episode 2/6. Deb questions where she stands with Dev. *See feature, page10.* (S2)
■ Entire series on BBC iPlayer
11.00 NEW **Glastonbury Highlights** The best moments from the festival.
1.00 AM **What It Feels Like for a Girl** 3&4/8. Drama. (S1)
2.35 **Ruck Stars**
3.05 **to 4.00** AM **Such Brave Girls**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Today at the Test** England v India: Action from day two of the second Test in the five-match series, staged at Edgbaston.
8.00 **Prost** New edition 5/6. As the rivalry with Ayrton Senna reaches its climax, Alain Prost bows out of F1 with a fourth world title. **8.30** Series finale 6/6. A surprising friendship between Alain Prost and Ayrton Senna takes shape.
■ Entire series on BBC iPlayer
9.00 **Williams: Formula 1 in the Blood** Documentary about the Williams F1 team and its founder Frank Williams, who suffered life-changing injuries in a car accident in 1986 at the height of the team's success.
10.45 FILM **Bonnie and Clyde** Vintage gangster thriller starring Warren Beatty and Faye Dunaway. (1967, 15, 108min) ★★★★★
12.30 AM **The Real Bonnie & Clyde: Timewatch**
1.30 **to 2.50** AM **A Song for Jenny**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions of the contest from Weston-super-Mare.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Kirstie and Phil's Love It or List It** The duo catch up with a couple from Royal Wootton Bassett. **6.55** Catching up with the couple featured on the first edition back in April 2015.
8.00 **PopMaster TV: Grand Final** Series finale Ken Bruce hosts the Grand Final of the music quiz as the 2025 champion is crowned.
9.00 **24 Hours in A&E** A motorcyclist is rushed in after crashing head first into a lamp-post, while a man arrives at St George's after riding his bicycle into the back of a parked ambulance. **10.00** A retired dairy farmer is brought into resus after suffering an uncontrollable nose bleed.
11.05 **Top Guns: Inside the RAF** A pilot flies into the danger zone in his bid to qualify as a weapons instructor.
12.05 AM **The Good Doctor**
1.05 **Emergency Helicopter Medics** Documentary.
2.10 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck: Mediterranean** New edition Aesha consoles Captain Sandy after a heartbreaking loss, and romance heats up as a steward asks out a deckhand.
9.00 **Gogglebox** Opinions on *Nadiya's Everyday Baking, Bad Sisters* and *Super/Natural*. **10.00** *First Dates Hotel* and *The Ex-Wife* are appraised.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Rick and Morty**
1.40 **Mike Tyson Mysteries** New episodes (S3)
2.10 **Brooklyn Nine-Nine**
3.00 **Modern Family**
3.25 **Below Deck: Mediterranean**
4.15 **Ramsay's Kitchen Nightmares USA**
5.05 **The Goldbergs**
5.30 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

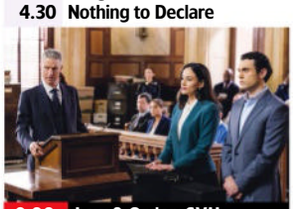
THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **UK Border Force**
11.00 **Bondi Rescue**
12.00 NOON **The Good Doctor** (S6)
1.00 PM **FBI** 3/15. (S3)
2.00 **FBI: Most Wanted** 3/15. After witnessing her husband's murder, a woman is snatched from her home. (S2)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**



9.00 Law & Order: SVU

7 PM
7.00 **Nothing to Declare** A man is caught out by the drug detector dog. **7.30** Officers investigate some suspicious luggage.

8 PM
8.00 **The Equalizer** *Lifeline:* 8/10. McCall receives a call for help from the daughter of her deceased CIA mentor. (S1)

9 PM
9.00 **Law & Order: Special Victims Unit** New episode *The Grid Plan:* 14/20. A tourist is attacked in Times Square. (S26)

10 PM
10.00 **FBI: International** *Magpie:* 3/13. The team investigate the murder of an American woman in Monaco. (S3)
11.00 **Bull** 15/16. (S5)
12.00 M'T **FBI** 12/22. (S4)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **The Real A&E**
5.00 **to 6.00** AM **Air Ambulance ER**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **The Sopranos** 7&8/13. (S5)
10.00 **Westworld** 7&8/10. (S2)
12.05 PM **Game of Thrones** (S6)
1.25 **Unwanted** 1&2/8. (S1)
3.35 **The Sopranos** 7/13. Christopher goes to collect a debt from a friend. **4.35** 8/13. Carmela's father celebrates his birthday. (S5)
5.35 **Westworld** 7/10. Maeve is faced with the past, and Bernard meets an old friend. **6.35** 8/10. Maeve's life hangs in the balance. (S2)

10.05 Big Little Lies

7.40 **Game of Thrones** *The Winds of Winter:* 10/10. As Cersei awaits judgement, Walder Frey and Jaime celebrate at Riverrun. Meanwhile, winter finally arrives. (S6)

9.00 **The Gilded Age** *What the Papers Say:* 2/8. Agnes and Ada are concerned about Peggy's worsening condition. (S3)

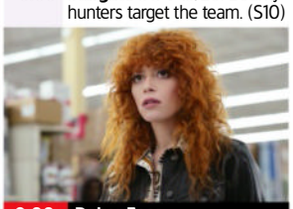
10.05 **Big Little Lies** *Tell Tale Hearts:* 2/7. Gordon lands in legal trouble, leaving Renata facing an uncertain future. (S2)
11.05 **Homicide: Life on the Street** 23/23. Ballard and Gharty nurse their injuries. (S6)
12.05 AM **The Staircase** 7/8. (S1)
1.15 **The Night Of** 3/8. (S1)
2.15 **Mildred Pierce** 4/5. (S1)
3.40 **Game of Thrones** As 7.40pm.
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S8)
8.00 **The Flash** 20/20. (S8)
9.00 **Stargate SG-1** (S10)
11.00 **Poker Face** New episode 11/12. Charlie helps out a friend who is suspected of murder at a wedding. Guest stars Justin Theroux. (S2)
12.00 NOON **The Flash** 1/13. (S9)
1.00 PM **Hawaii Five-0** (S8)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 10/18. (S4)
5.00 **SEAL Team** 5/22. (S1)
6.00 **Stargate SG-1** 15/20. Bounty hunters target the team. (S10)



9.00 Poker Face

7.00 **Stargate SG-1** *Bad Guys:* 16/20. The team stage a bogus hostage situation to evade capture. (S10)

8.00 **Rob & Romesh vs F1** 2/2. Rob Beckett and Romesh Ranganathan continue their Formula One journey in Monaco.

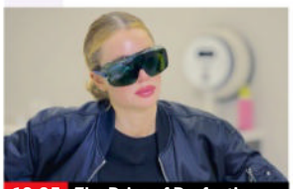
9.00 **Poker Face** *Day of the Iguana:* 11/12. Charlie's friend is suspected of murder at a wedding. With Justin Theroux. (S2)

10.00 **The Walking Dead: Dead City** *Stories We Tell Ourselves:* 5/6. Maggie and Negan travel further into the city's depths.(S1)
11.00 **The Walking Dead: Dead City** 6/6. Tensions between Maggie and Negan finally come to a head. (S1)
12.00 M'T **The Force: North East**
1.00 AM **Road Wars**
2.00 **SEAL Team** 6/22. (S1)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 10/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.35 **Olivia Marries Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.05 PM **Dinner Date**
1.05 **Olivia Marries Her Match**
2.05 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**



10.05 The Price of Perfection

7.00 **Deal or No Deal** Stephen Mulhern hosts as Claire takes on the Banker for the chance to win a life-changing cash prize.

8.00 **Million Dollar Listing: LA** Fredrik's arrival in Los Angeles puts pressure on James and David to sell an architectural gem.

9.00 **Love Island** New edition Reality show in which singletons compete in the hopes of finding love and winning a £50,000 prize.

10.05 **Olivia Attwood: The Price of Perfection** New edition Exploring procedures targeted towards modern mums.
11.05 **Family Guy** 22&17/22. (S11)
12.05 AM **American Dad!** (S10)
1.05 **Bob's Burgers** 22/22. Louise analyses Amelia Earhart. (S13)
1.35 **Ruby Speaking** 3/6. (S1)
2.05 **Totally Bonkers Guinness World Records**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
10.30 **The Royal** *Love and Loss.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot** *The Tragedy at Marsdon Manor:* A ghostly murderer strikes.
4.55 **Downton Abbey** 6/9. Tensions between Violet and Cora come to a head. (S6)
6.00 **Heartbeat** *Missing:* The funfair causes a furore.

8.00 Vera

7.00 **Heartbeat** *Speed Kills:* Nick investigates a break-in, and Kate discovers why a patient has been suffering miscarriages.

8.00 **Vera** *The Crow Trap:* A murder at a cottage in Northumberland takes DCI Vera Stanhope back to a place full of childhood memories and reminds her of an unsolved case from earlier in her career. Guest stars Daniela Nardini.

10.00 **Grantchester** 3/6. A protest at a party turns from student hijinks into something darker when a painting is stolen. (S8)
11.00 **Grantchester** 4/6. Geordie investigates when an Italian immigrant is found dead. (S8)
11.55 **Cracker** *White Ghost:* Police psychologist Fitz helps the Hong Kong police solve the murder of a businessman.
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Forest** Bill Fisher surveys Galloway Forest Park in a helicopter.
8.00 **Beechgrove Garden** New edition Calum Clunie harvests the shallots and potatoes.
8.30 **Loggerheads** Talented woodworkers compete in the Borders.
9.00 **Rebus** 3/6. John discovers a connection between McJagger and an old colleague. **9.45** 4/6. Cafferty's suppliers seek revenge for the drug theft. (S1)
10.30 **Two Doors Down** 2/6. Beth is ill and has taken to her bed. (S5)
11.00 **Situationships with Sophie and Christine** New edition 3/8. Relationship advice.
11.30 PM **to 12.00** M'T **Gary: Tank Commander** (S1)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Betty** 5&6/6. (S1)
9.15 **The Conners** (S4)
10.15 **Entourage** (S7)
11.25 **Crashing** 4&5/8. (S2)
12.45 PM **Silicon Valley** (S1)
1.55 **Entourage** (S7)
3.05 **Betty** (S1)
4.15 **Crashing** (S2)
5.25 **The Franchise**
6.45 **The Conners** (S4)
7.45 **Silicon Valley** 1/10. Hooli CEO Gavin Belson's plans for revenge. **8.25** 2/10. Richard gets a surprising offer. (S2)
9.00 **Girls** 3/10. Hannah gets a visit from Elijah. **9.35** 4/10. Shoshanna tries to find a job. (S4)
10.15 **Upright** 7&8/8. (S1)
11.30 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
12.30 AM **Curb Your Enthusiasm** (S2)
2.00 **And Just Like That...** New episode 6/12. (S3)
3.00 **Somebody Somewhere**
4.20 **to 5.00** AM **Betty**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Cirque du Soleil: Luzia** Mexican culture.
7.45 **The Joy of Painting**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Stories from the National Gallery**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of the Year** Series highlights.
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **The Directors**
10.00 **Dr Jack and Mr Nicholson** Documentary.
11.00 **Science Fiction in the Atomic Age**
12.00 M'T **The Pilgrimage of Gilbert & George**
2.00 AM **Wuthering Heights**
4.45 **to 6.00** AM **National Trust: National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe**
7.00 **Star Trek: The Next Generation** 3/26. (S1)
8.00 **Star Trek: Deep Space Nine** 13/26. (S2)
9.00 **Murder Uncut** Detectives find a string of deaths are actually the work of a serial killer.
10.00 **How I Caught the Killer** Examining the case of Malcolm Webster.
11.00 **Grimm** 7/22. (S4)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point** Triple bill of the quiz show hosted by Ben Shephard.
1.00 PM **Lingo** Quiz show.
2.00 **In with a Shout** The Bhambras from Bradford and the Pohls from Rugby compete.
3.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern as Paisley takes on the infamous Banker for the chance to win a life-changing cash prize.
9.00 **Tipping Point** Triple bill of the quiz show hosted by Ben Shephard.
12.00 M'T **In with a Shout** Game show hosted by Joel Dommett.
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S3)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 17/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 1/19. (S1)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 22/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 5-8/25. (S6)
9.00 **Randall and Hopkirk (Deceased)** *The Ghost Who Saved the Bank at Monte Carlo:* 11/26. (S1)
10.00 **The Avengers** *You Have Just Been Murdered:* 21/24. Steed and Mrs Peel hunt a blackmailing assassin. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S6)
2.00 AM **Randall and...**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 90s**
6.15 **Minder**
7.15 **The Professionals**
8.20 **Dempsey and Makepeace**
9.25 **Magnum, PI**
10.25 **Kojak**
11.30 **Giant Lobster Hunters**
12.30 PM **The Adventures of Sherlock Holmes**
1.35 **Dempsey and Makepeace**
2.40 **Magnum, PI**
3.40 **Kojak**
4.45 **Minder**
5.55 **The Professionals**

8.00 Police Academy 5

7.00 Junk and Disorderly Henry Cole and his team hit the road to secure vintage finds to sell at Kempton racecourse.

8.00 FILM Police Academy 5: Assignment Miami Beach Comedy sequel starring Bubba Smith. The blundering cops wreak havoc while on vacation in Miami. (1988, PG, 90min) ★
SEX●●● VIOLENCE●●● LANG●●●

9.55 FILM Olympus Has Fallen Action thriller starring Gerard Butler. A disgraced secret service agent strives to foil North Korean guerrillas who have seized control of the White House. (2011, 15, 119min) ★★★
SEX●●● VIOLENCE●●● LANG●●●

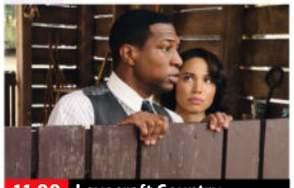
12.05 AM **The Professionals**
1.00 **The Adventures of Sherlock Holmes** 6/6. (S2)
2.05 **The Protectors**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 1/26. (S7)
2.00 **Atlantis** 7/13. (S1)
3.00 **Stargate Atlantis** 18/20. (S1)
4.00 **Star Trek: Voyager** (S6)
5.00 **Star Trek: The Next Generation** 1/26. Data allies himself with the Borg. (S7)
6.00 **Star Trek: Enterprise** 12/24. The crew rescue a group of religious fanatics. (S3)



11.00 Lovecraft Country

7.00 Atlantis *The Rules of Engagement:* 7/13. Jason is grief-stricken after hearing Ariadne is to be married to Heptarian. (S1)

8.00 Stargate Atlantis *The Gift:* 18/20. Teyla is haunted by recurring nightmares, which lead her to make an alarming discovery. (S1)

9.00 From the Earth to the Moon *Apollo1:* 2/12. The story of the ill-fated Apollo 1 mission. Stars Mark Harmon. (S1)

10.00 The Walking Dead *Omega:* 10/16. A new arrival opens up about the leader of a group of mask-wearing savages. (S9)

11.00 Lovecraft Country 9/10. With Hippolyta at the helm, Leti, Tic and Montrose travel to 1921 Tulsa in an effort to save Dee. **12.00** M'T 10/10. The gang head to Ardham to cast the ultimate spell. (S1)
1.00 AM **True Blood** 1&2/12. (S5)
3.00 **Room 104** 1/12. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **Father Brown**
10.00 **WPC 56** 3/5. (S1)
11.00 **Hudson & Rex** 10/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 3/10. (S4)
1.00 PM **Beyond Paradise** (S1)
2.00 **Murdoch Mysteries** (S7)
4.00 **WPC 56** 3/5. (S1)
5.00 **Hudson & Rex** 10/16. (S3)
6.00 **Father Brown** *The Celestial Choir:* A saboteur tries to stop Kembleford winning the Three Counties choir competition.

9.00 Murdoch Mysteries

7.00 Shakespeare & Hathaway: Private Investigators 3/10. A former beauty queen is drowned. (S4)

8.00 Beyond Paradise 3/6. A beloved painting disappears in a seemingly impossible heist. (S1)

9.00 Murdoch Mysteries Series finale *We Take Care of Our Own:* 22/22. Guest stars Katherine Ryan. (S18)

10.00 Father Brown *The Invisible Man:* The circus brings death to Kembleford when a clown is murdered.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 14/21. The station is quarantined. (S6)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.20 **Ever Decreasing Circles**
10.00 **Are You Being Served?**
10.40 **Open All Hours**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **Ever Decreasing Circles**
2.00 **Dad's Army**
2.40 **Open All Hours**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **The Vicar of Dibley**
6.00 **The Green Green Grass**
6.40 **Are You Being Served?**

10.00 The Royle Family

7.20 Dad's Army Walker is accused of being a traitor for smuggling Italian PoWs out of camp at night.

8.00 Open All Hours Arkwright leaves Granville in charge of the store.
8.40 The Vicar of Dibley The villagers decide to set up a radio station. **9.20** Geraldine hits stardom after an appearance on Terry Wogan's radio show.

10.00 The Royle Family The family argue over the TV show *Changing Rooms*.
10.40 The Fast Show Guest stars Steve Davis.
11.20 **Not Going Out**
12.00 M'T **Absolutely Fabulous**
12.40 AM **The Vicar of Dibley**
1.20 **The Royle Family**
2.00 **The Fast Show**
2.30 **Not Going Out**
3.00 **to 4.00** AM **Last of the Summer Wine**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **The Boat That Guy Built**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Storage Hunters UK**
2.00 PM **The Boat That Guy Built**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** The duo prepare dishes using rabbit, grouse and venison.
6.00 **Rick Stein's Road to Mexico** The chef reaches Oaxaca, home to Queso Oaxacana, Mexico's national cheese.

10.00 Have I Got a Bit More...

7.00 Would I Lie to You? With Mel Giedroyc, David Haye, Martin Kemp and Romesh Ranganathan.
7.40 Richard Osman's House of Games With Yasmine Akram and Ingrid Oliver. **8.20** Contestants include Hal Cruttenden and Ebony Rainford-Brent.

9.00 QI XL Guests Jack Dee, Ross Noble and Phill Jupitus join regular panellist Alan Davies and host Stephen Fry.

10.00 Have I Got a Bit More News for You Stephen Mangan hosts the satirical quiz, with guests Ross Noble and Ria Lina.
11.00 **8 Out of 10 Cats** With Harriet Kemsley, Scarlett Moffatt, Wes Nelson and Rosie Jones.
11.55 **Mock the Week** Highlights of the topical comedy quiz.
12.35 AM **Would I Lie to You?**
1.55 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

Thursday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Sun, Sea and Selling Houses**
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From Italy.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Sun, Sea and Selling Houses** From Almeria.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Our Yorkshire Shop: A Victorian Restoration**
8.00 **Can't Sell, Must Sell**
9.00 **Britain's Most Expensive Houses** Featuring three high-end London apartments.
10.00 **Crime Scene Cleaners**
11.05 **In the Footsteps of Killers** Documentary.
12.05 AM **The Life and Murder of Nicole Brown Simpson**
2.05 **Taskmaster: The Final**
3.10 **Sky Coppers**
4.05 **to 5.00** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
3.00 PM **Law & Order: Criminal Intent** (S1)
6.00 **NCIS** *Red Cell:* 20/23. The prime suspect in a murder case is killed. **7.00** *Hometown Hero:* 21/23. A US Marine suspected of murder is killed in Iraq. **8.00** *SWAK:* 22/23. Tony is infected with a deadly virus. (S2)
9.00 **Blue Bloods** *Genetics:* 11/22. Eddie and Jamie become involved in an adoption case. (S7)
10.00 **Law & Order: Special Victims Unit** *Rhodium Nights:* 23/23. A woman is found dead at a bachelor party. (S13)
11.00 **Law & Order: Special Victims Unit** (S14&13)
1.50 AM **Person of Interest**
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Rogue Claimers**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Cold winter weather causes a spike in admissions at Barnsley Hospital.
9.00 **A&E After Dark** New edition The night-time challenges facing NHS staff working in A&E departments.
10.00 **Skin A&E** Documentary.
11.00 **Banged Up Abroad**
12.00 M'T **My Lover, My Killer**
1.00 AM **Ambulance: Code Red** Medical series.
2.00 **Quantico** 1&2/22. (S2)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Highway Patrol**
9.25 **Trucking Hell**
10.25 **Traffic Cops**
11.25 **Police Interceptors**
1.30 PM **FILM They Call Me Trinity** Western. (1970, PG, 100min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops: Under Attack** Documentary.
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** A pursuit enters rush-hour traffic in Manchester city centre.
9.00 **Trucking Hell** New edition Dan tackles a cherry picker stuck in a boggy bridleway.
10.00 **Extreme Tow Truckers**
11.00 **Quantum Leap** (S1)
12.00 M'T **Motorway Cops: Catching Britain's Speeders** Documentary.
1.00 AM **Motorway: Hell on the Highway**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Don't Hate Your House with the Property Brothers** Double bill.
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E** Rival Oxbridge universities hit town for a downhill grudge match.
8.00 **One Born Every Minute** Double bill.
10.00 **Louis Theroux: Miami Mega Jail** 2/2. The reporter meets an alleged triple murderer.
11.00 **Inside the Operating Theatre** Double bill.
1.00 AM **Inside the Ambulance** A man has fallen from a ladder.
1.35 **to 3.00** AM **Interior Design Masters with Alan Carr**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.20 AM **Pie in the Sky**
8.10 **Doctors**
9.20 **Classic Holby City**
10.20 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Kingdom**
4.00 **Lovejoy**
5.15 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Shakespeare & Hathaway: Private Investigators** (S2)
9.00 **Outrageous** New episode *Sparks Light Fires:* 3/6. Nancy works on a new novel. (S1)
■ Entire series on U
10.00 **New Tricks**
11.20 **Spooks** 1/10. (S2)
12.40 AM **Hope Street**
1.40 **The Bletchley Circle**
2.45 **Birds of a Feather**
3.15 **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Northumbria.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** Catherine Southon and James Braxton embark on the second leg. **8.00** Catherine Southon and James Braxton travel to South Yorkshire.
9.00 **Help! My House Is Haunted** New edition A farm in Surrey turns eerie when dusk falls.
10.00 **The Osbournes Want to Believe** Jack provides evidence of a twisted superhuman.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.45 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **All Star Family Fortunes** With Paul Daniels and Joe Swash.
10.40 **Richard Osman's House of Games**
12.00 M'T **Bullseye**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West...**
8.50 **Battle Honours**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Decision at Sundown** Western. (1957, PG, 77min) ★★
2.45 **FILM The True Story of Jesse James** Biopic. (1956, PG, 92min) ★★
5.00 **FILM The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM The Keeper** Thriller. (2009, 15, 90min) ★★
11.05 **FILM The Hunter's Prayer** Action thriller. (2017, 15, 91min) ★★
1.00 AM **FILM Disaster Zone: Volcano in New York** Disaster movie. (2006, 12, 90min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Saving Lives at Sea**
10.00 **FILM Deadly Honeymoon** Mystery. (2010, PG, 89min) ★★
12.00 NOON **Heathrow: Britain's Busiest Airport**
1.00 PM **FILM The Midwife's Deception** Thriller. (2018, PG, 90min) ★★
2.55 **FILM Her Boyfriend's Secret** (2018, 12) ★★
5.00 **FILM The Wrong Daughter** (2018, 12) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Three Burials of Melquiades Estrada** Contemporary Western. (2005, 15, 116min) ★★★
11.30 **FILM Garage Sale Mystery: The Deadly Room** Crime drama. (2015, PG, 83min) ★★
1.25 AM **FILM Girlfriend Killer** (2017, 12) ★★
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM Watching Over You** Thriller. (2018, PG) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Love Knots** Comedy. (2021, PG) ★★
10.05 **FILM Love's Match** Drama. (2021, PG) ★★
12.00 NOON **FILM The Soulmate Search** Drama. (2024, PG, 89min) ★★
2.00 PM **FILM Just for the Summer** Drama. (2020, PG, 90min) ★★
4.00 **FILM Mix Up in the Mediterranean** Comedy. (2021, PG, 84min) ★★
5.55 **FILM Love Upstream** Romantic comedy. (2021, PG, 85min) ★★
8.00 **FILM Strawberry Summer** Family drama. (2012, U, 90min) ★★
9.55 **FILM When Love Came to Town** Comedy. (2014, PG, 90min) ★★
11.55 **FILM In the Key of Love** Drama. (2019, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Just for the Summer** Drama. (2020, PG, 90min) ★★
+1 hour 320 317

Rewind TV
182 81 141

6.00 AM **Highlights**
10.30 **I Dream of Jeannie** (S1)
11.00 **Jokers Wild**
11.30 **Please Sir!** 13/21. (S4)
12.00 NOON **Carry On Laughing** 1/6. (S1)
12.30 PM **You're Only Young...**
1.00 **Mapp and Lucia** (S1)
2.00 **FILM The Inspector General** Musical comedy. (1949, U, 102min) ★★★
4.00 **Fantasy Island** (S1)
5.00 **A Sharp Intake of...**
5.30 **I Dream of Jeannie**
6.00 **The Monkees** (S1)
6.30 **Don't Drink the Water**
7.00 **Jokers Wild**
7.30 **You're Only Young Twice**
8.00 **Please Sir!** 13/21. (S4)
8.30 **A Sharp Intake of Breath** 1/6. (S2)
9.00 **Bramwell** 2/10. (S3)
10.00 **Brass** 4/6. (S3)
10.30 **Stereo Underground**
11.30 **The Monkees** (S1)
12.00 M'T **Diff'rent Strokes**
12.30 AM **In Loving Memory**
1.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Jake has a turn at the wheel on the *Northwestern*. **8.00** A deckhand terrorises the *Time Bandit* at Christmas.
9.00 **Expedition X** Phil and Jess search whitewater rapids and a frigid Alaskan lake for a beast.
10.00 **Expedition Unknown**
11.00 **Gold Divers**
12.00 M'T **Naked and Afraid XL** Documentary.
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Highlights**
8.30 **Girl Meets Farm**
9.00 **Rick's Seafood Odyssey**
10.00 **Comfort Food**
11.00 **Great British Bake Off**
12.00 NOON **Summer Baking...**
1.00 PM **Northern Exposure**
2.00 **Islands to Highlands**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick's Seafood Odyssey**
6.00 **Comfort Food**
7.00 **Great British Bake Off**
8.00 **Summer Baking Championship** New edition
9.00 **Secrets of the Curry Kitchen** New edition
9.30 **Nadiya's Simple Spices**
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 19/22. (S6)
9.00 **The Fall Guy** 18/23. (S1)
10.00 **Knight Rider** 7/22. (S3)
11.00 **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
1.00 PM **King Solomon's Mines** Adventure.
5.00 **Star Trek** 13/26. (S2)
6.00 **Knight Rider** 8/22. (S3)
7.00 **The Fall Guy** 19/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Lone Survivor** Fact-based Afghanistan war drama starring Mark Wahlberg. (2013, 15, 116min) ★★★★
11.20 **FILM Assault on Precinct 13** Thriller with Austin Stoker. (1976, 15, 90min) ★★★★★
1.10 AM **FILM The Man Called Noon** Western. (1973, 15, 98min) ★★
3.05 **to 5.00** AM **FILM Wheels of Terror** World War Two action drama. (1987, 15, 101min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **The Curse of King Tut's Tomb**
8.00 **FILM A Study in Terror** Thriller with John Neville. (1965, 15, 91min) ★★★
10.00 **The Lost World** (S2)
11.00 **FILM The Pledge** Western. (2008, PG, 79min) ★★★
1.00 PM **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 13/25. (S3)
5.00 **The Curse of King Tut's Tomb** Adventure.
7.00 **The Lost World** (S2)
8.00 **The A-Team** 14/25. (S3)
9.00 **FILM Escape Plan 2: Hades** Thriller sequel with Sylvester Stallone. (2018, 15, 96min) ★★
11.00 **FILM The Hunter's Prayer** Action thriller with Sam Worthington. (2017, 15, 91min) ★★
1.00 **to 3.00** AM **FILM Escape Plan 2: Hades**
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle: Into Cursed Waters**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **UFO Town** In Ottawa.
10.00 **Weird Britain**
11.00 **Evidence of the Unexplained**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest**
11.00 **Ben Fogle: New Lives in the Wild** Ben journeys to Fair Isle.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Jason Watkins & Lady Jane Grey: A Tower of London Special**
7.00 **Big Antique Adventure with Susan Calman**
8.00 **Ben Fogle: New Lives in the Wild** Ben revisits a couple running an off-grid smallholding in Exmoor National Park.
9.00 **Kensington Palace: Behind Closed Doors**
10.00 **Kensington Palace: A Royal Residence**
11.00 **Prisoner: Cell Block H**
1.00 AM **22 Kids & Counting**
3.00 **Secret Life of the Forest**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Your Garden Made Perfect** In Whitley Bay.
3.00 **Fantasy Homes by the Sea** From Dorset.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **Dirty Rotten Flips** New edition Tyler and Sarah Morrow embark on a mission to make over Knoxville, Tennessee.
10.00 **Fixer to Fabulous** New edition A couple in Bentonville need Dave and Jenny Marrs' help.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Breaking New Ground** New edition Building a one-of-a-kind dance studio and a room for future family.
9.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **Breaking New Ground**
5.00 **Extreme Cheapskates**
5.30 **to 6.00** AM **Extreme Couponing**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Last Man Standing**
11.00 **Blockbusters**
12.00 NOON **Daria** (S3&4)
1.00 PM **Friends** (S7&8)
7.00 **Friends** 3/24. Rachel reveals the identity of the father of her baby. **7.30** 4/24. Ross and Rachel argue about why they slept together. **8.00** 5/24. Ross learns Rachel has a date. **8.30** 6/24. Phoebe is attracted to her twin sister's fiancé. (S8)
9.00 **FILM Big Trouble in Little China** Fantasy adventure starring Kurt Russell and Kim Cattrall. (1986, 15, 100min) ★★★
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **8 Out of 10 Cats**
1.30 AM **South Park** (S9)
2.30 **Beavis and Butt-Head**
3.30 **Lee Evans: XL Tour**
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Digman!** Double bill. (S1)
10.00 **Daria** 8&9/13. (S4)
11.00 **Friends** (S3&4)
1.00 PM **Criminally Funny**
2.30 **Digman!** (S1)
3.00 **Daria** 10&11/13. (S4)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
9.00 **Friends** 3/24. Chandler goes to play racquetball with Monica's father. **9.30** 4/24. Rachel wrestles with a dilemma. **10.00** 5/24. Rachel cajoles Joey into taking Tag on a boys' night out. **10.30** 6/24. Monica picks a maid of honour. **11.00** 7/24. Janice gets a wedding invitation. **11.30** 8/24. Tag visits for Thanksgiving. (S7)
12.00 M'T **Friends** (S6)
2.00 AM **Criminally Funny**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Patrol**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Customs UK**
4.00 **Highway Patrol**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Send in the Dogs**
8.00 **Customs UK**
9.00 **Brit Cops: Frontline Crime UK** Documentary.
10.00 **Stella** 7/10. Guest stars Ashley Banjo. **11.00** 8/10. Luke sets his sights on Zoe. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Tom Davis.
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Rich Kids Go Skint**
9.00 **Help! I'm in a Secret Relationship!**
10.00 **Jersey Shore Family Vacation** The squad head down south for a farming good time.
11.00 **The Challenge: Untold History**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Carly Aquilino stay abreast of the chaos of 'chest attacks'.
12.30 AM **Ridiculousness**
1.00 **True Life Crime UK**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Marooned with Ed Stafford**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** A couple want to build an underground home in Denver.
6.00 **Border Control: Spain** Officers question suspected drug mules in Barcelona. **6.30** At Madrid Airport, a husband storms off when his wife can't pay their tax bill.

9.00 Naked and Afraid: Last...

7.00 Wheeler Dealers Mike Brewer gets his hands on a car that has evaded him for decades, a Mark 1 Ford Transit.

8.00 Scrap Kings In Yorkshire, an old factory mill is demolished, while in south Wales, scrap materials are recycled.

9.00 Naked and Afraid: Last One Standing New edition Matt's tactics spark tension, survivalists must craft primitive axes, while the physical and mental strain of the challenge sends a competitor home.

11.00 **Border Control: Spain** New editions Double bill of the documentary series.
12.00 M'T **Moonshiners**
1.00 AM **Naked and Afraid: Last One Standing** As 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Bad Dog!** Documentary.
10.00 **Tanked** A carousel aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat called Penny Lane disapproves of her owner's room-mate. **4.00** Two warring Sphynxes keep their owners up at night.
5.00 **Lone Star Law** Dove hunting season begins in Texas.
6.00 **Dr Jeff: Rocky Mountain Vet** A micro-pig requires surgery.

7.00 Animal Cribs

7.00 Animal Cribs Antonio Ballatore and the team transform a hazardous yard into a dog-friendly escape.

8.00 Alaska: Surviving the Last Frontier Following four groups of ordinary people as they travel into the wilderness of Alaska.

9.00 Alaska: The Last Frontier Atz Lee and Jane build a makeshift greenhouse, while Otto drives his cattle to the summer pasture.

10.00 Alaskan Bush People Disaster strikes as floods plague the region, and the Browns must balance their priorities.

11.00 **Pit Bulls & Parolees** Tia is called to help when an elusive pit bull is saved from drowning.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Alaska: Surviving the Last Frontier** As 8.00pm.
2.00 **Animal Cribs** As 7.00pm.
3.00 **to 5.00** AM **Animal Cops Houston**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Destruction Decoded**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Paranatural**
1.00 PM **Drain the Oceans: Deep Dive** From Pearl Harbour.
2.00 **Nazi Megastructures: Battle Ready** Double bill.
4.00 **Draining Chicago: What Lies Beneath**
5.00 **Car S.O.S** Tim and Fuzz fix up a 1971 Lamborghini Espada.
6.00 **Nazi Megastructures** How German forces were trapped.

8.00 Inside Airport Lost & Found

7.00 Air Crash Investigation An investigation into what caused the fire inside the cabin of ValuJet Flight 592 near Miami in 1996.

8.00 NEW SERIES Inside Airport Lost & Found A team in Denver and Salt Lake City reunite travellers with a taxidermied rat.

9.00 Car S.O.S Tim Shaw and Fuzz Townshend restore a Bond Bug, a wedge-shaped three-wheel car from the early 1970s.

10.00 Lawless Island New edition With the support of Sam and Sarah, Troy revisits his quest to spear a halibut.

11.00 **Air Crash Investigation**
12.00 M'T **Amsterdam Central 24/7** The explosion of a bridge.
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Dirty Old Cars**
7.00 **Pawn Stars Do America**
8.00 **American Pickers**
9.00 **Pawn Stars** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Dirty Old Cars**
2.00 **Mountain Men**
3.00 **Secrets in the Ice**
5.00 **What on Earth?** New edition Exploring anomalies appearing on satellite images.
6.00 **American Pickers** A look at a folk art masterpiece.

9.00 The UnBelievable

7.00 Forged in Fire Two bladesmiths recreate one of the most widely used and dangerous medieval weapons – the Falchion.

8.00 Swamp People New edition The swampers race against time to tag out before a massive storm hits.

9.00 The UnBelievable with Dan Aykroyd New edition One-of-a-kind crimes and their one-of-a-kind punishments.

10.00 Alien Corridors Patterns in UFO and UAP sightings across the world, focusing on findings in Alaska.

11.00 **What on Earth?** As 5.00pm.
12.00 M'T **Strange Evidence** A strange object lights up the LA sky and seems to behave with a creepy intelligence.
1.00 AM **The UnXplained with William Shatner**
2.00 **The UnBelievable with Dan Aykroyd** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nuremberg: Nazis on Trial**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Nuremberg: Nazis on Trial** The case against Albert Speer.
5.00 **Nazi Hunters** The hunt for Nazi extermination camp commandant Franz Stangl.
6.00 **Antiques Roadshow** Fiona Bruce presents from Saltaire, West Yorkshire.

4.00 Nuremberg: Nazis on Trial

7.00 Great American Railroad Journeys Michael Portillo learns about the indigenous tribes of Wampanoag people.

8.00 Bangers & Cash Derek meets the owner and builder of a sporty vintage Jaguar 'special', – a Jaguar Viking.

9.00 Bangers & Cash: Restoring Classics The team dive into the history books and uncover a Harley Davidson 42WLA.

10.00 Bangers & Cash Derek has three scooters to collect, while also finding room for a Daimler and a teardrop caravan.

11.00 **Bangers & Cash** Derek and Paul go on a rare father and son road trip to pick up a VW Cabriolet and a Lotus Elite.
12.00 M'T **Abandoned Engineering** A Soviet dream-town that turned into a nuclear nightmare.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1hour 255 329

Thursday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Outback Truckers** Sludge's wife Wendy takes the wheel after his motorcycle accident.
9.00 **Aussie Gold Hunters** New edition A surprise offer puts the Poseidon Crew's future in jeopardy, and the Wanderers gamble on big returns.
10.00 **Outback Car Hunters**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **People Magazine Investigates**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: The Killer Speaks** New edition Ashley's family rips apart after she kills her grandmother.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Crime series.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** The disappearance of a Georgia man triggers an investigation into the dangers of online dating.
8.00 **Fatal Frontier: Evil in Alaska** State troopers in a small island community find the remains of a beloved mother in the woods.
9.00 **World's Most Evil Killers** A look at the crimes of Thierry Paulin.
10.00 **The Killer You Know** New edition Affairs, rage and greed lead investigators down roads all leading to murder.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Fatal Frontier: Evil in Alaska** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** Blood evidence contradicts a man's story about his wife's murder. **4.30** Using science to find the killer of a battered teenager. **5.00** Using evidence inside a submerged car to track down the driver. **5.30** A reported suicide turns out to be much worse than it seems. **6.00** Evidence of a Native American woman's murder. **6.30** A woman who was due to testify in court dies unexpectedly.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Send in the Dogs**
8.00 **The Force: Manchester**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **The Real Manhunter**
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **The Killer Within**
3.00 **Forensics: Catching...**
4.00 **World's Most Evil Killers**
5.00 **The Real Manhunter**
6.00 **The Killer Within**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **World's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **Murdered at First Sight**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **An Unexpected Killer**
3.00 **Snapped** Documentary.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Who Killed Ivan the Terrible?** Documentary.
9.40 **Treasures Decoded**
10.50 **War Machine: World War II** As 8.50pm.
11.55 **Battlefield America**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Who Killed Ivan the Terrible?** Documentary.
2.40 **Treasures Decoded**
3.45 **War Machine: World War II** As 8.50pm.
4.50 **Grand Tours of the Scottish Islands**
5.30 **Battlefield America**
6.40 **Who Killed Ivan the Terrible?** Documentary.
7.45 **Treasures Decoded** New edition In Pompeii.
8.50 **War Machine: World War II** Supply lines.
9.55 **Battlefield America**
11.00 **Treasures Decoded**
12.00 M'T **War Machine...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Great Rhino Robbery**
7.00 **Discovering: Christopher Plummer** Profile of the actor.
8.00 **The Directors**
9.00 **The Story of Late Night**
9.50 **Edge of the Earth**
11.00 **The Great Rhino Robbery**
12.00 NOON **Klitschko: More Than a Fight** Documentary.
2.00 PM **Jealous Guy: The Assassination of John Lennon**
3.45 **My Icon: Denise Lewis**
4.00 **The Directors**
5.00 **Discovering: Christopher Plummer** Profile of the actor.
6.00 **Italia 90: Four Weeks That Changed the World**
7.00 **I Am Burt Reynolds**
8.50 **My Icon: Shaun Gayle**
9.00 **7/7: Homegrown Terror** 1&2/3. Documentary looking at the events of 7 July 2005.
11.30 **Hatton** Profile of Ricky Hatton.
1.30 AM **Fatboy Slim: Right Here, Right Now** Documentary.
3.20 **Heroin: Cape Cod, USA**
4.50 **My Icon: Heather Watson**
5.00 **to 6.00** AM **Discovering: Christopher Plummer**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Kenya Wildlife Diaries**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Coastal Africa**
10.00 **Australia's Hidden Islands**
11.00 **Big Cats Small World**
12.00 NOON **Big Cats: An Amazing Animal Family**
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Coastal Africa**
4.00 **Australia's Hidden Islands**
5.00 **Secrets of the Enchanted Forests** Documentary.
6.00 **Big Cats: An Amazing Animal Family** 1/2. Patrick Aryee explores the evolution of cats.
7.00 **Monkey Life** Double bill.
8.00 **Wild Latin America**
9.00 **Arctic from Above**
10.00 **Big Cats: An Amazing...**
11.00 **Secrets of the Enchanted...**
12.00 M'T **Big Cats Small World**
1.00 AM **Wildlife Icons**
2.00 **Wild Latin America**
3.00 **Arctic from Above**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Coastal Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Deadman's Curse**
9.00 **Weird Britain**
10.00 **River Hunters**
11.00 **Ancient Aliens**
1.00 PM **Deadman's Curse**
2.00 **Weird Britain**
3.00 **Truthseekers**
4.00 **Shipwrecks: When History Resurfaces** The bay of Saint-Pierre in Martinique.
5.00 **Cracking the Code**
6.00 **Dirty Old Cars**
7.00 **What on Earth?**
8.00 **Mysteries of the Ancient Dead** Burials, funerary remains and relics from age-old death rituals.
9.00 **Viking Dead** A well-preserved Viking ship discovered in 1904.
10.00 **Life After People**
11.00 **Haunted Hospitals**
12.00 M'T **Ancient Aliens**
2.00 AM **Ross Kemp: Mafia and Britain** How the Spanish coast became a safe haven.
3.00 **Secrets of Great British Castles** Leeds Castle, Kent.
4.00 **Mission Unexplained**
5.00 **to 6.00** AM **Cracking the Code**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Spring Break Murders**
11.00 **Imperfect Murder**
12.00 NOON **Criminal Confessions**
1.00 PM **Murder By Medic**
2.00 **Killer Britain**
3.00 **Murdertown**
4.00 **Cops Who Kill with Will Mellor**
5.00 **When Missing Turns to Murder**
6.00 **Cold Case Files**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Murder By Medic** New edition
9.00 **The First 48** New edition
10.00 **Fugitive Hunters: Mexico** New edition Documentary.
11.00 **Fugitives Caught on Tape**
12.00 M'T **Murder By Medic**
1.00 AM **The First 48**
2.00 **Fugitive Hunters: Mexico**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Spring Break Murders**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Out There with Jack Randall**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's National Parks**
3.00 **Canary Islands: Born Of Fire**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets**
8.00 **Europe from Above** Featuring footage during autumn.
9.00 **Asia's Wild Secrets** A visit to Asia's highlands, home to some of the highest-living species in the world.
10.00 **Ice Road Rescue** A 10-man team must recover a capsized trailer and its valuable cargo. **11.00** Thord's top team battles the biggest blizzard of the winter.
12.00 M'T **When Sharks Attack**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **World's Deepest Goldmine**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** New discoveries reveal the secrets of nebulas.
8.00 **World's Deepest Goldmine** Hazardous conditions facing underground workers at Mponeng mine in South Africa.
9.00 **Ancient Unexplained Files** Microbiology reveals why a medieval child was buried with a stone in its mouth.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **The Dick Emery Show**
11.00 **Secret Army**
1.20 PM **Oliver Twist**
2.35 **The Dick Emery Show**
4.35 **Secret Army**
7.00 **Oliver Twist** 7/12. When the burglary goes awry, Bill Sikes flees the scene, leaving a badly wounded Oliver behind to be arrested as an accomplice. **7.40** 8/12. Oliver befriends Mrs Maylie and her adopted daughter Rose. (S1)
8.20 **The Dick Emery Show** Triple bill featuring comic sketches.
10.15 **Secret Army** *A Matter of Life and Death:* 11/13. Max reveals his allegiance to the communist cause, a belief that triggers another death – and this time there may be repercussions for him too. (S2)
11.30 **Louis Theroux: Dark States – Murder in Milwaukee** Gun crime in the US city.
12.50 AM **Oliver Twist**
2.10 **The Dick Emery Show**
3.55 **to 6.00** AM **Secret Army**

+1 hour 266 376

ID

154 141 166

8.00 AM **Someone You Thought You Knew** The murders of Gary and Jan Tyrrell.
9.00 **American Monster**
11.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
1.00 PM **Shattered**
3.00 **To Catch a Killer**
5.00 **Til Death Do Us Part**
7.00 **The Murder Tapes**
9.00 **Does Murder Sleep?** It takes over two years before police bring Ben Oxley's killer to justice.
10.00 **Devil in the Web** Chrissy and her girlfriend, Bria, are YouTube stars. Then Chrissy's old flame – a man – starts a devastating revenge porn campaign.
11.00 **Deadly Influence: The Social Media Murders** An inspiring group spreads messages of love online. Soon, its members become the target of a hateful member of the 'manosphere.'
12.00 M'T **Scene of the Crime with Tony Harris** Double bill.
2.00 AM **Til Death Do Us Part**
4.00 **to 6.00** AM **The Murder Tapes**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Custom Carolina**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Custom Carolina**
9.00 **Car Fix** Double bill.
10.00 **World's Greatest Motorcycle Rides** 2/2. Henry plans an epic trip in New Zealand, starting in Auckland in the North Island.
11.00 **Shed and Buried**
12.00 M'T **Custom Carolina**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

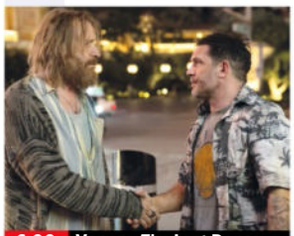
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.05 AM **Empire Waist** As 2.15pm.
7.50 **Sharp Corner** As 4.00pm.
9.50 **The Luckiest Man in America** Fact-based drama. (2024, 15, 90min) ★★★★
11.35 **Gladiator II** As 8.00pm.
2.15 PM **Empire Waist** Comedy drama. (2024, 12, 94min)
4.00 **Sharp Corner** Thriller. (2024, 15, 110min) ★★★★
6.00 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★



6.00 Venom: The Last Dance

8.00 Gladiator II Ridley Scott's historical drama sequel starring Paul Mescal, Pedro Pascal and Denzel Washington. The son of Maximus Decimus Meridius enters the Colosseum in an attempt to bring glory back to Rome. With Connie Nielsen and Derek Jacobi. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Your Monster** Romantic comedy starring Melissa Barrera and Tommy Dewey. (2024, 15, 104min) ★★★★
2.45 **Salem's Lot** Horror thriller based on Stephen King's novel, starring Lewis Pullman. (2024, 15, 109min) ★★★
4.50 **to 6.35** AM **Empire Waist**

Sky Cinema Epic Worlds

303 303 403 503 517

6.10 AM **The Amazing Maurice** Animation. (2022, PG) ★★★★
7.45 **The Secret Garden** (2020)
9.30 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★
11.35 **Godzilla x Kong: The New Empire** (2023, 12) ★★★
1.30 PM **Jurassic World** Adventure. (2015, 12, 124min) ★★★★
3.45 **Jurassic World: Fallen Kingdom** (2018, 12) ★★★
6.00 **Charlie and the Chocolate Factory** (2005, PG) ★★★★

6.00 Charlie and the Chocolate...

8.00 Wonka Fantasy adventure starring Timothée Chalamet. A young sweet-maker attempts to make his mark, despite the plans of three scheming entrepreneurs. With Olivia Colman, Hugh Grant and Paterson Joseph. (2023, PG, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Ready Player One Steven Spielberg's fantasy adventure starring Tye Sheridan and Olivia Cooke. Gamers explore a virtual world in the quest for a deceased tycoon's fortune. (2018, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★
2.35 **The Mummy** Adventure. (1999, 15, 124min) ★★★★
4.50 **Sky Cinema Preview**
5.30 **to 7.20** AM **Voyagers** Thriller. (2020, 15, 108min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.10 AM **Meet Joe Black** Supernatural romantic drama. (1998, 12, 181min) ★★★★
9.20 **Oh! What a Lovely War** Satirical anti-war musical. (1969, PG, 144min) ★★★★
11.45 **The Great Gatsby** F Scott Fitzgerald's melancholy tale. (1974, 12, 146min) ★★★
2.10 PM **Sundown** Drama with Tim Roth. (2021, 15, 82min) ★★★★
3.50 **Molly's Game** Fact-based drama starring Jessica Chastain. (2017, 15, 137min) ★★★★
6.10 **Dunkirk** Christopher Nolan's wartime drama starring Kenneth Branagh and Tom Hardy. (2017, 12, 106min) ★★★★★
8.00 **Lost in Translation** Bittersweet romantic comedy drama with Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
9.45 **To Olivia** Drama starring Hugh Bonneville and Keeley Hawes. (2021, PG, 90min) ★★★★
11.25 **The Great Escape** Adventure Starring Steve McQueen. (1963, PG, 166min) ★★★★★
2.20 AM **Hardball** Sports drama. (2001, 12, 106min) ★★
4.10 **to 6.05** AM **Miss You Already** Romantic comedy drama. (2015, 12, 112min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

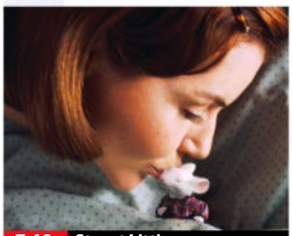
6.45 AM **Upgrade** As 11.35pm.
8.30 **Timestalker** As 2.50am.
10.05 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
11.50 **The Meg** Action thriller. (2018, 12, 113min) ★★★
1.50 PM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
3.50 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
6.05 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson. (2023, 15, 109min) ★★
8.00 **The Nun** Horror thriller starring Taissa Farmiga and Demián Bichir. A troubled priest and a novice nun discover a religious order's terrible secret and battle a malevolent force. (2018, 15, 96min) ★★★
9.40 **The Nun II** Horror thriller sequel starring Taissa Farmiga, Jonas Bloquet and Storm Reid. (2023, 15, 110min) ★★
11.35 **Upgrade** Sci-fi thriller starring Logan Marshall-Green. (2018, 15, 100min) ★★★★
1.20 AM **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★
2.50 **Timestalker** Fantasy comedy. (2024, 15, 89min) ★★★★
4.25 **to 6.40** AM **Battleship** (2012)

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.30 AM **Finding Neverland**
9.20 **My Penguin Friend** Drama. (2024, PG, 105min) ★★★★
11.05 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
12.40 PM **Cats & Dogs** Comedy. (2001, PG, 87min) ★★★
2.15 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
4.00 **The Smurfs** Family adventure. (2011, U, 103min) ★★
5.50 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★



7.40 Stuart Little

7.40 **Stuart Little** Children's fantasy adventure featuring the voice of Michael J Fox. (1999, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **Stuart Little 2** Fantasy sequel featuring the voice of Michael J Fox. Talking mouse Stuart Little rescues an injured bird from a predatory falcon. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Reuniting the Rubins** Comedy drama starring Timothy Spall, James Callis and Rhona Mitra. (2010, PG, 98min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Daddy Day Camp** Comedy sequel. (2007, PG, 88min) ★★
1.55 **Finding Neverland** Drama. (2004, PG, 101min) ★★★★
3.40 **Ride On** Action drama. (2023, PG, 126min) ★★★
5.50 **to 7.30** AM **Look Who's Talking Now** Comedy sequel. (1993, 12, 95min) ★

Sky Cinema Action

307 307 407 507 521

7.25 AM **Hellboy** As 1.35am.
9.40 **Gods of Egypt** As 3.50am.
11.50 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
1.25 PM **Bad Boys for Life** Action comedy sequel. (2020, 15, 124min) ★★★
3.30 **Blue Beetle** Fantasy. (2023, 12, 127min) ★★★★
5.40 **Fury** World War Two drama starring Brad Pitt, Shia LaBeouf and Logan Lerman. (2014, 15, 134min) ★★★

8.00 300

8.00 **300** Epic adventure starring Gerard Butler and Lena Headey. In 480 BC, 300 Spartans face overwhelming odds when they make a defiant stand against the Persian enemy at the Battle of Thermopylae. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

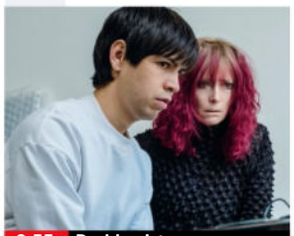
10.00 **Baby Driver** Action thriller starring Ansel Elgort and Kevin Spacey. A young getaway driver finds himself taking part in a heist doomed to fail. (2017, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Police Story 3: Supercop** Action thriller sequel. (1992, 15, 91min) ★★
1.35 AM **Hellboy** Comic-book fantasy starring Ron Perlman. (2004, 12, 122min) ★★★★
3.50 **to 6.00** AM **Gods of Egypt** Fantasy adventure starring Nikolaj Coster-Waldau. (2016, 12, 127min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Between the Temples**
9.05 **Role Models** Comedy. (2008, 15, 99min) ★★★★
10.55 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
12.50 PM **The Nutty Professor** Comedy. (1996, 12) ★★★
2.35 **Nutty Professor II: The Klumps** (2000, 12) ★★★
4.30 **Kangaroo Jack** Comedy. (2003, PG, 89min) ★
6.10 **HouseSitter** Comedy. (1992, PG, 102min) ★★★



9.55 Problemista

8.00 **Beetlejuice Beetlejuice** Horror comedy sequel starring Michael Keaton. The mischievous demon is summoned once more when Delia Deetz returns to the community of Winter River. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

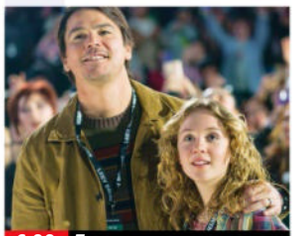
9.55 **Problemista** Offbeat comedy starring Tilda Swinton and Julio Torres. An aspiring toy designer from El Salvador attempts to bring his unusual ideas to life in New York. (2024, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Persian Version** Comedy drama. (2023, 15) ★★★
1.40 AM **Between the Temples** Comedy. (2024, 15) ★★★★
3.40 **How to Please a Woman** Drama. (2022, 15) ★★★
5.35 **to 7.15** AM **Please Don't Destroy: The Treasure of Foggy Mountain** Comedy. (2023, 15, 93min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.35 AM **The Cinema List: Thrillers**
6.50 **The Wasp** As 12.10am.
8.30 **Into the Deep** Thriller. (2022, 15, 90min) ★★★
10.10 **Marlowe** As 10.10pm.
12.15 PM **Eileen** Mystery thriller. (2023, 15, 97min) ★★★★
2.05 **Split** Psychological thriller. (2016, 15, 117min) ★★★
4.15 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★
6.00 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★



6.00 Trap

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon, Elliott Gould and Don Cheadle. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Marlowe** Crime thriller starring Liam Neeson and Diane Kruger. In 1939 Los Angeles, private detective Philip Marlowe is hired to find the ex-lover of a glamorous heiress. (2022, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Wasp** Thriller. (2024, 15, 96min) ★★★★
1.50 **Hannibal** Chiller sequel to *The Silence of the Lambs*. (2001, 18, 131min) ★★★
4.10 **to 6.10** AM **Caddo Lake** Thriller starring Dylan O'Brien. (2024, 12, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Outcast of the Islands** Tropical adventure. (1951, b/w, PG, 102min) ★★★
1.05 PM **Two-Way Stretch** Comedy. (1959, b/w, U, 87min) ★★★★★
2.50 **They Rode West** Western. (1954, U, 97min) ★★
4.30 **Anastasia** Historical drama. (1956, U, 105min) ★★★
6.40 **Steel Magnolias** Comedy drama starring Sally Field. (1989, PG, 115min) ★★★★

6.40 Steel Magnolias

8 PM **Steel Magnolias** (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **The Equalizer 2** Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. With Ashton Sanders and Orson Bean. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.20** **The Integrity of Joseph Chambers** Drama starring Clayne Crawford. An insurance salesman, hoping to prove his survivalist skills to his family, goes hunting alone, but he is not prepared for what lies ahead. (2022, 15, 96min) ★★★
1.10 **to 3.05** AM **Taken** Action thriller starring Liam Neeson. (2008, 18, 90min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 2025 Recap

302 302 402 502 516

7.40 AM **I'll Be Right There** Comedy drama. (2023, 12, 93min) ★★★
9.30 **Blood for Dust** As 8.00pm.
11.15 **Black Dog** British drama. (2023, 15, 96min) ★★★
12.55 PM **Touch** Icelandic drama. (2024, 15, 121min) ★★★★
3.00 **Horizon: An American Saga – Chapter 1** Western directed by and starring Kevin Costner. (2024, 15, 181min) ★★★★

6.05 **Cuckoo** Horror starring Hunter Schafer and Jan Bluthardt. (2024, 15, 102min) ★★★
8.00 **Blood for Dust** Action thriller starring Scoot McNairy. (2023, 15, 98min) ★★★
9.45 **The Last Stop in Yuma County** Thriller starring Jim Cummings, Richard Brake and Nicholas Logan. While stuck at an Arizona rest stop, a salesman is thrust into a hostage situation by the arrival of two bank robbers. (2023, 15, 90min) ★★★★

11.20 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★
2.00 AM **MaXXXine** Horror thriller. (2024, 18, 110min) ★★★
4.00 **to 6.05** AM **Sharp Corner** Thriller starring Ben Foster. (2024, 15, 110min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.45 AM **Serpico** Crime drama. (1973, 18, 130min) ★★★★
9.10 **Earth Girls Are Easy** As 1.20am.
11.05 **Weird Science** Teen comedy. (1985, 12, 94min) ★★★
12.55 PM **Fords on Water** As 6.35pm.
2.35 **Twins** As shown at 9.35pm.
4.35 **The Big Chill** Comedy drama. (1983, 15, 115min) ★★★★
6.35 **Fords on Water** Comedy. (1983, 15, 83min) ★★★

8.00 **The Money Pit** Comedy starring Tom Hanks and Shelley Long as a couple of New Yorkers who decide to refurbish an old house. (1985, 15, 91min) ★★★
9.35 **Twins** Action comedy starring Arnold Schwarzenegger and Danny DeVito as unlikely twins conceived as part of an experiment in genetic engineering. With Kelly Preston. (1988, PG, 107min) ★★★
11.25 **The Big Chill** Comedy drama. (1983, 15, 115min) ★★★★

1.20 AM **Earth Girls Are Easy** Musical comedy starring Geena Davis and Jeff Goldblum. (1988, PG, 100min) ★★★
3.10 **The Money Pit** As 8.00pm.
4.55 **to 6.50** AM **Zu: Warriors from the Magic Mountain** Fantasy. (1982, PG, 95min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Fireheart** Animation. (2022, U, 92min) ★★★
7.50 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
9.25 **Home** Animated adventure. (2014, U, 94min) ★★★
11.05 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★
12.55 PM **Dr Seuss' The Lorax** Animation. (2012, U) ★★★

2.25 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
4.00 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
5.40 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
7.15 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
9.00 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
10.55 **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
12.20 AM **DC Super Hero Girls: Legends of Atlantis** (2018) ★★★

1.40 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
3.05 **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★
4.35 **to 6.10** AM **The Inseparables** Animation. (2023, U) ★★★

Movies 24

312 313 419

7.00 AM **A Lot Like Christmas** Comedy. (2021, PG, 86min) ★★
9.00 **A Novel Noel** Festive romantic drama. (2024, PG, 90min) ★★
11.00 **The Christmas Toy Maker** Drama. (2021, PG, 84min) ★★
1.00 PM **Three Wise Men and a Baby** Comedy. (2022, PG) ★★
3.00 **Season's Greetings from Cherry Lane** Festive drama sequel. (2024, PG, 84min) ★★

5.00 **The Winter Palace** Romance starring Danica McKellar. (2022, PG, 85min) ★★
7.00 **A Magical Christmas Village** Festive fantasy starring Alison Sweeney and Marlo Thomas. (2022, PG, 84min) ★★
9.00 **Joy For Christmas** Romantic comedy starring Cindy Busby and Sam Page. A publicist introduces a famous athlete to the joys of Christmas so that he will help save her family's charity. (2021, PG, 86min) ★★

11.00 **The Santa Summit** Romantic drama. (2023, PG, 90min) ★★
1.00 AM **Believe in Christmas** Comedy. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **A Miracle in Bethlehem** (2023, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **Private Information** Drama. (1952, b/w, U, 66min) ★★★
7.50 **Booby Trap** Crime thriller. (1957, b/w, PG, 72min) ★★
9.20 **The Battleaxe** Comedy starring Jill Ireland and Francis Matthews. (1962, b/w, U, 66min) ★★★
10.40 **Murder at 3am** Mystery starring Dennis Price. (1953, b/w, PG, 60min) ★★

11.50 **The Happiness of Three Women** Comedy. (1954, b/w, U, 80min) ★★★
1.25 PM **Man in Black** Chiller. (1949, b/w, PG, 80min) ★★★
3.00 **Crown Court** Triple bill.
4.30 **Champions** Fact-based drama. (1983, PG, 115min) ★★★
6.45 **Look at Life**
7.00 **Sailor of Fortune** 15/26. (S2)
7.30 **The Cheaters** 5/27. (S2)
8.00 **The Brothers** 3/16. (S7)
9.05 **Sherlock Holmes: The Sign of Four** Feature-length drama.

11.10 **Boris Karloff: The Man Behind the Monster** Profile of the actor.
1.20 AM **Beyond the Universe** Sci-fi fantasy. (1978, 15, 95min) ★
3.10 **Village of the Giants** Fantasy musical. (1965, PG, 81min) ★
4.50 **to 6.00** AM **The Roof** Mystery. (1933, b/w, PG, 58min) ★★★

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.15 LIVE **Test Cricket England v India.** Coverage of day two of the second Test in the five-match series at Edgbaston, Birmingham. India have a terrible record at this venue in Test cricket, losing seven of their eight previous matches here to England, with one draw back in 1986 proving to be their best result, when bad weather on the final day came to their rescue with England needing five more wickets to seal a victory on that occasion.
7.00 PM **The F1 Show** A look ahead to the British Grand Prix.
8.00 LIVE **PGA Tour Golf** Coverage of the opening day's play of the John Deere Classic at TPC Deere Run in Silvis, Illinois. American Davis Thompson is the reigning champion following his victory here 12 months ago, when he won by setting a tournament record score of 28-under-par, finishing four strokes ahead of three players tied for second place.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Manchester United v Tottenham Hotspur from 1998/99.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights**
8.00 **Gary Neville's Soccerbox** Gary chats with Paul Scholes. **8.30** With Robbie Fowler.
9.00 **City: PL Champions Again** A look at Manchester City's 2022/23 Premier League title-winning season, featuring unseen dressing room footage captured throughout their historic campaign.
10.00 **Class of '92: Full Time** With the world reeling from COVID-19, Salford's owners and staff plan for another year in League Two.
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2017/18 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Cup Retro**
2.00 PM **Best Scottish Premiership Goals 2022/23**
2.30 **Best Scottish Premiership Goals 2023/24** Classic strikes.
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **EFL** A round-up of the best goals from the 2017/18 season.
6.00 **EFL Cup Retro** Manchester City v Sunderland in the 2014 final.
8.00 **SPFL: Old Firm Derby Best Goals** The best goals scored between Celtic and Rangers.
8.30 **SPFL: Edinburgh Derby Best Goals** Some of the best goals scored between Hearts and Hibs.
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Cup Highlights**
11.30 **EFL Trophy Football**
12.00 M'T **SPFL Greatest Games**
2.00 AM **SPFL Highlights**
2.45 **SPFL Greatest Games**
3.45 **SPFL Highlights**
5.30 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** England v India.
7.00 **Best of England v India**
8.00 **Test Cricket** Action from the first day of the Second Test between England and India at Edgbaston.
9.00 **Best of England v India**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v India.** Coverage of day two of the second Test in the five-match series from Edgbaston. India have a terrible record at this venue in Test cricket, losing seven of their eight previous matches here to England, with one draw back in 1986 proving to be their best result.
7.00 PM **Ashes Greats**
7.30 **Best of England v India**
8.00 **Test Cricket** Highlights of day two of the second Test between England and India at Edgbaston.
9.00 **Made In Yorkshire: Harry Brook**
9.30 **Made in Yorkshire: Joe Root**
10.00 **Test Cricket** England v India.
11.00 **Test Cricket Bitesize**
11.15 **Best of ICC WT20**
11.45 **Best of England v India**
12.00 M'T **International T20 Cricket**
4.30 AM **Ashes Greats**
5.00 **Best of England v India**
5.30 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **US Seniors Tour Golf**
8.00 **DP World Tour Golf**
8.30 **HotelPlanner Tour Golf**
9.00 **PGA Tour: The Cut**
9.30 **PGA Tour Golf**
10.30 **HotelPlanner Tour Golf**
11.00 **DP World Tour Golf**
11.30 LIVE **DP World Tour Golf** Coverage of the opening day of the BMW International Open at Golfclub München Eichenried.
5.00 PM LIVE **Ladies European Tour Golf** The opening day of the Women's Irish Open from the O'Meara course at Carton House.
7.00 LIVE **PGA Tour Golf** Day one of the John Deere Classic from TPC Deere Run in Silvis, Illinois.
12.00 M'T **HotelPlanner Tour Golf**
12.30 AM **Chronicles of a Champion Golfer** Tiger Woods.
1.00 **PGA Tour Golf** Highlights.
3.00 **Golf Academy** Tony Jacklin.
4.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA Tennis** Madrid Open.
8.00 **ATP Tennis** Halle Open final.
9.00 **WTA & ATP Tennis**
10.45 **Bitesize Tennis** Stuttgart Open.
11.00 **WTA Tennis** Tour highlights.
1.00 PM **WTA & ATP Tennis**
2.45 **Bitesize Tennis** Vienna Open.
3.00 **WTA & ATP Tennis**
4.45 **Bitesize Tennis** Highlights.
5.00 **WTA Tennis** Stuttgart Open. **6.00** Madrid Open final.
7.00 **ATP Tennis** Halle Open.
8.00 **WTA & ATP Tennis**
11.45 **Bitesize Tennis** Vienna Open.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Test Cricket Highlights**
8.00 **Wimbledon** The third day.
9.30 **The Gruppetto** Cycling action.
9.45 **Discovery Golf** The latest news.
10.15 LIVE **AFL North Melbourne Kangaroos v Western Bulldogs.** Coverage from Marvel Stadium in Melbourne. Bounce-up **10.30am**.
1.30 PM **TNT Sports Reload**
2.00 **MotoGP Highlights**
3.00 **MotoE Highlights**
3.30 **TCR World Tour Review**
4.00 **Discovery Golf** The latest news.
4.30 **Giro d'Italia Men Highlights**
5.30 LIVE **Tour de France Men** Coverage of the Team Presentation.
7.00 **Manchester City v Tottenham**
7.30 **UEFA Champions League**
8.00 LIVE **MLB Colorado Rockies v Houston Astros.** Coverage from Coors Field. Start-time **8.10pm**.
11.15 **MLB: Off the Bat**
11.45 **MLB Plays of the Week**
12.15 AM **The Gruppetto**
12.30 **SailGP – Racing on the Edge**
1.00 **TNT Sports Reload**
1.30 **Discovery Golf** The latest news.
2.00 **Wimbledon** The fourth day.
3.30 **One Day International Cricket**
4.30 **to 6.00** AM **UEFA Champions League – Classics**

TNT Sports 2

411 414 522 409 431

6.00 AM **Ultimate Pool** Pairs Cup.
7.30 **MotoE Highlights**
8.00 **MotoGP Highlights**
9.00 **WRC Review** Rally Greece.
10.00 **Premiership Rugby Union** The best tries of the 2024/25 season.
10.30 **WNBA** A chance to see Los Angeles Sparks v Chicago Sky.
11.30 **Under the Lights** A chance to relive the memorable European footballing nights for Manchester United at Old Trafford.
11.45 **One Day International Cricket**
12.45 PM **Test Cricket Highlights**
2.45 LIVE **Test Cricket West Indies v Australia.** Coverage of the opening day of the second Test in the three-match series from Grenada National Cricket Stadium.
11.00 **TNT Sports Cricket Reload**
11.30 **One Day International Cricket** Sri Lanka v India highlights.
12.30 AM **TNT Sports Cricket Reload**
1.00 **MotoE Highlights** The best action from the Grand Prix of Netherlands.
1.30 **MotoGP Highlights** Action from the Grand Prix of Netherlands.
2.30 **IFSC Climbing World Cup Highlights** From Innsbruck.
3.30 **UTMB World Series Highlights**
4.30 **to 6.00** AM **MLB Classic**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship**
8.15 **Lions Legends**
9.00 **British and Irish Lions Tour**
10.00 **The Rugby Championship**
12.00 NOON **British and Irish Lions Tour** Action from Queensland Reds v British & Irish Lions.
1.00 PM **The Rugby Championship**
5.00 **Lions Legends** A profile of Welsh number eight Mervyn Davies. **5.15** A profile of Martin Johnson. **5.30** With former British & Irish Lions coach Ian McGeechan. **5.45** A profile of British & Irish Lions player Willie John McBride.
6.00 **British and Irish Lions Tour** Queensland Reds v British & Irish Lions at Suncorp Stadium.
7.00 **Lions Legends** A profile of former captain Martin Johnson.
7.15 **British and Irish Lions Tour** Action from all three Tests between New Zealand and British & Irish Lions from 2005. **11.00** Queensland Reds v British & Irish Lions at Suncorp Stadium.
12.00 M'T **The Rugby Championship**
2.15 AM **British and Irish Lions Tour**
3.15 **Rugby Union Retro**
3.45 **Lions Legends** Ian McGeechan.
4.00 **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Cup Highlights** The semi-final first-leg match between Arsenal and Newcastle United at Emirates Stadium. **6.30** The semi-final second-leg match between Newcastle United and Arsenal, which took place at St James' Park.
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
4.00 LIVE **Ladies European Tour Golf** Coverage of day one of the Women's Irish Open from the O'Meara course at Carton House in Maynooth, County Kildare. England's Annabel Dimmock claimed her first LET title in five years with victory at this event last year, after defeating Frenchwoman Pauline Roussin-Bouchard in a play-off.
7.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see night 14 at First Direct Arena in Leeds.
4.15 AM **EFL Cup Highlights**
5.15 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Test Cricket** England v India.
8.00 **DP World Tour Golf**
8.30 **HotelPlanner Tour Golf Highlights** Recent action.
9.00 **WTA & ATP Tennis**
10.45 LIVE **NRL Cronulla-Sutherland Sharks v Parramatta Eels.** Coverage from Sharks Stadium in Sydney. Kick-off **10.45am**.
12.30 PM **Women's State of Origin**
1.30 **DP World Tour Golf**
2.00 **PL Greatest Games**
3.00 **Tennis** US Open highlights.
5.00 **Test Cricket** England v India.
6.00 **Ladies European Tour Golf**
7.00 **Formula 1** Austrian Grand Prix.
8.00 **Game On: The Unstoppable Rise of Women's Sport**
9.15 **Best of England v India**
10.00 **Test Cricket** England v India.
12.00 M'T **PL Greatest Games**
1.00 AM **Formula 1**
2.00 **Test Cricket** England v India.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **DP World Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Premier League**
12.00 NOON **UEFA Champions League**
12.30 PM **UEFA Champions League**
1.00 PM **MLB Highlights**
2.00 **Ultimate Pool** Action from Group Five of the Pairs Cup.
3.30 **MLB Plays of the Week** The most exciting plays of the week.
4.00 **MLB Highlights**
5.00 LIVE **MLB Miami Marlins v Minnesota Twins.** Coverage of the inter-league match from loanDepot park. Start-time **5.10pm**.
8.15 **TNT Sports Reload**
8.45 **MotoGP Rewind**
9.00 **UTMB World Series Highlights**
10.00 **Wimbledon** Action from the fourth day of the tournament.
11.30 **Fishing: On the Bank**
12.30 AM **Ultimate Pool** Pairs Cup.
2.00 **UEFA Champions League**
2.30 **TCR World Tour Review**
3.00 **WRC Review** Rally Greece.
4.00 **to 6.00** AM **V8 Supercars Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** AS Roma v Bologna. **7.00** Inter Milan v Napoli. **8.00** Napoli v AS Roma. **9.00** Lazio v Bologna. **10.00** Fiorentina v Inter Milan. **11.00** Lecce v Juventus. **12.00** NOON Juventus v Parma.
1.00 PM **Serie A** Como v Lazio. **2.00** Atalanta v AC Milan. **3.00** Action from Napoli v Lazio.
4.00 **IFSC Climbing World Cup Highlights** The Bouldering and Lead finals in Innsbruck.
5.00 **WRC Review** Action from the Rally Greece and the World Rally Championship.
6.00 **Ultimate Pool** Action from Group 5 of the Pairs Cup.
7.30 **AFL** A chance to see the match between North Melbourne Kangaroos and Western Bulldogs.
9.00 **UFC** Ilia Topuria v Charles Oliveira.
12.00 M'T **UFC Reloaded**
5.00 AM **Fight Week** UFC 317.
5.30 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 551

6.00 AM **Indy Autonomous Challenge**
7.00 **Motorsport** Highlights.
9.00 **Transworld Sport** Magazine.
10.00 **Major League Cricket**
2.00 PM **MotorSport** Le Mans.
2.30 **Women's Football Weekly**
3.00 **British Minibikes** Action from the third round of the season.
4.00 **FIM Sidecarcross** Action from the fourth round of the season.
5.00 **UK Independent Kart Racing**
6.30 **NASCAR Highlights**
7.30 **Africa Eco Race** Action from stages 10 and 11 of the rally.
8.30 **LaLiga Specials**
9.30 **World Surf League** Action from the Margaret River Pro.
10.30 **Transworld Sport** Magazine.
11.30 **Ultimate Karting Championship**
12.30 AM **PSA Squash Highlights**
1.30 **British Minibikes**
3.30 **Scottish Rally Championship**
4.00 **NASCAR Highlights**
5.00 **to 6.00** AM **Indy Autonomous Challenge**

Premier Sports 2

420 552

6.00 AM **German Cup** The final.
8.20 **LaLiga Match Highlights**
8.30 **CONCACAF Gold Cup**
12.30 PM **FastZone** Highlights show.
1.00 **GP Confidential** F1 news.
1.30 **Top 14 Rugby Union**
3.30 **Football's Greatest**
4.00 **CONCACAF Gold Cup** Action from the first semi-final.
6.00 **Football's Greatest**
6.30 **CONCACAF Gold Cup** Action from the second semi-final.
8.30 **Football's Greatest** The finest players ever discuss their careers.
9.00 **LaLiga Specials**
10.00 **Football's Greatest**
10.30 **GP Confidential** F1 news.
11.00 **NHL Ice Hockey** Florida Panthers v Edmonton Oilers in game six of the Stanley Cup Finals.
1.00 AM **NHL: This is Hockey**
1.30 **FastZone** Highlights show.
2.00 **NASCAR Xfinity Series**
5.00 **Bike World** Magazine.
5.30 **to 6.00** AM **GP Confidential**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Race highlights.
11.00 **British GT Championship**
12.00 NOON **Formula 1** Action from the 2024 British Grand Prix.
1.00 PM **Formula 1** Action from the Austrian Grand Prix in Spielberg.
2.00 **F1 Drivers Press Conference**
2.40 **Formula 1** Race highlights.
4.00 **F1 Drivers Press Conference**
4.40 **Formula 1** Race highlights.
6.00 **The F1 Show**
7.00 **F1 Drivers Press Conference**
7.40 **Formula 1** Race highlights.
9.00 **The F1 Show**
10.00 **Formula 1** British Grand Prix.
11.00 **F1 Drivers Press Conference**
11.40 **Formula 1** Race highlights.
12.00 M'T **The F1 Show**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

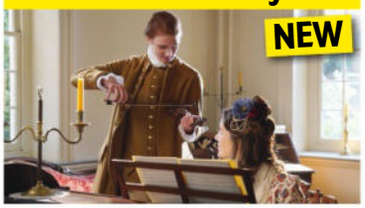
4 July

Evening Planner

Romantic Drama

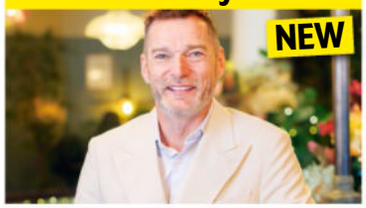
Past Lives
BBC3, 9pm
Touching Korean romance, about two childhood friends who reconnect after not seeing each other for 20 years.

Documentary



Thomas Jefferson
Sky History, 9pm
On American Independence Day, tune into this documentary about the Founding Father and third US President.

Reality



First Dates
C4, 10pm
Fred Sirieix returns with the show that pairs singletons for blind dates. Tonight features self-confessed geek Charlie.

OnDemand

Walter Presents: The Devil's Leap
Available today
A father-daughter hiking trip turns into a desperate fight for survival.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Wimbledon – Live: Further coverage of day five				9.00 Not Going Out	9.30 The Power of...	10.00 News; Local News	10.40 St Denis...
	102 BBC2	7.00 Political...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Today at Wimbledon		10.00 Rev	10.30 Newsnight
	103 ITV1		7.15 Football: Women's Euro 2025 – Live: Germany v Poland (Kick-off 8.00)						10.20 News; Local News
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Remarkable...		9.00 Celebrity Gogglebox		10.00 First Dates	
	105 5	7.00 Football: FIFA Club World Cup – Live: Coverage of the first quarter-final (Kick-off 8.00)							
	106 SKY SHOWCASE		7.15 The Simpsons			9.00 And Just Like That...		10.00 Mr Bigstuff	
ENTERTAINMENT	115 BBC3	7.00 Interior Design Masters with Alan Carr		8.00 Top Gear		9.00 Film: Past Lives			
	116 BBC4	7.00 Today at the Test		8.00 TOTP: 1988	8.30 TOTP: 1977	9.00 Blondie at the BBC		10.00 When Blondie Came to Britain	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Family Guy	
	136 MORE4	◂ 6.55 Kirstie and Phil's Love It or List It		8.00 Celebrity PopMaster TV		9.00 The Sommerdahl Murders			
	135 E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Film: White House Down			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	◂ 6.20 Westworld	7.55 Game of Thrones			9.00 Mare of Easttown			10.15 The Wire
	110 U&GOLD	◂ 6.35 Are...	7.20 Dad's Army	8.00 Open All Hours	8.40 The Vicar of Dibley			10.00 The Royle Family	10.40 Fast...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	◂ 6.00 World Series of Darts: Poland Masters – Live: Coverage of the first round from Gilwice						10.00 The 1% Club	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Atlantis		9.00 From the Earth to the Moon		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Karl Pilkington: The Moaning of Life		9.00 Rob Beckett's Smart TV		10.00 Mr Bigstuff	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Beyond Paradise		9.00 Death in Paradise			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Opry Live		10.00 God Bless Ozzy Osbourne	
	132 U&W	7.00 Ski A&E		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush: White Water		9.00 Expedition Files		10.00 Blowing Up History	
	162 ANIMAL PLANET	7.00 Animal Cribs		8.00 Dodo Heroes		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 Area 51: I Was There		10.00 Inside Airport Lost & Found	
	123 SKY HISTORY	◂ 6.40 Theodore Roosevelt				9.00 Thomas Jefferson		10.00 The American Presidency with Bill...	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Warbird Workshop		9.00 Porridge			
	121 SKY DOCS	7.00 Hill				9.00 Villeneuve Pironi: Racing's Untold Tragedy			
FILMS – Sky Cinema	301 PREMIERE	◂ 5.30 Gladiator II		8.00 William Tell					10.15 Sharp Corner
	302 2025 RECAP	◂ 5.50 The Killer		8.00 The Fall Guy					10.10 Joker: Folie à Deux
	303 EPIC WORLDS	◂ 6.00 Wonka		8.00 The Lord of the Rings: The Fellowship of the Ring					
	304 GREATS	◂ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	305 ANIMATION	◂ 5.45 Sing	7.40 Monster House				9.25 Paws of Fury: The Legend of Hank		
	306 FAMILY	◂ 6.50 Stardust				9.00 Look Who's Talking			10.40 Ride On
	307 JURASSIC PARK	◂ 6.55 The Lost World: Jurassic Park					9.10 Jurassic Park III		
	308 COMEDY	◂ 5.50 Baywatch		8.00 Mamma Mia!				10.00 Mamma Mia! Here We Go Again	
	309 THRILLER	◂ 6.20 Poker Face		8.00 Ocean's Twelve					10.15 Hannibal
	310 DRAMA	◂ 4.55 Horizon: An American Saga...		8.00 Chicago				9.55 Burlesque	
	311 SCI-FI	◂ 6.00 Evolution		8.00 Furiosa: A Mad Max Saga					10.30 Blade
	313 FILM4	◂ 6.50 I, Robot				9.00 Predator			
SPORT	401 MAIN EVENT	◂ 6.30 Women's International T20 Cricket – Live: England v India						10.00 PGA Tour Golf – Live	
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 We're Not...	9.30 My Origin Story	10.00 Class of '92: Full Time	
	403 FOOTBALL	◂ 6.00 EFL Cup Retro		8.00 Craig Brown...	8.30 Jimmy Glass...	9.00 EFL Greatest Games		10.00 Championship Season Review	
	404 CRICKET	◂ 6.30 Women's International T20 Cricket – Live: England v India						10.00 Best of ICC...	10.30 Test Cricket
	410 TNT SPORTS 1	7.00 MLB Highlights		8.00 MLB – Live: New York Mets v New York Yankees (Start-time 8.10)					
	411 TNT SPORTS 2	◂ 2.45 Test Cricket – Live: West Indies v Australia							

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** Visits to four flats in Scotland, England and Wales. (S)(R)(AD)
12.15 PM **Bargain Hunt** New edition Two teams compete at Ardingly antiques fair, West Sussex. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 LIVE **Wimbledon** Coverage of the fifth day of the Grand Slam tournament, staged at the All England Club, where third-round singles matches in the men's and ladies' competitions are scheduled to take place. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 The Power of Parker

7.00 LIVE **Wimbledon** Clare Balding presents further coverage of day five of the tournament from the All England Club, where third-round singles matches in the men's and ladies' competitions are scheduled to continue. Top seed Jannik Sinner was the final player to win on Centre Court at this stage last year, overcoming Miomir Kecmanovic 6-1, 6-4, 6-2. The Italian has played in four Grand Slam finals since the start of 2024, winning three of them. (S)

9.00 **Not Going Out** New episode 4/6. Lee fails to buy Oasis tickets. (S14) (S)(AD) ■ Entire series on BBC iPlayer
9.30 **The Power of Parker** Series finale 6/6. Kath evaluates her life. (S2) (S)(AD) ■ Entire series on BBC iPlayer

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **St Denis Medical** New episode 7/18. Bruce is reluctant to join in with the staff blood drive. (S1) (S)(AD) ■ Entire series on BBC iPlayer

11.00 **St Denis Medical** New episode 8/18. Joyce decides that she needs to know which staff are in relationships together and asks them to fill out a form. (S1) (S)(AD)
11.25 FILM **Quiz Lady** Comedy starring Sandra Oh and Awkwafina. A pair of siblings embark on a cross-country odyssey to transform a shrinking violet into a game show contender. (S) (2023, 15, 95min) ★★★★
1.00 AM **Weather for the Week Ahead**
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM FILM **Bachelor Knight** Romantic comedy with Cary Grant. (S) (1947, b/w, U, 90min) ★★★★
8.00 **Sign Zone: Anna Haugh's Big Irish Food Tour** (S)(R)
8.30 **Sign Zone: Great Continental Railway Journeys** (S)(R)
9.00 **BBC News** (S)
11.00 LIVE **Wimbledon** Isa Guha presents coverage of day five of the Grand Slam tournament from the All England Club, where the third-round singles matches are scheduled to get under way. (S)
3.00 PM LIVE **Wimbledon** Clare Balding presents further coverage of day five of the Grand Slam tournament from the All England Club, where the men's and ladies' third-round singles matches are scheduled to continue. (S)

8.00 Gardeners' World

7.00 **Political Thinking with Nick Robinson** The journalist talks about what's going on in British politics. (S)
7.30 **Beechgrove Garden** New edition Calum harvests the shallots and potatoes he planted out in the spring. (S)
8.00 **Gardeners' World** New edition The team report from the RHS Hampton Court Garden Festival, with Adam Frost, Rachel de Thame and Frances Tophill exploring inspirational show gardens bursting with vibrant colour. (S)
9.00 **Today at Wimbledon** Qasa Alom presents highlights of the fifth day's play at the All England Club, featuring third-round matches in the men's and ladies' singles. (S)

10.00 **Rev** 1/6. First episode of the comedy with Tom Hollander. The cleric struggles with a sudden influx of worshippers. (S1) (S)(R)(AD)
10.30 **Newsnight** (S)

11.00 NEW **Best of Glastonbury** A look back at the most talked about performances from this year's Glastonbury Festival. (S)
1.05 AM **Today at the Test** England v India: Action from day three of the second Test at Edgbaston. (S)(R)
2.05 **Sign Zone: Mary Earps – Queen of Stops** (S)(R)(AD)
2.50 **Sign Zone: Heston – My Life with Bipolar** (S)(R)(AD)
3.50 **Sign Zone: Death Valley** (S)(R)(AD)
4.35 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 NEW SERIES **Fern Britton: Inside the Vets** 1/6. Fern meets the owners of pets who have appointments at the Grove Vets in Bristol, where she assists in dentistry on a spaniel. (S)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **ITV News** (S)
4.15 LIVE **Football: Women's Euro 2025** Denmark v Sweden: Seema Jaswal presents coverage of both teams' opening match in Group C at Stade de Genève in Switzerland. Kick-off is at 5.00. (S)

2.00 Fern Britton: Inside the Vets

7.15 LIVE **Football: Women's Euro 2025** Germany v Poland: All the action from both teams' opening match in Group C, held at Arena St Gallen in Switzerland. Germany will be looking to go one better than in 2022, when they were runners-up to hosts England, and they go into this tournament in excellent form, having comfortably topped their Nations League group. Their opponents are playing in their first major championship, but they too go into this competition on the back of some good results in 2025, albeit without facing anyone of the calibre of the Germans. Kick-off is at 8.00. (S)

10.20 **ITV News** (S)
10.55 **Local News** (S)

11.10 **Jonathan Ross Special Guests: Oasis** Memorable moments with Noel and Liam Gallagher. (S)(R)
11.40 **Sorry, I Didn't Know** With guests Shazia Mirza, Lucy Porter, Curtis Walker and Tyler West. (S)(R)
12.10 AM **Teleshopping**
3.00 **Mel Giedroyc and Martin Clunes Explore Britain by the Book** (R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Katie Piper's Weekend Escape** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.15 AM **Cheers** 13-16/28. (S11) (S)(R)
8.00 **The King of Queens** (S)(R)(AD)
9.25 **Frasier** 3-6/24. (S4) (S)(R)(AD)
11.25 **Ramsay's 24 Hours to Hell and Back** From New Jersey. (S)(R)(AD)
12.20 PM **News** (S)
12.25 LIVE **F1: British Grand Prix Practice One** Coverage of preparations for the 12th round of the season at Silverstone. (S)
1.35 **Find It, Fix It, Flog It** (S)(R)(AD)
2.05 **Countdown** New edition (S)
2.55 **A Place in the Sun** (S)(R)
3.55 LIVE **F1: British Grand Prix Practice Two** Further coverage of round 12 from Silverstone. (S)
5.10 **Chateau DIY** (S)(R)(AD)
6.05 **Sun, Sea and Selling Houses** New edition Golf enthusiast Graham and his wife Tracy hope to find a property in Almería. (S)

9.00 Celebrity Gogglebox

7.00 **News** (S)

8.00 **George Clarke's Remarkable Renovations** George meets Peter and Julia, who have run and lived above their local post office for the last 20 years. Now the business has closed, they are renovating the building. (S)(R)(AD)

9.00 **Celebrity Gogglebox** New edition Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, sharing their views on what they have been watching during the week (S)(AD)

10.00 NEW SERIES **First Dates** Serial dater Conner tries to connect with tech consultant Charlie, and Sophie, a tattoo-loving mum-of-three from Cheshire, who has never dated a woman before, meets Emily, a massage therapist. (S)(AD)

11.05 **Ramsay's Kitchen Nightmares USA** New edition A failing vegan restaurant in New Orleans. (S)
12.00 M'T FILM **Dante's Peak** Disaster movie starring Pierce Brosnan. (S) (1997, 12, 105min) ★★★
1.45 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.40 **Come Dine with Me** (S)(R)
4.50 **Kirstie's Fill Your House for Free**
5.10 **to 6.00** AM **George Clarke's Amazing Spaces** (S)(R)(AD)

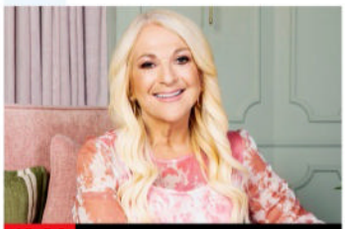
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **A Secret Worth Murdering For** Thriller starring Ashley Leggat. (S) (2024, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition In Benidorm, DJ Jessie swaps the decks for climbing ropes. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Dog trainer Graeme Hall meets an agoraphobic sprocker that has not been out on a walk in over two years. (S)(R)
6.55 **News** (S)


12.30 Vanessa

7.00 LIVE **Football: FIFA Club World Cup** Coverage of the opening quarter-final from Camping World Stadium in Orlando, Florida. The teams are contesting a place in the opening semi-final which takes place at MetLife Stadium in East Rutherford, New Jersey on 8 July, as the teams continue their quest to be the successors to 2023 champions Manchester City and the first winners since the competition was expanded. Kick-off is at 8.00. (S)

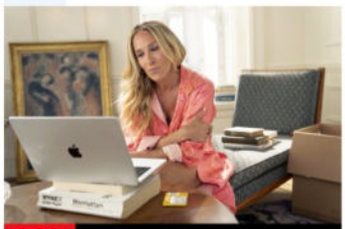
11.00 **When Motorways Go Horribly Wrong** Documentary. (S)(R)
12.25 AM **Car Pound Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S7) (S)(R)(AD)
3.45 **The World's Most Expensive Hotels** A visit to the Beverly Hilton in Los Angeles. (S)(R)
4.35 **Paul Martin's Antiques Showdown** (S)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **The F1 Show** (R)
12.00 NOON LIVE **F1: British Grand Prix Practice One** Coverage of the first practice session ahead of the 12th round of the season at Silverstone.
2.00 PM **Williams & Mansell: Red 5** The rise of driver Nigel Mansell and the Williams F1 team. (S)(R)
3.45 LIVE **F1: British Grand Prix Practice Two** The second practice session at Silverstone.
5.15 **The F1 Show** A preview of the British Grand Prix.
6.15 **Sport's Funniest Moments** Farcical moments from the sporting world. (S)(R)(AD)


9.00 And Just Like That...

7.15 **The Simpsons** *Kamp Krustier:* Bart and Lisa are forced to return home early from camp. (S)(R) **7.40** *22 for 30:* Bart goes from delinquent to the star basketball player at Springfield Elementary. (S)(R)

8.05 **The Simpsons** *A Father's Watch:* Grampa gives Bart a special watch that was passed down by his own father. (S)(R) **8.30** *The Caper Chase:* Mr Burns decides to open his own university. (S)(R)

9.00 **And Just Like That...** New episode 6/12. *Sex and the City* revival catching up with the lives of Carrie, Charlotte and Miranda. Stars Sarah Jessica Parker, Kristin Davis and Cynthia Nixon. (S3)

10.00 **Mr Bigstuff** 1/6. Comedy starring Danny Dyer and Ryan Sampson. Glen's estranged brother Lee suddenly turns up (S)(R)(AD) **10.30** 2/6. Lee remains determined to track down Steve. (S1) (S)(R)(AD)

11.00 FILM **Battleship** Sci-fi action adventure starring Taylor Kitsch. (S) (2012, 12, 126min) ★★★
1.15 AM **Sex and the City** 7/20. Carrie nurses her pride. (S)(R) **1.55** 8/20. Samantha grows closer to Smith. (S6) (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 11/18. (S4) (S)(R)(AD)
5.00 **Motorway Patrol** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Bikes! Tandragee 100 New edition (S) **11.20** St Denis Medical New episodes (S)(AD) **12.05am** FILM Quiz Lady (S) (2023, 15, 95min) ★★★★ **1.40-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Feast of Football (S) **11.10** Rewind: 60 Years of Welsh Pop New edition (S) **11.40** St Denis Medical New episodes (S)(AD) **12.25am** Pointless Celebrities (S)(R) **1.15-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Bwrdd i Dri **12.30** Heno **1.00** Y Ci Perffaith **1.30** Cymry ar Gynfas **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Trysorau'r Teulu **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ralio: Pencampwriaeth Rali'r Byd 2025 **6.30** Garddio a Mwy **6.57** Newyddion **7.00** NEW Heno Euro **7.30** Newyddion a'r Tywydd **8.30** Heno Euro New edition **9.00** Yr Hawl I Chwarae **10.00** Ar Led New edition **10.25-11.30pm** Gogglebocs Cymru

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Interior Design Masters with Alan Carr** 3/8. The competitors are tasked with designing a hotel room at a luxury resort.
7.55 **The Catch Up**
8.00 **Top Gear** Jeremy, Richard and James shop for second-hand convertibles, uncovering the pitfalls to avoid when buying a used car.
9.00 FILM **Past Lives** Romantic drama starring Greta Lee Teo Yoo and John Magaro. Twenty years after they were separated, two childhood friends reunite for a week of reminiscing. Partly subtitled. (2023, 12, 105min) ★★★★★
10.40 **To Catch a Stalker** 1/2. Zara McDermott explores the crime of stalking. **11.25** 2/2. Zara concludes her exploration of the growing crime of stalking.
12.10 AM **Such Brave Girls** (S2)
1.05 **What It Feels Like for a Girl** 5/8. Drama. (S1)
1.55 **Ruck Stars** Double bill.
2.55 **to 3.55** AM **Top Gear**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Today at the Test** England v India: Action from day three of the second Test in the five-match series, held at Edgbaston.
8.00 **TOTP: 1988** Featuring performances by The Communards, Everything but the Girl and INXS.
8.30 **TOTP: 1977** Music from Hot Chocolate, Rah Band, Olivia Newton-John and Brotherhood of Man.
9.00 **Blondie at the BBC** Archive appearances by the American band, featuring performances of *Call Me, Atomic* and *The Tide Is High*.
10.00 **When Blondie Came to Britain** Exploring the band's relationship with the UK.
11.00 **Blondie in Concert: 1979**
11.45 **Omnibus: Blondie – Beneath the Bleach**
12.35 AM **Blondie at Maida Vale**
1.20 **Phil Collins at the BBC**
2.20 **Crosby and Nash: In Concert** From 1970.
2.55 **TOTP: 1988** As 8.00pm.
3.25 **to 3.55** AM **TOTP: 1977**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions from Llanelli in Carmarthenshire.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help a couple in Woodford, London. **6.55** Kirstie and Phil come to the aid of a couple in Staines-upon-Thames.
8.00 **Celebrity PopMaster TV** Ken Bruce hosts a celebrity edition of the music quiz, with Eddie Kadi, Keith Brymer Jones, Hannah Cockroft, Ian 'H' Watkins and Scarlett Moffatt.
9.00 **The Sommerdahl Murders** Series finale 7&8/8. After a patient is murdered at the local care facility, the team find out about a series of thefts taking place at the residence. When the thief is unmasked, the case takes a shocking turn. Subtitled. (S2)
11.00 **24 Hours in A&E** A girl requires extensive surgery after breaking her leg while playing rugby.
12.05 AM **999: On the Front Line** Documentary.
1.05 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck: Mediterranean** New edition The deck crew are on high alert when a catastrophic storm exposes a major leak in the boat.
9.00 FILM **White House Down** Action thriller starring Channing Tatum and Jamie Foxx. A lone cop strives to save the day after heavily armed terrorists seize control of the White House. With Maggie Gyllenhaal. (2013, 12, 131min) ★★★
11.35 **Naked Attraction**
12.35 AM **The Big Bang Theory**
1.35 **Brooklyn Nine-Nine**
2.35 **Modern Family**
3.25 **Below Deck: Mediterranean**
4.10 **Ramsay's Kitchen Nightmares USA**
5.00 **The Goldbergs**
5.25 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Friday primetime primetime

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Border Security: Canada's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **UK Border Force**
11.00 **Bondi Rescue**
12.00 NOON **The Good Doctor** (S6)
1.00 PM **FBI** 4/15. (S3)
2.00 **FBI: Most Wanted** 4/15. The team search for a young woman on a deadly quest for vengeance. (S2)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

10.00 Chicago PD

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Chicago Med** New episode *Broken Hearts:* 10/22. An army of surgeons try to separate conjoined twins. (S10)

9 PM
9.00 **Chicago Fire** New episode *Chaos Theory:* 10/22. The team respond to a crisis at a community centre. (S13)

10 PM
10.00 **Chicago PD** New episode *Zoe:* 10/22. An unexpected visitor causes disruption for Ruzek and Burgess. (S12)
11.00 **Bull** 16/16. (S5)
12.00 M'T **FBI** 13/22. (S4)
1.00 AM **The Equalizer** 6/10. (S1)
2.00 **The Good Doctor** 9/22. (S6)
3.00 **Sun, Sea and A&E**
4.00 **The Real A&E**
5.00 **to 6.00** AM **Air Ambulance ER**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.40 **The Sopranos** 9&10/13. (S5)
9.40 **Westworld** 9&10/10. (S2)
12.15 PM **Game of Thrones** (S7)
1.15 **Unwanted** 3&4/8. (S1)
3.15 **The Sopranos** 9/13. Johnny Sack suspects Tony Blundetto was involved in the hit. **4.15** 10/13. Janice takes anger management classes. (S5)
5.15 **Westworld** 9/10. The Man in Black confronts past memories. **6.20** 10/10. Dolores, Bernard and The Man in Black meet at the entrance to the Forge. (S2)

9.00 Mare of Easttown

7.55 **Game of Thrones** *Dragonstone:* 1/7. Cersei tries to even the odds, Arya reminds the Freys that the North remembers and the Night King makes his way south. (S7)

9.00 **Mare of Easttown** *Illusions:* 5/7. Mare meets with a source about possible connections in her three cases. (S1)

10.15 **The Wire** *The Dickensian Aspect:* 6/10. Carcetti tries to establish a reputation for helping the homeless. (S5)
11.20 **Homicide: Life on the Street** Bayliss returns to duty. (S7)
12.20 AM **Catherine the Great** 1/4. Historical drama starring Helen Mirren. (S1)
1.25 **Gomorrah** 11&12/12. (S1)
3.40 **Game of Thrones** As 7.55pm.
4.50 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S8)
8.00 **The Flash** 1/13. (S9)
9.00 **Stargate SG-1** (S10)
11.00 **SEAL Team** 7/22. (S1)
12.00 NOON **The Flash** 2/13. (S9)
1.00 PM **Hawaii Five-0** (S8)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 11/18. (S4)
5.00 **SEAL Team** 6/22. Jason comes to blows with long-term rival and Charlie Team boss Beau Fuller. (S1)
6.00 **Stargate SG-1** 17/20. The team must decide between Teal'c and millions of lives. (S10)

10.00 Mr Bigstuff

7.00 **Stargate SG-1** *Family Ties:* 18/20. Vala's father tries to strike a deal with the team. (S10)

8.00 **Karl Pilkington: The Moaning of Life** 2/5. Karl tries to find out how people achieve happiness.

9.00 **Rob Beckett's Smart TV** Guests Richard Osman, Danny Dyer, Motsi Mabuse and Richard Ayoade join the regulars.

10.00 **Mr Bigstuff** 1/6. Comedy starring Danny Dyer. **10.30** 2/6. Lee remains determined to track down Steve. (S1)
11.00 **Strike Back: Vendetta** 1/10. A seemingly straightforward mission in Kosovo to rescue a British scientist uncovers a conspiracy. (S8)
12.00 M'T **The Force: North East**
1.00 AM **Road Wars** Double bill.
3.00 **NCIS: New Orleans** 14/16. (S7)
4.00 **S.W.A.T.** 11/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.35 **Olivia Marries Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.05 PM **Dinner Date**
1.05 **Olivia Marries Her Match**
2.05 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 NEW SERIES **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

7.00 Deal or No Deal

7.00 **Deal or No Deal** Stephen Mulhern hosts as Ronnie takes on the Banker for the chance to win life-changing money.

8.00 **Million Dollar Listing: LA** James and David are under extreme pressure to get their latest Zach Vella listing sold.

9.00 **Love Island** New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.05 **Family Guy** 1/21. The residents of Quahog join a treasure hunt. (S12) **10.35** 18/22. Stewie tries to save a teddy bear. (S11)
11.05 **Family Guy** 19/22. Peter and his friends attempt to save The Drunken Clam. (S11)
11.30 **American Dad!** (S11&10)
12.35 AM **Bob's Burgers** 1/16. (S14)
1.05 **Transaction** 2/6. (S1)
1.35 **Plebs** 1&2/8. (S2)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
10.30 **The Royal** *Against All Odds.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 7/9. The Crawleys attend a motor racing event, and Andy's secret is brought to light. (S6)
6.00 **Heartbeat** *Riders of the Storm:* A violent criminal is released from prison.

7.00 Heartbeat

7.00 **Heartbeat** *Dead Ringer:* One of Nick's colleagues is suspected of robbery, and Greengrass develops an interest in a greyhound.

8.00 **Midsomer Murders** *Dead Man's Eleven:* Barnaby and Troy investigate when a wealthy landowner's wife is found battered to death with a cricket bat. Guest stars Robert Hardy and Imelda Staunton.

10.00 **Grantchester** 5/6. When two men are poisoned and one dies, Elliot decides to hand the case to Larry. (S8)
11.00 **Grantchester** 6/6. Geordie and Will investigate after a farming couple are stabbed to death. (S8)
11.55 **Cracker** *Nine Eleven:* Fitz becomes involved with a shell-shocked ex-squaddie.
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Great Food Guys** Nick Nairn and Dougie Vipond cook goat curry with chapatis.
8.00 **Inside Central Station** The Network Rail helicopter takes to the skies to survey the lines around Central for faults.
9.00 **Rebus** 5/6. In the wake of an attack, John faces questions from Malcolm Fox and Gill Templer. **9.45** 6/6. John and Michael face-off with Cafferty's life hanging in the balance. (S1)
10.30 **Still Game** *Brief:* 4/9. Jack forces Victor to drive a car. (S2)
11.00 **Sacked in the Morning** Series finale 10/10. With Alastair Campbell.
11.30 PM **to 12.00** M'T **Scotland Stands Up** Stand-up comedy.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Betty** 1&2/6. (S2)
9.15 **The Conners** (S4)
10.15 **Entourage** 5&6/10. (S7)
11.25 **Crashing** 6&7/8. (S2)
12.45 PM **Silicon Valley** (S1)
1.55 **Entourage** 5&6/10. (S7)
3.05 **Betty** 1&2/6. (S2)
4.15 **Crashing** 6&7/8. (S2)
5.25 **The Franchise** (S1)
6.45 **The Conners** (S4)
7.45 **Silicon Valley** (S2)
9.00 **And Just Like That...** New episode 6/12. Comedy drama starring Sarah Jessica Parker, Kristin Davis and Cynthia Nixon. (S3)
10.00 **Paul Chowdhry: Live Innit** Stand-up comedy.
11.10 **Intelligence** 5/6. Jerry makes a confession that devastates Joseph. **11.40** 6/6. The truth about Jerry's NSA past comes out. (S1)
12.10 AM **Veep** 7&8/8. (S1)
1.20 **Sex and the City** (S6)
2.35 **Hello Ladies** (S1)
3.45 **to 5.00** AM **Betty**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **André Rieu: Live at the Royal Albert Hall**
7.55 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Lenny Henry's Got the Blues**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of the Year National Trust Favourites**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **From the Vaults**
9.00 NEW **Opry Live**
10.00 **God Bless Ozzy Osbourne** Profile.
11.45 **Classic Albums**
1.00 AM **Down the Tracks**
3.00 **Greatest Albums Live**
3.55 **Discovering**
4.45 **to 6.00** AM **National Trust: National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Customs UK**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: The Next Generation** 4/26. (S1)
8.00 **Star Trek: Deep Space Nine** 14/26. (S2)
9.00 **Forensics: Catching the Killer** Sand in a car leads experts to a body and a twisted murder case. **10.00** Experts analyse the bodies of two women found in a freezer.
11.00 **Grimm** 8/22. (S4)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Word-based quiz hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the game show.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout** Game show hosted by Joel Dommett.
3.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show as a contestant takes on the ruthless Banker.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.00 M'T **In with a Shout** Game show hosted by Joel Dommett.
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S3)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 18/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 2/19. (S1)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 1/8. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 9-12/25. (S6)
9.00 **Randall and Hopkirk (Deceased)** *For the Girl Who Has Everything:* 12/26. Jeff and Marty embark on a ghost hunt at a haunted castle. (S1)
10.00 **The Avengers** *Murdersville:* 23/24. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S6)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **Minder**
7.20 **The Professionals**
8.30 **Dempsey and Makepeace**
9.30 **Magnum, PI**
10.30 **Kojak**
11.35 **Giant Lobster Hunters**
12.35 PM **Dempsey and Makepeace**
1.40 **Magnum, PI**
2.40 **Kojak**
3.45 **Minder**
4.55 **The Professionals** 6/13. Bodie discovers a former friend has joined a terrorist group. (S4)

10.00 The 1% Club

6.00 **LIVE World Series of Darts** Coverage of first-round matches on day one of the Poland Masters from PreZero Arena Gliwice, as eight of the world's best players take on qualifiers in matches played over the best of 11 legs. The only qualifier to progress last year was Boris Krcmar, who prevailed 6-4 against Nathan Aspinall.

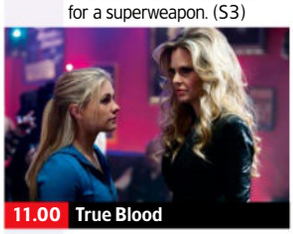
10.00 **The 1% Club** Quiz show hosted by comedian Lee Mack in which the questions are all about logic and common sense.
11.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.55 AM **Dark Side of the Ring** Herb Arams' tragic attempt to build a wrestling empire.
1.50 **Minder**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 2/26. (S7)
2.00 **Atlantis** 8/13. (S1)
3.00 **Stargate Atlantis** 19/20. (S1)
4.00 **Star Trek: Voyager** (S6)
5.00 **Star Trek: The Next Generation** 2/26. Alien ambassadors cause chaos. (S7)
6.00 **Star Trek: Enterprise** 13/24. The crew members search for a superweapon. (S3)



11.00 True Blood

7.00 **Atlantis** *The Furies:* 8/13. The trio are joined by Pythagoras's feisty younger brother Arcas to escort a valuable cargo. (S1)

8.00 **Stargate Atlantis** *The Siege – Part One:* 19/20. The team members defend themselves against Wraith warships. (S1)

9.00 **From the Earth to the Moon** *We Have Cleared the Tower:* 3/12. The back-up crew prepare for the Apollo 7 mission. (S1)

10.00 **The Walking Dead** *Bounty:* 11/16. Alpha leads efforts to retrieve her daughter. (S9)

11.00 **True Blood** 3/12. Debbie's parents arrive in Bon Temps in search of their daughter. **12.00** M'T 4/12. Bill and Eric struggle to balance their hunt for the escaped Russell Edgington. (S5)
1.00 AM **Wynonna Earp** (S3)
3.00 **Room 104** 3&4/12. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **Father Brown** As 6.00pm.
10.00 **WPC 56** 4/5. (S1)
11.00 **Hudson & Rex** 11/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 4/10. (S4)
1.00 PM **Beyond Paradise** 4/6. (S1)
2.00 **Murdoch Mysteries** (S7)
4.00 **WPC 56** 4/5. (S1)
5.00 **Hudson & Rex** 11/16. (S3)
6.00 **Father Brown** *The Queen Bee:* The sleuthing priest investigates the mysterious death of a beekeeper.

8.00 Beyond Paradise

7.00 **Shakespeare & Hathaway: Private Investigators** 4/10. An American PI is arrested for murder. (S4)

8.00 **Beyond Paradise** 4/6. Reports of strange lights in the sky lead ramblers to a crop circle where they find a man's body. (S1)

9.00 **Death in Paradise** *An Unholy Death:* 2/8. A young nun is found dead in a smoke-filled bedroom in what seems like a terrible accident. **10.20** *A Murder on the Plantation:* 1/8. The owner of a sugar plantation is found murdered. (S2)

11.20 **Father Brown** As 6.00pm.
12.20 AM **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.20 **Elementary** 15/21. Holmes and Watson hunt for a killer. (S6)
2.20 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Last of the Summer Wine**
8.40 **The Green Green Grass**
9.20 **Ever Decreasing Circles**
10.00 **Are You Being Served?**
10.40 **Open All Hours**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **Dad's Army** Double bill.
2.40 **Open All Hours**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **The Vicar of Dibley**
6.00 **The Green Green Grass**
6.35 **Are You Being Served?**

10.40 The Fast Show

7.20 **Dad's Army** Wilson struggles to get the platoon out of the pub and on parade.

8.00 **Open All Hours** Arkwright organises a sales drive in a bid to boost profits.
8.40 **The Vicar of Dibley** Geraldine hits stardom after an appearance on Terry Wogan's radio show. **9.20** Alice shocks Geraldine with a pre-wedding revelation.

10.00 **The Royle Family** Nana stays with the family after her cataract operation.
10.40 **The Fast Show** Featuring words of wisdom from pundit Ron Manager.
11.20 **Not Going Out**
12.00 M'T **Absolutely Fabulous**
12.40 AM **Mrs Brown's Boys**
1.20 **The Vicar of Dibley**
2.00 **The Royle Family**
2.40 **The Fast Show**
3.10 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.00 AM **Gadget Man**
7.35 **Travel Man: 48 Hours in Athens** With Dawn French.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **The Boat That Guy Built**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Storage Hunters UK**
2.00 PM **The Boat That Guy Built**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Road to Mexico** Rick's journey draws to a close as he heads east from Oaxaca to the Yucatan Peninsula.

9.00 QI XL

7.00 **Would I Lie to You?** With Nadiya Hussain, Diane Morgan, Michael Smiley and Bob Mortimer. **7 PM**
7.40 **Richard Osman's House of Games** With Yasmine Akram and Tom Rosenthal. **8.20** Contestants include Hal Cruttenden and Radzi Chinyanganya. **8 PM**

9.00 **QI XL** Stephen Fry quizzes Sue Perkins, Bill Bailey, Gyles Brandreth and Alan Davies on parts of the body that begin with H. **9 PM**

10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Mishal Husain and Geoff Norcott. **10 PM**
11.00 **8 Out of 10 Cats** With guests Joe Swash, Harriet Kemsley, Dotty and Suzi Ruffell.
11.55 **Mock the Week** With Greg Davies and Andi Osho.
12.35 AM **Would I Lie to You?**
1.55 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

9.00 AM **Sun, Sea and Selling Houses**
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From Italy.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Sun, Sea and Selling Houses** From Spain.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Britain's Most Expensive Houses**
8.00 **Bake Off: The Professionals**
9.00 **24 Hours in A&E** Three mothers who have triumphed over adversity. **10.00** A 45-year-old is rushed in after an accident at a fun run.
11.05 **Celebrity Gogglebox**
12.05 AM **Celebrity Gogglebox for Stand Up to Cancer**
1.10 **The Life and Murder of Nicole Brown Simpson**
3.15 **Taskmaster: The Final**
4.15 **to 4.45** AM **A Place in the Sun**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
3.00 PM **Law & Order: Criminal Intent** (S1)
6.00 **NCIS** *Twilight:* 23/23. Gibbs is distressed to learn he is being targeted by an old enemy. Guest stars Rudolf Martin. (S2) **7.00** *Kill Ari – Part One:* 1/24. The team try to avenge Kate's untimely death by collecting information on Ari. **8.00** *Kill Ari – Part Two:* 2/24. Gibbs continues to search for Ari. (S3)
9.00 **Person of Interest** *Firewall:* 23/23. Reese tries to protect a psychotherapist. (S1) **10.00** *The Contingency:* 1/22. Reese finds out how the supercomputer operates. (S2)
11.00 **Law & Order: Special Victims Unit** (S14&13)
2.45 AM **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Rogue Claimers**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **FILM Unknown** Thriller starring Liam Neeson and Diane Kruger. An amnesiac scientist finds out that another man has stolen his identity. (2011, 12, 113min) ★★★
11.20 **Swingers: Couples Wanted!** The practice of partner-swapping.
12.20 AM **Adults Only: Mums Who Do Porn**
1.20 **Quantico** 3&4/22. (S2)
3.00 **Police Interceptors**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.00 **Traffic Cops: Under Attack** Documentary.
11.00 **Police Interceptors**
2.00 PM **FILM A Reason to Live, A Reason to Die** Spaghetti Western starring James Coburn. (1972, PG, 92min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Police: Suspect No 1** A Scunthorpe household is terrorised by masked invaders who hold them at knifepoint.
10.00 **The Motorway** A 44-ton freight lorry crashes and overturns in the middle of the M6.
11.00 **Quantum Leap** (S1)
12.00 M'T **Motorway Cops: Catching Britain's Speeders** Documentary.
1.00 AM **Motorway: Hell on the Highway**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.30 AM **MasterChef Australia** Culinary show.
8.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Don't Hate Your House with the Property Brothers** Double bill.
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E** Patrol teams seek a 14-year-old boy who has gone missing.
8.00 **Inside the Ambulance: Coast and Country** Paramedics help a family whose car has crashed into a ditch.
9.00 **999 Rescue Squad** A car being pursued by police crashes. **10.00** The centre of Leeds is locked down.
11.00 **Coupling** Four episodes.
1.45 **to 3.00** AM **Interior Design Masters with Alan Carr**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.20 AM **Pie in the Sky**
8.10 **Doctors**
9.30 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Kingdom**
4.00 **Lovejoy**
5.15 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Devil's Dust:* The priest searches for a girl who is believed to be radioactive. **9.00** *The Face of Death:* Father Brown looks into a murder at a charity treasure hunt.
10.00 **New Tricks** *Left Field.*
11.20 **Spooks** 2/10. (S2)
12.40 AM **Hope Street**
1.40 **The Bletchley Circle**
2.30 **Birds of a Feather**
3.00 **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** French Riviera.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** Catherine Southon and James Braxton travel across Derbyshire and Leicestershire. **8.00** Catherine and James hit the final leg.
9.00 **Yorkshire Air 999** New edition The Yorkshire Air Ambulance races to save lives.
10.00 **Helicopter ER** A farmer is crushed under a tractor. **11.00** A caravan holiday ends in disaster.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.45 **Richard Osman's House of Games**
8.00 **The Chase** Double bill.
10.00 **All Star Family Fortunes Christmas Special** The Dingles of *Emmerdale* take on the McQueens of *Hollyoaks*.
10.40 **Richard Osman's House of Games**
12.00 M'T **Bullseye**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.40 **Battle Honours**
9.50 **War Machines**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Nebraskan** Western. (1953, PG, 63min) ★
2.30 **FILM Any Gun Can Play** Spaghetti Western. (1967, 12, 98min) ★★
4.50 **FILM Rage at Dawn** Western with Randolph Scott and Mala Powers. (1955, U, 87min) ★★
7.00 **The High Chaparral**
8.00 **FILM Return of the Seven** Western sequel. (1966, PG, 95min) ★★
10.05 **FILM Gold** Adventure. (1974, 12, 124min) ★★
12.55 AM **FILM Collision Earth** Sci-fi drama. (2020, 12, 90min) ★
3.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Saving Lives at Sea**
10.00 **FILM The Many Faces of Alice** Thriller. (2016, PG, 95min) ★★
12.00 NOON **Heathrow: Britain's Busiest Airport**
1.00 PM **FILM A Woman Deceived** Thriller. (2017, 12, 90min) ★★
2.55 **FILM Gone Missing** Crime action thriller. (2013, 12, 80min) ★★
5.00 **FILM Killer Mom** Thriller. (2017, 12, 89min) ★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Forger** Thriller. (2014, 15, 92min) ★★
11.05 **FILM Garage Sale Mystery: The Wedding Dress** Crime drama. (2015, PG, 83min) ★★
1.00 AM **FILM Nowhere To Be Found** Thriller. (2019, PG, 93min) ★★
3.00 **Air Rescue** Double bill.
4.00 **to 6.00** AM **FILM Mistaken** Thriller. (2008, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Love, Take Two** Drama. (2019, PG) ★★
10.05 **FILM Cupids on Beacon Street** Comedy. (2021, U, 90min) ★★
12.00 NOON **FILM Me and Mr Right** Romantic comedy. (2022, U, 91min) ★★
2.00 PM **FILM Summer in the Vineyard** Drama. (2017, PG, 82min) ★★
4.05 **FILM Love on Retreat** Drama. (2023, PG) ★★
6.05 **FILM Love at Sunset Terrace** Romantic drama. (2020, PG, 90min) ★★
8.00 **FILM Caribbean Summer** Comedy. (2022, PG, 84min) ★★
9.55 **FILM The Beach House** Drama. (2018, PG) ★★
11.55 **FILM Love in Design** Romantic comedy. (2018, PG, 86min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Summer in the Vineyard** Drama. (2017, PG) ★★

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **I Dream of Jeannie**
11.00 **Jokers Wild**
11.30 **Please Sir!** 14/21. (S4)
12.00 NOON **Carry On Laughing** 2/6. (S1)
12.30 PM **You're Only Young...**
1.00 **Born Free** 2/13. (S1)
2.00 **FILM Beat the Devil** Comedy thriller. (1953, b/w, U, 89min) ★★★
3.45 **Auto Rewind**
4.00 **Fantasy Island** (S1)
5.00 **A Sharp Intake of Breath** 2/6. (S2)
5.30 **I Dream of Jeannie**
6.00 **The Monkees** (S1)
6.30 **Don't Drink the Water**
7.00 **Jokers Wild**
7.30 **You're Only Young Twice**
8.00 **Please Sir!** 14/21. (S4)
8.30 **A Sharp Intake of...**
9.00 **Bramwell** 3/10. (S3)
10.00 **Brass** 5/6. (S3)
10.30 **Stereo Underground**
11.30 **The Monkees** (S1)
12.00 M'T **Diff'rent Strokes**
12.30 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Johnathan struggles with a rogue deckhand. **8.00** Jake Anderson prepares to captain the *Saga* for the first time.
9.00 **Junkyard Empire** Andy has fallen behind – and Bob's not happy. **10.00** Featuring a 1968 RS SS Camaro which has not run in more than 20 years.
11.00 **Gold Divers**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Highlights**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick's Seafood Odyssey**
10.00 **Comfort Food**
11.00 **Great British Bake Off**
12.00 NOON **Summer Baking...**
1.00 PM **Secrets of the Curry Kitchen**
1.30 **Nadiya's Simple Spices**
2.00 **Islands to Highlands**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick's Seafood Odyssey**
6.00 **Comfort Food**
7.00 **Great British Bake Off**
8.00 **Summer Baking Championship** New edition Breakfast.
9.00 **Mary's Quick Cooking**
10.00 **City Bakes** In Antwerp.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 20/22. (S6)
9.00 **The Fall Guy** 19/23. (S1)
10.00 **Knight Rider** 8/22. (S3)
11.00 **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
1.00 PM **FILM The Last Command** Western. (1955, PG, 110min) ★★★
3.05 **FILM The Legend of Butch and Sundance** Western. (2004, PG, 87min) ★★
5.00 **Star Trek** 14/26. (S2)
6.00 **Knight Rider** 10/22. (S3)
7.00 **The Fall Guy** 20/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Heat** Michael Mann's thriller. (1995, 15, 171min) ★★★★★
12.15 AM **FILM Every Last One of Them** Thriller with Richard Dreyfuss. (2021, 18, 82min) ★★
1.50 **FILM Brake** Thriller. (2012, 15, 87min) ★★★
3.40 **to 5.15** AM **FILM Gun** Thriller. (2010, 18) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **The Curse of King Tut's Tomb**
8.00 **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
10.00 **The Lost World** (S2)
11.00 **The Curse of King Tut's Tomb** Adventure.
1.00 PM **FILM The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 14/25. (S3)
5.00 **The Curse of King Tut's Tomb** Adventure.
7.00 **The Lost World** (S2)
8.00 **The A-Team** 15/25. (S3)
9.00 **FILM Armored** Heist thriller with Columbus Short and Matt Dillon. (2009, 12, 88min) ★★★
10.50 **FILM The Guest** Thriller starring Dan Stevens and Maika Monroe. (2014, 15, 100min) ★★★★
1.00 **to 3.00** AM **FILM Armored** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle...**
12.10 PM **What on Earth?**
1.05 **Pawn Stars** Double bill.
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Bermuda Triangle: Into Cursed Waters**
10.00 **History's Greatest Mysteries**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Jason Watkins & Lady Jane Grey: A Tower of London Special** Documentary.
10.00 **Secret Life of the Forest**
11.00 **Ben Fogle: New Lives in the Wild** From Exmoor.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London: Building the World's Greatest Castle**
7.00 **Big Antique Adventure with Susan Calman**
8.00 **Ben Fogle: New Lives in the Wild** From Scotland.
9.00 **Dalgliesh** *The Murder Room – Parts One & Two.*
11.00 **Prisoner: Cell Block H**
12.05 AM **FILM The Likely Lads** Comedy spin-off starring James Bolam and Rodney Bewes. (1976, PG, 90min) ★★
1.55 **22 Kids & Counting**
3.55 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Fantasy Homes by the Sea** From Dorset.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **My Lottery Dream Home** New editions A couple use their $1 million winnings to buy a house in Rocky Mount. **9.30** A couple look for a dream lake house in the Missouri Ozarks.
10.00 **My Lottery Dream Home** Double bill.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **The Bad Skin Clinic** A woman seeks help for her excruciatingly painful skin condition.
8.00 **My 600lb Life** A woman whose only source of comfort is food and fake friendships. **10.00** A woman whose eating addiction is putting her life at risk.
12.00 M'T **Girl with a Split Face: Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **to 6.00** AM **My 600lb Life**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Last Man Standing**
11.00 **Blockbusters**
12.00 NOON **Daria** (S4)
1.00 PM **Friends** (S7&8)
8.00 **Friends** 13/24. Chandler discovers the pleasures of a scented bath. **8.30** 14/24. Monica gets a massage. (S8)
9.00 **Michael McIntyre's Big Show** With Peter Crouch.
10.00 **Whose Line Is It Anyway? USA** New edition Weird Newscasters returns.
10.30 **Whose Line Is It Anyway? USA**
11.00 **8 Out of 10 Cats**
12.00 M'T **Absolutely Fine**
12.30 AM **Lee Evans: XL Tour**
1.30 **FILM Stand Up Guys** Crime comedy drama. (2012, 15, 91min) ★★★
3.10 **South Park** 11/14. (S9)
3.35 **Reno 911!** 11/11. (S8)
3.55 **Key & Peele**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Digman!** Double bill. (S1)
10.00 **Daria** 10&11/13. (S4)
11.00 **Friends** 9-12/24. (S4)
1.00 PM **Criminally Funny**
2.30 **Digman!** (S1)
3.00 **Daria** 12&13/13. (S4)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
9.00 **Friends** 11/25. Chandler cannot remember which of Joey's many sisters he kissed at a party. (S3) **9.30** 3/24. Chandler dates Rachel's boss. **10.00** 8/24. Monica visits Richard's son. (S4)
10.30 **Friends** (S4,7&8)
2.00 AM **Dara O Briain Talks Funny: Live in London**
3.05 **Jack Dee: So What?**
3.50 **Sofie Hagen: Comedy Central Live**
4.15 **Jen Brister: Meaningless** Stand-up.
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Patrol**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Customs UK**
4.00 **Highway Patrol**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Send in the Dogs**
8.00 **Customs UK**
9.00 **Brit Cops UK**
10.00 **Stella** 9/10. Rob and Stella try to rebuild their trust in each other. **11.00** 10/10. Rob makes Stella an offer. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Jimmy Carr.
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom: Young & Pregnant** Reality series.
6.45 **Teen Mom OG**
8.00 **Teen Mom: Farewell Special** Reality series.
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
2.00 PM **Catfish: Scammed**
3.00 **Catfish: The TV Show**
4.00 **Catfish: The Dramatic**
5.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Catfish UK**
9.00 **MTV Family Legacy** New editions An insight on Wu-Tang Clan's most celebrated events. **9.30** DJ Jazzy Jeff and Salt-N-Pepa's children dive into their parents' trailblazing moments.
10.00 **NEW SERIES Lolla: The Story of Lollapalooza** 1-3/3. Examining the impact of the festival.
1.30 AM **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Marooned with Ed Stafford**
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** Sonia Havill puts her skills to the test by building an off-grid cottage.
6.00 **Border Control: Spain** The Civil Guard search a bag that is dripping with blood. **6.30** At Madrid Airport, the Civil Guard search five mysterious suitcases.

9.00 Expedition Files

7.00 Wheeler Dealers After years of searching, Mike's found the ultimate '80s hot hatch – the Renault 5 GT Turbo.

8.00 Gold Rush: White Water Dustin searches for Plan B, but his crew have a breakthrough, shining light on the final month.

9.00 Expedition Files New edition Diving into the lives of Billy the Kid, the Man in the Iron Mask, and Betty and Barney Hill.

10.00 Blowing Up History Exploring the Dendera Temple, one of Egypt's best-preserved temples.

11.00 **Border Control: Spain** New editions Double bill of the documentary series.
12.00 M'T **Moonshiners**
1.00 AM **Expedition Files** As 9pm.
2.00 **Blowing Up History** As 10pm.
3.00 **Street Outlaws** Documentary.
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die** Documentary.
10.00 **Tanked** With Ryan Newman.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Helping a man who owns two ferocious Savannah cats. **4.00** A firefighter in LA struggles to deal with a pet.
5.00 **Lone Star Law** Two rookie wardens work their first cases.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog swallows a kid's dummy.

8.00 Dodo Heroes

7.00 Animal Cribs Antonio Ballatore helps a working dog with messy habits by turning a laundry room into a fully operational spa.

8.00 Dodo Heroes An elephant with a life-threatening injury is fitted with a leg brace in the hope it will save the creature's life.

9.00 Alaska: The Last Frontier Atz begins his summer riding season so he can help to protect Otto's cattle herd.

10.00 Alaskan Bush People Billy gives daughter Rain major responsibility as barn construction goes full bore at the ranch.

11.00 **Pit Bulls & Parolees** A request for help takes a turn.
12.00 M'T **Crikey! It's the Irwins** Robert wrangles a highly venomous king cobra.
1.00 AM **Dodo Heroes** As 8.00pm.
2.00 **Animal Cribs** As 7.00pm.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Destruction Decoded**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **The Lost Tomb of Alexander the Great**
1.00 PM **Colosseum: Rise and Fall**
2.00 **WW2 Wrecks: Draining the Ocean** Documentary.
3.00 **Secret Nazi Science**
4.00 **Battle for the Black Swan: Drain the Oceans**
5.00 **Car S.O.S** A Ford Escort.
6.00 **Extreme China** Zhangjiajie's otherworldly landscape.

4.00 Drain the Oceans

7.00 Air Crash Investigation A look at one of Britain's worst air disasters – the crash of British European Airways 548.

8.00 Air Crash Investigation Focusing on the plane that targeted the Pentagon during the 2001 terrorist attack.

9.00 Area 51: I Was There Insiders reveal the work done at the secret Nevada military base and alleged UFO storage facility.

10.00 Inside Airport Lost & Found A team in Denver and Salt Lake City help reunite travellers with a championship ring.

11.00 **Air Crash Investigation**
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy** A 1920s building on a university campus.
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Dirty Old Cars**
7.00 **Pawn Stars Do America**
8.00 **American Pickers**
9.00 **Pawn Stars** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained**
1.00 PM **Dirty Old Cars**
2.00 **Pawn Stars** A jetpack.
2.30 **The UnXplained**
3.30 **What on Earth?** New edition Exploring anomalies appearing on satellite images.
4.30 **Theodore Roosevelt** 1/2. Docu-drama telling the true story of the US president.

9.00 Thomas Jefferson

6.40 Theodore Roosevelt 2/2. Docu-drama recounting the true story of a man widely regarded as a most remarkable and contradictory American president.

9.00 NEW SERIES Thomas Jefferson 1/6. The life of the American Founding Father, who served as the third president of the US.

10.00 The American Presidency with Bill Clinton The history of the US presidency.

11.00 **What on Earth?** As 3.30pm.
12.00 M'T **Strange Evidence** A crater burns in the middle of a desert – and some suspect it is a gateway to Hell.
1.00 AM **The UnXplained with William Shatner** Legends of treasures hidden in the US.
2.00 **Thomas Jefferson** As 9pm.
3.00 **Rust Valley Restorers**
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nuremberg: Nazis on Trial**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Nuremberg: Nazis on Trial** The trial of Luftwaffe chief Hermann Goering.
5.00 **Nazi Hunters** The story of German architect Albert Speer.
6.00 **Antiques Roadshow** Fiona Bruce and the experts return to the British Museum in London.

8.00 Warbird Workshop

7.00 Great American Railroad Journeys Michael Portillo's rail voyage continues through Connecticut.

8.00 Warbird Workshop A team of expert engineers recreate a unique version of the Hawker Hurricane fighter.

9.00 Porridge Tension begins to mount as the parole board gathers. **9.40** Fletcher thinks Godber would be better off cheating if he wants to pass another O-level. **10.20** Godber gets into a fight one week before his parole board hearing.

11.00 **Bangers & Cash** A beautiful sports car has been fooling the punters and intriguing Derek. It's a Challenger E-Type – a fibreglass replica created from an E-Type mould.
12.00 M'T **Abandoned Engineering**
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

Friday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Ultimate Cycling Show** New edition A guide to bike racing on the track, road and in the mountains.
8.00 **Shed and Buried**
9.00 **The Repair Shop** Restoring a carved set of clay sculptures and a vintage lawnmower. **10.00** The restorers work on a folk figurine.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **People Magazine Investigates**
7.00 **Judge Rinder's Crime Stories** Gary Nelson.
8.00 **Murder on CCTV**
9.00 **NEW SERIES Mean Girl Murders** Things go from fast and furious to deadly for a teen in California.
10.00 **Mean Girl Murders** Debbie Flores Narvaez.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** April Millsap.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A Navy man falls victim to a deadly home invasion.
8.00 **Fatal Frontier: Evil in Alaska** A woman is found stabbed to death, and her body is dumped off an isolated road.
9.00 **Murder Book** A 20-year old college student goes for a walk and is never seen again.
10.00 **The Killer You Know** New edition Young love turns deadly for three couples when jealousy and greed turn their relationships sour.
11.00 **Murder by the Sea**
1.00 AM **Murder Book**
2.00 **The Killer You Know**
3.00 **Fatal Frontier: Evil in Alaska** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** The murder of a dry cleaning employee. **4.30** Police believe the death of a millionaire was designed to look like a robbery gone wrong. **5.00** The suspicious disappearance of a young woman. **5.30** A witness's home explodes after he gives his testimony. **6.00** Hair and tiny cells help when a college student is found dead. **6.30** Police rule out the accidental death of a drowning victim.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Send in the Dogs**
8.00 **The Force: Manchester**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **The Real Manhunter**
12.00 NOON **Murdered at First Sight** Debbie Buxton.
1.00 PM **Britain's Most Evil...**
2.00 **The Killer Within**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Real Manhunter**
6.00 **The Killer Within**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **What the Killer Did Next** Nadine Aubras.
10.00 **Murder on the Doorstep: Killer Clown**
11.00 **Method of a Serial Killer**
1.00 AM **Killer in My Village**
2.00 **An Unexpected Killer**
3.00 **Snapped** Aria Armstead.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **China: Treasures of the Jade Empire**
9.40 **Treasures Decoded**
10.40 **America's Great War 1917-1918**
11.50 **The Dictator's Playbook**
1.00 PM **Grand Tours of the Scottish Islands**
1.50 **China: Treasures of the Jade Empire**
2.50 **Treasures Decoded**
3.50 **America's Great War 1917-1918**
4.55 **Grand Tours of the Scottish Islands**
5.35 **The Dictator's Playbook**
6.50 **China: Treasures of the Jade Empire**
7.50 **Treasures Decoded** New edition
8.50 **America's Great War 1917-1918**
9.55 **The Dictator's Playbook**
11.00 **Treasures Decoded**
12.00 M'T **America's Great...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Great Rhino Robbery**
7.00 **Discovering: Jeff Bridges**
8.00 **The Directors**
9.00 **The Story of Late Night**
10.00 **I Am Alfred Hitchcock**
11.45 **My Icon: Ebony Rainford-Brent**
12.00 NOON FILM **Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
2.00 PM **Williams & Mansell: Red 5**
3.50 **My Icon: Chris Hughton**
4.00 **The Directors**
5.00 **Discovering: Jeff Bridges**
6.00 **100 Foot Wave** 5/5. Garrett moves his family to Italy.
7.00 **Hill** A profile of ex-Formula One driver Damon Hill.
8.50 **My Icon: Natasha Jonas**
9.00 **Villeneuve Pironi: Racing's Untold Tragedy** Exploring the relationship between Formula One drivers Gilles Villeneuve and Didier Pironi.
11.00 **McEnroe** The story of former tennis star John McEnroe.
1.00 AM **Dave Not Coming Back**
3.00 **Queen of Speed**
5.00 **to 6.00** AM **Discovering: Jeff Bridges**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Kenya Wildlife Diaries**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Coastal Africa**
10.00 **Australia's Hidden Islands**
11.00 **Woodpeckers: The Hole Story**
12.00 NOON **Big Cats: An Amazing...**
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Coastal Africa**
4.00 **Australia's Hidden Islands**
5.00 **Secrets of the Enchanted Forests** Documentary.
6.00 **Big Cats: An Amazing Animal Family** 2/2. Patrick Aryee concludes his exploration of the feline family tree.
7.00 **Monkey Life** Double bill.
8.00 **Patrick Aryee's Wild World**
9.00 **Bugs That Ruled the World**
10.00 **Big Cats: An Amazing...**
11.00 **Secrets of the Enchanted...**
12.00 M'T **Woodpeckers: The Hole...**
1.00 AM **Wildlife Icons**
2.00 **Patrick Aryee's Wild World**
3.00 **Bugs That Ruled the World**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Coastal Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Deadman's Curse**
9.00 **Weird Britain**
10.00 **River Hunters**
11.00 **Ancient Aliens**
1.00 PM **Deadman's Curse**
2.00 **Weird Britain**
3.00 **Truthseekers**
4.00 **Shipwrecks: When History Resurfaces** The relics that litter the Caribbean sea floor.
5.00 **Cracking the Code**
6.00 **Dirty Old Cars**
7.00 **What on Earth?**
8.00 **Ghost Ships** Searching for wreckage from the SS *Atlantic*.
9.00 **Ross Kemp: Mafia and Britain** Britain's surprising and deep-rooted links with the Mafia.
10.00 **WWII Lost Films** How battles on the Normandy beaches became increasingly ferocious.
11.00 **Secret Wars Uncovered**
12.00 M'T **Ancient Aliens**
2.00 AM **Auction Hunters**
3.00 **Secrets of Great British Castles** Lancaster Castle.
4.00 **Mission Unexplained**
5.00 **to 6.00** AM **Cracking the Code**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Spring Break Murders**
11.00 **Imperfect Murder**
12.00 NOON **Criminal Confessions**
1.00 PM **Murder By Medic**
2.00 **Killer Britain**
3.00 **Murdertown**
4.00 **Cops Who Kill with Will Mellor**
5.00 **When Missing Turns to Murder**
6.00 **Cold Case Files**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Murder By Medic** New edition
9.00 **Fugitives Caught on Tape** New editions Double bill
10.00 **Undercover: Caught on Tape**
11.00 **Fugitive Hunters: Mexico**
12.00 M'T **Murder By Medic**
1.00 AM **Fugitives Caught on Tape**
2.00 **Interrogation Cam**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Spring Break Murders**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Rhinos**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Out There with Jack Randall**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Kingdom of the White Wolf**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** The vets treat a dog bitten by a venomous snake.
8.00 **Africa's Hunters** A hyena goes in search of a new clan.
9.00 **Amazonia's Giant Jaws** Exploring a lake at the heart of the Amazon that changes with every dry season.
10.00 **Alaska: The Next Generation** Alaskans must take big risks in order to secure their food.
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Coast Guard at War**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** A look at new discoveries surrounding interstellar space.
8.00 **Coast Guard at War** Examining the role of the Coast Guard during the Vietnam War.
9.00 **Ancient Unexplained Files** State-of-the-art forensics reveal the shocking secrets behind mysterious red skulls found in a 500-year-old grave.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **The Dick Emery Show**
10.55 **Secret Army**
1.20 PM **Oliver Twist**
2.35 **The Dick Emery Show**
4.35 **Secret Army**
7.00 **Oliver Twist** 9/12. The mysterious Monks seeks information from the Bumbles concerning Oliver's true identity. **7.40** 10/12. Monks has destroyed the last clue to Oliver's identity, but Nancy has warned Rose of the danger. Stars Ben Rodska. (S1)
8.20 **The Dick Emery Show** Triple bill featuring comic sketches.
10.15 **Secret Army** *Day of Wrath:* 13/13. De Beers' plans endanger Lifeline. (S2)
11.30 **Louis Theroux: Dark States – Trafficking Sex** Louis explores the sex trade in Houston, examining how the city has become a major centre for people trafficking.
12.30 AM **Oliver Twist**
1.50 **The Dick Emery Show**
3.40 **to 6.00** AM **Secret Army**

+1 hour 266 376

ID

154 141 166

8.00 AM **Til Death Do Us Part**
9.00 **Shattered**
11.00 **To Catch a Killer**
1.00 PM **Evil Lives Here: Shadows of Death** Double bill.
3.00 **Swamp Murders**
5.00 **Evil Lives Here**
7.00 **Murder in the Heartland** A case in which a woman was executed in her doorway. **8.00** The case of a missing mountain biking pioneer.
9.00 **Murder Under the Friday Night Lights** In 1985, police found the body of a beloved coach in Texas, triggering a murder investigation laced with sex, jealousy, and revenge.
10.00 **Seduced to Slay** In Florida's Daytona Beach in 1989, a torrid affair between a bar owner and a waitress leads to a deadly home invasion.
11.00 **Who the (Bleep) Did I Marry?**
12.00 M'T **Obsession: Dark Desires**
2.00 AM **Evil Lives Here**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Custom Carolina**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Custom Carolina**
9.00 **Car Fix** Double bill.
10.00 **World's Greatest Motorcycle Rides** 2/2. Henry continues to ride his Harley Davidson through New Zealand's South Island.
11.00 **Shed and Buried**
12.00 M'T **Custom Carolina**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.35 AM **Sky Cinema Preview**
7.30 **Sharp Corner** As 10.15pm.
9.25 **Empire Waist** As 5.00am.
11.05 PREMIERE **William Tell**
1.25 PM **Your Monster** Romantic comedy with Melissa Barrera. (2024, 15, 104min) ★★★★
3.10 **Joker: Folie à Deux** Musical thriller with Joaquin Phoenix. (2024, 15, 138min) ★★★★
5.30 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★

8.00 William Tell

8.00 PREMIERE **William Tell** Historical drama starring Claes Bang. During the 14th century, William Tell defends his family and homeland of Switzerland after the Austrian King invades. With Connor Swindells, Ben Kingsley and Jonathan Pryce. (2025, 15, 133min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Sharp Corner** Thriller starring Ben Foster. A family man becomes obsessed with saving car accident victims on the sharp corner in front of his house. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
2.45 **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
5.00 **to 6.45** AM **Empire Waist** Teen comedy drama starring Mia Kaplan. (2024, 12, 94min)

Sky Cinema Epic Worlds

303 303 403 503 517

7.20 AM **Kong: Skull Island** Action adventure. (2017, 12) ★★★★
9.30 **Godzilla x Kong: The New Empire** (2023, 12) ★★★
11.25 **Ready Player One** Fantasy. (2018, 12, 140min) ★★★★
1.50 PM **Snow White and the Huntsman** (2012, 12) ★★★
4.00 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★
6.00 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★

8.00 The Lord of the Rings

8.00 **The Lord of the Rings: The Fellowship of the Ring** Peter Jackson's epic fantasy adventure based on the novel by JRR Tolkien. In the realm of Middle Earth, a young hobbit sets off on a quest to destroy a magical ring before it can fall into the hands of the powers of chaos. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (2001, PG, 178min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Mummy** Adventure starring Brendan Fraser. (1999, 15, 124min) ★★★★
1.10 AM **The Mummy Returns** Action adventure sequel. (2001, 12, 129min) ★★★★
3.25 **Crouching Tiger, Hidden Dragon** Ang Lee's romantic period adventure. Subtitled. (2000, 12, 120min) ★★★★★
5.30 **to 7.35** AM **Jack the Giant Slayer** Fairy-tale fantasy. (2013, 12, 114min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.05 AM **Horizon: An American Saga – Chapter 1** As 4.55pm.
9.10 **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
11.35 **Dunkirk** World War Two drama. (2017, 12, 106min) ★★★★★
1.25 PM **Lost in Translation** Romantic comedy drama. (2003, 15, 102min) ★★★★★
3.15 **To Olivia** Biographical drama. (2021, PG, 90min) ★★★★
4.55 **Horizon: An American Saga – Chapter 1** Epic Western, starring Kevin Costner, who also co-wrote and directed. (2024, 15, 181min) ★★★★
8.00 **Chicago** Oscar-winning screen version of the hit Broadway musical, starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
9.55 **Burlesque** Musical drama with Cher and Christina Aguilera. (2010, 12, 119min) ★★★
11.55 **Hardball** Sports drama. (2001, 12, 106min) ★★
1.45 AM **Miss You Already** Comedy drama. (2015, 12, 112min) ★★★
3.40 **Love Story** Romantic weepie. (1970, PG, 100min) ★★★★
5.25 **to 7.20** AM **Sunset Boulevard** Drama. (1950, b/w, PG) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.40 AM **The Pact** As 4.20am.
8.15 **Upgrade** Sci-fi action thriller. (2018, 15, 100min) ★★★★
10.00 **Five Nights at Freddy's** Horror thriller. (2023, 15, 109min) ★★
12.00 NOON **The Cinema List: Men in Black Films**
12.15 PM **The Nun** Horror thriller. (2018, 15, 96min) ★★★
2.00 **The Nun II** Horror sequel. (2023, 15, 110min) ★★
4.00 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
6.00 **Evolution** Sci-fi comedy with David Duchovny, Julianne Moore and Orlando Jones. (2001, PG, 101min) ★★★★
8.00 **Furiosa: A Mad Max Saga** Fantasy adventure starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2023, 15, 148min) ★★★★
10.30 **Blade** Adventure chiller starring Wesley Snipes and Stephen Dorff. (1998, 18, 121min) ★★★
12.35 AM **Arrival** As 4.00pm.
2.35 **Evolution** As 6.00pm.
4.20 **to 6.00** AM **The Pact** Mystery thriller starring Caity Lotz. (2012, 15, 85min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.30 AM **Monster Trucks** (2016)
9.20 **Look Who's Talking Too**
10.45 **Cats & Dogs: The Revenge of Kitty Galore** As 5.55am.
12.15 PM **Ride On** As 10.40pm.
2.25 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
4.00 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★
5.25 **Look Who's Talking Too** Comedy sequel. (1990, 12) ★
6.50 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★

6.50 Stardust

Stardust (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. A single mother-to-be searches for the perfect father for her child. (1989, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Ride On** Chinese action drama starring Jackie Chan. Subtitled. (2023, PG, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Look Who's Talking Now** Comedy sequel starring John Travolta. (1993, 12, 95min) ★
2.30 **Monster Trucks** Adventure. (2016, PG, 104min) ★★★
4.20 **Pups United** Adventure. (2015, U, 89min) ★★★
5.55 **to 7.25** AM **Cats & Dogs: The Revenge of Kitty Galore** Comedy. (2010, U, 82min) ★★

Sky Cinema Jurassic Park

307 307 407 507 521

6.00 AM **Jurassic Park** As 4.45pm.
8.10 **The Lost World: Jurassic Park**
10.20 **Jurassic Park III** As 9.10pm.
11.55 **Jurassic World Rebirth: The Making of a New Era**
12.25 PM **Jurassic World**
2.35 **Jurassic World: Fallen Kingdom** As 1.00am.
4.45 **Jurassic Park** Monster thriller. (1993, PG, 127min) ★★★★★
6.55 **The Lost World: Jurassic Park** Monster thriller sequel. (1997, PG, 129min) ★★★

6.55 The Lost World

The Lost World: Jurassic Park (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **Jurassic Park III** Thriller sequel starring Sam Neill. A palaeontologist gets stranded – again – on an island containing genetically engineered dinosaurs. With Téa Leoni. (2001, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Jurassic World** Adventure thriller sequel starring Chris Pratt and Bryce Dallas Howard. (2015, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Jurassic World: Fallen Kingdom** Adventure thriller sequel, starring Chris Pratt. (2018, 12, 128min) ★★★
3.10 **Jurassic Park** As 4.45pm.
5.20 **to 7.35** AM **The Lost World: Jurassic Park** As 6.55pm.

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **National Security**
8.50 **Borat Subsequent Moviefilm** Mockumentary. (2020, 15) ★
10.35 **Kangaroo Jack** Comedy. (2003, PG, 89min) ★
12.10 PM **HouseSitter** Comedy. (1992, PG, 102min) ★★★
2.00 **Beetlejuice Beetlejuice** Comedy. (2024, 12) ★★★★
3.50 **Sumotherhood** Comedy drama. (2023, 15, 97min) ★★★
5.50 **Baywatch** Action comedy. (2017, 15, 121min) ★★

5.50 Baywatch

8.00 **Mamma Mia!** Musical starring Meryl Streep. A young bride-to-be living on a Greek island invites three of her mother's old boyfriends to her wedding, hoping to find out which one is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mamma Mia! Here We Go Again** Musical sequel starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Please Don't Destroy: The Treasure of Foggy Mountain** Comedy. (2023, 15, 93min) ★★★
1.40 AM **National Security** Comedy with Martin Lawrence. (2003, 12, 88min) ★
3.20 **Baywatch** As 5.50pm.
5.30 **to 7.30** AM **Sumotherhood**

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **He Went That Way** Crime drama. (2023, 15, 96min) ★★★
7.55 **Detroit** As shown at 12.40am.
10.30 **Caddo Lake** Mystery thriller. (2024, 12, 99min) ★★★
12.20 PM **Trap** Crime thriller. (2024, 15, 105min) ★★★★
2.15 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
4.25 **Antebellum** Horror mystery. (2019, 15, 105min) ★★
6.20 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★

6.20 Poker Face

8.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they attempt to steal $160million in Europe. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Hannibal** Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. FBI agent Clarice Starling becomes an unwitting pawn in a perverse billionaire's plot to trap Hannibal Lecter. (2001, 18, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Detroit** Fact-based drama. (2017, 15, 143min) ★★★★
3.15 **Jericho Ridge** Thriller. (2023, 15, 87min) ★★★
4.55 **to 6.40** AM **Barber** Mystery. (2023, 15, 90min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Swimmer** Drama. (1967, PG, 94min) ★★★★★
12.55 PM **The Black Swan** Swashbuckling adventure. (1942, PG, 85min) ★★★
2.35 **Cover Girl** Musical. (1944, b/w, U, 100min) ★★★★
4.45 **Rio Grande** John Ford Western starring John Wayne. (1950, b/w, U, 107min) ★★★★
6.50 **I, Robot** Sci-fi thriller. (2004, 12, 115min) ★★★★

11.10 Attack the Block

I, Robot (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Predator** Sci-fi action fantasy starring Arnold Schwarzenegger as the leader of a commando team battling a ferocious alien in the South American jungle. With Carl Weathers, Elpidia Carrillo and Bill Duke. (1987, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Attack the Block** Sci-fi horror comedy starring John Boyega, Luke Treadaway and Nick Frost. A gang of teenagers on a south London council estate repel an alien invasion. (2011, 15, 87min) ★★★★
12.55 **to 3.15** AM **The Outsiders** Teen drama starring Matt Dillon and Patrick Swayze. (1983, 12, 91min) ★★★★

+1hour 314 430 47 301 257

Friday

8 PM
9 PM
10 PM
11 PM

Sky Cinema 2025 Recap

302 302 402 502 516

6.05 AM **Touch** Icelandic drama. (2024, 15, 121min) ★★★★
8.20 **The Luckiest Man in America** Drama with Paul Walter Hauser. (2024, 15, 90min) ★★★★
10.05 **Babes** Comedy with Ilana Glazer. (2024, 15, 104min) ★★★★
11.55 **Timestalker** Fantasy comedy. (2024, 15, 89min) ★★★★
1.30 PM **Escape from the 21st Century** As shown at 4.15am.
3.10 **Gladiator II** Historical drama sequel. (2024, 15, 148min) ★★★
5.50 **The Killer** Action thriller. (2024, 15, 125min) ★★★★
8.00 **The Fall Guy** Action comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. (2023, 12, 126min) ★★★★
10.10 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix, Lady Gaga and Brendan Gleeson. (2024, 15, 138min) ★★★★
12.35 AM **MaXXXine** Horror thriller starring Mia Goth and Lily Collins. (2024, 18, 110min) ★★★
2.30 **I Saw the TV Glow** Horror. (2024, 15, 100min) ★★★
4.15 **to 6.00** AM **Escape from the 21st Century** Fantasy adventure. (2024, 15, 94min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.50 AM **Enter the Dragon** (1973)
8.50 **Ben-Hur** Multi-Oscar-winning epic starring Charlton Heston. (1959, PG, 212min) ★★★★★
12.30 PM **The Warriors** Walter Hill's thriller starring Michael Beck. (1979, 15, 94min) ★★★
2.05 **Young Guns II: Blaze of Glory**
4.05 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
6.00 **Raiders of the Lost Ark** Steven Spielberg's action adventure starring Harrison Ford. (1981, PG, 115min) ★★★★★
8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford and Kate Capshaw. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure starring Harrison Ford and Sean Connery. (1989, PG, 127min) ★★★★★
12.10 AM **Young Guns II: Blaze of Glory** Western sequel. (1990, 15, 104min) ★★★
1.55 **Midnight Run** Comedy thriller. (1988, 18, 122min) ★★★★
4.10 **to 6.00** AM **Zu: Warriors from the Magic Mountain** Fantasy. (1982, PG, 95min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** As 2.25am.
7.40 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
9.20 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
10.55 **Paws of Fury: The Legend of Hank** As shown at 9.25pm.
12.40 PM **Dragon Rider** Animation. (2020, PG, 91min) ★★★
2.20 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
4.00 **Shrek the Third** Animated sequel. (2007, U, 88min) ★★★★
5.45 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
7.40 **Monster House** Animation. (2006, PG, 91min) ★★★★
9.25 **Paws of Fury: The Legend of Hank** (2022, PG) ★★★
11.10 **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★
12.45 AM **The Inseparables** Animation. (2023, U, 90min) ★★★
2.25 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
3.55 **Lego DC Comics Super Heroes: The Flash** (2018, U) ★★★
5.25 **to 7.00** AM **Spirit: Stallion of the Cimarron** Animation. (2002, U, 84min) ★★★

Movies 24

312 313 419

7.00 AM **Hanukkah on Rye** Comedy. (2022, PG, 90min) ★★
9.00 **The Christmas Quest** Festive adventure with Lacey Chabert. (2024, PG, 90min) ★★
11.00 **#Xmas** Festive comedy. (2022, PG, 90min) ★★
1.00 PM **Christmas by Candlelight** Comedy. (2023, PG, 90min) ★★
3.00 **All I Need For Christmas** Drama. (2024, PG, 90min) ★★
5.00 **Three Wiser Men and a Boy** Comedy. (2024, PG, 84min) ★★
7.00 **Checkin' It Twice** Romantic drama starring Kim Matula. (2023, PG, 90min) ★★
9.00 **A Holiday Spectacular** Comedy drama starring Ginna Claire Mason and Ann-Margret. A high society bride walks out on her wedding in 1958 to pursue her dream of becoming a dancer. (2022, PG, 90min) ★★
11.00 **Mystery on Mistletoe Lane** Drama. (2023, PG, 90min) ★★
1.00 AM **A Lot Like Christmas** Romantic comedy drama. (2021, PG, 86min) ★★
3.00 **to 5.00** AM **A Novel Noel** Festive romantic drama. (2024, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Wedding of Lilli Marlene** World War Two drama. (1953, b/w, PG, 89min) ★★
7.40 **Stormy Crossing** Mystery. (1958, b/w, PG, 79min) ★★★
9.05 **Naked Fury** Crime drama. (1959, b/w, U, 64min) ★★
10.20 **Sister Kenny** Biographical drama. (1946, b/w, U, 115min) ★
12.35 PM **Night Call with the Brighton Police** Training film from 1953.
12.55 **The Rossiter Case** Mystery. (1950, b/w, PG, 75min) ★★★
2.30 **The Brave Don't Cry** Drama. (1952, b/w, U, 90min) ★★★
4.20 **The Big Job** Comedy. (1965, b/w, U, 88min) ★★
6.05 **Heavens Above!** Satirical comedy starring Peter Sellers. (1963, b/w, PG, 118min) ★★★
8.25 **Strange But True**
9.05 **Doomwatch** 4/13. (S1)
10.10 **An Affair in Mind** Thriller starring Amanda Donohoe. (1988, 12, 90min) ★★★
12.05 AM **The Caller** Thriller. (1987, 18, 97min) ★★★
2.05 **Love, Cheat & Steal** Thriller. (1993, 18, 95min) ★★
4.00 **Up In The Air** Mystery comedy. (1940, b/w, PG, 61min) ★★★
5.15 **Look at Life**
5.30 **to 6.00** AM **Time to Remember**

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.15 LIVE **Test Cricket England v India.** Coverage of the third day's play of the second Test in the five-match series from Edgbaston.
6.30 PM LIVE **Women's International T20 Cricket England v India.** Coverage of the third T20 in the five-match series from The Oval in London.
10.00 LIVE **PGA Tour Golf** Coverage of day two of the John Deere Classic at TPC Deere Run in Silvis, Illinois. This event has seen a number of memorable moments take place over the years, including a teenage Michelle Wie playing for the first time on the PGA Tour via a sponsor's exemption, and a 19-year-old Jordan Spieth becoming the youngest player to win a PGA Tour event when he triumphed here in 2013.
12.00 M'T **Sky Sports News**
4.30 to 6.30 AM LIVE **International Rugby Union Maori All Blacks v Scotland.** Coverage from Semenoff Stadium in Whangarei. Kick-off 4.35am.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
9.30 **Premier League**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** West Ham United v Tottenham Hotspur from 2006/07.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights**
8.00 **Gary Neville's Soccerbox**
9.00 **We're Not Really Here: Man City** A look at Manchester city's season in the third tier.
9.45 **My Origin Story: Unai Emery**
10.00 **Class of '92: Full Time** The Class of '92 begin their seventh season as owners of Salford City.
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best Premier League Goals 23/24** Goals from the season.
5.00 **Premier League 100 Club**
5.30 to 6.00 AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
7.00 **EFL** Bolton Wanderers v Oxford.
8.00 **EFL Highlights**
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Cup Retro**
2.00 PM **Old Firm Derby Best Goals**
2.30 **Edinburgh Derby Best Goals**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **EFL Trophy Football** Portsmouth v Salford City.
6.00 **EFL Cup Retro** Chelsea v Tottenham Hotspur from 2015.
8.00 **Craig Brown: My Scotland** The former Scotland manager reflects on his time with the national side.
8.30 **Jimmy Glass: The Great Escape**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review** A look at the 2020/21 campaign.
11.00 **Best Goals: EFL Cup 2020/21**
11.30 **EFL Trophy** Action from Sunderland v Tranmere Rovers.
12.00 M'T **Championship Retro** West Ham United v Blackpool in 11/12.
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup** The 2016 final.
5.00 to 6.00 AM **1983: When Aberdeen Ruled Europe**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** England v India.
7.00 **Best of England v India**
8.00 **Test Cricket** England v India.
9.00 **Best of England v India**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v India.** Coverage of day three of the second Test from Edgbaston. India must have thought they were on course for a first Test victory here in 2022 when they held a 132-run lead at the end of the first innings, but after being bowled out for 245 England chased down their victory target of 377 with the loss of just three wickets.
6.30 PM LIVE **Women's International T20 Cricket England v India.** Coverage of the third T20 in the five-match series from the Oval in London.
10.00 **Best of ICC WT20**
10.30 **Test Cricket** England v India.
11.30 **Best of ICC WT20**
11.45 **Test Cricket** England v India.
12.00 M'T **Women's International T20 Cricket** England v India.
3.30 AM **Best of ICC WT20**
4.15 **Test Cricket** England v India.
4.30 to 6.00 AM **Best of England v India**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Golf**
7.00 **Ladies European Tour Golf**
10.00 **Chronicles of a Champion Golfer** Double bill.
11.00 **HotelPlanner Tour Golf**
11.30 LIVE **DP World Tour Golf** Coverage of day two of the BMW International Open.
5.00 PM LIVE **Ladies European Tour Golf** Coverage of day two of the Women's Irish Open.
7.00 LIVE **PGA Tour Golf** Day two of the John Deere Classic.
12.00 M'T **HotelPlanner Tour Golf**
12.30 AM **Chronicles of a Champion Golfer** A profile of Darren Clarke.
1.00 **PGA Tour Golf**
2.00 **DP World Tour Golf**
3.00 **Golf Academy** Expert tips.
4.00 **Ladies European Tour Golf**
5.00 to 6.00 AM **PGA Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA & ATP Tennis**
8.00 **WTA Tennis** Berlin Open final.
9.00 **WTA & ATP Tennis**
12.00 NOON **WTA Tennis**
1.00 PM **WTA & ATP Tennis**
5.00 **WTA Tennis** Strasbourg Open.
6.00 **WTA & ATP Tennis**
7.00 **WTA Tennis** Berlin Open final.
8.00 **WTA & ATP Tennis**
12.00 M'T to 6.00 AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **One Day International Cricket** Sri Lanka v India.
7.00 **Wimbledon** The fourth day.
8.30 **AFL** Recent action.
10.00 LIVE **AFL Carlton Blues v Collingwood Magpies.** Coverage from Melbourne Cricket Ground. Bounce-up 10.20am.
1.00 PM **Test Cricket Highlights**
2.00 **TNT Sports Reload**
2.30 **MotoE Highlights**
3.00 **MotoGP Highlights**
4.00 **UEFA Champions League**
4.30 **Premier League Stories**
5.00 **Sign Up – Into Football**
6.00 **UEFA Conference League**
6.30 **UEFA Europa League**
7.00 **MLB Highlights**
8.00 LIVE **MLB New York Mets v New York Yankees.** Coverage of the inter-league match from Citi Field. Start-time 8.10pm.
11.15 **MLB: Off the Bat**
11.45 **MLB Plays of the Week**
12.15 AM **TNT Sports Reload**
12.30 **AFL** Recent action.
3.30 to 6.30 AM LIVE **AFL Essendon Bombers v Gold Coast Suns.** Coverage of the match from Marvel Stadium in Melbourne. Bounce-up 3.35am.

TNT Sports 2

411 414 522 409 431

6.00 AM **A-League** The Grand Final.
7.00 **IFSC Climbing World Cup**
8.00 **UTMB World Series Highlights**
9.00 **Test Cricket Highlights** Action from West Indies v Australia.
10.00 **One Day International Cricket** Highlights of the first ODI in the three-match series between Sri Lanka and India at R Premadasa International Stadium.
11.00 LIVE **AFL West Coast Eagles v GWS Giants.** Coverage of the match from Optus Stadium in Perth. Bounce-up 11.20am.
2.00 PM **Discovery Golf**
2.30 **Playing for Our Future – Cricket** Asking what the future holds for cricket in the battle against global warming.
2.45 LIVE **Test Cricket West Indies v Australia.** Coverage of the second day of the second Test in the three-match series from Grenada National Cricket Stadium.
11.00 **TNT Sports Cricket Reload**
11.30 **Premiership Rugby Union**
12.00 M'T **HSBC SVNS Highlights**
1.00 AM **The Ultimate Cycling Show**
2.00 **Wimbledon** The fifth day.
3.30 **A-League** The Grand Final.
4.30 to 6.00 AM **A-League Women**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship**
8.00 **British and Irish Lions Tour**
2.30 PM **Lions Legends**
4.00 **British and Irish Lions Tour**
7.00 **Lions Legends** Former British & Irish Lions coach Ian McGeechan discusses his time with the side. **7.15** A profile of British & Irish Lions player Willie John McBride.
7.30 LIVE **Super League Leigh Leopards v Wigan Warriors.** Coverage of the match from the 17th round of fixtures, which takes place at Leigh Sports Village Stadium. Kick-off 8.00pm.
10.15 **British and Irish Lions Tour** Highlights of the warm-up match between Queensland Reds and British & Irish Lions at Suncorp Stadium in Brisbane.
11.15 **Lions Legends**
12.00 M'T **Super League**
2.45 AM **British and Irish Lions Tour**
3.45 **My Icon** Leon Pryce.
3.55 **Lions Legends**
4.25 to 6.30 AM LIVE **International Rugby Union Maori All Blacks v Scotland.** Coverage of the match at Semenoff Stadium in Whangarei, New Zealand. Kick-off 4.35am.

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Cup Highlights**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
4.00 LIVE **Ladies European Tour Golf** Coverage of the second day's play of the Women's Irish Open from the O'Meara course at Carton House in Maynooth, County Kildare. There have been three multiple-time winners in the history of this event, with Laura Davies victorious in 1994 and 1995, Suzann Pettersen lifting the trophy in 2008 and 2011, and Sophie Gustafson being the most successful champion with wins in 1998, 2000, 2003, and 2010.
7.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see night 15 of the tournament at P&J Live, Aberdeen, with a format featuring quarter-finals, semi-finals and a final all in one night.
4.00 AM **EFL Cup Highlights**
5.00 to 6.00 AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
6.45 **Test Cricket** England v India.
8.40 LIVE **NRL Canterbury-Bankstown Bulldogs v Newcastle Knights.** From Accor Stadium. Kick-off 8.40am.
10.25 **My Icon** Sporting profiles.
10.45 **EFL Greatest Games**
11.00 **Ladies European Tour Golf**
2.00 PM **PL Greatest Games**
3.00 **HotelPlanner Tour Golf**
3.30 **Formula 1** Austrian Grand Prix.
4.30 **Test Cricket** England v India.
6.30 LIVE **Women's International T20 Cricket England v India.** The third T20 in the five-match series from the Oval in London.
10.00 **Best of ICC WT20**
10.30 **Ladies European Tour Golf**
11.30 **PL Greatest Games**
12.30 AM **Super League**
3.15 **EFL Greatest Games**
3.45 LIVE **NRLW Brisbane Broncos v Wests Tigers.** Kick-off 3.45am.
5.30 to 6.00 AM **HotelPlanner Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Premier League**
12.00 NOON **Premier League Stories**
12.30 PM **MLB Plays of the Week**
1.00 **MLB Highlights**
2.00 **MLB: Off the Bat**
2.30 **Premiership Rugby Union**
4.00 **Fishing: On the Bank**
5.00 **MLB Plays of the Week**
5.30 **MLB: Off the Bat**
6.00 **AFL** Action from Carlton Blues v Collingwood Magpies. **7.30** The match between West Coast Eagles and GWS Giants.
9.00 **The Ultimate Cycling Show** A guide to bike racing on the track, road and in the mountains.
10.00 **Wimbledon** The fifth day.
11.30 **IFSC Climbing World Cup**
12.30 AM **UTMB World Series**
1.30 **MotoGP Highlights**
2.30 **MotoE Highlights**
3.00 **Born Racers**
4.15 **UEFA Champions League: Stories of the Finals**
4.30 to 6.00 AM **Ultimate Pool**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Juventus v Venezia. **7.00** AC Milan v Genoa. **8.00** Monza v Juventus. **9.00** Inter Milan v Como. **10.00** Cagliari v Inter Milan. **11.00** AC Milan v AS Roma.
12.00 **Serie A** NOON Fiorentina v Napoli. **1.00** PM AS Roma v Lazio. **2.00** AC Milan v Cagliari. **3.00** Napoli v Hellas Verona.
4.00 PM **One Day International Cricket** Sri Lanka v India.
5.00 **UTMB World Series Highlights** The latest action from Salzburg.
6.00 **TNT Sports Reload**
6.30 **MotoE Highlights** Action from the Grand Prix of Netherlands.
7.00 **MotoGP Highlights** Action from the Grand Prix of Netherlands.
8.00 **UEFA Champions League**
9.00 **UFC** Ilia Topuria v Charles Oliveira.
12.00 M'T **UFC Reloaded**
5.00 **Fight Week** UFC 317.
5.30 to 6.00 AM **UEFA Champions League: Classics**

Premier Sports 1

419 551

6.00 AM **DTM Highlights**
7.00 **LaLiga Specials**
8.00 **NASCAR Highlights**
9.00 **Ultimate Karting Championship**
10.00 **Major League Cricket**
2.00 PM **Women's Football Weekly**
2.30 **LaLiga Specials** The best of the 2022/23 LaLiga season.
3.30 **FIA World Endurance Championship** From Le Mans.
4.30 **British Minibikes** Round three.
6.30 **MotorSport** Highlights from the Le Mans 24 Hours.
7.00 **Ultimate Karting Championship** Further action from Warden Law.
8.00 **FIM Sidecarcross** The fourth round of the season in Gdansk.
9.00 **NASCAR Highlights**
10.00 **Africa Eco Race**
11.00 **MotorSport** Drew Gibson profile.
12.00 M'T **LaLiga Specials**
1.00 AM **Transworld Sport** Magazine.
2.00 **Ultimate Karting Championship**
3.00 **PSA Squash Highlights**
4.00 to 6.00 AM **British Minibikes**

Premier Sports 2

420 552

6.00 AM **United Rugby Championship**
8.00 **Bike World** Magazine.
8.30 **Temples of Sport**
9.00 **Top 14 Rugby Union**
11.00 **FastZone** Motorsports highlights.
11.30 **GP Confidential**
12.00 NOON **Swedish Speedway**
2.00 PM **Football's Greatest**
2.30 **NHL Ice Hockey** Action from Florida Panthers v Edmonton Oilers in game six of the Stanley Cup Finals at Amerant Bank Arena in Sunrise, Florida.
4.30 **NHL: This is Hockey**
5.00 **United Rugby Championship** Action from the Grand Final.
7.00 **LaLiga Specials** A look at how the promoted teams fared in the 2024/25 season.
8.00 **NASCAR** Quaker State 400.
12.00 M'T **Temples of Sport**
12.30 AM **NHL: This is Hockey**
1.30 **NHL Ice Hockey**
3.30 **NHL: This is Hockey**
4.00 to 6.00 AM **Coppa Italia**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **F1 Features**
8.30 LIVE **Formula 3** The British Grand Prix practice session.
9.30 **Formula 1** Race highlights.
9.55 LIVE **Formula 2** The British Grand Prix practice session.
10.50 **Formula 1** Race highlights.
11.00 **The F1 Show**
12.00 NOON LIVE **Formula 1** British Grand Prix first practice session.
2.00 PM LIVE **Formula 3** The British Grand Prix qualifying session.
2.45 LIVE **Formula 2** The British Grand Prix qualifying session.
3.45 LIVE **Formula 1** The British Grand Prix second practice session.
5.15 **The F1 Show**
6.15 **Formula 1** Race highlights.
8.00 **The F1 Show**
9.00 LIVE **Indycar** Honda Indy 200 at Mid-Ohio first practice session.
11.00 **The F1 Show**
12.00 M'T **Formula 1** Race highlights.
2.40 to 6.00 AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

BBC iPLAYER Malory Towers

Monday & Tuesday, 6pm, CBBC & iPlayer

Darnell and her friends welcome a new arrival this week, when spirited student Nancy (played by trailblazing model Ellie Goldstein) starts at the school.

Also accompanying Nancy is her guardian - who turns out to be none other than the girls' previous Matron (Ashley McGuire).

As Nancy settles in at the school, her new friends learn that she is passionate about history, and she quickly shows off her skills as a lacrosse goalkeeper.

Actor Ellie has already made history as the first model with Down's syndrome to appear on the cover of *Vogue* magazine, and we can now look forward to seeing her style and charisma on our screens.

Good luck Ellie!

Paramount+ Dora and the Search for Sol Dorado

Available from Friday, Paramount+

Following on from 2019's live-action *Dora and the Lost City of Gold*, the explorer – now played by Samantha Lorraine – returns for another adventure.

Together with her cousin Diego (Jacob Rodriguez), and monkey sidekick, Boots, Dora treks through the dangerous Amazonian jungle to prevent an ancient treasure from falling into the wrong hands.

More great shows to watch this week...

The Real Pup Squad

NEW

Weekdays, Milkshake! on 5

In this new series, we meet young dog owners and their pups, as they embark on adventures together, from finding balls to rounding up ducklings.

A Good Girl's Guide to Murder

From Tue, Netflix. Also on iPlayer.

Based on the book by Holly Jackson, this excellent teenage drama stars Emma Myers as Pip, a 17-year-old girl determined to solve a murder.

Jamie Johnson FC

Available now, BBC iPlayer

If you need even more footie alongside the Club World Cup and Women's Euros, the football drama is available to stream now.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of a late English TV presenter (3,1'6). Answers at the bottom of the page – no cheating!

ACROSS

1 ------ Metcalfe, *Desperate Housewives* star (5)
6 See picture clue: British stand-up comedian and actor in comedy *Ghosts*, ------ Adefope (5)
7 1978 single by Blondie (5)
9 *Whose Line Is It* -------?, US improv series (6)
11 Actor who starred in 2011's *Bridesmaids* and 2016's *X-Men: Apocalypse*, ---- Byrne (4)
12 1979 John Belushi movie, ------- *House* (6)
15 2020 Christmas film starring Anna Kendrick (6)
17 Sir Elton John hit (6,2,3,4)
19 Actor in the *Lord of the Rings* films, ------- Wood (6)
21 Classic *Doctor Who* foe played by late actor Roger Delgado, The ------- (6)
24 *Panic* ----, 2002 thriller starring Jodie Foster (4)
25 ------- Norton, star of 1999's *Fight Club* and *American History X* and 2008's *The Incredible Hulk* (6)
27 Musician and presenter, Myleene ------ (5)
28 Irish radio presenter and writer, ------ Mac (5)
29 Clint Eastwood western film released in 1976, *The Outlaw Josey* ------ (5)

DOWN

1 ------- Page, actor who plays Stacey in *Gavin & Stacey* (6)
2 Snow queen voiced by Idina Menzel in hit Disney animation *Frozen* (4)
3 Bob Dylan song released in 1963 (6,2,3,4)
4 Star of the original 1964 film *The Nutty Professor* (5,5)
5 Star of 1977's *Carrie* and TV series *Bloodline*, ------ Spacek (5)
8 *Friday Night Lights* actor, ---- Chandler (4)
10 Nick ------, actor in 1992's *Cape Fear* and 2003's *Hulk* (5)
13 ---- Schnapp, US actor who starred in *Stranger Things* (4)
14 Jayne ----------, English TV and radio presenter born in 1971 (10)
16 American series with Sela Ward, ---- *and Again* (4)
18 Bart Simpson's dad (5)
20 Brother of movie director Ethan Coen (4)
22 Keyboardist with British pop band Duran Duran, Nick ------- (6)
23 See picture clue: Former presenter of *This Morning*, ------ Willoughby (5)
26 Star of TV series *Santa Clarita Diet*, ---- Barrymore (4)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, BBC, PARAMOUNT+.

Recycle
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CROSSWORD SOLUTION

ANSWER: Des O'Connor **ACROSS:** 1 Jesse 6 Lolly 7 Denis 9 Anyway 11 Rose 12 Animal 15 Noelle 17 Candle in the Wind 19 Elijah 21 Master 24 Room 25 Edward 27 Klass 28 Annie 29 Wales
DOWN: 1 Joanna 2 Elsa 3 Blowin' in the Wind 4 Jerry Lewis 5 Sissy 8 Kyle 10 Nolte 13 Noah 14 Middleniss 16 Once 18 Homer 20 Joel 22 Rhodes 23 Holly 26 Drew

Coming soon

Michael Socha and Sheridan Smith as Matty and Leanne

Michael Socha and Sheridan Smith star in a tense Liverpool-based thriller

The Cage

FIRST LOOK

Here's an early look at BBC1's upcoming drama *The Cage*, which centres on two casino workers who land themselves in terrible danger.

The five-part series, penned by *The Responder* creator Tony Schumacher, is set in Liverpool, where Leanne (Sheridan Smith) and Matty (Michael Socha) are both employed at a local casino.

But when the pair work out that they are each stealing from the safe of the gambling spot, events quickly spiral out of control as they have to establish how they feel about each other while also trying to evade the attention of the local gangster they are crossing and the police.

Barry Sloane, Geraldine James, Louis Emerick, Ian Puleston-Davies and Katy Carmichael also star in the thrilling drama.

FUNNY AND DARK

'Being able to work with such talents as Sheridan and Michael is such an honour,' explains Schumacher. 'I'm hoping people will find it funny and dark but, most of all, full of love, life and entertainment, and I can't wait for the world to see it.'

'Tony writes characters from the heart that break your heart, and we're thrilled Sheridan and Michael are going to be playing Leanne and Matty,' add executive producers Christopher Aird and Hilary Martin. '*The Cage* is a crime show, a show about family and a love story, of sorts. It is by turns funny, poignant, thrilling and sad.'

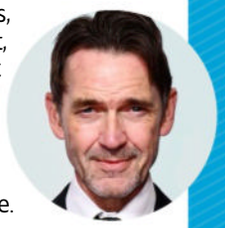
WHAT'S NEXT FOR...

Johnny Vegas

C4 docuseries **Art, ADHD and Me** will follow the comedian and artist as he deals with a diagnosis of attention deficit hyperactivity disorder while starting a project to create a work of public art in his home town.

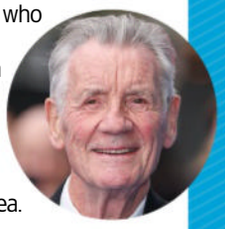
Dougray Scott

The actor will star in BBC iPlayer's family drama **Crookhaven**, based on J.J. Arcanjo's books, as Caspian Lockett, the headmaster at a secret school for criminals, alongside Carmel Laniado as his daughter Penelope.



Sir Michael Palin

BBC comedy **Small Prophets**, penned by Mackenzie Crook, will see the actor as Brian, who gives son Michael (Pearce Quigley) a recipe to conjure magical spirits that could help him learn about his missing love, Clea.



Coming Back

A third and final series of BBC3's comedy drama **Boarders** will find the south London scholarship pupils and mentor Gus (Daniel Lawrence Taylor) back at St Gilbert's as a rivalry with a nearby school causes turmoil.

Next week On sale Tuesday 1 July

Dexter: Resurrection

Michael C. Hall returns as serial killer Dexter Morgan in Paramount+'s sequel.

Ballard

In Prime Video's *Bosch* spin-off, cop Renée Ballard (Maggie Q) uncovers a chilling conspiracy.

Too Much

Lena Dunham's Netflix comedy follows a troubled New Yorker (Megan Stalter) in London.

Foundation

Pilou Asbæk joins the third run of Apple TV+'s sci-fi saga as sinister warlord The Mule.

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ALL GAME TIMES BST

FourFourTwo

EN'S 2025 chart

GROUP C

Denmark · Germany · Poland · Sweden

DEN		v		SWE
4 July · Geneva · 5pm (ITV)				
GER		v		POL
4 July · St Gallen · 8pm (ITV)				
GER		v		DEN
8 July · Basel · 5pm (BBC)				
POL		v		SWE
8 July · Lucerne · 8pm (BBC)				
SWE		v		GER
12 July · Zurich · 8pm (ITV)				
POL		v		DEN
12 July · Lucerne · 8pm (ITV)				

	P	W	D	L	F	A	PTS
1							
2							
3							
4							

QUARTER-FINAL 2

Group C Winner	
Group D Runner-up	

17 July · Zurich · 8pm

HE IAL

ner	
nner	

asel · 5pm

SEMI-FINAL 2

Quarter-final 2 Winner	
Quarter-final 4 Winner	

23 July · Zurich · 8pm

QUARTER-FINAL 4

Group D Winner	
Group C Runner-up	

19 July · Basel · 8pm

GROUP D

England · France · Netherlands · Wales

WAL		v		NED
5 July · Lucerne · 5pm (BBC)				
FRA		v		ENG
5 July · Zurich · 8pm (ITV)				
ENG		v		NED
9 July · Zurich · 5pm (BBC)				
FRA		v		WAL
9 July · St Gallen · 8pm (ITV)				
NED		v		FRA
13 July · Basel · 8pm (ITV)				
ENG		v		WAL
13 July · St Gallen · 8pm (ITV)				

	P	W	D	L	F	A	PTS
1							
2							
3							
4							

ON THE EUROS!

YouTube channel of our sister title, football magazine *FourFourTwo*. It's got the lot!

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•

Bronze-toned

•

Glimmering faux gems

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